

Can You Be Beautiful at 40 As at 20? Mrs. Gibson Proves It

(EDITOR'S NOTE.—This is the first of Idah McGlone Gibson's series of articles on "How to Be Beautiful After Forty." The second will follow soon. Mrs. Gibson is the well known newspaper writer who arranged "The Confessions of a Wife" in their present form for publication. WRITTEN AND ILLUSTRATED BY IDAH M'GLONE GIBSON.

EVERY WOMAN LONGS FOR BEAUTY.
All my life I have sought beauty. Many men, and a few women, have assured me that I had found it, but I knew the men were practicing the gentle art of flattery and that the women loved me.

Every normal woman longs for beauty; and why not, when she sees the modern Paris distribute his apples of interest, admiration and love as did his ancient prototype—only to those who are fairest? But most women, however much they want beauty, don't want it ENOUGH. Those who know me will smile at this last sentence, for they have heard me say many times that you can have anything you want in the world if you want it enough—yes, even beauty at 40—but you must at 20 make it your OBJECT in life!

Most of us do not want beauty as badly as all that. But we do want to look well, and most of us can look much better than we do with very little trouble and a little more thought.

Hardly any woman treats her beauty ills seriously until she is at least 30. But with the first tell-tale crow's foot at the corner of the eye, and the first little wrinkle in front of her ear, she is panic-stricken and hies herself to the beauty specialist. After one treatment she goes home, looks in her mirror and bursts into tears, for she has expected to see all the marks of 30 years erased in an hour.

The first thing to get firmly implanted in your mind is that beauty in woman does not mean youth only, although youth almost always means beauty.

There is nothing so tragic as the woman who is sprinting yards behind the procession trying to hold on to the fleeting garment that youth flings behind.

There is no reason why the woman of 40 or over should not be quite as good looking as she was at 20. Personally, I admire a few character lines more than I do the promise that youth shows—a promise that may never be fulfilled.

When I was young I often said, "Show me the face of the woman over 40 and I will tell you how she has lived." I will now add to this assertion, "If a woman is beautiful at 40, she has loved, experienced and suffered and yet withal has found life good."

To be beautiful over 40 you must look at the world through eyes of charity, at your friends through the blinded eyes of love and at yourself through the laughing eyes of humor.

Real beauty is composed of strong mentality, idealistic spirituality and a wholesome materialism. You have to think, dream and act.

There is a lot about this beauty business that is fake and much more that is futile, but most women by the expenditure of thought and effort can improve their appearance, and when you improve your appearance you certainly make life seem more worth while not only to yourself, but to others.

What I have done to this end with myself may not suit your case, but it may give you a hint in the right direction. I am not going to lie to you nor myself and tell you things because they sound well. "My Beauty Secrets" will be straight goods. They are not hard to practice, neither will they take all your time. If they did I would probably not be practicing them, for I must spend most of my time and thought in earning my daily bread—but that's another story.

(To Be Continued.)



Top, Mrs. Gibson at 40. Below, Mrs. Gibson at 20.

Co., in which it probably will be necessary for the court to define a saloon. The Stratford people leased from the brewing company with the understanding the building should not be used for any other purpose than a saloon. The contract did not expire until 1917. Suit is now being brought for the recovery of money enough to pay the rent or a right to operate a substitute business.

SCOTCH COMING
About 50 cases of Scotch whiskey on its way from Scotland which will reach the Sound about Jan. 26 will not be unloaded. One hundred cases were bought by a local drug firm. The liquor will be returned to San Francisco where permits will be issued and the liquor reshipped to this city.

WHAT IS A SAOON?
SEATTLE, Jan. 11.—Suit was brought yesterday by the Stratford Co., a former saloon against the Seattle Brewing & Malting

Plays at the Film Shows

SUCCESSING IN THE MOVIES

BY JUANITA HANSEN
Leading Lady of the Keystone Triangle Co.
A High School Girl Who Made Good.

There are many girls who have the idea that the life of a "movie queen" would make a proverbial bed of roses seem like a rock pile.

Such is not the case and the girl who enters the movie field with that idea will soon be disillusioned. Hard work is one of the great elements of success in the movies. It is the girl who is willing to pose 24 hours a day if necessary in order to finish a picture on time, that wins the admiration of her directors, and is thought of when a new lead is desired.

For days at a time, I have had to be on hand with my make-up on, dressed for the part at the studio at 6 a. m. The whole company had to be there, but there were few grumblers. Of course, this isn't the regular thing, but you must expect it.

Don't get an inflated idea of your own importance. I cannot impress this too strongly on girls desiring to enter the film world. I have seen more girls lose out because, with their first important part, they assumed the airs of a Sarah Bernhardt and considered themselves too good to associate with the rest of the company. They make themselves disliked by insisting on the best dressing rooms, having fits of temper, refusing to take orders from the director and wanting to re-write scenarios to suit themselves. Avoid this above all things.

(THE END.)

MOVIE GOSSIP

BY FREDDIE FILM.

"The Cheat," which is showing at the Colonial all week, was chosen from hundreds of other super-features as the opening production shown at the dedication of the new picture palace, the Coliseum, in Seattle, Saturday and Sunday. In my opinion it is the very best picture in which Fannie Ward ever appeared.

Little Mary Pickford is returning to the Melbourns tomorrow in her early success, "Rags and the Girl." Edward Sloman in "Vengeance of the Oppressed," a powerful three-part Lubin picture, is another feature of the new bill. Henry Walthall, Lillian Gish and Harry Cary will appear in "In the Aisles of the Wild."

Ruth Stonehouse has mastered the Charlie Chaplin walk. Her recently acquired accomplishment is demonstrated in Eesman's two act drama, "Angels Unaware." Miss Stonehouse plays the part of a ragamuffin in this production, and is sent to the reform school. She amuses the other inmates with her funny antics, among them being the impersonation of the famous screen comedian.

Lillian Lorraine, who has been starring in Pathe's "Neal of the Navy," has returned to New York from the Balboa studios on the coast and appeared last week at each of the Loew New York theaters coincident with the release of the last episode of "Neal."

Clara Kimball Young, the World Film star, was the winner in a recent popularity contest conducted by a New York newspaper. She received 1,001,538 votes, while her opponents polled a total of 857,870.

A new eight cylinder car was the prize. Miss Young's nearest competitors were: Mary Pickford, 10,767; Hazel Dawn, 29,053; Pauline Frederick, 1,845; Anita Stewart, 13,493; Marguerite Clark, 1,871.

TODAY'S BEAUTY HINT

It is not necessary to shampoo quite so frequently if your hair is properly cleansed each time by use of a really good shampoo. The easiest to use and quickest drying shampoo that we can recommend to our readers may be prepared very cheaply by dissolving a teaspoonful of caustic, obtained from your druggist, in a cup of hot water. This rubbed into the scalp creates a thick lather, soothing and cooling in its action, as well as very beneficial to scalp and hair. After rinsing, the scalp is fresh and clean, while the hair dries quickly and evenly, developing a bright luster and a soft fluffiness that makes it seem very heavy.

SEATTLE ROUTE

Steamers Tacoma and Indianapolis for Seattle
Leave Municipal Dock, Tacoma 7:30 a. m. 1:00 p. m. 5:00 p. m. 7:00 p. m. 9:00 p. m.
Leave Colman Dock, Seattle 7:00 a. m. 11:00 a. m. 2:00 p. m. 5:00 p. m. 7:00 p. m.
Fastest and Finest Steamers
Single Fare 35c; Round Trip 65c.
Night Round Trip 85c.
Office Municipal Dock, E. 24th



MOVIE TERMS ILLUSTRATED



MISS JUANITA HANSEN

Anita King Coming to Tacoma; To Write For Readers of the Times



TODAY'S BILLS AT THE MOVIES

APOLLO
"The Green-Eyed Monster," with Robert Mantell.
COLONIAL
"The Cheat," with Fannie Ward.
MELBOURNE
"Lady Audley's Secret," with Theda Bara.
LIBERTY
"The Making Over of Geoffrey Manning" and "The Pest Vamooser."

Miss Anita King, in the costume in which she made her famous 3,000 mile automobile drive across the continent, unaccompanied. She will wear the same costume when she appears in Tacoma.

Tacoma will be favored this week with a visit from a real movie star. Miss Anita King, Paramount star, will appear on the stage of the Colonial theater the latter part of the week, and make a little address to her film friends here.

Miss King came to the Northwest to be present at the opening of the Coliseum theater in Seattle, largest movie house in the west, and was induced by Manager Moore of the Colonial yesterday to spend a day in Tacoma. She will appear in the same driving costume which she wore on her famous 49-day automobile drive from Los Angeles to New York. Movies showing stages of her trip will be exhibited.

Miss King today enthusiastically agreed to write a special article for the Times on the day that she is here. Definite announcement of her appearance will be made later.

To Prevent The Grip.
Uddis causes Grip—Laxative Bromo Quinine removes the cause. There is only one "BROMO QUININE." E. W. Grove's signature on box. 25c.

TURN TO THE CLASSIFIED WANT ADS ON PAGE 6 FOR RESULTS. SEE PAGE SIX.

ANSWERS....

By Cynthia Grey

Miss Grey has sufficiently recovered from a severe illness, which kept her for several weeks in the hospital, to renew her practice of observing regular office hours for those readers who wish to talk matters over with her in person.

She will meet callers each Wednesday from 11 a. m. to 5 p. m. in The Times office. On other days she will be obliged to give her advice only by mail or through her column in the paper.

We have been surprised on one or two occasions lately to be asked whether a fee is required to obtain Miss Grey's advice. Certainly there is none. Miss Grey cheerfully furnishes information and advice on all subjects under the sun for all Times readers, and you are always welcome to her services.

EDITOR.

Q.—I just received a letter of New Year's greetings from the W. C. T. U. of my home town back in Michigan. Would courtesy demand a reply? Please answer at once, as I don't wish to overstep the bounds of conventionality. OLIVE.

A.—It is proper to acknowledge the letter and show your appreciation of same in a nicely worded note.

Q.—Have the national suffragettes colors? If so, what are they? Also, has the same organization of the state of Washington colors? INQUISITIVE.

A.—Sunflower yellow is the color claimed by the national suffragettes. Green is the color of the Washington state organization.

Dear Miss Grey: In the case of "One Anxiously Waiting," would say that the only way he can get what he wants is: First—To make application to the bureau of navigation, Washington, D. C., for discharge from the naval service.

Second—To obtain the said discharge, he must prove that he has lived for two years at one time under his right name, or the name he had while serving in the navy. In case he can do this, the navy department will issue him discharge, and trace back over his records and locate his father or do all they can to locate him.

Any man who is a deserter from army or navy, regardless of how long he has been at large, is subject to court martial and a prison term if he has lived under an assumed name and does not give himself up. INTERESTED, U. S. N.

Dear Miss Grey: Vitalization, not sterilization, is the cure for crime. According to recent statistics fully one-half of the working people of this nation do not receive a wage large enough to permit them to live decently.

They are literally starved, physically, morally and intellectually, and then we wonder why our criminal element is so large. The vitalization of criminals to transform them into honest people is an old scheme and was found very successful. I refer to England's penal colonies in Australia.

The very lowest of Britain's criminal element—murderers, forgers and thieves—transported to a new country where the means of life were easy to obtain in a very short time, with few exceptions became upright and self-respecting citizens, and their descendants were higher in the scale of humanity in every respect than the offspring of their old law-abiding neighbors in cruelly exploited England.

No matter how strenuously the law of sterilization may be carried into effect, it is safe to say that the greatest criminals in the land—the Morgans and Rockefeller—would be allowed to go on propagating their kind—a very bad kind—while any poor person obnoxious to those in power would be quickly sterilized. H. S. C.

Q.—A boy has escorted me home from several affairs, but has not asked to call. Does he expect me to invite him to call? If so, as my mother does not allow me to have callers, shall I explain to him? MARIE.

A.—As your mother will not permit the man to call, in either case, why not let the matter stand as it is? When the man gives evidence of a desire to call at your home, if you still think he is a desirable acquaintance, make the explanation.

Q.—I applied for a divorce one month, the court took up the case the next month, and then the next month my decree was given me. When will my six months be up? From which month do you start to count? O. T. S.

A.—The time is counted from the date your decree was granted you.

Chips from the Rime Block

By CHARLES B. DRISCOLL

THIS SEASON'S CROP OF UNTAMED OATS the boys are busy sowing, and some will soak their overcoats to keep the big crop growing. The boys will sow the year around to sound of fifes and whistles. Some seed will fall on stony ground, and some will fall mid thistles, but rain will fall on every seed; the growth will be alarming. No need to fear for pest and weed in any wild oats farming! I have a friend who in his youth sowed oats as wild as rabbits, till sowing came to be, in truth, the strongest of his habits. Now he has bowls of wild-oat meal as an



exclusive diet. He doesn't hesitate nor squeal, but swallows it in quiet. He says the oats are somewhat sour, and hard on his digestion. He eats a bushel every hour, and that without a question. When I see youths in beer saloons, absorbing kegs of whisky, or acting like two-bit buffons, so clumsy, loud and frisky, or when I see them throwing dough their dads have earned by sweating, into the fire to see it glow, or wasting it in betting, I always think of my old friend who lives on wild-oats porridge. These younger sowers in the end will eat that self-made forage.

—CHARLES B. DRISCOLL

WET & DRY NEWS

County Auditor Morris has asked for a written opinion from Attorney General Tanner regarding the giving of permits for both beer and liquor at one time.

DRUGGIST ARRESTED
SEATTLE, Jan. 11.—T. Takano, proprietor of a drug store, was arrested yesterday for selling wood alcohol without the poison label. One of the recent victims of wood alcohol poisoning was a roomer in Takano's hotel. Takano will be charged with manslaughter. Ten have died from wood alcohol poisoning here since Jan. 1.

NAMES DEPUTY
CENTRALIA, Jan. 11.—Prosecuting Attorney Cunningham appointed A. R. Ruthford of Morton a deputy yesterday to aid him in enforcing the prohibition law.

DEMAND JOBS
DENVER, Jan. 11.—Several thousand persons thrown out of employment by prohibition made a demonstration yesterday in the capitol grounds and presented resolutions to Gov. Carlson asking that a special meeting of the legislature be called to furnish jobs for the unemployed.

WHEN ITCHING STOPS

There is one safe, dependable treatment that relieves itching torture instantly and that cleanses and soothes the skin.

Ask any druggist for a 25c bottle of zemo and apply it as directed. Soon you will find that pimples, black heads, eczema, ringworm and similar skin troubles will disappear.

A little zemo, the penetrating, satisfying liquid, is all that is needed, for it banishes all skin eruptions and makes the skin soft, smooth and healthy.

Zemo, Cleveland.

EMPRESS

ALL THIS WEEK, MATINEES WEDNESDAY AND SATURDAY WILKES STOCK COMPANY

—In—
"WITHIN THE LAW"

Most Thrilling American Play Ever Written

PRICES—Nights, 15c, 25c, 35c and 50c. Wednesday and Saturday Matinees, 15c and 25c. Phone Main 804.

PANTAGES

"THE FASHION GIRLS"

BOB ALBRIGHT

"The Girl and the Game," No. 2

FIVE OTHER BIG ACTS

APOLLO SIGNS UP TWO BIG SERVICES



Theda Bara, famous emotion actress, who brings "The Galley Slave" to the Apollo tomorrow.

Manager Anderson of the Apollo today announced that he had signed up a long list of the season's greatest filmpay successes. Among them will be "The N'er Do Well," the nine reel Rex Beach picture, "Madam X," "Nedra," "The King's Game,"

and "The Submarine Pirate." The Apollo also will show hereafter the late Keystone-Triangle comedies. The first, "Crooked to the End," with Fred Mace, will be shown tomorrow in connection with "The Galley Slave," Theda Bara's latest success.