

Your Easter Toggery

OF COURSE you will want to get togged out for Easter. Come in and let me fit you out.

Whether you want a Suit, a Hat, a nifty Cap, a pair of Shoes, or Furnishings of any kind, I am right there with the goods and with the right prices too. I intended writing an ad. this week giving special prices, but won't take the trouble. Just come in and I will give you special bargains anyway.

I handle the very finest brand of Clothing. You'll be surprised at the fine-fitting Suit I can give you for a few dollars, made from the very best of materials, workmanship, and in the leading spring shades. The manufacturers of my clothing pay their head cutter thousands of dollars a year. You get the advantage of his knowledge for a mere song.

I know I have a better stock than ever. Let me prove it to you.

Herman Gordon

Next door north Union National Bank

Minot, N. D.

Milady's Mirror

Exercise For the Figure.

Lying flat on your back on the floor is a most excellent thing for your figure. When you want to rest you should never curl up on a sofa with cushions, but you should always lie quite flat, if possible, with your hands above your head. This expands your chest and hollows your back and makes your figure grow into good lines.

It is a splendid thing to lie like this for a few minutes every morning and do deep breathing exercises. Begin with your arms at your sides, holding them straight; bring them up till the tips of the fingers touch. When they are extended above the head you breathe in, and then bring them down again as you breathe out. Each breath should take as much time as you spend in counting four slowly.

If you are inclined to be too stout you can reduce by the following exercise: Lie quite flat on your back with your hands on your sides. Bend your legs up slowly into what is the kneeling position when you are upright and let them slowly go down again.

Then do breathing exercises, trying while you do them to draw in the part of your figure below your waist as much as you can. Then do the leg exercise again, and so on.

These two exercises together are splendid for your digestion and general health. Besides improving your figure they will improve your complexion and make you stronger and more vigorous than you have been for a long time.

Beauty Gloves.

Beauty gloves are useful adjuncts to the toilet, especially in the spring, when delicate skins are likely to chap and roughen. One sort is made of rubber and by simply keeping in the natural oils and moisture of the skin, which would otherwise evaporate and be rubbed off, whiten and soften the skin. Another sort is to wear with a medicated cream. This style is made of kid, in elbow and wrist length, and can be worn while shopping and walking as well as while resting and sleeping.

An old pair of kid gloves, worn at night after an astringent has been applied, will do wonders in keeping the hands small and also in breaking down the fatty tissues.

However, if the bones are large, reducing the flesh will only succeed in making the bones look more prominent and the hands look old and even larger. It would be better to pass the time making them soft and white and in keeping the nails well manicured.

Treating Hangnails.

When a hangnail appears do not pull it out, but use the sharp nail scissors, clipping closely, but never so as to break the skin and bring blood. This should be done before soaking.

For the purpose of softening the nails fill a small bowl with warm water, add a cake of fine, fragrant soap and a teaspoonful of pure glycerin. Stir until a good suds is formed, remove the soap and place the fingers of one hand to soak. This may be done while the other hand is receiving the filling, if one has help. If alone do the filling on both hands first. Soak the fingers of one for ten minutes, wipe and proceed to use the round pointed stick of orange wood, this wood being selected because it is hard and does not splinter readily.

Riddles.

What river is that which runs between two seas? The Thames, which flows between Chelsea and Battersea.

What sort of a young woman would you like to swallow on a cold day? A little milk made (milkmaid) hot.

Why is a coal charity the best of all charities? Because it makes the receivers' grate full (grateful).

For the Children

Little Miss Natuk.
Pretty Eskimo Girl.



Photo by American Press Association.

According to our standards, the Eskimos as a people have little to recommend them on the score of physical beauty, but the girl here pictured would be pronounced handsome by the most critical. She is a full blooded Eskimo, and her name is Natuk. Little Natuk was born in the far north above the arctic circle, where ice and snow are always to be seen. For some time past she has been a resident of New York city and has learned to like the ways of white people. The recent arctic weather, with its almost constant snowstorms, has been a source of real delight to the little maiden from the frozen regions. She just revelled in the snow and spent most of her time enjoying it. Her photograph was taken while she was at play in the park, and it shows a really sweet and pretty girl. She is of gentle and jolly disposition, and those who know her admire her greatly.

Easter Emblems.

Many of the emblems and observances of the feast of the resurrection are remnants of the spring festival of a pagan period. Eastre or Oestre was the spring goddess of northern Europe, and the rabbit was associated with her. The egg was an emblem of the resurrection in pagan times. With the spread of Christianity the customs and emblems of heathen festivals were often continued where a Christian feast was coincident with them, as where the gayety and license of the Roman saturnalia were grafted upon the Christian Christmas. The rabbit and the egg being thus associated with the spring feast of the resurrection, Teutonic folklore combined them by asserting that the Easter rabbit brought the Easter eggs, just as the stork brought the babies. Many a child's first recollection of the brightly colored eggs is of finding them in a nest of moss out in the garden, with the understanding that the rabbit had brought them. So we give Br'er Rabbit the same standing toward Easter that Santa Claus has toward Christmas—a jolly little myth that adds to our pleasures and gayety without being permitted to obscure the greater and more important observances of a Christian feast.

For Gray Hair.

Frequent headaches, mental worry and dandruff all affect the hair, rendering it limp, thin, lifeless and prematurely gray. The following is an excellent treatment for gray hair: Massage the scalp for five minutes daily; then rub in this special hair tonic: Pilocarpine nitrate, ten grains; quinine hydrochloride, one-half dram; oil of rosemary, two drams; glycerin, one ounce; distilled water, five ounces. Should dandruff be present it should be treated first. Take a tonic.

EXCURSION RATES TO NORWAY

Secure your berths without delay by making a deposit of \$5 with me at once

Sailing dates from Minneapolis to Christiania
April 15, 21, 25, 29, May 2, 3, 7, 12, 21, 26 and June 4

We recommend the excursion of May 2 very highly on the Corsican. From Minneapolis to Christiania, one way, second class \$86.15, round trip \$168.15. \$59.15 third class and \$118.90 round trip.

Steamers will stop at Christiania, Christiansand, Bergen, Stavanger, Trondhjem, Christiansund, Arendal, Laurvig, Aalesund, Molde, also Gothenburg, Malmo, Helsingborg, Copenhagen, Fredrickshavn, Ebborg and Aalborg. Passengers leave Minneapolis three days previous to sailing date; Chicago two days previous.

For reservation and all other information concerning the

Allan Line Royal Mail Steamers
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Apply to
C. R. ENGELSTAD
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FOR SALE—10-bottom Avery Self-Lift Plows, with stubble and breaker bottoms and fifteen extra lays. Price \$400 cash for a quick sale, f. o. b. Minot. H. C. H. Stege, Minot, N. D. 4-2-13cg

IF YOUR CHILD IS CROSS, FEVERISH, CONSTIPATED

Look Mother! If tongue is coated, cleanse little bowels with "California Syrup of Figs."

Mothers can rest easy after giving "California Syrup of Figs," because in a few hours all the clogged-up waste, sour bile and fermenting food gently moves out of the bowels, and you have a well, playful child again.

Sick children needn't be coaxed to take this harmless "fruit laxative." Millions of mothers keep it handy because they know its action on the stomach, liver and bowels is prompt and sure.

Ask your druggist for a 50-cent bottle of "California Syrup of Figs," which contains directions for babies, children of all ages and for grown-ups.

ESTRAYED—From my place four miles north of Des Lacs, one dapple gray mare, 5 years old, wt. 1250 lbs., with roached foretop, blocky built and in good condition. A reward of \$20 will be given for return of animal or information leading to her recovery. F. M. Rose, Tasker, N. D. 4-2-tf

ESTRAYED OR STOLEN — About March 10, 2 yearling colts, one dark gray mare colt; other is a bay horse colt, white feet, with crescent shape white spot in forehead. Liberal reward. Thad Hecker, Minot, N. D., R. D. 5. 4-2-13

Subscribe for the Independent.

DE LAVAL

Cream Separators

ARE TIME TESTED

Every little while you hear of some brand new cream separator, claiming to be a "world beater" and just as good as the De Laval but a little cheaper. These "mushroom" machines stay in the limelight only until they are "found wanting" by the the users and in a short time drop out of sight.

It takes years of experience to build a "good" cream separator. More than 30 years of experiments and experience have made the De Laval pre-eminently the best machine on the market for the separation of cream from milk.

If you buy a De Laval you run no risk of dissatisfaction or loss. It's time tested and time proven. Why experiment? Why take chances with an inferior machine when you know that the De Laval is the best machine for you to buy.

If you are thinking about buying a separator we will consider it a favor if you will permit us to set up a De Laval for you on your own place and have you give it a fair trial.



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Call in and give our complete line a thorough inspection and call for a demonstration of the Cartcar and Metz Roadsters. The cars that are different from the other cars.

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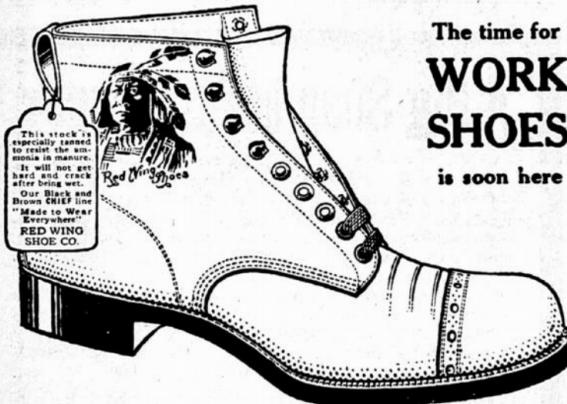
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Not heavy, clumsy goods, but comfortable footwear with the meat and backbone that will give you long service.

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