

Bedtime Story For the Little Ones

UNCLE WIGGLY AND THE CANARY BIRD SEED. BY HOWARD H. GARIS.

"UNCLE Wiggly," spoke Lulu Whistle-bobble, the little girl duck, one morning, as she toddled over to the hollow stump house of the old rabbit gentleman, "is there any part of your farm you are not using?"

"Oh, they're birds! I believe they're birds!" she cried, clapping her wings. "Uncle Wiggly made a mistake. Canary birds came from my seeds, after all. And, surely enough, there were canary birds nesting in among the green bushes chirping and singing most sweetly."

"No, indeed," but listen, Lulu, as the telephone girls say, this is only seed for canary birds to eat. You can no more plant it, and have canary birds grow up from it, than could Jackie and Peetie Bow Wow plant bones and expect to have ham sandwiches spring up or have umbrellas grow on rubber plants. It can't be done."

Cocoanut Oil Makes A Splendid Shampoo

If you want to keep your hair in good condition, be careful what you wash it with. Most soaps and prepared shampoos contain too much alkali. This dries the scalp, makes the hair brittle, and is very harmful. Just plain multifid coconut oil (which is pure and entirely tearless), is much better than the most expensive soap or anything else you can use for shampooing, as this can't possibly injure the hair.

Refinish Your Floor

Any floor can be refinished—made sparkling and new again with Lucas Floor Paint, one of the famous Lucas paint products, with the 65-year record for quality.

Lucas Home Helps

Rheumatism, Lumber Co. Pines, Alameda and Myrtle, Ph. 426.

Calcium's Value in Tuberculosis

As a tonic and remedial agent in the treatment of tuberculosis, this element is being studied by scientists and physicians everywhere.

14 YEARS Ago Today

From The Herald of This Date, 1902. COUNTY attorney Harry Kemp filed in the county clerk's office yesterday, motions to dismiss 118 gambling cases against the saloon men and gamblers who were indicted by the grand jury.

W. A. Hawkins has returned to the city from Alamogordo. Mrs. A. P. Oles is in the city from her summer home in Clouderot.

Miss Mary and Miss O'Connor left this evening for Europe. To be gone about three months.

J. H. Boone, J. M. Dean and R. P. Jenkins left for Mineral Wells to attend the convention.

W. A. Nettleton, assistant superintendent of motive power on the Santa Fe, is in the city on business.

E. C. Moran, division superintendent of the El Paso & Southwestern railway, arrived in the city from Douglas today.

The border rifles will drill tonight. They are preparing to make a good showing at the annual encampment and will leave for Austin on July 29, about 25 strong.

R. F. Holcomb, a prominent mining operator of Boston, is in the city for the purpose of perfecting arrangements to float a \$2,000,000 gold and copper proposition.

A. Schwartz, proprietor of the Fair store, yesterday afternoon gave a trolley ride to the employees of his store. The clerks were taken for a ride over the entire system.

Miss Eva Roberts, of Florence, Colo., is appointed to take the position of Miss Lella Trumbull, resigned, as music teacher in the grammar school of the city, at a meeting of the school board last night. Prof. G. P. Putnam reported that many teachers recommended a change in the geography textbook.

Matter of repairs to the school building before the commencement of the September term was referred to the external committee.

The Daily Novelette

HANDCUFFED. Said little Georgie Washington: "No fisherman am I. The cherry tree hath proved to me I cannot tell a lie."

HOROSCOPE.

Saturday, July 8, 1916. ASTROLOGERS read this as an uncertain day. While Jupiter and Uranus are friendly, the Sun and Saturn are adverse.

Beauty Chats By Edna Kent Forbes

The Eyes

THIS COLUMN has contained many articles about the beauty and care of the eye, ranging from suggestions for cleansing the eyes to ideas as to



Hot wet cloths over the eyes will rest and refresh them.

refresh over-trained or tired-out eyes. Wring a towel from hot water and hold it across the eyes. The moist heat soothes the eyes, by drawing up fresh blood to strengthen them.

This same treatment will take away all trace of tears, and prevent the sore feeling and headache that follow a crying spell.

An ideal eyewash for tired-out eyes, or a wash to use mornings as soon as you are up, is made from putting the least bit of boric acid—powdered—in a glass, with cool water over it, adding a few drops of rosewater for fragrance. Only a few tablespoonful of water, enough to fill the eyecup about four times.

A pinch of salt added to water and used as an eyewash will make the eyes look bright and feel bright. It smartens a little at first, but the eye becomes used to this. The English women bathe their eyes in weak, cold tea, and claim that their very good sight is partially due to this custom.

Massage is good, too. It should be gentle, around the sides of the eyeball, over the closed lids. Flattening the eyeball by pressing on it destroys the angles of vision, making one either near or far-sighted. So long as the eyeballs remain round, will the youth and strength of sight stay. With age comes this fattening and loss of sight.

Questions and Answers

Do you think a mole under the right eye can be removed?—Bogus. Reply—Electric needle specialists can do this for you. Their charge varies; possibly \$2 a treatment is the usual price. It should take only half an hour.

Do you think a cosmetic can be made from strawberries? This sounds as though it would be hazardous and pleasant. Do you know how to make it?—T. D. Reply—Send me a self-addressed, stamped envelope and I will send you the recipe by mail.

making them larger by stretching the corners the least bit. Beautiful eyes are healthy eyes, of course. And tired eyes are neither healthy nor beautiful. So here are a few suggestions that will rest and

Hot wet cloths over the eyes will rest and refresh them.

Protected by George Matthew Adams

TODAY'S DAINTIEST DISH

"COOKERY IS BECOME A NOBLE SCIENCE"



Cherry Ice Cream

By CONSTANCE CLARKE. THE delicate flavor of cherry water and a half cup of sugar; then

fresh ripe fruit appeals to all tastes, and is made in a different way from the usual ice cream.

Stone one pound of ripe cherries, break the stones, take out the kernels and cook the cherries and kernels for about ten minutes in one cup of

water and a half cup of sugar; then pound them, add the juice of one and a half lemons. Strain it through a hair sieve and add two cups of cream sweetened with a half cup of sugar, and freeze. Serve in sherbet glasses. Garnish with whipped cream, and use for a dinner dessert, or for afternoon teas or parties.

To-morrow—Chicken with Cheese Sauce.

urration lasts. There will be fortunes made, however, in newly prospected regions of the north as well as the west.

Return crossing the ascendant of the Kaiser will bring surprising events to the German, astrologers predict, and serious losses, as well as popular discontent have been foretold.

The eclipse of this month is read as threatening to the king of Norway.

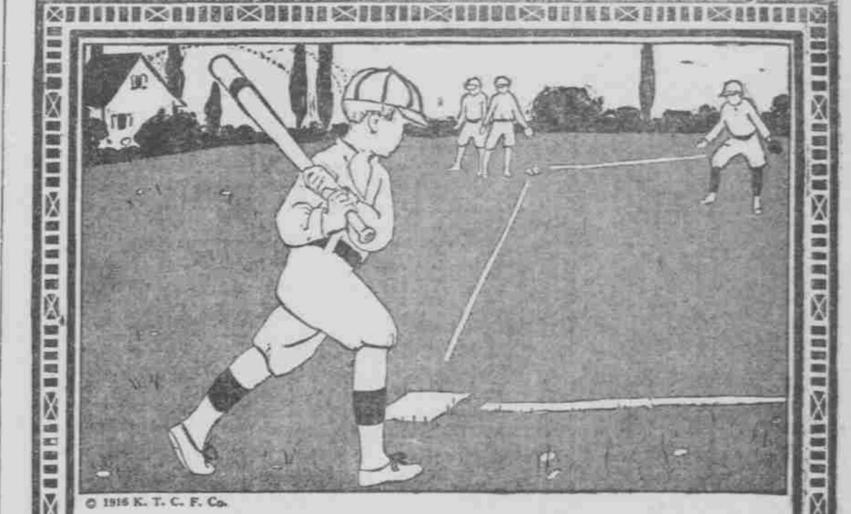
Theatrical managers are warned that amateur performances in various parts of the country will seriously affect business. These also will add greatly to the number of players who seek en-

agements, the severe long have prophesied.

New novels that announce a trend toward better literature are pronounced by those who interpret the messages of the stars.

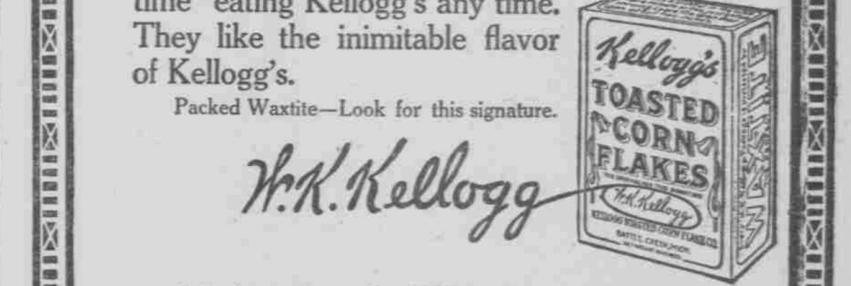
Persons whose birthdate it is during the coming year, and business during the coming year. Employees should be careful.

Children born on this day may be restless and unsettled in disposition. These subjects of Cancer are usually lucky in financial matters.—Copyright, 1916, by the McClure Newspaper Syndicate.



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AFTER the game, it's a home-run for a heaping bowl of Kellogg's Toasted Corn Flakes. Grown folks eat Kellogg's for breakfast, but growing boys and girls have a "good time" eating Kellogg's any time. They like the inimitable flavor of Kellogg's.



Packed Waxtite—Look for this signature. W.K. Kellogg. Imitations come and go! They change their name. They change their form. Some do both. Kellogg's—the Original Toasted Corn Flakes remain as original as ever—light, and dainty, appetizing in flavor with a melting crispness on the tongue.

NEWS NOTES FROM MOVIELAND

BY DAISY DEAN

PEGGY HYLAND, a petite and dainty actress, who won fame on the legitimate stage and in feature pictures in England, is one of the latest players to be signed by the Vitagraph company. Miss Hyland, who has appeared successfully in London with Cyril Maude and in a number of the late George Edwards musical comedy productions, besides starring in such cinema features as "The Love of an Actress," "John Halifax, Gentleman," "Infeebled," "Waste," etc., has been assigned to E. H. Sothern's company as his leading woman. She is now at work in a strong romantic drama by Paul West, in which Mr. Sothern appears as a business man whose creed is "get what you can, no matter how, but get it."

MME. PETROVA IN NEW METRO

The story of "The Eternal Question," a five-part Metro picture, in which Mme. Petrova will be starred early in July, deals with the discussion of two clubmen on the eternal question, woman. One held that birth and breeding made the woman, while the other contends that clothes were largely responsible. They made a wager to test their theories. A young woman, the role essayed by Mme. Petrova, playing a grind organ and carrying a monkey, comes along at this time. She is selected for their subject.

SCENARIOS DAYS

By DWIG



Peggy Hyland.

ful in abducting her aboard an outgoing steamship, bound for the Mediterranean. She is rescued in a spectacular manner, and of course, all ends happily when she is married to her American champion.

Mendelssohn's "Spring Song," the favorite selection of a boy violinist, serves as an introductory part of a five-act Bluebird titled "Spring Song," which stars Ruth Stonehouse in her first Universal number. Little Dorothy Clark plays the part of Gertie as the child, and others are King Roy Bennett as the heavy, Arthur Holt in a character part, William Canfield, Wanda Franks, Franklyn Farnum opposite Ruth Stonehouse.

Ann Murdock, the Freshman star, known to the American public by her appearance in the role of Jerry, with Laurette Taylor in "Fog of My Heart," for 1909 performances, are engaged at the Edison studios in New York in the production of a five-act feature picture titled "Where Love Is," an adaptation of William J. Locke's novel of that name.

HOW TO REDUCE YOUR WEIGHT

A SIMPLE, SAFE, RELIABLE WAY. People who are over-burdened with superfluous fat, know only too well the discomfort and aches that over-stored people have to bear. If you are carrying around five or ten pounds of unhealthy fat you are unnecessarily weakening your vital organs and are carrying a burden which destroys the beauty of your figure. There is no need of anyone suffering from superfluous fat. If you want to reduce your weight in a simple, safe and reliable way, without starvation diet or tiresome exercises, here is a diet worth trying. Spend as much time as you can in the open air, breathe deeply and get from Kelly & Pollard or The People's Drug Store, or any good drugist a box of oil of korein capsules; take one after each meal and one before retiring at night. Weigh yourself once a week so as to know just how fast you are losing weight and don't leave off the treatment or even skip a single dose until you are down to normal. Oil of korein is absolutely harmless, is pleasant to take, and helps digestion. Even a few days treatment has been reported to show a noticeable reduction in weight, footpounds become lighter, your work seems easier and a lighter and more buoyant feeling takes possession of your whole being. Every person who suffers from superfluous fat should give this treatment a trial.—Advertisement.

FRECKLE-FACE

Sun and Wind Bring Out Ugly Spots. How to Remove Easily. Here's a chance, Miss Freckle-face, to try a remedy for freckles with the guarantee of a reliable dealer that it will not cost you a penny unless it removes the freckles; while if it does give you a clear complexion the expense is trifling. Simply get an ounce of othine—double strength—from any drugist and a few applications should show you how easy it is to rid yourself of the hateful freckles and get a beautiful complexion. Barely is more than one ounce needed for the worst case. Be sure to ask the drugist for the double strength othine as this is the prescription sold under guarantee of money back if it fails to remove freckles.—Adv.

MAYR'S WONDERFUL REMEDY FOR STOMACH TROUBLE

ONE DOSE WILL CONVINCE. Call Stomach, Cancer and Ulcers of the Stomach and Intestines, Auto-Intoxication, Yellow Jaundice, Appendicitis and other fatal ailments result from Stomach Trouble. Thousands of Stomach Sufferers owe their complete recovery to Mayr's Wonderful Remedy. Unlike any other Stomach Remedy, it is sold by Kelly & Pollard, Patent Drug Co., and Drugists everywhere.—Advertisement.

PREPARE FOR PREPAREDNESS EXERCISE

All who walk or stand should fortify their feet by shaking Allen's Foot-Ease, the antiseptic powder, into their shoes. It removes and prevents the soreness, smarting and aches that come with Summer days and activity. It takes the friction from the shoe and rests the feet. Over 10,000,000 packages are being used by the troops in the war zone. For acute aches sprinkle Allen's Foot-Ease in the Foot, Ankle and neck and rub the feet. Sold by Druggists and Department Stores everywhere. 25c. Don't accept any substitute. FREE Trial Package by mail. Address, ALLEN S. ORMSHED, Le Roy, N. Y.—Adv.

18 ADDITIONAL SCHOOLS ARE AFFILIATED WITH UNIVERSITY

Austin, Texas, July 7.—Prof. Thomas Fisher, of the department of school visitations of the university of Texas, has announced that 18 new schools have received affiliation with the university last academic year, making the total number of affiliated schools 252, and of those 185 have been accredited. It is said the maximum number required for full accreditation later the autumn of 1916 and the other 73 schools in the state that now have the affiliation are not approved by the activities of the university.