

Society

The Angelus Study club will meet Thursday afternoon at the home of Mrs. E. J. Lynch, 3133 North Twenty-seventh street.

Mrs. George Sunter will entertain next Friday afternoon in honor of the Illema club at her home on South Almsworth avenue

Mrs. Chas. Mason left last week with her little son for Spokane where she will attend the marriage of her brother Chester Parison of that city.

An all day session will be held at the Immanuel Presbyterian church Wednesday by the women of the congregation in order to further plans for the annual holiday bazaar December 1 and 2.

Tahoma club met today at the residence of Mrs. Guy Kelly, 1722 North Flie street.

Mrs. George W. Sherred, 1735 South M street, will entertain Wednesday in honor of the members of the Ladies' Aid society of the Central Methodist church.

Mrs. Marguerite Gallagher returned home last week after a year's absence traveling in the East and South.

Mrs. Frank L. Dow entertained during the week with two bright affairs, one in honor of the Junita club and later at a small bridge affair at her residence on North I street.

Mr. and Mrs. D. M. Miller, 8002 North Almsworth avenue, have as their guests Dr. and Mrs. J. M. Matthews of Louisville, Ky.

In honor of Mrs. Louis Foss, who leaves soon on an extended trip in California, Mrs. O. Gerund entertained with a tea Friday afternoon.

Mr. and Mrs. V. H. Miller have returned to make Tacoma their place of residence after an absence of ten years.

A number of friends agreeably surprised Mrs. J. Triska last week at her home on South Twenty-third street in honor of her birthday.

Nut Cake

Simply Delicious By Mrs. Janet McKenzie Hill, Editor of the Boston Cooking School Magazine. In giving this recipe, Mrs. Hill believes it to be one of the best all-around cake recipes it has been her good fortune to make. The simplicity and uniformly good results will appeal to every housewife.



K. C. Nut Cake One-half cup butter; 1-2 cups granulated sugar; 3-4 cup milk; 2 cups flour; 2 level teaspoonfuls K C Baking Powder; 1 cup of nut meats chopped fine; whites of 4 eggs, beaten dry. Sift flour and baking powder together three times. Cream the butter, add the sugar; then alternately, the milk and the flour mixture; lastly the whites of eggs and the nut meats. Bake in a sheet in a shallow pan thirty or forty minutes. When cold cover with the icing and decorate with whole nut meats. This is also an excellent white cake recipe when nuts are omitted.

Chocolate Icing One cup granulated sugar; 1-2 ounce chocolate; white of 1 egg, beaten dry; 1-2 teaspoonful vanilla extract; 1-4 cup water. Stir the sugar, chocolate and water until the mixture boils; cover and let boil till when tested in cold water a soft ball may be formed; beat into the white of egg, then beat until cold, add vanilla. The nut caramel frosting given on page forty of the K C Cook's Book may be used in place of chocolate frosting, if desired. A copy of the Cook's book, handsomely illustrated in 9 colors, will be mailed free, if you will send the colored certificate packed in 25-cent cans of K C Baking powder to the Jaques Mfg. Co., Chicago.

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Cynthia Grey and EVERY WOMAN'S Page

If You Have a Double Chin, Get Rid of It Quickly 'Twill Spoil the Sweetest Face--and Temper

ANOTHER LITTLE BEAUTY TALK

By Mrs. Anita Norris

Place a black mark against fat meats, rich desserts, pies, cakes, candies and ice cream sodas. Let me caution you against wearing high, tight collars. Also nothing makes so for beauty of chin and throat as a gown without a collar. Do you read or sew with or piece of work resting on your lap and your head bent forward? If so, it won't be long before your chin will double up. And now I am eager to tell you of a new way of reducing a fat chin. It is called the Swedish stroking system and consists of hitting the chin eight blows with the flat of your right hand. Take a slow, deep breath, filling your lungs to the uttermost. Still holding your breath, lift the left hand and deal out eight more blows to the chin. Don't spare

en a sweat bath every evening for two weeks, and then every other night for the rest of the month. Begin sweating your plump chin over a basin of steaming hot water until it is tinted a deep red. Now comes the important part of the treatment. Bathe the chin several minutes in a solution of one tablespoonful of epsom salts dissolved in a quart of warm water. Then rub moisture gently off with a dry towel. Continue in this way, alternately bathing and drying the chin for 10 minutes. The epsom solution first causes an excessive perspiration—which breaks down fatty tissues—and then contracts pores and makes flabby skin firm. An astringent with which it would be well to spray the chin occasionally during the day, so the skin will have little or no opportunity to crease, is composed of 80 grains of alum, one and a half ounces of almond milk (thick) and six ounces of rosewater.

MRS. V'S RECIPES

Potato Mound With Cheese Sauce. Boil the required amount of potatoes and white hot mash soft with hot milk and melted butter, seasoning to taste with pepper and salt. Beat with a fork until very light, shape in the center of a platter, heap into a mound having a well in the top, brush all over with beaten white of egg and brown lightly in the oven. Melt 1 tablespoon of butter, blend in 1 tablespoon of flour, add slowly 1 cup of milk, season with pepper, salt and onion juice, cook and stir until smooth and thick and add 4 tablespoons of grated Parmesan cheese. Fill the well with

the sauce, sprinkle the mound with fine crumbs and return to the oven 5 minutes before serving.

Tapioca Puddings. BAKED TAPIOCA PUDDING. To one quart of milk and two large tablespoons of tapioca, two large beaten eggs, two-thirds cups of sugar, a little salt and nutmeg. Bake half an hour and stir often when baking.

PINEAPPLE TAPIOCA. Boil 1/2 cup tapioca in three cups of hot water till clear. Cut fine one small pineapple add one and one-half cups of sugar and stir into the tapioca when partially cool.

Excellent Cookies. One cup sugar, 1 cup shortening, 1 cup cold strong coffee, 1 cup molasses, teaspoon cream of tartar, 2 heaping teaspoons soda, little salt. Flour to roll. Add cinnamon and cloves to taste.

Lemon Pie. Here is my recipe for lemon pie: 1 cup of sugar, yolks of 2 eggs, juice and grated rind of 1 large lemon, 2 tablespoonfuls of cornstarch dissolved in 1/2 cup of cold water, 1 1/2 cups of boiling water. Cook until thick, pour into a cooked crust, frost with meringue made of 2 eggs and a little sugar and put into oven to brown.

Steamed Chocolate Pudding. Butter size of walnut, 1/2 cup sugar, creamed together; 1 egg well beaten and added to butter and sugar, 1/2 cup milk, 1 cup flour sifted with 1 1/2 teaspoons baking powder. Add last 2 squares melted chocolate, 1/2 teaspoon vanilla. Steam 1 1/2 hours. Serve with whipped cream.



ONE WAY OF REDUCING A COLLARLESS-WAIST MAKES PLUMP CHIN. MIDNIGHT LUNCHEONS SHOULD BE TABOOED.

A double chin is warranted to ruin the disposition of the most even tempered woman. If you have one, get rid of it. Beware of midnight lunches. Taking "bites between meals" is accountable for more double and triple chins than I like to think of. yourself, slap hard! "Does it hurt?" Indeed, yes! But there is no easy way to make a double chin vanish. This strenuous exercise must be practiced for two minutes, morning, noon and night. Improvement will be slow but sure. The too fat chin should be giving

Cynthia Grey's Letters

SHALL I TRY TO WIN HIM? Dear Miss Grey: I am 14 years old, and have never cared for the boys at all, but now I know a young man several years older than myself, and I am deeply in love with him. I have thought myself too young, and have tried to forget it, but it is impossible. I think of him all the time. Do you think I am too young to win him? ANXIOUS.

Ans.—You have reached a critical point in your life, a milestone, as it were. Don't make the mistake of trying to win a man. Let the man win you. I will not say that this may not prove the deep love of your life, but it will take several years to test it, and you are by far too young to marry. Spend your time in study and play so that you may make a good wife, mother, and citizen.

A FALSE FRIEND Dear Miss Grey: I have a girl friend I have always taken out with me and my boy friends. She talked so to me about my fiance that I got to dislike him, and told him I was tired of him. Soon I met another boy I thought well of, and I know he did of me. This girl tells me what a mistake I make by going with him, and that she wouldn't trust herself to be in his company. At the same time she only knows him by sight. She tried, and made her efforts good for awhile, in going with the first boy, and now she is trying to go with the second one. Now, which would you do, drop the girl, or the boy? DISAPPOINTED.

Ans.—Have a quiet talk with the girl, and tell her you are willing to be her friend if she is the same to you, but that she must stop talking to you against your friends. If not, you must part. Don't you think you were just a little to blame for listening to her against anyone as close as a fiance should be?

Dear Miss Grey: Please tell me what you think of a woman who has a good husband, and a good comfortable home, and a dear little baby, and will desert it all to go out into the world to have a so-called good time, like joy-riding, dancing and beaux? Is there a remedy? LAURA LEE.

Ans.—I think there is something wrong somewhere. She may be starved for affection in her home, or she may be born with some trait that you and I don't have to contend with. We can help her best by loving her, while we despise the sin, and by showing her we are her real sisters.

PROBLEMS OF A YOUNG GIRL

They are many! They come thick and fast after the solemn words at the chancel rail have been said. If you are a bride you are now facing them. If you are a matron of several years you still sigh at the memory of many difficulties you first endured.



The Times sympathizes with The Problems of the Young Wife so sincerely that practical aid is to be given her on this page. Starting tomorrow the Times will print at brief intervals a number of short articles hoping to aid the young woman who has just entered matrimony. The subjects to be discussed are vital ones. Where the young couple shall live, the home they will choose, the furnishings of the kitchen, the dining room and the living room are all problems that seriously stare the young wife in the face. Then she has to meet the added ordeal of household accounts and social duties. Read what the Times has to say on the Problems of the Young Housewife and see if you do not get help.

Women In the News

Sues for Divorce, Blaming Husband's Losses on Ball Games. Mrs. Florence Engel of Los Angeles did not object to her husband, Herbert, being a baseball fan, but she did object to becoming the object of his wrath when the team he bet on lost. So she has sued for divorce.

Engel says the way some people play ball is enough to make anyone mad, but denies that he mistreated his wife.

Woman Gets Gunner's License to Hunt Deer in Auto. Mrs. Eugene French of Atlantic City, a blonde of rare beauty, has taken out a gunner's license and will be the only woman in the

county to hunt deer. She goes hunting in her big automobile and makes many of her most difficult shots from the Housine.

Massachusetts Woman, 108, Has 200,000 Relatives. Mrs. Caroline J. Hudson, who has just celebrated her one hundred and third birthday at Templeton, Mass., has 200,000 relatives scattered over the United

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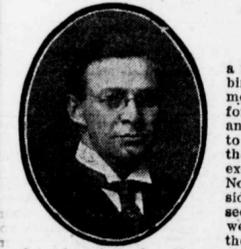
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SIX-SENTENCE TALKS By Cynthia Grey. Things That Deform the Face and Form. Biting the lips is said to injure the little blood vessels and impede the circulation. Biting the nails indicates an irritable disposition, and certainly it spoils the appearance of the whole hand. Scratching up the nose causes numberless little wrinkles that grow deeper day by day. Standing on the side of the foot causes the foot to grow sideways, so that after a while it is impossible to stand straight. Stopping the shoulders contracts the chest, throws the head forward, and in time will injure the voice. Tight lacing is the cause of many a red nose and ugly complexion, and really, girls, no man whose opinion is worth anything admires it. A Burglar's Awful Deed may not paralyze a home so completely as a mother's long illness. But Dr. King's New Life Pills are a splendid remedy for women. They gave me wonderful benefit in constipation and female trouble," wrote Mrs. M. C. Dunlap, of Leadhill, Tenn. If failing, try Co. 25c at Ryner Malstrom Drug Co., 938 Pacific ave.

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