

# Bowels Get Weak As Age Advances

The First Necessity Is to Keep the Bowels Gently Open With a Mild Laxative-Tonic.

Healthy old age is so absolutely dependent upon the condition of the bowels that great care should be taken to see that they act regularly. The fact is that as age advances the stomach muscles become weak and inactive and the liver does not store up the juices that are necessary to prompt digestion.

Some help can be obtained by eating easily digested foods and by plenty of exercise, but this latter is irksome to most elderly people. One thing is certain, that a state of constipation should always be avoided as it is dangerous to life and health. The best plan is to take a mild laxative as often as is deemed necessary. But with equal certainty it is suggested that cathartics, purgatives, physics, salts or pills be avoided, as they do but temporary good and are so harsh as to be a shock to a delicate system.

A much better plan, and one that thousands of elderly people are following, is to take a gentle laxative- tonic like Dr. Caldwell's Syrup Pepsin, which acts as nearly like nature as is possible. In fact, the tendency of this remedy is to strengthen the stomach and bowel muscles and so train them to act naturally again, when medicines of all kinds can usually be dispensed with. This is the opinion of many people of different ages; among them Mr. William Deibert, Hoxie, Kan., and Mrs.



MR. WM. DEIBERT

Pearl Wilson, Sandpoint, Idaho, and they have Syrup Pepsin constantly in the house.

A bottle can be bought of any druggist at fifty cents or one dollar. People usually buy the fifty cent size first, and then, having convinced themselves of its merits they buy the dollar size, which is more economical. Any elderly person can follow these suggestions with safety and the assurance of good results.

If no member of your family has ever used Syrup Pepsin and you would like to make a personal trial of it before buying it in the regular way of a druggist, send your address—a postal will do—to Dr. W. B. Caldwell, 415 Washington st., Monticello, Ill., and a free sample bottle will be mailed you. Results are always guaranteed or money will be refunded.

# Times Political News of Tacoma and Pierce Co.

Emil Stenberg and A. H. Moore were the principal speakers at a republican meeting at Ruston last night. Stenberg pictured the horrors of the Grover Cleveland democratic administration over 20 years ago and Moore insisted the state administration by republicans was decidedly progressive.

Progressives held a big meeting at Gig Harbor last night with over 60 present. Wadsworth, Reed, Jamieson, Thompson, Norton, Langford, Borley, Nogberg, and Smith all spoke briefly.

Jamieson reviewed his past political efforts and declared when elected sheriff he intends to stop the present methods and do something for county prisoners. He wants a county farm to put them on where they can work in the open and get back into the path of industry and correct living.

The women of Spanaway will hold a meeting at Hoda's hall in Spanaway Saturday afternoon at 2 o'clock. J. A. Sorley, Roy Thompson and Reed and Smith, candidates for county commissioners, will speak.

Progressive Meetings Tonight  
Fern Hill—Dow, Benbow, Summit—Jamieson, Keyes  
Old Town—Reed, Norton, Rowland  
Maplewood—Paulhamus, Oakland—Gilbo, Comfort.

J. H. Chandler, Harry Auston for Edwin Miller, J. F. Libby, E. F. McKenzie and Calvin J. Carr were the republican candidates who spoke at a political meeting at Old Town last night. Carr was in his home precinct where he said he got all but two votes at the primaries and he hoped to get those next Tuesday.

Republicans will hold meetings tonight at Danish Brotherhood hall, Gilbert hall, Graham and Steliacomb.

A. L. Crim of Ellensburg will speak at a prohibition rally at Puget Sound university tonight. A. F. Sargeant will represent the party before the Women Voters' Educational association this afternoon.

# YOU'LL FIND IT HERE

WEATHER FORECAST.  
Ninety-one years ago today, Sir Oliver Dustpan first saw the light. At an early age he left the baronial halls in Stokeington-on-Trent, Green Tea Gardens, S. W., and garnered himself a job in a chocolate clair factory. One day while experimenting with the goo which he shot into the eclairs, Sir Oliver dropped a large gob of it upon the floor. Thus was discovered the law of gravitation.

Officially: Rain tonight and Saturday.  
R. L. Walker, chairman of the membership committee of the Rotary club, has resigned from the club.

Agnes Hubmann has filed a motion in superior court asking temporary alimony. Her husband, George, is suing for divorce. She says she has no money to prepare a defense.

David H. Allen asks divorce from his wife, Ella, whom he married in Arkansas in 1895. He alleges abandonment.

S. W. Gyer, discharged plumbing inspector, will be given a hearing Monday before the civil service board.

Increasing traffic has forced the Milwaukee railroad to separate its traveling freight and passenger agents' departments.

Ad Louthers, who was taken to jail drunk and later removed to the county hospital where he has lain unconscious since Wednesday morning, will probably die without recovering consciousness before another day. Excessive use of intoxicants has affected his kidneys.

"When buying pork sausage insist on Diamond T. C. Brand pure pork sausage. There is no better made. Made by Carstens Packing Co." "Advertisement."

F. A. Huntley, state commissioner of horticulture, has under way plans for the compiling of a western fruit growers' guide, the first publication of its kind in the west.

Admitting he was insane when found sawing a heavy log with a small piece of hand saw, Leonard Hakanson is being held by the police.

Alright heaters, \$1.50 and up  
Ewing Hardware Co., 1111 C St. Main 7750. "Advertisement."

In honor of her daughter, Mrs. Reuben Lawrence, who is visiting in the city and will return Saturday to Vancouver, B. C., Mrs. Otto Johnson, 5235 South L st., entertained at a luncheon yesterday. Covers were laid for 12.

Fines of \$50 and costs were imposed upon Martin Olson, Joe Pinger and Henry Jensen of Elbe, and Clem Ohlser of Alder, who pleaded guilty to selling liquor on Sunday.

New shipment Milwaukee sausage. Duennwald's, 313 11th, near C. "Advertisement."

H. C. Davis of Granger has a Holstein cow that gave 27 pounds of butter fat in a week.

Mrs. Dennis Weesner poured gasoline on the kitchen fire at Ellensburg and the doctor says she will recover.

Argonaut Hotel, 1007 Pac. av. Cafe and grill in connection. "Advertisement."

Kitsap county progressive ticket ruled off the ballot by the supreme court because the convention was held in King county.

U. S. Marshal Jacoby with a squad of deputies went to Renton to prevent disorder due to striking miners of the Stone-Webster mine, attacking strikebreakers.

Elwha river dam went out last night destroying the power plant erected at a cost of \$500,000 to furnish power to Port Angeles, Port Townsend and Bremerton navy yard.

The Demons of the Swamp are mosquitos. As they sting they put deadly malaria germs in the blood. Then follow the fevers, chills and the fires of fever. The appetite flies and the strength falls; also malaria often paves the way for deadly typhoid. But Electric Bitters kill and cast out the malaria germs from the blood; give you a fine appetite and renew your strength. "After long suffering," wrote Wm. Fretwell, of Lucama, N. C., "three bottles drove all the malaria from my system, and I've had good health ever since." Best for all stomach, liver and kidney ills. 50c at Ryner Malstrom Drug Co., 938 Pacific av.

# ONE LOOK WILL CONVINCE YOU!



A Glance will drive home the truth to the most skeptical that without any doubt these are the

GREATEST MILLINERY VALUES EVER OFFERED IN TACOMA

"Seeing Is Believing"—Trimmed Pattern Hats in velvet, brocade, Florentine, etc., and jaunty beaver hats. Values to \$12.50 easily. Choice. **\$2.98** (Any Hat Purchased Gladly Exchanged)

# WE COULD SELL "RAGS" BUT WE PREFER TO SELL MEN'S CLOTHES!

We could use a full page ad to shout the glories of our Men's Clothes, but we prefer to sell our clothes to plain, sensible men who are brimful of "I'm-from-Missouri" wisdom. Think it over!



"That's a genuine 18k proposition for wise men. Read it."

To such a man we have a message—Tomorrow we offer 186 Men's Suits, 69 Men's Overcoats and 127 Men's English Slip-ons, worth all the way from **\$12.50** to \$20.00, at... **\$12.50**

Do you think it worth investigating?

THE SUITS come in tweeds, chevots, worsteds and homespun in colors of gray, tan or brown. 64 Men's Suits with 2 pairs of Pants included.

THE OVERCOATS come in kersey cloth, tweeds and worsteds; all with convertible collar and some with belted backs. Black cravenettes included.

THE SLIP-ONS are proofed and rubberized and have our guarantee, of course You know how serviceable they are. The famous C. Kenyon "How-dry-I-am" Slip-ons included. Men's Store, Main Floor, Tomorrow till 10 P. M.

# Big Bargains in Working Clothes for Laboring Men

\$1.00 Men's Overshirts in blue Jersey wool for 65c  
\$2.00 Men's Overshirts in gray wool mixed goods for \$1.25  
\$2.50 Wool Shirts in tan, gray, blue or olive for \$1.50  
\$1.50 Leather Work Gloves—Gauntlet or wrist style, in "union made" brands for \$1.00  
15c Pr. White Canvas Gloves—Reversible, for 10c  
10c Pr. Canvas Gloves, 5c here for, pair  
\$2.00 Men's Corduroy Shirts here for \$1.45  
50c Pr. Men's Wool Sox—Heavy and warm for 35c  
25c Oversleeves—in black sateen for 15c  
Boys' Rain Capes \$2.45 in rubber for  
Boys' Rain Coats \$2.45 in rubber for  
\$3.50 Men's Rubber Rain Coats, tomorrow for \$2.95

Workingmen's Dept. —Main Floor.

# Men's Underwear is Priced Less Here!

Know why? We buy our's direct from the mill and cut out the middleman's profits. That's all. Read:

Geo. Rockwood's Woolen Underwear, the standard of the world.

AT \$1.00—Men's natural gray shirts or drawers in med. weight.

AT \$1.50—Men's pure white shirts or drawers in a med. weight.

AT \$2.00—Men's heavy wool plush back shirts and drawers.

—Main Floor.

# COUPON!

good for 10 "S. & H" Stamps

With a purchase of 25c or over in any dept. tomorrow. Valid after Nov. 2d, 1912. McCormack Bros.

"THE STORE THAT SAVES YOU MONEY"  
**McCormack Bros. INC.**  
PACIFIC AVENUE AND COMMERCE AT 15TH ST.

Plan to Try the Lunch Room Tomorrow

It's a clean, comfortable eating place for plain people. Prices low enough for anybody. —Balcony.

# WARBURTON OFF FOR WIND-UP

With two big rallies scheduled for him at Port Townsend and Port Angeles tonight and Saturday Congressman Warburton left the city this morning to stump Jefferson and Clallam counties. Speeches will be made from an automobile to the people in the smaller towns. His campaign will be closed here Monday night at Moose hall. Govnor Teats and

Alex Falconer, candidates for lieutenant governor and congressman at large, respectively, will also speak then.

What Texans Admire is hearty, vigorous life, according to Hugh Tallman, of San Antonio. "We find," he writes, "that Dr. King's New Life Pills surely put new life and energy into a person. Wife and I believe they are the best made." Excellent for stomach, liver and kidney troubles. 25c at Ryner Malstrom Drug Co., 938 Pacific av.

# John M. Arntson

(Paid Advertisement)  
Non-Partisan Candidate for Judge of the Superior Court Pierce County.  
General Election, Nov. 5, 1912.

# Tacoma Theater

SATURDAY AFTERNOON AT 1:30 O'CLOCK AND HEAR

# ERNEST LISTER

YOUR CANDIDATE FOR GOVERNOR

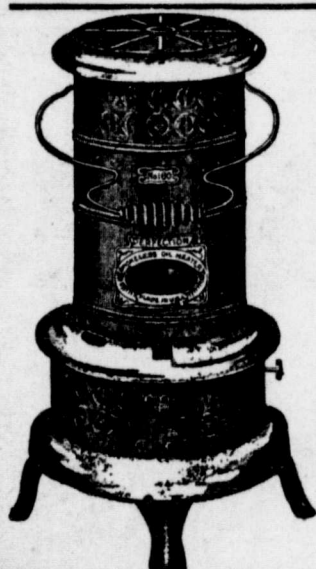
Give his views as to HOW Our State should be managed in order TO REDUCE TAXES.

The Ladies are especially invited.

COME—EVERYBODY—COME

# SEASONABLE GOODS

THAT ARE PRICED, MORE THAN RIGHT, AT PAULSON BROS., THE STORE THAT SERVES YOU BEST.



BUTTER DEPT.  
Red Hot Specials for Sat. & Mon. An EXTRA FANCY OREGON CREAMERY BUTTER. Perfect satisfaction or money back, a lb. 31c  
EGGS—High quality, every egg guaranteed. 29c  
A dozen CARNATION MILK, 2 cans 15c  
GINGER SNAPS—Fresh baked and crisp, a lb. 9c  
SEARCHLIGHT MATCHES 3 boxes 10c

PANCAKE TURNER  
Polished steel blade; reg. 5c article. Special, each 3c

# PERFECTION OIL STOVE HEATERS

The most reliable and serviceable oil heater on the market, guaranteed odorless and satisfactory or money refunded. Saturday and Monday special \$3.38

ELECTRIC LAMPS  
4, 8 and 16 candle power, guaranteed to burn 800 hours. Sat. & Mon. special... 10c

BISQUE DOLLS  
Flowing Hair and moving eyes 15c  
BARKING DOGS  
Something new and novel each with 25c

BOYS' AND MISSES' BLACK WORSTED HOSE.  
An exceptional value, high class merchandise that you pay 35c and 40c a pair for elsewhere; sizes from 6 to 9 1/2. Special, a pair 23c



Men's and Women's Knitted Scarf Muffler; regular 50c Item. Special 19c

CANDY DEPT.  
New crop Walnuts, a pound 20c  
New crop Almonds, a pound 23c  
Stand up Cream Caramels, 1-2 lb. 15c  
Hand Rolled Choc. Creams, 1-2 lb. 15c  
Fresh Made Taffy, any flavor, 1-2 lb. 15c



BLACK JAPANNED COAL HODS  
No. 17, a good size, worth 45c regular. Special 23c

COAL SHOVEL  
Made of 1-piece steel, black Japanned. Special 4c



COFFEE SERVED FREE SATURDAY  
It's our Ideal M. J. Coffee served free with sugar and cream and we sell it at 1b. 29c  
Don't make a mistake. This coffee has no equal in the city for the money.  
Other Coffee Dept. Specials  
40c E. B. Tea, a lb. 24c  
4 lbs. small White Beans 25c  
4-ration can Fish Balls, 2 cans 25c  
Best Corn Starch, package 5c

"BOOTEES" INFANTS  
Hand made of fine zephyr yarn, silk ribbon draw string. Special a pair 14c

# MUSIC DEPT. ATTRACTIONS

200 New Edison Unbreakable Cylinder Records; regular 35c values. 20c  
Your choice... 20c  
The "Gaby Glide," a copy 15c  
"Kentucky Days," a copy 15c  
"Moonlight in Jungle Land," a copy 15c  
The "Boogie Man Rag," a copy 15c  
"You're My Baby," a copy 15c

PANTS HANGERS  
And Skirt Hangers, never a complaint on these. 2 day special at, each 2c

PEROXIDE OF HYDROGEN  
8 oz. bottles, sold usually at 25c. 2 day special at 9c

# PAULSON BROS. CO.

The Store for Everybody. 1105-1107 C Street. Deliveries made only when purchase amounts to \$1.00 or more. Phone Main 232.