

## THE MESSENGER.

Published Every Saturday,  
BY  
EASTIN & BIENVENU,  
Editors and Proprietors.

Subscription \$1.00 a year in advance.

### Healthiness of Tea

As to the healthiness of tea-drinking in general, it is claimed that, barring certain kinds of teas, including Japanese, tea-drinking is not only harmless, but positively beneficial; that there is a nourishment and gentle stimulus in a cup of tea which conduces positively to health and energy. This is the testimony of those who possess the most intimate knowledge of tea, its production and effects. But tea, to be healthful, must be properly prepared or drawn. It must come to the lips from the leaf by infusion, and must not be boiled. Boiling means a thrusting of all the available tannin into the decoction and if the infusion be with too much tea or too little water the effect—tannin—is the same. Furthermore, the Chinese who may be supposed to have brought the art of exquisite tea-drinking up to a perfect nicety, do not swallow the tea like the average jump-and-catch it Yankee. They do not gulp down this delicious draught boiling hot, but sip it merely warm. The American takes his tea with so much body or strength that the dilution or dilution furnished by milk and sugar is necessary unless the tea drinker be president of a country sewing society, the leading spirit in a lively gossip club—in short an old stager well tanned with tea-tannin for a full generation. It has been remarked that some time ago New England discarded the Japan teas mostly. In this section of the country the most popular teas today are the Oolong. These are heavy teas. At the West the light teas, the greens and Japans are preferred and mostly consumed—San Francisco Call.

### Nicholls for Governor.

Truth has never been backward in declaring a preference for this distinguished citizen as our next Governor. To become the chief executive of Louisiana would require a personal sacrifice on the part of General Nicholls, but the political situation demands this sacrifice on the part of one of Louisiana's truest, noblest and most patriotic sons. The people want his services. By all odds he is the most popular man for the position in the Florida parishes, a section populated by a people fully capable of appreciating the eminent qualifications of the man. From what we are lead to understand General Nicholls, if he believes the best interests of Louisiana demand it, can be prevailed upon to put aside personal interest and in the true spirit of patriotism offer his services to the people as their next Governor. His private character and personal honor defy criticism, his public record is above reproach, and his honesty, patriotism and services to the State in the days when true men were needed, are proverbial throughout all Louisiana. The great need in Louisiana to-day is the purist in politics. In Governor Francis T. Nicholls, the maimed hero and patriot, we have such a man; and Truth unites in the general demand that he be made our next Governor. What do our exchanges say?—Weekly Truth.

We offer to our readers, and the public the grandest offer ever made in this parish. We will furnish the Messenger and The Mayflower, of Yarmouthport, Mass., an eight page family paper, for one year, for \$1.35.

The Reverend Sisters of Charity will soon commence a domiciliary solicitation for contributions to enable them to continue their holy labors. Over 500 children attend their classes, and 180 below seven years of age are taken care of at their asylum. Since the foundation of the asylum 1170 orphans and destitute persons have been admitted. In 1885, 2955 sick were attended to. Now there are 110 boys, 180 girls and 70 aged and infirm. They clothed 310 persons, and assisted 770 poor families, and distribute 1080 meals to the poor daily. They use monthly 12,000 pounds of butter, 2,500 bushels of potatoes, 14 barrels of syrup, 150 tons of coal, 30 cords of wood 2500 loaves of bread and 6150 lbs. of meat. Six hundred yards of cloth are necessary to give each orphan a dress and 200 for an apron.—N. O. City Item.

### She Accepted.

He was a masher. She was a woman who was spoiling a \$14 hat in the rain. He raised his umbrella, hurried along and overtook her and began:

Madam, permit me, to offer the use  
Oh! thank you ever so much! she interrupted as she took it from his hand and walked on leaving him to skip for a doorway.

A newsboy who had noted the performance from his position under an awning looked from one to the other several times and then approached the smasher and queried:

Under the circumstances you don't want to buy a newspaper do you.

And the answer was such a melancholy shake of the head that the boy recommended a change of climate.—Detroit Free Press.

### Unclaimed Letters.

Remaining at the Post Office at St. Martinsville, La., for the month ending Nov., 30th., 1886.

Alleman, A.	Louis, Miss. I. L.
Brown, Mrs. R.	Johnson, Miss H.
Brunthe, S.	Joseph, Miss J.
Bechab, Mrs. L.	Obry, L.
Brow, Miss A.	Patar, Miss M.
Becheb, D.	Rousseau, J. W.
Bonsine, L.	Rochon, H.
Duent, M.	Rochon, L.
Doucet, Mrs. Z.	Robertson, P.
Dickson, Jos.	Simon, H.
Francois, H.	Siriol, Miss L.
Fabe, Mr.	Swarswan, D.
Goctan, M.	St. Martin, J.
Guelotte, A.	Skumlock, Rev. N. D.
Hebert, Eli,	Thompson, Mr.
Hillis, Matille,	Touchard, F.
Webber, J.	

Parties calling for any of above letters will please say "advertised".

Charles Broussard. P. M.

### The Right Spirit.

After rapping two or three minutes to bring the chief clerk to his window yesterday a well known citizen blandly said: I found this bunch of keys outside here probably belong to some business man who was in after his mail.

All right," said the clerk, and the bland spoken man went out. Fifteen minutes later he returned rapped again and just as blandly said.

Will you let me see those keys.

Yes sir.

Ah! they are mine! I discovered it after climbing three flights of stairs. Much obliged for your assistance in doing the public a favor.—Detroit Free Press.

The hoodlum who stands by a friend is as a lamp post but less useful to a city.—Picayune.

**INFORMATION**

MANY PERSONS  
at this season  
suffer from  
either  
**Headache,  
Neuralgia,  
Rheumatism,  
Pains in the  
Limbs, Back and  
Sides, Bad Blood,  
Indigestion, Dyspepsia,  
Malaria, Constipation & Kidney Troubles.**

←**VOLINA CORDIAL CURES RHEUMATISM,** Bad Blood and Kidney Troubles, by cleansing the blood of all its impurities, strengthening all parts of the body.

←**VOLINA CORDIAL CURES SICK-HEADACHE,** Neuralgia, Pains in the Limbs, Back and Sides, by toning the nerves and strengthening the muscles.

←**VOLINA CORDIAL CURES DYSPEPSIA,** Indigestion and Constipation, by aiding the assimilation of the Food through the proper action of the stomach; it creates a healthy appetite.

←**VOLINA CORDIAL CURES NERVOUSNESS,** Derivation of spirits and Weakness, by enlivening and toning the system.

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Letter Heads,

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Wedding Cards,

Ball Invitations,

Plantation Tickets,

Visting Cards,

Business Cards.

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