

Muffins

By Mrs. Janet McKenzie Hill, Editor of the Boston Cooking School Magazine.

When muffins are on the breakfast table, nobody cares for meat or eggs and they would be served more often if this meal were not prepared so hurriedly that there is no time to make them. If K. C. the double-raise baking powder is used, the batter may be stirred up the night before, put in the pan ready for baking and nothing to do in the morning but bake them.

One-Egg Muffins

2 cups flour; 2 slightly rounded teaspoonfuls K. C. Baking Powder; 1 teaspoonful salt; 1 cup sugar; 1 cup melted butter or lard; 1 egg; 1 cup water or milk.

Sift dry ingredients together three times. Add to this the unbeaten egg, melted shortening and water or milk. Then beat all together until perfectly smooth. Oil muffin or gem pans and have oven slow until the muffins come to the top of the pan, then increase the heat to bake and brown the muffins. This recipe makes 12 large muffins. Raisins or currants may be added if desired.



Graham Muffins

1 cup graham flour; 1 cup pastry flour; 2 level teaspoonfuls K. C. Baking Powder; 1 to 2 level tablespoonfuls sugar; 1 teaspoonful salt; 1 egg; 1 cup milk or water; 2 to 3 tablespoonfuls melted butter; mix and bake as One-Egg Muffins.

Graham batter should always be quite soft to insure light and moist muffins. To get 88 other recipes as good as these, send us the certificate packed in every 25-cent can of K. C. Baking Powder, and we will send you "The Cook's Book" by Mrs. Janet McKenzie Hill. Handsomely illustrated. Jacques Mig. Co., Chicago.

THEY ALL DEMAND IT

Minot, Like Every City and Town in the Union, Receives It.

People with kidney ills want to be cured. When one suffers the tortures of an aching back, relief is eagerly sought for. There are many remedies today that relieve, but do not cure. Doan's Kidney Pills have brought lasting results to thousands. Here is Minot evidence of their merit.

Mrs. H. D. Horst, Washington St., Minot, N. D., says: Several members of our family have used Doan's Kidney Pills and have been cured of backaches, headaches and dizzy spells. One of the family had a lot of trouble with the kidney secretions. A couple of boxes of Doan's Kidney Pills quickly removed it. We think Doan's Kidney Pills are the best remedy to be had for kidney complaint.

Mrs. Horst is only one of many Minot people who have gratefully endorsed Doan's Kidney Pills. If your back aches—if your kidneys bother you, don't simply ask for a kidney remedy—ask distinctly for Doan's Kidney Pills, the same that Mrs. Horst recommends—the remedy backed by home testimony. 50c at all stores. Foster-Milburn Co., Props., Buffalo, N. Y. "When Your Back is Lame—Remember the Name."

Regent Farmer Found Dead.

Charles Mitchell, a Regent farmer, was found dead in his house by neighbors Wednesday morning. He was last seen Saturday night. Two horses were found dead in the barn. They had evidently gotten into the oats and foundered. It is believed the owner over exerted himself trying to save them, dying from an attack of heart trouble. He was lying on his bed, fully dressed.

Hurled Rock Thru Riverside Window.

Late Sunday night, someone, evidently bent on robbery, threw an immense chunk of concrete thru one of the large plate glass windows at the Riverside Grocery Store, owned by Bettin Bros. & Marshall. Jud Wood, owner of the confectionery store next door, heard the crash and an effort was made to locate the miscreants, but they got away.

"Life is one continual round of pleasure" to the people who depend upon Chiropractic adjustments to keep the human machinery in proper working order. You might as well get an expert. We use the latest rapid, painless methods exclusively. There is a way to get well and stay well.

PERRY & PERRY,
Chiropractors,
10-11t 2-4 Boyer Block.

Were Boys Together.

Three of our citizens happened to meet at the Independent office Tuesday morning who were members of the same Sunday school class back at Hastings, Minn., 500 miles away, when they were boys. They are G. D. Shaft, one of our real estate dealers, John Stoudt, a prominent insurance man, and Mr. Truax of the Independent. They all agreed their early experience didn't hurt them any, either.

Toned Up Whole System.

"Chamberlain's Tablets have done more for me than I ever dared hope for," writes Mrs. Esther Mae Baker, Spencerport, N. Y. "I used several bottles of these tablets a few months ago. They not only cured me of bilious attacks, but toned up my whole system." For sale by all dealers.

Dark Cloud Over County Jail.

The eight colored men arrested for vagrancy, and held to the county court, have been placed in the county jail. While there are accommodations for but twenty-four prisoners, Sheriff Kelley reports forty-nine boarders at the county bastille.

For Sale.

I have some splendid Duroc Jersey male pigs from registered stock. Long bodies, well boned fellows at a reasonable price.

N. O. HANSON,
10-8-t2cg Rt. 2, Carrington, N. D.

First Killing Frost.

The first general killing frost of the season occurred Monday night, Oct. 12. This is a remarkable showing for this country. Up until that time, many of the later vegetables have been thriving in our gardens.

"Jim Hill" Up for Vagrancy.

Eight colored residents of the city were arrested Sunday night and placed in the city bastille. They appeared before Judge Lynch Monday evening and were held to county court under \$250. As they were a trifle shy of the amount, they are boarding with Sheriff Kelley. One of the colored gentlemen is known as "Jim Hill," but he does not claim any relationship to the railroad magnate.

REPUBLICAN TICKET.

Congressional.
U. S. Senator Asle J. Gronna
Congressmen
1st District.....H. T. Helgesen
2nd District.....George M. Young
3rd District.....P. D. Norton

State Officers.
Governor L. B. Hanna
Lieutenant Governor John H. Fraire
Secretary of State Thomas Hall
State Auditor Carl O. Jorgenson
State Treasurer John Steen
Insurance Commissioner Walter C. Taylor
Attorney General Henry J. Linde
Commissioner of Agriculture & Labor Robert F. Flint
Commissioners of Railroads W. H. Stutsman
O. P. Anderson
W. H. Mann

STATE NEWS

Peter Myrvold, editor of the Fram, is giving suffragette speeches in his native tongue.

G. W. Millhouse, president of the Alexander bank, died suddenly at Alexander, aged 56 years.

The Fargo Forum has completed a very prosperous year, distributing \$52,000 among the citizens of Fargo.

At Langdon there lives a dentist named Schwinghamer. An exchange thinks he has missed his calling—ought to be a blacksmith.

Carl Nelson, of the Cando Record, deputy income tax collector, lost his overcoat at Carrington and "Jawn" Charmley thinks he's lucky that the thief didn't take his shirt and pants.

Elbridge Uhlman of Williston, was shot in the back of the head while hunting in company with two young hunters, and died. He was training a dog when one of his companions shot him accidentally.

Joe Wegley of Williston raised 2700 bushels of fine potatoes on ten acres. He used in digging them a four horse Hoover digger, three wagons, eight pickers and two checkers, harvesting 1280 bushels in one day.

In a missionary report published in the Williston Herald, the printer made Rev. W. K. Bloom's article read, "Prohibition Does Not Prohibit." The minister kept in the clear until the Herald made the correction.

Small Pox at Berthold.

Dr. Ransom, county physician, ordered the schools, churches and all other public places at Berthold closed. There are several cases of small pox in two families.

Constipation, indigestion, drive away appetite and make you weak and sick. Hollister's Rocky Mountain Tea restores the appetite, drives away disease, builds up the system. 35 cents, Tea or Tablets.
—McCoy Drug Co.

Herman Gordon, formerly of Gordon Bros., now of the Plymouth Clothing House, cordially invites his old friends to call. Opera House Block.

Roller Feed Grinding Outfit

The new up-to-the-minute roller process of grinding feed saves you one-half of what it now costs you to feed your stock. Will grind twice as fast with same power, as the best burr or stone mill ever made and does not heat the feed. Has great capacity, very simple, grinds fine or coarse, requires little power, has no burrs or other parts to be constantly wearing out, also grinds corn-meal and graham. Will last a life-time. Made in all sizes from the smallest to the largest. Sold with or without engine. Big money in custom grinding. The Roller Mill Way is the only way.



R. R. Howell & Co.
MANUFACTURERS
MINNEAPOLIS, MINN.

Carried in stock in your town and sold exclusively by

Scofield Implement Co.
MINOT

HIGH GRADE LIGNITE

New Mine. New Equipment.

FIRST-CLASS CLEAN COAL

All orders filled promptly

F. O. B. \$2.00 per ton

BURLINGTON CITY MINE

JOHN PERLICHEK, Manager
Burlington, N. D.

M. J. ENGESETH

REPUBLICAN
CANDIDATE

REGISTER OF DEEDS

WARD COUNTY

I sincerely appreciate the support given me by my friends in the past, and trust that you will remember me at the November election.

Pol. Advt.

THICK, GLOSSY HAIR FREE FROM DANDRUFF

Girls! Try It! Hair gets soft, fluffy and beautiful—Get a 25 cent bottle of Danderine.

If you care for heavy hair that glitters with beauty and is radiant with life; has an incomparable softness and is fluffy and lustrous, try Danderine. Just one application doubles the beauty of your hair, besides it immediately dissolves every particle of dandruff. You can not have nice heavy, healthy hair if you have dandruff. This destructive scurf robs the hair of its lustre, its strength and its very life, and if not overcome it produces a feverishness and itching of the scalp; the hair roots famish, loosen and die; then the hair falls out fast. Surely get a 25-cent bottle of Knowlton's Danderine from any drug store and just try it.

PUBLIC SALE

I will sell at public auction at my home 5 miles south of Burlington, and nine miles southwest of Minot, Section 34, Burlington township, on

MONDAY, OCT. 19th, 1914

SALE TO BEGIN AT 10 O'CLOCK A. M.

FREE LUNCH AT NOON

HORSES

One pair Roan Mares, 2 years old, weight 1600 lbs.
One Stud Horse, 5 years old, wt. 1000 lbs.
One pair Mare Colts, 6 months old.
One Buckskin Mare, 8 years old, wt. 900 lbs.
One Stud Colt, 1 year old.
One Bay Horse, 17 years old, wt. 900 lbs.

CATTLE

One Red Cow, fresh last July.
One White Cow, fresh next December.
Two Heifers, coming 2 years old.
Two Heifers, coming 1 year old.
Two Bull Calves, 4 months old.

HOGS

Three Hogs, weight 200 lbs. each.
Ten Shoats, 2 months old.

HOUSEHOLD GOODS

One Diningroom Table.
One Chiffonier.
One Sewing Machine.
One Center Table.
Four Diningroom Chairs.
One Rocking Chair.
One Edison Phonograph with 45 Records.
Other articles too numerous to mention.

MACHINERY

Two 6-ft. McCormick Binders.
One 5-ft. Deering Mower.
One John Deere Hay Rake, 12-ft.
One Best Ever Gang Plow.
One King Oscar Gang Plow.
One Emerson Sulky.
One Sulky Breaker.
One Stubble Plow.
One Winner Disc, 7-ft.
One Bulldog Disc, 8-ft.
One 5-section Boss' Harrow.
One 8-ft. Drill.
One Bob Sled.
One Spring Wagon.
One Single Buggy.
One Fanning Mill.
Two sets Work Harness.
One Grindstone.
One set of Blacksmith's Tools.
Three Shotguns.
Three Rifles.
One Motor Cycle.

CHICKENS

Seventy-four Chickens.

POTATOES---A fine lot of Potatoes for sale

TERMS OF SALE:

All sums of \$10.00 and under, cash. Over that amount, time will be given until Oct. 1st, 1915, on approved security, at 10% interest. 5% discount for cash.

AUGUST KRUEGER, Owner

COL. H. J. HECHT, Auctioneer

C. R. BIERLY, Clerk

Law Office of

Halvor L. Halvorsen

Attorney and
Counselor at Law

LAND DEPARTMENT

Col. Varne Delfraire
DAKOTA FARM LANDS
AND MINOT SUB-
DIVISIONS
Manufacturing Sites,
Coal Acres, City Lots,
and Business Opportu-
nities.

1/4 Section 2 miles from Railroad town, good soil. Ten year's time at 6%. Exchange for Minot property.

Insurance and Collec- tion Department

Wm. J. Donnelly, Jr.

FIRE TORNADO HAIL

It costs you no more to
insure your crop early

SEE US.

Over Citizens' Bank
MINOT, NO. DAKOTA

Money to Loan

on Ward County Farms
and Minot City Property
—See—

FARM MORTGAGE &
INVESTMENT COMPANY
Optic Building. Minot, N. D.

EDDIE O. HENJUM W. A. CLIFFORD

LELAND BARBER SHOP

Everything new but the barbers
A first class sanitary place. We
will appreciate your patronage
and will try our best to please
you.

Basement Leland Hotel
MAIN STREET ENTRANCE

10 CENT "CASCARETS" FOR LIVER AND BOWELS

Cure Sick Headache, Constipation,
Biliousness, Sour Stomach, Bad
Breath—Candy Cathartic.

No odds how bad your liver, stomach or bowels; how much your head aches, how miserable you are from constipation, indigestion, biliousness and sluggish bowels—you always get relief with Cascarets. They immediately cleanse and regulate the stomach, remove the sour, fermenting food and foul gases; take the excess bile from the liver and carry off the constipated waste matter and poison from the intestines and bowels. A 10-cent box from your druggist will keep your liver and bowels clean; stomach sweet and head clear for months. They work while you sleep.