

FREE ADVICE TO SICK WOMEN

Thousands Have Been Helped By Common Sense Suggestions.

Women suffering from any form of female illness are invited to communicate promptly with the woman's private correspondence department of the Lydia E. Pinkham Medicine Co., Lynn, Mass.

Out of the vast volume of experience which they have to draw from, it is more than possible that they possess the very knowledge needed in your case.

Every woman ought to have Lydia E. Pinkham's 80-page Text Book. It is not a book for general distribution, as it is too expensive.

CHAMIZAL ZONE PEOPLE APPEAL

Ask Orozco and Mexican Foreign Minister to Assist Them.

Gen. Pascual Orozco and the Mexican minister of foreign relations have each been appealed to on behalf of the residents of the Chamizal zone.

The message was sent by Luis Fernandez in Juarez with Ignacio Diaz Leon's name on the envelope.

Taylor to Talk About Shipping Explosives. El Paso railroad men and shippers of explosives will be addressed by Col. J. L. Taylor, of Washington, D. C.

A Skin of Beauty is a Way Forever.

Dr. T. Felik Gouraud's Oriental Cream or Moisturizer Beautifies.



Clean Up the Bowels and Keep Them Clean

There are many remedies to be had for constipation, but the difficulty is to procure one that acts without violence.

"Clean up the bowels and keep them clean," is the advice of all physicians, because they realize the danger resulting from habitual constipation.

Dr. Miles' Laxative Tablets are sold by all druggists, at 25 cents a box containing 25 doses.

The Right Road To Health By Annette Kellerman

Why the Corset Makes Cowards of Women, and the Value of Rest

A GERMAN actress in a recent interview expressed her surprise that so many American women used rouge and other cosmetics.

This is exactly the reason why our women use so much make-up. They never rest and are only rest, mental and physical rest, which keeps natural roses in the cheeks and crown of the head from fading.

Why Women Are Afraid. Women are afraid, especially in the street, because they are hampered every step by their clothes.

Wear your new hobble skirt and tight waists, your hat, which comes over your eyes like blinders, and go into a crowded section of the city.

Relax in the street, relax when you are conversing with people. Relax, especially when you go to bed.



RELAX ESPECIALLY WHEN YOU GO TO BED. AT THE SAME TIME LET GO OF YOUR MENTAL ANXIETY. ANALYZE IT.

or hairpins that stick into your head and make you conspicuous of your scalp. As soon as you are physically uncomfortable you are under a strain, and no one can do good work or be really happy if physical discomfort is allowed to continue.

Heien Wonders If, After All, Life Gives Happiness Only in Moments.

Heien Wonders If, After All, Life Gives Happiness Only in Moments. Happiness is a momentary thing.

Married Life the Third Year

By Mabel Herbert Uner

IT WAS Sunday. The first warm sunshiny spring Sunday. But it was a lonely and unhappy day.

Heien looked down at this, leisurely well-dressed Sunday morning, more than ever she felt her desolation.

There was a faint odor of burning leaves—that, too, seemed part of the picture.

It was growing cooler and Mr. Stevens wrapped the rug about her more snugly.

It was almost with regret that Heien saw the glimmer of distant lights, which meant the approach of the city.

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'The Kayser' Glove advertisement featuring an illustration of a woman in a long dress and gloves, with text describing the quality and price of the gloves.

GRAHAM GOES TO LEARN AVIATION

May Return to Ft. Bliss with an Aeroplane For Border Scout Duty.

Fort Bliss, Tex., March 19.—This post will be represented in the aviation corps of the United States army, and in case of active field service, an airship may be attached to the 22d infantry, which is stationed here.

PLAINS DRAWN FOR MASONIC TEMPLE

Will Represent Expenditure of \$100,000; Two Bungalows Sold.

Trout & Trout are drawing plans for the new Masonic temple to be erected by the Blue lodge of El Paso, at the corner of Missouri and North El Paso streets.

Potato Pancakes

(Recipe by Mrs. Helen Armstrong)

Here is something in pancakes a little different from the ordinary: One quart of raw potato, either grated or run through a food chopper, add four eggs singly, beating each one in thoroughly.

PLAINVIEW AFTER ODD FELLOWS HOME

Plainview, Tex., March 18.—Local I. O. O. F. lodge No. 12, assisted by the chamber of commerce, is making efforts to land the new Odd Fellows' widows and orphans home for Plainview, now being built on the corner of 11th and 12th streets.

CHANGED HER APPEARANCE

Friends Living Only Two Blocks Away Did Not Recognize This Lady and Refused to Speak to Her.

Atlanta, Ga.—"Some of my friends, who live only two blocks from me, did not know me when they met me on the street the other day," writes Mrs. Mattie Christopher, of this city.

FORGETS WHERE HE STOPPED AND LEFT HIS HAND BAG

Alexander Keef, of California, landed in El Paso Sunday morning and hid out to find lodgings. He found them, and wearing by his long trip from Los Angeles, took a nap. Awakening he left the house and also left his hand bag and all his possessions.

CHINESE GARDENERS HAVE A ROW; AS AN ARGUMENT

Chew Koo, a Chinese gardener, not a tobacco sign, was hit on the head by an ax, and he says Joe Git was on the other end of the ax.

KEEP DOWN YOUR WEIGHT

Fatty Accumulations Are Unhealthy, Uncomfortable and Tend to Produce Disease.

The greatest danger that fat people encounter is with their heart. A fatty heart may cause death at any moment. Fatty liver is a very serious disease and not any less dangerous are fatty kidneys.

Buy This and Make a Fortune

500 acres, all rich valley land, only 12 miles from El Paso, one-half mile to Santa Fe R. R. and country macadam road. \$30 per acre; easy terms.

JAMES A. MURDOCH, Office Chamber of Commerce Bldg., El Paso, Texas.

ASSAYERS & CHEMISTS

Independent Assay Office, established 1888. D. W. Sweeney, E. M. Truitt, etc.

Custom Assay Office

CRICHELL & FERGUSON, Assayers—Chemists—Metallurgists—Metal Shippers.

Bridge Work

\$5.00 DR. WARNOCK, Room 5, Morehouse Block.

NIGHT SCHOOL

Ask any business man or educator in El Paso as to the best school for your son or daughter.

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ROOMS

Hotel Delmar, near postoffice, op. Southwestern Bldg. 50c, 10c, 25c per day. Hot and cold water, free baths, free service.

Globe-Wernicke Files and Bookcases

ARE THE BEST. ELLIS BROS. PRINTING CO.

GOOD COOKS

Are in El Paso Herald families, or would like to be. Sell, 114, Santa Fe.

Use Herald Want Ads