

Special Features Of Interest To The Times' Women Readers

Society

The tennis teams of Broadway and Tacoma High were entertained at luncheon Saturday at the apartments of John Blakiston. Tacoma won the match preceding the luncheon.

Of much interest in Norwegian circles was the recent wedding of Miss Ingeborg Noidell to Paugwald Grunder.

The Ladies' Aid society of the Asbury Methodist church will present a patriotic program at the church Wednesday.

The Cary club met with Mrs. B. L. Creever Tuesday afternoon.

Mrs. and Mrs. Wilhelm Meissner, 1507 Tacoma avenue, celebrated their silver wedding anniversary Saturday evening.

The Colonial Bazaar at the armory was the big event of last week in society and a neat sum of money was realized for the Children's Home.

Fern auxiliary, O. E. S., meets with Mrs. Christiana Ohrstrom next Friday afternoon.

Mrs. William Larkin will entertain the Past Matrons' society of Vida chapter, No. 35, O. E. S., at luncheon Friday next.

The Ladies' auxiliary of the A. O. H. will entertain Thursday evening at Fraternity hall in honor of Thomas Moore's birthday.

Bedding plants, Smith, 908 C. **

Best potato salad in the city. Duenwald's Delikatessen, 518 11th st.

PRINCESS THEATER Main 7700. Charles Klein's Great Drama "The Third Degree" Prices—20c, 30c, 50c Bargain Matinee Wednesday and Saturday, 10c and 25c

Empress VAUDEVILLE SULLIVAN & CONSIDINE THE HOUSE OF ENTERTAINERS

Special Feature 5 MUSICAL MAO LARENS 5 Other Top Line Attractions.

PANTAGES THEATER Brilliant Stellar Bill Frederick U. Bowers AND COMPANY FIVE OTHER ACTS

Dream Theater 9th and C St. CLEAN, COOL AND COZY Absolutely the Best Pictures in the City. Nothing Cheap But the Price, 5c

SCENIC THEATER 916 Pacific Ave. High Class Motion Pictures 5c

BIG Spud Sale A No. 1 Yakima Spuds, 100 lbs. \$1.35 Home Grown \$1.25 Red Onions \$2.25 1 sack Carrots \$1.00 Parsnips 90c Sauerkraut 2c Special: Flour and Sugar. All Kinds of Feed. Main 1026. 18th and D

Do We Get Rotten Meat? Probers Charge Inspectors With Passing Decayed Stuff to Help Packers.



MRS. SCOTT DURAND, AND, ON RIGHT MRS. CAROLINE BARTLETT CRANE; AND CONGRESSMAN J. W. NELSON.

Mrs. Caroline Bartlett Crane of Kalamazoo, Mich., told the house appropriations committee that inspection as made by federal meat inspectors is done in such a slipshod fashion that there is every possibility of fraud by the packers. Then she broke the government seal on a highly advertised lard bucket stamped as pure lard, and with the mark of inspection in place—and showed the committee some brown stuff done up in tissue paper. Representative Nelson of Wisconsin, has prepared resolutions asking for an investigation of the whole meat inspection bureau.

After-Supper Talks With Cynthia Grey

CULTIVATE HUMOR True humor is invaluable. It is not ridicule; neither is it mirth produced by the risque, or by anything that makes another ridiculous, or places him in an embarrassing position. Humor is not laughing at another, but with him.

It is invaluable because everybody loves to laugh, and what everybody loves draws people together with a healthful fellow-feeling. A hearty laugh changes the whole mental atmosphere, and with it the day—and maybe the life. The good book tells us, "There is a time to laugh," and the humorist, who is wise as well, never laughs, or promotes a laugh at the wrong time. It is equally foolish to laugh at everything, and with everybody. The "risibles" are easily aroused, but there is art in detecting humor, as well as in promoting it.

The truly humorous will laugh as readily when he is the object of mirth as when the promoter. Things that seem funny when the "other fellow" is the object sometimes become serious to one when he finds himself the target for the crowd.

ESCAPE FROM "BISMARCK II" FORTUNATE

Dear Miss Grey: I think we have forgotten to mention one good thing about "Bismarck II" and "Bachelor," and that is they hell, for what woman could live with a man of their kind? "Merry Maid" says all the people who come to you for advice are married people and children. The most of them are from people who need help in life's problems. The bachelors and old maids are too busy wasting time. Who is "Bismarck II"? What has he done for humanity? Great men always pay a tribute to their mothers. I am only 19 years old, but I know it was my mother, while she lived, and my step-mother now, who have made our home happy.

Because people read of so many divorces in the papers they do not think there are any happy homes in the world. The trouble is happily married people are so busy tending to their own affairs they haven't time to hunt for trouble.

Three cheers for the twentieth century women who do love children and are good mothers. If Mrs. Maid should spend a few days in my office she would see people of every phase of life.

RETREAT WHILE YOU CAN

Dear Miss Grey: Please advise me for I am heartbroken. I work in the same place where a young man is working, and have been there a short time. He has smiled at me, and enticed me in many ways, and I really love him. One day I smiled at him, and he turned his head away. The next day he smiled at me and I turned my head the other way. Now he will not notice me at all. What can I do to gain his friendship again? Please answer me soon, for I am really sick. LONELY.

A.—You do not want the friendship of such a man. Have a little backbone and do not allow him to torment you with his personal magnetism for his own amusement. Be coolly polite, or cut him altogether. You will be lonelier than you are now if you don't.

HER FIRST BEAU

Dear Miss Grey: I am 15 years old and I have never gone with any boy friend, but just lately. He likes me and I like him, the first I have ever liked. Do you think it right for me to go with him? My mother does not think I should go with a fellow. I do not go many places. Is it right to go to a dance with a boy friend? Please advise me.

A.—Of course he is the first you have ever liked. He is your first beau, and often a girl imagines that she loves the first boy she goes out with, just because she is not used to it. Don't make this mistake and allow him foolish privileges that make you common. Your mother is right, dear girl. You are too young to have a regular beau, or to go to dances without a chaperone, and then only as an occasional recreation.

PROBATIONAL ENGAGEMENT

Dear Miss Grey: A young man has asked me to marry him, and has asked my father's consent, and my father said if we were of the same mind in a year we have his consent. Now, Miss Grey, am I not engaged to this man? JOY.

A.—No, not exactly, but if you care for each other it should be as sacred as an engagement. I have always approved such plans, for both are free, and still may marry if they stand the test. If you cannot be true for one year, how can you be for life?

Truly Polite.

Dear Miss Grey: What if a boy takes someone he likes, say his girl and his sister to the theater, or out in the evening, should he devote his time to the sister, his girl, or both? THREE OLD CRONIES.

A.—He should divide his attention as equally as possible between the sister and the friend.

A Use for Cigar Bands.

Dear Miss Grey: I have two or three cigar bands. Will you kindly suggest something I may use them for, besides a vase or plate? What will clean spots out of a cream serge suit? FLUFF.

A.—A rose-jar, or one of the new trays would be fine for them. Chloroform will remove the spots. Use in the open.

For Miss Thirteen.

Dear Miss Grey: I am 13 years old, am I too young to wear waists and skirts? I am five feet, four inches, how long should my dresses be? What do you think of a girl who when I sent her a bouquet of flowers for May 1, sent me back a lemon? SUNSHINE.

A.—One-piece dresses will be the nicest for another year or so. Your dresses should be half way between your shoe tops and knees. The girl was very rude, but maybe there is someone in the family, a brother who may have been playing a joke, and she may not have received the flowers.

Never Too Old.

Dear Miss Grey: I am a woman 35. Am I too old to fit myself for a government position? If not, are women eligible. MRS. E. L. S. A.—Write to the civil service for all particulars.

Cats for Luck.

Dear Miss Grey: Is it good or bad luck for a black cat to cross your road when you are starting on a trip? AGNES.

A.—It is said to be bad, but I wouldn't be superstitious if I were you.

Cynthia's Answers to Miscellaneous Questions

March 26, 1901, fell on Tuesday.

William Faversham was born in England, 1868.

A multi-millionaire is: many times a millionaire.

John Adams and Jefferson died on the same day, July 4, 1826.

For information about joining the Eastern Star apply or write to their headquarters.

It is not imperative to issue engraved invitations for a home wedding. Written notes are all right.

It is a matter of discussion among authorities as to whether a body goes to the bottom of the sea or only part way. The deeper the water, the greater the resistance.

For ingrown toe nails scrape the center of the nail thin make a notch in center top. Raise edges of nail with tiny absorbent cotton pads.

A divorce may be procured in a state other than the one the marriage took place in. Papers must be served upon the other party if he can be reached.

Dip the tips of the fingers into the finger bowl, moisten the lips, and wipe both fingers and lips on the finger-bowl napkin, or in the absence of it, the individual plate napkin.

"WHY I AM ABLE TO MAKE A 1000-MILE WALK"—MRS. DAVID BEACH WRITES ABOUT HER PLAN OF TAKING CARE OF BODY

ONE DAY'S FOOD FOR MRS. BEACH Three apples 5c Wheat 1c Prunes, figs, raisins 10c Bananas 5c Lemons 5c Grains, oats and rice 2c Salad 10c Oil 2c Pineapples 20c Total 80c

(Editor's Note—Mrs. David Beach, the New York woman who is walking the 1,000 miles between New York and Chicago, is now on the last 300-mile stretch of her famous journey. In the following article written by Mrs. Beach personally, she tells Daily Times readers just how she is able to perform such a feat of pedestrianism.)

By Mrs. David Beach. I find I have much more endurance than I have ever had. The first few days of the trip I would get very tired, and sometimes would get faint, but since the first week I have not felt any exhaustion.

In regard to foods, I realize more thoroughly than ever the different grains are absolutely necessary for endurance, and in eating them raw I save my system at least one-half the labor it would otherwise have to perform. The fruit juices are quite adequate to quench all thirst. The salad in the evening makes a very pleasant change. I have not missed milk or eggs in the least.

I find daily baths and massage most refreshing and invigorating. I think the circulation is greatly improved. I am convinced that a plot of ground and your own cottage is the most satisfactory way to live. For the first few days the muscles between the knee and the thigh were painfully sore. Then that entirely disappeared, and the

same condition occurred with the calf muscles. That gradually disappeared and the tendons in the knees left uncomfortable, but as all these muscles gained their strength, I felt gradually the ability to use them with much more intelligence.

Next I felt the muscles of the back, especially at the waist line, which became very sore. In addition to the regular massage with oil and witch hazel, I had the back rubbed with chloroform liniment, and now that soreness has entirely gone.

At the first sign of fatigue I take a deep breath, holding it with the waist muscles for a few seconds, then gradually letting it all

out, and I actually feel as if I had been sitting down for 10 minutes—so rested. I hardly consider my case a typical one. The average woman could not take this walk on the same diet, for the reason that her body and her mind were not trained for it. First of all the mind must be right. You must know that these foods are the right ones, then you will have faith in their ability. Next the body must be more or less trained to these foods or it would not perform its functions regularly. And last, but not least, a person must have tremendous will power to carry him over the first two days of hardship.



MRS. DAVID BEACH; FROM A PHOTOGRAPH TAKEN DURING A WAYSIDE REST.

Anita Norris Reveals the Secret of How You Can Have Beautiful Hands



BY ANITA NORRIS. Nothing is uglier than an un-cared for hand.

To begin with, it is of the utmost importance that the hands should be kept immaculately clean. You cannot scrub and scour them too much.

The next thing for you to do is to dry the hands. This is something most women fail to do. Yes, I know you think you dry them, but in nine cases out of ten a great deal of moisture remains on the skin.

No woman in her right mind likes to possess knuckle and wrist bones with hardly a shred of flesh.

The southern way of procuring plump hands is to soak them for 15 minutes in a bowlful of water as hot as can be endured. When the time is over the hands must be taken out of the steaming water and put in a cream bath.

What is this? A bowl filled half full with some good hand food, and thinned with warm sweet almond oil. Into this beautifying mixture plunge the hands,

All Around the Home BY CYNTHIA GREY

FOR NOSE-BLEED For obstinate nose-bleeding, either put ice to the back of the neck, or pour cold water from a height so as to strike the crown of the head. Hold the head well up and plug the nostrils with bits of absorbent cotton wet in weak carbolic acid. Stretch both arms well above the head, and keep them there ten minutes. On no account bend over.

REMOVE STAINS Dissolve half a pound of washing soda in a pint of boiling water and mix it with a quarter pound of chloride of lime, dissolved in a quart of boiling water. Stir well together, let settle, pour off the clear liquid and keep closely corked in a dark place, as it loses strength by standing in air and light.

WORK STEADILY Go about your work steadily and quietly making each move count. Doing things with a jerk, as if you were mad, tires you out. The quiet, even way will save the dishes from breaking a good many times; save many useless steps and a good deal of energy. People will say, "How easily she does her work."

TIDES FOR TOMORROW. Time. Height. 1:40 a. m. 10.0 feet 3:50 a. m. 10.2 feet 1:25 p. m. 0.3 feet 9:48 p. m. 11.7 feet

3 Loaves Good Fresh Bread Every Day 10 CENTS (Bring this ad.) HYGIENIC BAKERY 309 So. 17th St.

ONLY ONE Picture of your mother as a girl to be divided amongst six children. Bring it to me, I make a specialty of copies and enlargements. HARRIETTE IHING "Photographer to the Children" 906 1/2 Pacific Ave., Tacoma.

Merchant's Delivery Moving and Storage Main 168.

ELECTRO DENTAL PARLORS TACOMA THEATER BLDG. Corner 9th and C Sts. 11 Years In The Same Location DR. AUSTIN. DR. BURNS. EXAMINATIONS AND ESTIMATES FREE WE GIVE GAS OPEN EVENINGS FOR PEOPLE WHO WORK All Work Guaranteed.

Standard Railway of the Northwest "Service That Sets the Pace." NORTH COAST LIMITED ATLANTIC EXPRESS Daily through to Chicago from Pacific Coast, via Minneapolis and St. Paul. The North Coast Limited runs via Milwaukee. Mississippi Valley Limited Daily through to Kansas City and St. Louis via Billings and C. B. & Q. Ry. Excursion Tickets to the East