

Hallowe'en Novelties

From 1c to 50c

Place Cards, per doz.	25c to 35c
Napkins, per doz.	10c
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Invitations with Envelopes	2 for 5c
Post Cards	2 for 5c
Cut-Outs and Stickers, per pkg.	10c
Lanterns	25c, 15c and 10c
Crepe Paper, black and mandarin	10c
Crepe Paper Folds, Hallowe'en designs	20c
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Cups	5c and 10c
Nut Cups, per doz.	25c to 50c

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Trench Mirrors,
Khaki covered. **65c and \$1.25**
Collar Bag, Khaki covered **65c**
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Coat Hangers, khaki covered **\$1.25**

We want your Kodak work; let us finish your pictures. You snap the pictures, we will do the rest in a most able manner, the quickest time, using the best of workmanship and material, at the best possible price



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EMPHASIZES THE HEALTH SIDE OF THE HEATING PROBLEM.

Many points in favor of warm air heating in connection with proper ventilation, are brought out in the following paragraphs by E. R. Pritchard, secretary of the Department of Health of the city of Chicago, who has as his topic the "Health Side of the Heating Problem."

The two most important matters in connection with the construction of buildings intended for human occupancy are ventilation and heating.

I have placed that of ventilation first, for the reason that there is no other agency so absolutely necessary for the maintenance of bodily health and vigor as a constant and plentiful supply of fresh, pure air.

The Importance of Fresh Air.
We live in an ocean of air; we all need it, whether sick or well, and the more sick we are, the more fresh air we should have. The average adult person will actually consume approximately 2,800 gallons of air every 24

hours; while for both food and drink the needed quantity will not exceed one gallon. Also, a man may live 3 days without water, 3 weeks without examples give us a definite idea as to the relative importance of air with food and 3 minutes without air. These that of food and drink as agencies for sustaining life and vigor.

The victims of the Cherry mine disaster did not perish from starvation. If only their supply of God's fresh air had not been cut off, they could all have lived until their rescuers reached them.

In supplying fresh air to indoor occupants, two methods are employed: Natural and artificial. The eminent Doctor Parks tells us that it is a law of Nature that air is actually moving at a rate of from one to one-and-a-half miles per hour. He also tells us that because this is true, in most cases, and especially in dwelling houses, we have only to raise our windows from the bottom and lower them a little from the top and the ventilation will go on without thought or care.

The Bad Air Diseases.

But there are times when people on account of discomfort shut up their homes and refuse to employ this natural method of ventilation; and because this is true, they breathe impure air; and during all the cold weather months we have a steadily increasing death rate from the bad-air diseases, namely, bronchitis, pneumonia and consumption. Especially is this true in Chicago where so large a percentage of the population is living in steam-heated tunnels, called by courtesy, flats or apartments.

In fact, so marked has been the increase of the death rate from pneumonia and the bad-air diseases in Chicago, during the past ten years, that we have named pneumonia as the "New Captain of Men and Death," and we have come to regard the steam-heated flat, with its dry and over-heated atmosphere, a serious menace to public health. It was the discovery of the indoor conditions under which so many people in Chicago were living, that prompted the Department of Health to start the campaign for fresh air, which it is still waging with all the forces it can command.

We have also found by a careful study of the mortality figures of Chicago for the past fifty years, that there has been a steadily diminishing death rate from all the preventable diseases, except the bad air diseases. This means that the diseases amenable to sanitary administrations, yellow fever, cholera, small pox, typhoid fever and diphtheria, have been largely brought under control, and the death rates therefrom materially reduced; and that while we have been paying a great deal of attention to sanitation and spending vast sums of money for better water supply, better sewage disposal, better food inspection, etc., we have been neglecting the all-important matter of our air supply.

The Importance of Humidity.
And now I come to a matter of vital importance in connection with the heating of our homes, and that is the lack of humidity. Government experts tell us that the indoor air of American homes is 44 per cent drier than it should be; which means that it is 44 per cent drier than the driest climate on earth; and it is in the steam-heated flats or apartments that the most excessive dryness of the air, which is so dangerous to health, is found. In the old days of the coal range in the kitchen, with a vessel of water generally simmering over the fire, or with the warm-air furnace in the basement with its vapor pan carefully looked after the indoor air of many of our homes was by no means as dry and dirty as it is in the average steam-heated flat today.

The Use of the Hygrometer.
Most people attach a great deal of importance to the thermometer, where, as a matter of fact, it is only interesting. The important instrument to have in the home, shop or store, is the hygrometer, for with it the amount of humidity in the air can easily be determined.

The proper heating and ventilating of our homes are separate and interdependent problems, and should be considered by architects and builders alike. The proper humidification of artificially warmed air should be a working part of the heating system that warms the air, and so far as practicable, should be automatic in its working, and require a minimum amount of attention.

Both the process of ventilation and humidification are of vital importance to those who make and sell heating plants. For on the proper ventilation of the dwelling house, we'll say, depend in a large degree, both the efficient and economical operation, or, as I stated a moment ago, as nearly so as is practically possible. What makes this so is that there are matters people are prone to neglect. A dozen or twenty people will sit in a room contentedly breathing the same air over and over again without a thought as to its dangerous, even deadly, character.

So, it looks to me as though it is up

to builders, architects and those who are furnishing heat supply, to see to it that people get good air, whether they want it or not.

Humidification Saves Coal Bills.

It is hardly necessary for me to take up time discussing the details of the economy side of ventilation and humidification, as applied to heating plants. You know that with the proper degree of humidity a room will be more comfortable at 68 degrees Fahrenheit than it will at 72 degrees or even 74 degrees, with an exceedingly dry atmosphere. You also know that it will make an appreciable difference in the coal bills for an eight or ten-room house.

So, too, if the processes of ventilation are properly carried on, there need not be the waste of warm air that costs money to produce, that here

most necessarily be when the fresh air supply is otherwise obtained.

Disease Should Not Breed in Homes.

I have no idea how far, or to what extent, these suggestions I am making are likely to meet with approval. I am not talking as an expert on furnace construction. I am speaking solely from the health standpoint. What I am trying to express is that modern mechanical skill should devise methods of heating which do not convert our domiciles into disease-breeding death-traps.

I am firmly of the opinion that the health of a community, of a city, of a state, of a nation, is its most valuable asset. And that because this is true, the matters of proper heat and air supply for American homes are, after all, only problems of tremendous economic importance.

Organized Red Cross at Spires School House.

A branch of the Red Cross was organized at the Spires school house north of Burlington Friday night and already there are 75 or 80 members. Mrs. M. D. Graham is the chairman and Miss Marie Turcotte, the secretary. This is one of the most wide-awake branches in the county.

Sawyer Has Good Fire Department.

Sawyer has a very efficient fire department, comprising nearly thirty members. The village owns two first class chemical engines. J. O. Thompson is the chief of the department and his assistants are Frank Klimple and Wm. Hawes. J. L. McKinnon, the old time merchant, is the secretary; C. S. Beighle, treasurer; J. A. Pitkin, captain, and Archie Hagen, lieutenant.



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