Society

United Artisans, Industrial Family No. 164 will hold a card party in the Odd Fellows' temple Friday evening. The host and hostesses are Mr. and Mrs. Trim and Miss Richards.

• • •

The wedding of Miss Blanche Stewart, daughter of Mr. and Mrs. O. T. Stewart, to Henry Jensen will take place Friday evening at the home of the bride's parents, 1106 South Eighth street. Both Miss Stewart and Mr. Jensen have lived in Tacoma for many years and are very well known. The ceremony will be solemnized by Rev. Lane of the First M. E. church.

• • •

Victoria Olivia Welsh, foster daughter of Mrs. A. M. Avery, was married to Charles Aldelbert Giblin of Chehalis Tuesday at 2 o'clock, at the home of Mrs. Avery, 1105 North Fifth street. Rev. Nevius of Sylvan officiated.

• • •

Miss Helen Harmon, daughter of Mr. and Mrs. Charles N. Harmon of North Thirtieth street, will leave Saturday for Chicago, where she will spend the winter with friends.

• • •

Ivy chapter auxiliary has completed arrangements for a series of dances, the first to be held Friday evening, Sept. 19, at 38th and Yakima avenue. Any of the Eastern Star members wishing invitations may call Main 7871-R4, or Madison 103-J4.

• • •

Miss Gladys Fulton will accompany her father, A. S. Fulton on a trip to the east, leaving Sept. 27. Pittsburgh, Chicago, Montreal, New York, Washington and other cities will be visited.

• • •

Alva L. Watkins, son of Mr. and Mrs. D. W. Watkins, left Saturday morning for Pullman to enter the Washington State college.

• • •

Mount Tacoma Rebekah lodge will hold initiatory services Friday night at the regular meeting in Odd Fellows' temple, 710 Pacific avenue. Three candidates will be initiated. Members are urged to attend.

• • •

George Caesar, son of Mr. and Philip V. Caesar, left today for New Haven, where he will take up a position as assistant in the laboratories at Sheffield.

• • •

Mrs. Frederick A. Rice is recovering from a brief illness.

• • •

Miss Helen Long, daughter of Mr. and Mrs. George S. Long, will leave Saturday for Washington, D. C., to enter the National Cathedral school for the year.

• • •

Hermoine Temple No. 3, Pythian Sisters, will entertain at cards this evening at the Pythian temple, 926 C street. Hostesses will be Mrs. Sweeny, Mrs. Charles Evans, Mrs. Lou Doherty and Mrs. Rowena Stevens.

• • •

Mrs. A. F. Sidow and Mrs. James H. Davis entertained elaborately for 70 guests yesterday afternoon with a bridge tea at Rhodes Bros.' tea room. The pretty dining room was screened off from other parts of the tea room and was tastefully decorated in delicate tints and flower colors.

$5.00 GOLD GLASSES NOW $1.00
Expert Examination Free of Charge.
Chicago Eye Specialists
332-33 Provident Bldg.

Equality

The Scandinavian-American Bank cordially invites an inspection of its facilities for the handling of banking business, with the assurance of safety and equal and fair treatment to all.

Accounts subject to check are solicited.

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Pacific Ave. at Eleventh.

Early Training
in the practice of self-denial; instruction as to the use and value of money; opportunities for earning and saving money; all these tend to fix the children in the ways of thrift and prosperity. A savings account with the Bankers Trust Company of Tacoma affords the best means of forming habits of thrift.

SCHOOL WORK IS JUST ONE LONG GLAD DANCE FOR THESE GIRLS

A CLASS "STUDYING" ITS LESSON.

BY WILLIAM G. SHEPHERD.

DRESDEN, Germany, Sept. 18.—How'd you like, Miss High School Girl, to go to a school where life is nothing but one long, glad dance? Where the girl who is the best dressed is the one who has the brighest colored edging on her black tights? A school where "poor" in deportment doesn't mean that you whispered, but that you didn't dance enough?

There's a school like that here, and it's so popular that the girls wouldn't go home for their vacations last summer. Most of them wrote home:

"My Dear Parents:

"If you want to see me this vacation you'll have to come here to my school.. I'm learning so much that I can't come home. I think I'll pass in barefoot dancing, and I'm trying very hard to get a good mark in turkey-trotting."

Jacques-Dalcroze is the principal of the dancing college. Nearly 200 girls from all parts of the world attend the school, and many of the great educators and musicians of Europe declare that he has struck a new and fundamental idea in education.

Jacques-Dalcroze's idea is this: A pianist, after years of practice, gains such absolute control of the hands and fingers as to be able to use them without effort, but with tremendous rapidity, to express the subtlest musical idea.

"But all parts of the body," says Jacques-Dalcroze, "should be as utterly obedient to the mind as are the fingers of a pianist."

So he fills the minds of his pupils with various ideas and makes them express those ideas in bodily movements. Rhythm is one of the chief studies. Most of the girls in the school, as they dance, can beat two-step time with one arm, and waltz time with the other, move the head to schottische time, and simultaneously danec a polka.

As you see a hundred girls perform one of these complicated dances, you forget their extraordinary attires.

"The attire these girls wear has naturally grown out of their dances," Jacques-Darcroze tells you.

"First I began with bloomers, worn under skirts. The idea of our school is physical liberty, and when some of the girls began to leave off their skirts, I made no objection to their dancing in bloomers. Then some of them found that they could dance better in bare feet, and they began to leave off their stockings. The bloomers gradually became smaller and smaller until they disappeared, and the girls themselves, without any advice or direction from the chiefs of the school, finally adopted the tricot.

"In doing this they have not lost one bit of their modesty, but a great deal of their FALSE modesty has gone."

There are about a dozen American girls in the school, and all of them intend to go back to the United States to introduce Jacques-Dalcroze's system.

The Teeth Need Exercise; Is All Your Food Like Pap?

By a Physician

Do you take care of your teeth? Do you recognize the fact that good teeth are a valuable asset in maintaining the general health of your entire body?

Do you know that the kind of food you eat has an effect upon the condition of your teeth?

Teeth, as any other organ of the body, need exercise! This exercise must not be too severe, of course, especially if the teeth are not used to it.

You will remember that the savage, who is accustomed to chewing and biting tough fibrous foods, usually has very fine teeth.

The tendency, as civilization increased, has been to eat softer foods. And the result is that foods which require real chewing have become disliked and often eliminated from the daily diet.

Cooking, soaking, grinding and other means are resorted to nowadays to save the trouble of chewing when the food which needs chewing has been retained in the daily food list.

This state of affairs has caused the teeth to forget their old cunning. Nature, finding there was little or no need for strong teeth, has failed to provide them.

But it is a grave question whether this "age of pap," as it has been called, should be allowed to continue.

Teeth are an attractive feature of the human face, as well as a useful member of the digestive apparatus of the body.

Let's not give them a chance to disappear because of lack of use. Let us put some foods which require chewing into our daialy diet. Let us give our teeth some exercise and preserve these valuable aids to good health.

Don't soak your bread in the tea and then eat it. The hard crust is good for your teeth and your stomach.

Don't let the "age of pap" deny you the pleasure and profit of a good sound set of teeth.

Are Your Savings Secure?

Every year millions of dollars are lost in speculative schemes which promise large returns.

Better be SAFE than SORRY, especially when you can get FOUR PER CENT INTEREST from a good bank.

Tacoma Savings Bank and Trust Company
Cor. 11th and Pac. av.

LOW FARES EAST
VIA THE "MILWAUKEE" DAILY

Until September 30
FROM
TACOMA
And All Points in the Pacific Northwest

TO	ROUND TRIP
Chicago	$ 72.50
Duluth	60.00
Minneapolis	60.00
Montreal	105.00
New York	108.50
Philadelphia	108.50
Pittsburgh	91.50
St. Paul, Minn.	60.00
Sioux City, Iowa	60.00
Toronto, Ont.	92.00
Washington	107.50
Winnipeg	60.00
Omaha, Council Bluffs, Kansas City and St. Joseph	30.00

Proportionately reduced fares to Many Other Points in the East. Return may be made through California at slightly higher fares.

Going Limit 15 Days.
FINAL RETURN LIMIT OCTOBER 31, 1913
Liberal stopover privileges and choice of diverse routes offered.

TWO ALL-STEEL TRAINS
TO THE EAST DAILY
"The Olympian"
THE FINEST TRAIN ACROSS THE CONTINENT
and
"The Columbian"
MILWAUKEE TRAINS MILWAUKEE SERVICE
MILWAUKEE EMPLOYES
ALL THE WAY ACROSS THE CONTINENT

For additional information regarding fares, routes, sleeping car reservations, etc., call on or address
F. A. VALENTINE,
City Passenger Agent.

CHICAGO MILWAUKEE & ST. PAUL RAILWAY
1001 Pacific Ave.,
Tacoma

Hair Tonic

Ayer's Hair Vigor keeps the scalp clean and healthy. Promotes growth. Checks falling. Does not color.

Ask Your Doctor. J. C. Ayer Co., Lowell, Mass.

Reduce the Cost of Living

"From Packing House to Consumer," That's the Motto of

FRYE & COMPANY

which offers you at its markets tomorrow the following specials:

SPECIALS FOR FRIDAY, SEPT. 19.

Choice steer shoulder steak 15c
Rib and loin mutton chops 14c
Lamb and mutton roast...15c

Our mutton is of superior quality—Try it.

Tripe 5c
Head cheese 11c
Guaranteed eggs, 2 doz....55c

Our Markets Are Located as Follows:

Frye & Co., 17th and Commerce
Washington Market—1118 and 1120 South C Street.
N. P. Market—South Tacoma.

Look for the U. S. Purple Stamp. It signifies Purity and Quality. Our meat kept in sanitary cases in perfect condition by our cold air system.

We Give Penny Change

The Bank of California
NATIONAL ASSOCIATION
Established 1864.
Capital and Surplus . $16,300,000.00
San Francisco Portland Tacoma Seattle
TACOMA BRANCH
The Bank of California Building, Tacoma.

Cynthia Grey's Answers

tell you how you have helped me. I was so discouraged in a business way, and wrote you for comfort. You gave it, and said you would like to hear how I was getting on.

I have a position, after nine and a half months at business college. I am in a law office, working for two kind bachelor lawyers, who show me anything I don't know about law, and I am learning rapidly. I get only $30, but I feel I am not working for money just now, but experience. There are three men in the office, and they are very good to me. Do you think it would be all right to give each a small Christmas present? What do you think would be nice? When I first came here they asked my age, and I said 18, but I am only 16. Don't you think that was a necessity?

There is a client that comes in the office quite often, and yesterday he talked quite confidentially, and when he left asked if I would like to go to a theater some time if I didn't have too many nice looking fellows. I thanked him, but gave him no encouragement. Don't you think I am too young to bother my mind about such things? I don't like the idea of mixing like that with business. If he asks again what would you tell him? Mother thinks a girl should have men company. Am I old-maidish? This man is about thirty.

My boss told another girl that he thought I was a dream in an office because I admire it.

I must thank you again, for you have certainly helped me, and I know from your letters that you are doing a splendid work for both young men and women. I thank you abundantly for an answer to this letter.

Lovingly, E. W.

A.—Our help has been mutual, for your sincere, girlish letter has certainly warmed the cockles of my heart. When letters of trouble are piled on to me day after day, and I feel my inability to advise, that I am only a channel for help, and must look constantly to a Higher Power to help me to help others, I wonder if after all I really do any good with my answers. A word of sincere thanks is worth much more than my salary, and urges me to better efforts; so, you see, you help my people, too, by just being appreciative.

I wish there were more girls like you, and I know there are many. I see you think for yourself, and if you will just keep up the gait you are going, you will develop into a fine woman, one who will help, by her right living, everyone who comes in contact with her.

I cannot advise you to accept the attention of a man who is old enough to be more sensible than to try to flatter a girl like you. I, too, think it unwise to mix business and social affairs. A compliment such as your employer gave you is worth more than all the flattery empty heads can hand out in a lifetime.

It will be very nice to give each of the man in the office a small token of appreciation at Christmas. I would suggest some little needed article for the desk.

It would have been better not to have been untruthful about your age. You might have said, "Do you really think it makes any difference just how old I am if I do my work well?

Dear Miss Grey: Will you please tell me the names of some good books for a boy of 13 years to read? He is in the sixth grade.

Can you tell me how old Billie Burke is?

A WORKING WIDOW.

A.—"Wild Animals I have known," is one of the best books for boys, and girls, too, that I know. It is by Seton, and will teach any young people to love the creatures of the woods. You need preach no sermons on killing animals to the boy who has read it. Other fine ones are: "Black Beauty," "Treasure Island," and "Kidnaped," by Stevenson; "Boy Craftsman," by A. B. Hall, and the "Jungle Book," by Kipling.

I can tell you Billie Burke's age, but really I do not believe in limiting people by their age, and Billie Burke, while not at all old, is remarkably young.

Dear Miss Grey: Being a constant reader of your valuable information, I want very much to know if there is a widow's pension in Idaho. Hoping you will give this information to oblige a friend, sincerely, M. H. J.

A.—There is no widow's pension in Idaho, if by that you mean the Mother's Pension.

FORGOT HIS LEG

HARRISBURG, Pa., Sept. 18.—One wooden leg, several dozen keys, a revolver, numerous articles of apparel and 17 sets of false teeth were found on the Gettysburg battlefield, following the reunion here in July.

Theatrical

Tacoma Playhouses

Tacoma Theater—Kitty Gordon in "The Enchantress"; two nights, beginning Friday.
Pantages Theater—"Heart Throbs of a Great City," "A Bit of Old Ireland," and other good vaudeville acts.
Princess Theater—Princess players in "Elevating a Husband," first presentation in stock.
Melbourne Theater—Latest movies, with business men's performance at 12:30 each day.

Kitty Gordon

Victor Herbert, whose swinging, tilting marches have made him famous the world over, the most noteworthy success of his career in "The Enchantress," which will be introduced by Kitty Gordon on this prima donna's first visit to Tacoma Friday and Saturday. It is a genuine light opera brimming with delightful humor and woven around a charming love story of a mythical kingdom on the Danube.

AT THE TACOMA

Consider for a moment what a wonderful thing it would be if today we could see and hear King George taking the oath of office, and when you see the Kinetophone you will grasp what a field it will open up for future generations. Every word that the orator on the screen speaks comes clearly and so perfectly is the voice timed with the picture that people see and hear in amazement, and when the first picture is over—there are two parts—there is an outburst of applause, and then the house literally buzzes with excitement at having seen the first and only talking motion picture. The Edison talking pictures are unanimously commended by the press, the workings of the machines are perfect and in every sense they are making good the great promises predicted for them. The talking pictures will be at the Tacoma theater next week starting Sunday, with matinees Sunday, Wednesday and Saturday.

AT THE PRINCESS

"Elevating a Husband," a clever comedy never before seen in the west, is shown at the Princess this week with a decidedly popular result. The play is one of the best pure comedies ever produced in Tacoma, and the Richards players are doing their best in it.

No more Grey Hairs—no more dandruff — no falling hair when you use

Hay's Hair Health

Restores hair to its natural color, is not a dye. Get a bottle from your druggist today. He will refund your money if you aren't absolutely satisfied.

50c and $1 at druggists. Sample bottle sent on receipt of 10c and dealer's name. Philo Hay Specialties Co., Newark, N. J.

PURITAN DRUG CO.

TACOMA THEATER
TWO NIGHTS STARTING FRIDAY
Joseph M. Galtes Presents
KITTY GORDON in
"THE ENCHANTRESS"
A comic opera that lures and charms. Special orchestra. Company of 67 people—America's best trained singing chorus.
Prices 50c to $2.00. Sale Thursday.

PRINCESS
THEATER ——— Main 7760
THIS WEEK
"Elevating a Husband"
Bargain Matinee Wednesday and Saturday, 10c and 25c.
Evening Prices—20c, 30c and 50c

PANTAGES
BIG FEATURE BILL
"Heart Throbs of Great City"
Charles Reilly & Co. Rapoli
Connolly Sisters Irving Roth
—MOTION PICTURES—

PANTAGES

"Heart Throbs of a Great City" are scoring a big hit at Pantages' theater this week, together with Charles Reilly in his "A Bit of Old Ireland." The Connolly sisters, singing comediennes, are excedingly good.

FAMOUS ACTRESS LOSES 70 LBS. OF FAT

Texas Guinan, Star of the "Passing Show" Company Offers Her Own Marvelous New Treatment to Fat Folks

NEW TREATMENT GIVES ELEGANCE OF FIGURE AND STARTLING RESULTS QUICKLY

If You Are Fat and Want to Be Thin, You Can Reduce as Many Pounds as You Desire By This Astonishing New Method.

As Texas Guinan had to perform at the matinee it seemed the easiest thing in the world to arrange an interview without consulting her. The vigilant stage doorkeeper was easily passed. The dressing-room was hospitably turned open by a maid, and then—well, Miss Guinan, that is what is left of her, appeared.

"So you have come to learn the story of my weight reduction, have you?" said Texas in her breezy style, with her glorious countenance beaming in smiles at her supreme gladness, realizing how appreciative the world was in bestowing admiration and applause upon her, all on account of the new glory of her form which she transformed almost as if by magic with her own marvelous new treatment.

"While you are not going to get away with my secret," said Texas, "it is true that my seventy pounds of weight reduction was brought about with my own delightful treatment, but it cost me a pretty sum of money to learn it, and I am not giving my secret of how I lost my weight free to reporters, but have written a book telling all about this wondrous new treatment which rescued me from the thralldom of fat. This book has just come off the press and is offered free to fat burdened men and women, as I early learned in life that the only way to know happiness was to give it to others, and if by letting the world know of this harmless, quick method of reducing weight I can do a great good, then I will feel that I have not lived in vain."

"But won't you give me an inkling of its component parts? Just a suggestion as to what it is, or will I have to be content to read your free book telling all about it?"

"That is exactly it," said Texas "but I don't mind telling you what the treatment is not. It does not consist of internal drugs or medicine; there is nothing to take internally. Neither is there any pink colored camphor water, or worthless, harmful stuff to rub on the body. There is no sweating, no bandages, no Turkish baths. The treatment does not consist of a single exercise or physical culture of any description. There is no diet. One may absolutely eat all the food they desire of any kind, and go right on reducing without depriving themselves in any way.

"There are no enemas or flushing of the colon, no harmful massaging, no sweating garments to wear, no immersing yourself in hot baths with the tub filled with obesity water or epsom salts, nor does it include any medical concoction of any doctor, and it has nothing to do with any drug store prescription to have filled. There is no formula to carry out, no soaps to rub on the skin; neither is it a religious faith cure or Christian Science stunt. It is not a vibratory electric massage treatment, mental suggestion—no, and it is not a belt or mechanical device of any kind.

"I have tried many such fakes. I tried drugs pills, capsules, harmful concoctions to rub on the body. I have tried sweating and taking Turkish baths, exercising, physical culture and everything known to science without result, and without losing weight. As I was about to despair and give up in disgust all further efforts to reduce my enormous weight, which was two hundred and four pounds, I, by lucky accident, learned of the most simple, harmless, rapid, safest fat reducing treatment on earth. I tried it on myself with astonishing results. My friends stood aghast in amazement, marveling at the wondrous change in my appearance. My fat just rolled away. After the first three days I noticed it beginning to leave me. My reduction grew greater and greater until finally, I was almost appalled with delight when I realized the stupendous success of my efforts and when I awoke to the fact that I had reduced 70 pounds of my fat without leaving a wrinkle, and the glory of my new figure and the grace and beauty of my curves gave me the admiration of the world. I enjoyed the triumph of my life and the success of my whole career when my manager, Mr. Shubert, on account of my glorious new figure, made me the star of the 'Passing Show,' and mind you, this very same manager had said I was doomed to oblivion just a short time before when I tipped the scales at two hundred and four pounds. I was crushed and bewildered when he told me he could not give me a part in the 'Passing Show' unless I could reduce my enormous weight, and my heart hangs heavy with the memory of the fat days that are gone when my fat, ungainly figure made me realise that I was doomed to despair and failure.

"My success in reducing my own fat proves that there is no such word as 'fail.' I simply would not be resigned to my fate, and although everyone said 'Texas, there is no way out of your dilemma,' and told me that no fat reducing specialist could reduce my weight, I determined not to give up in despair, with the result that I absolutely conquered my fat. My new, great book on obesity, which gives full particulars of my simple, safe, quick, harmless fat reducing treatment, is now ready and will be sent free to all who wish to reduce their weight any number of pounds."

It is simply astonishing the furor this new treatment is causing among the intimate friends of Miss Guinan to whom she has given it. A letter from the world's most famous dancer, La Petite Adelaide, says: "Dear Miss Guinan: Let me congratulate you upon the high excellence of your remarkable new obesity treatment which I find reduces me as rapidly as I desire. Sincerely, Adelaide." Other letters of praise and gratitude are pouring in to Miss Guinan from all parts of the country from those who have reduced with her successful treatment Louise Brunelle, the Quaker maid, one of the earth's greatest beauties, states she lost 10 pounds the first week with this astonishing new treatment. It is said this remarkable treatment is not unlike the treatment used by the court ladies and famous actresses of the Old World, who have been using a similar remedy throughout Europe, and the remarkable thing is that Texas Guinan is the first to introduce it in America. Her free book, which is now ready for distribution, should be requested by all who desire quick reduction. It is written in a fascinating style. It explains how, by her treatment, Texas Guinan, who is acknowledged America's most successful star, reduced her own weight seventy pounds, and conquered the monster FAT.

This glorious little woman is doing her utmost to benefit fat men and women who are in need of a perfect home treatment. Everything will be sent to you in a perfectly plain package so that in your own room, away from all prying eyes, you may plan to reduce your weight at once. Miss Guinan wants to help all who are burdened with superfluous fat and thereby make life really worth while.

Write her at once, and learn the anguish she felt when her girlish beauty started to develop to abnormal proportions. Read of the tears she wept when that monster "fat" made her realize that she must give up her profession and fade into oblivion. Learn how she experimented, how she tried everything and, finally, with patient effort and determination she conquered her fat. Learn of these things so you may improve your own form and destroy your own fat so it will not be longer necessary to you to suffer the jibes and sneers of others. Remember there is no exercising or physical culture of any description in her treatment, no harmful massage or worthless poison body lotions. You may eat as many meals daily as you desire and go right on reducing. A most astonishing part of this fat reducing treatment is that it does not produce wrinkles or leave the skin flabby. All who have been dieting and starving themselves, trying to reduce their weight, and who have been taking exercises and internal baths and who have been taking internal and external remedies should write for a copy of her great FREE book entitled "RAPID WEIGHT REDUCTION WITHOUT EXERCISE, DIET OR INTERNAL REMEDIES," so that you may start to reduce your burdensome fat as rapidly as you desire. Simply write a brief letter or a postcard and ask for her book. Everything will be sent absolutely free. Do not send any money, because it is absolutely free.

Address TEXAS GUINAN, 331 Lanson Building, Los Angeles, California.

"Advertisement."

MISS TEXAS GUINAN.
God's masterpiece and the most fascinating actress in America.