

A SUFFRAGE HYMN CONTEST

The National Headquarters is Literally Flooded With Verse—The Competition Closed the Last of July and Now the Big Task of Picking Out the Masterpiece Remains.

From the New York Herald.
I'm a little suffragette.
Am I voting? No, not yet;
But before womans rights I stand
And there never lived a man
Who could womans will with stand."

This is not a newspaper lyric nor a spasmodic outbreak of the midsummer muse. It is only one example of a huge collection of suffrage verses that has been poured into the headquarters of the woman suffrage party in response to the appeal of the party for a majestic and impassioned national suffrage hymn. Besides requiring a "majestic and impassioned hymn," the suffragists wanted one that would "take hold of the whole being and make itself sung by the masses." To attain this gem, which is to be set to music by a suffrage composer, they offered a hundred dollar prize for the best poem sent in June or July to fill this want. The competition closed recently and the announcement of the prize winner will probably be made before the middle of this month.

MEN IN THE CONTEST
"Poems have poured in from all over the country, a large number of them being from men. The most "majestic and impassioned" began with the line "Mothers of Men." It was noticeable that equal rights were not in the least respected in the suffrage poetry, for not one of the poems referred with any pride to "mothers of daughters," although several boasted openly of "mothers of soldiers," a sentiment in direct contradiction of suffragist universal peace doctrines.

Some of the most impassioned of the poets suffered a little from the lack of a rhyming dictionary, as in the case of one who wrote:
Suffrage, suffrage, full and free—
Righteousness, equality,
For the woman, for the man,
Universal freedom, grand.
This bright little lyric was received from one of the Western states:

THAT AWFUL BACKACHE

Cured by Lydia E. Pinkham's Vegetable Compound

Morton's Gap, Kentucky.—"I suffered two years with female disorders, my health was very bad and I had a continual backache which was simply awful. I could not stand on my feet long enough to cook a meal's victuals without my back nearly killing me, and I would have such dragging sensations I could hardly bear it. I had soreness in each side, could not stand tight clothing, and was irregular. I was completely run down. On advice I took Lydia E. Pinkham's Vegetable Compound and Liver Pills and an enjoying good health. It is now more than two years and I have not had an ache or pain since. I do all my own work, washing and everything, and never have the backache any more. I think your medicine is grand and I praise it to all my neighbors. If you think my testimony will help others you may publish it."—Mrs. OLLIE WOODALL, Morton's Gap, Kentucky.

Backache is a symptom of organic weakness or derangement. If you have backache don't neglect it. To get permanent relief you must reach the root of the trouble. Nothing we know of will do this so surely as Lydia E. Pinkham's Compound.

Write to Mrs. Pinkham, at Lynn, Mass., for special advice. Your letter will be absolutely confidential, and the advice free.

O sisters and mothers, for suffrage unite;
The ballot for women is justice and right.

CHEERS MEN ALSO
From the same state came a collection of words whose choruses rings:

Three cheers for true women everywhere,
Three cheers for all good men that do and dare.

A Michigan woman poet sent this in the assurance that—
We're a band of earnest workers

And we'll live to see the day
When enlightenment shall conquer

And the clouds shall pass away.
An Indiana suffrage muse begins her ode.

Our fathers fought for liberty:
They gave their lives that every liberty might be.

Pasadena suffrage poetry falls back on "Daughters of Eve" and "Mothers of men," and Canadians suffrage poetry appealing to the mothers of men, demanding that they instantly awake.

Wilkes-Barre casts an eye into the future and prophesies that "the hand that rocks the cradle may guide the ship of state."

LOOKS FOR FREEDOM
From Texas came a wall for freedom, which the Texas bard declares woman needs more than anything else:

Freedom from fashion, from folly, from fear,
And to know that whatever she is is her sphere.

A poetess from Colorado says proudly:
When women vote in every state,

Oh, then the nation will be great.
And it remained for a man poet to attack his own sex in the words:

Down with thoughtless hordes of greedy men;
Let women lead the way with voice and pen.

Among all the poems received those which attack men are written only by members of their own sex. The betterment of the home through suffrage apart from joy of being "mothers of men," is the thought that has inspired most of the poets. The prize poem will be designated later by the board of directors of the woman suffrage party, of which Mrs. W. W. Penfield is chairman. Miss Edith Whitmore, chairman of the party for Richmond Borough, has been custodian of the prize poems during the competition.

President Taft says in his veto of the wool bill that he still wants a reduction in the tariff tax of the "indefensible schedule K," but does not want it now. The high protection trust plunders want nothing better than procrastination. The President's intentions may be good—the street's of hell are said to be paved with good intentions—but if he honestly wants a revision of the wool schedule "downward" why don't he get it?

Approved
Philip was a conceited youth. One evening he called upon some friends and picked up the new Webster's Unabridged Dictionary which lay on the table.

"What do you think of it, Philip?" asked the host. "Well," was the reply, "so far as I have looked, it seems to be correct."

What To Do
In a bachelor apartment house in Washington a Japanese valet to an army officer takes his instructions from an Irishman.

"Pardon," he said one morning, "what to do now? My master told me to wake him at eight, but he did not go to bed till nine."

Notice.
All meat orders, to insure delivery must be in by 11 a. m. or 5 p. m.

L. B. Thrash.

The Child's Appetite

There are two ways of treating the child who has no appetite. You may either follow him around hour after hour with raw eggs, glasses of milk or dainty sandwiches, trying to tempt him to eat and to give him by fair means or foul the required amount or you may immediately cut down the food supply, give the stomach a rest and not urge him to eat anything he does not want.

I believe this last is the better way. The well child wants to eat. There must be a reason for lack of appetite, and the intelligent thing, it seems to me, is to look for the reason, not to make matters worse by forcing into a probably upset stomach a lot of indigestible dainties.

There may be a number of reasons why a child loses his appetite. In the first place does he have enough fresh air and exercise? In good weather children should be out of doors at least five hours every day, and then, there is the bed-room; is it properly ventilated? The next question is, is he allowed to eat sweets between meals? This is probably the most frequent cause of all for the poor appetite we so frequently hear complained of in children.

If he has plenty of healthy exercise, a daily bath and does not eat between meals and still has no appetite, the question of his diet must be considered. It is a help to have a physician's advice about this, for it is of such inestimable importance to the child that he be fed properly, and it is hard to accomplish this always without advice. If, after care is taken to provide the right food for the child, he still persists in having a poor appetite, I would suggest giving him a tablespoonful of castor oil and for three or four days thereafter a particularly wholesome but very meagre diet.

My plan has always been, on the first sign of loss of appetite, to reduce the quantity of food, take away all sweets, make the space longer between meals, and give castor oil or calomel and look carefully into all questions of diet, possible nibbling between meals, amount of exercise taken every day and general daily regimen in every particular.

The child who does not rebound after a week of this watchful treatment is in a more profoundly disturbed state than we can guess at from the outside. It will need the experience of a physician to set him straight, and this we should secure for him as soon as possible.

Also there are some children who seem to need a more dainty diet than others. Where one child will eat plain boiled rice another will absolutely refuse it, but will take a rice jelly with relish. So with stewed prunes, the child who will not eat them at all may be seen to devour platesful of prune pulp with the utmost enjoyment. A plain orange may be uninteresting to some children, who will welcome orange jelly with open arms and mouth.

For children of this type whose appetites are poor we should like to suggest the following recipes. They are all particularly inviting and I think, quite wholesome for a child of any age. I have copied them at various times from different books on the subjects of the children's diet, I have used them many times to great advantage when the little ones

seemed to need a change and variety in their food.

Prune Pulp—Stew the prunes until quite soft and then rub them through a coarse sieve. Put this pulp back in the water in which the fruit was cooked, add enough molasses to sweeten it, and let cook for about ten minutes.

Baked Apples—Choose a large juicy apple. Pare and core. Bake until thoroughly soft and then strain and sweeten. Give to the child with cream.

Junket and Egg—Add two eggs beaten to a froth and sweeten with four teaspoonfuls of sugar to a pint of milk. Curdle with essence of pepsin or junket tablets. Pour into cups.

Orange Jelly—Soak one-half box of gelatine in one-half cup of cold water for half an hour. Add two cups of boiling water and dissolve. Then add one cup of sugar and one cup of orange juice. Strain through a very fine strainer and set away to harden.

Rice Jelly—Wash one-half table-spoonful of rice and soak in cold water for two hours. Drain off the water and add two to three cups of milk. Cook in a double boiler for an hour and a half. Add a pinch of salt and the white of one egg. Strain through a fine sieve and pour into molds. Give it to the child very cold with cream and sugar. An excellent hot weather dish.

Chocolate Blanc Mange—Mix 1-4 of a cup of granulated tapioca, 1 1-4 teaspoonful of salt and 1-4 cup of granulated sugar and pour on gradually 1 1-2 cups of hot cocoa. Cook in a double boiler about twenty minutes. Remove from the fire and add 1-4 teaspoonful of vanilla. Pour into cold molds and serve with cream or custard.

Chicken-Broth—Remove the skin and fat from a chicken and chop it up, bones and all, into small pieces. Add salt and a quart of boiling water, cover and simmer for two hours. Then allow it to stand for one hour, still covered, after which strain through a sieve. This is one of the most wholesome and strength ening dishes a child can have.

Forced to Leave Home.
Every year a large number of poor sufferers, whose lungs are sore and racked with coughs, are urged to go to another climate. But this is costly and not always sure. There's a better way. Let Dr. King's New Discovery cure you at home. "It cured me of lung trouble," writes W. R. Nelson, of Calamine, Ark., when all else failed and I gained 47 pounds in weight. Its surely the king of all cough and lung cures." Thousands owe their lives and health to it. It's positively guaranteed for Coughs, and Colds, LaGrippe, Asthma, Croup—all Throat and Lung troubles. 50c & \$1.00. Trial bottle free at all druggists.

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Walking plows, disc and peg tooth barrows, disc drills, gasoline engines, cream separators, farm wagons and manure spreaders, also pumps, pipe and tanks, always on hand. Prices right and quality guaranteed. Don't forget me when you are in need of a good corn binder or corn cutter. Yours Truly,
R. K. Wright,
Indian Grove, Mo. 651f

A Dreadful Sight
to H. J. Barnum, of Freeville, N. Y., was the fever-sore that had plagued his life for years in spite of many remedies he tried. At last he used Bucklen's Arnica Salve and wrote: "It has entirely healed with scarcely a scar left." Heals Burns, Boils, Eczema, Cuts, Bruises, Swellings, Corns and Piles like magic. Only 25c at all druggists.

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We have about 200 bushels Turkey red clean seed wheat left for sale. Phone 25.
CHAPMAN BROS.

Wood for Sale.
40 cords mixed dry wood for sale.
L. J. Ellis,
Guthridge Mills.
READ THE COURIER

Woodmen of the World—Keytesville Camp No. 200, meets the second and fourth Thursday nights in each month. John Lewis Venerable Council. J. C. Rucker, Clerk.

Chariton County Medical Society—Meets the 2nd Thursday in each month alternately at Brunswick and Salisbury.

Keytesville Test No. 82, K. O. T. M.—G. S. Applegate, S. K. C. Meets on the 1st and 3rd Thursday evenings of each month.

Knights and Ladies of Security, Eureka Council, No. 535—Meets the 2nd Tuesday evening in each month. John R. Closson President; A. R. Pearson, Secretary.

to market maturity the more profit there is in it for the feeder.

Wood for Sale.
40 cords mixed dry wood for sale.
L. J. Ellis,
Guthridge Mills.
READ THE COURIER

Are You? A Woman?

TAKE CARDUI The Woman's Tonic

For The Hog Raiser
If pigs farrowed early in March do not reach 275 pounds by the first week in November there is something wrong about the feeding.

Oregon Experiment Station shows that one acre of good clover for growing hogs represents a value of \$44

Too much corn for the brood sow means small litters.

Too many farmers kill their good brood sows because of the temptation to sell for the high prices. This is a mistake.

While there is considerable investment in the brood sows, still it pays better to keep good ones because they will produce more uniform pigs, more of them and will raise them better.

It is a good plan to soak shell-corn for the hogs and if, it is ground before it is soaked so much the better.

Oats for the brood sow will produce better muscle for the pigs.

The ultimate end of the hog is pork and the quicker the growth

CAPITAL STOCK \$25,000. SURPLUS \$20,000.

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