



### THE GUARDIAN OF OUR BODY.

The foremost biologist of our day, M. Metchnikoff has shown the world of science that there are leucocytes in our blood that act as scavengers or policemen. These policemen which are called phagocytes look out for the noxious or poisonous elements in our blood. Various offending elements are picked out of the blood and destroyed by these policemen and destroyed. Therefore our lives are protected by these blood-cell-policemen, the phagocytes, and we enjoy immunity from disease so long as our blood contains plenty of phagocytes and red blood corpuscles.

A new broom sweeps clean—and in order to put our own house in order we must get rid of all the poisons in the blood with a new broom such as an alternative extract made from roots and herbs—without the use of alcohol, as Dr. Pierce's Golden Medical Discovery, a specific for Golden rich red blood—for eradicating the poisons from the blood. In some way the policemen in the blood are increased in number and strength—so that we are put in the best possible shape to resist disease—do cure neuritis, colds, catarrh, and incipient consumption.

The more study and time is given to the subject the more we find that the blood is the center of life—says Dr. R. V. Pierce, the noted specialist of Buffalo, "the health and comfort of the average person depends entirely on this blood supply—for the heart must have pure blood or it will not pump and keep the body supplied regularly like the beautiful automatic engine it is. The nerves must be fed on pure blood—or we suffer the pain of neuralgia, which is the cry of the starved nerves for food. Headaches, cold in the head, catarrh—and many other things are due to stagnation of the blood."

Dr. Pierce's Pleasant Pellets are a mild laxative. No other medicine equals them for gentleness and thoroughness.

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The "FAST MAIL," leaves Seattle daily, 8:05 a. m. Only 2 nights to St. Paul, 3 to Chicago, 4 to New York.

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### NORTHERN PACIFIC TIME CARD OF TRAINS

SEATTLE

	LEAVE	ARRIVE
North Coast Limited, St. Paul and East	10:30 p. m.	8:30 a. m.
Atlantic Express, St. Paul and East	7:45 a. m.	1:15 a. m.
St. Louis, Kansas City and Southeastern points via Billings-Chair Car	4:30 p. m.	8:00 p. m.
Tourist and Standard Sleepers to St. Louis	8:40 a. m.	7:15 a. m.
Portland and South	11:15 a. m.	5:00 p. m.
Olympia and Grays Harbor points	9:40 p. m.	10:10 p. m.
From Bellingham	8:40 a. m.	12:50 p. m.
To Bellingham	8:05 p. m.	5:00 p. m.
	7:10 a. m.	9:45 p. m.
	4:30 p. m.	12:20 p. m.

For Through Tickets to All Points, and Sleeping Accommodations, call upon or address,

C. M. HUNTER, Agent, 1222 Dock St., Bellingham, Wash.

I. A. NADEAU, Gen. Agt. Seattle, Wash.

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Leaves SEATTLE, from Lilly & Beach's Dock, Sundays, Tuesdays and Thursdays, Friday, Portland, Townsend, Richardson, Arroyo, Lopez, FRIDAY HARBOR, Roche Harbor, Deer Harbor, West Sound, Orcas, East Sound, Newhall, Olga, Fairhaven and WHATCOM. Returning, leaves Whatcom at 2 a. m.

The Most Beautiful Trip on Puget Sound, the route winding among the lovely islands of the San Juan archipelago and crossing the Strait of San Juan de Fuca, affording passengers the finest views of the Cascade and Olympic mountains.

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A. KIMBALL, Wholesale & Retail 436 Pacific Ave., Tacoma, Wn., U. S. A.

### A READY COMFORTER.

One of Longstreet's Stories of Private Pat Doolen.

Many were the stories of the civil war told by the late Confederate General Longstreet, but none of them was fuller of pathos and humor than his reminiscences of Private Pat Doolen.

It was this Doolen who, having been regaled with buttermilk and sweet potatoes by a withered old countrywoman whose cabin he and his comrades had encountered in a straggling retreat, made his adieux with:

"An' how much do I owe ye, ma'am?"

"Nothin' at all, honey, if you all ain't got it convenient," was the hospitable reply, "and not many of the boys has these days. I've got three of my own with Stuart this minute, if so be the Lord's spared them."

"An' sure," returned Doolen, quick as a flash, "if this isn't the identical loidy as—the saints forgive me, but his name's slipped me moid the minute, but he told me to sure look out for ye ef we come this way."

"It warn't Joe Davis, war it?" eagerly suggested the innocent old woman.

"The very same, to be sure. Pat Doolen's mimory 'll never save his soul! Joe sint his love to his mither an' told me to be sure to give her this." He brought from a pocket a bulky wallet. The old woman fell on his neck with tears of joy.

"An' me jes' a-prayin' the good Lord would send me some word of him, an' somethin' to see me through the next little while. That there dinner we all jes' eat was nigh the las' they war in sight!" wept the unsuspecting old woman.

"Pat, you liar," said one of his companions as they walked away, "aren't you ashamed to deceive a credulous old woman like that? Where do you expect to go when you die? You don't know any Joe Davis, and you found that wallet at Manassas."

"Who knows that better'n meself?" asked Pat. "But she'll never know, barrin' the tellin' by Joe himself, and she'll be ready to forgive twinty like me if that comes to pass."

#### An Unhistoric Landmark.

When Mr. Justin H. Smith visited the towns along the Kennebec river in endeavoring to trace exactly Arnold's march from Cambridge to Quebec he inquired everywhere for traditions and especially for relics. In his book he gives this incident as a result of one such inquiry:

"Near the point where the army left the Kennebec are four or five acres of cleared ground and two small farmhouses. Mr. Smith inquired of the venerable proprietor of one of these places if there were any evidences in the vicinity of Arnold's march through the country.

"Oh, yes," replied the old man. "There used to be a big rock in my mowing field with 'B. D. A.' on it, but the old thing was in the way, and I blasted it out."

"What did those letters mean—'B. D. A.'?" asked Mr. Smith.

"Why, Bennie Dick Arnold, of course."

#### Too Obliging.

An actor on a train left his grips in the seat and went forward to the diner. When he returned to his compartment and glanced around for his belongings he found that they had disappeared. He looked searchingly into the faces of his fellow passengers for information, but discovered nothing but a peculiar smile. The only man in the car besides the comedian who wasn't smiling was a kind faced little man who was manifestly ill at ease. Presently this little man, in reply to a stern look of mute inquiry, pleaded apologetically, "I am really very sorry, but when you didn't return to your seat at that last station I supposed you had been left behind, so, to save you trouble and anxiety, I threw your bags out of the window as we were leaving the station."

#### He Knew the Instrument.

Mr. Clancy, the blacksmith, had sprained his wrist and went to the doctor. The doctor started to take down a bottle of fluid from his cabinet, but found the bottle empty.

After a moment's search he called for his assistant and said: "Will you get me a couple of those phials from the closet upstairs?"

"Files!" cried Mr. Clancy, in alarm. "Sure, if ye're goin' to work at it wid tools, can't ye take a smoother wan?"—Life.

#### Regular Formula.

Citizen—You've been living in the suburbs so long I suppose you've had considerable experience with servant girls.

Subbubs—Well, it's got so that when my wife is interviewing an applicant now she always begins by asking, "Were you ever employed by me before? If so, when and for how long?"—Philadelphia Press.

## SOME PRICES AT CHURCHILL'S!

### January Reduction Sale

#### GROCERIES

Flour, Everett and Olympic, per sack	1 15
Bran—per ton	20 00
Hams, per lb.	13c
Dry Salt Bacon, per-lb.	10c
Lard, in 5-lb. and 10-lb. pails, per pound	10c
Baking Powder, Royal, 1-lb. cans	40c
Baking Powder, Golden Gate, 1-lb. cans	30c
Baking Powder, K. C., Three 25c cans for	50c
Laundry Soap, 8 bars for	25c
Tar Soap, 10c size, 3 cakes for	25c
Tar Soap, 5c size, 6 cakes for	25c
Gold Dust, 3-lb. pkg.	20c
Sopo, 3-lb. pkg.	20c
Force Food, pkg.	15c
Carnation Flakes, with prize, 5-lb. pkg.	25c
Germea, pkg.	20c
Pettyjohn Breakfast Gem, pkg.	10c
Bleuing, per bottle	05c
Tomatoes, solid pack, 10c can; per doz.	1 15
Tomatoes, Standard brand, 3 cans for	25c
Tomatoes, gal. cans, per can	25c
None Such Mince Meat, per pkg. 10c; 3 for	25c
Pie Pumpkin and Squash, gal. cans, per can	25c
Pie Apricots, gal. cans, per can	30c
Pie Peaches—peeled, gal. cans, per can	35c
Chow-Chow, per bottle	25c
Hill's Pickles, 20c per bottle, 2 bottles for	35c
Orange and Lemon Peel, per lb.	15c
Imperial Egg Food for Hens, 50c size	25c
" " " \$1.00 size	50c
Olives, 20c size, 3 bottles for	50c
Syrup—Tea Garden Drips, \$1 can for	85c
Old Orchard Maple Syrup, \$1 for	85c
Delmonico, 1-4-gal. can for	25c
Catsup, gal. jugs, worth \$1, for	75c
Candy—Plain Mixed, Broken Mixed and Crystal Mixed, per lb., 15c, 2 lbs. for	25c

#### HARDWARE

Wire Nails (com.), per lb., 3c; per keg	\$2 75
Barbed Wire, per Hundred Pounds	3 35
Round-pointed, Long-handled Shovels, worth 75c	60c
Long-handled Spades, regular 90c, now	75c
No. 2 Cold-Blast Lanterns, worth \$1.00	75c
Tubular Lanterns, worth 60c	40c
Mrs. Pott's Sad Irons, per set	1 00

Bring in your Butter and Eggs, Chickens, Ducks and Geese, Hides, Pelts, etc., and trade them for goods. You can live cheaper and better if you buy at

## CHURCHILL'S

#### THE

## BLUE FRONT STORE

Friday Harbor, Wash.

Buys all goods for Cash, owns Wharf and Store-building, does not pay interest to anyone. Does it not look reasonable that Carter can sell you goods a little cheaper than those who pay rent and interest also?

"You can fool all of the people some of the time, some of the people some of the time, but you can't fool all of the people all of the time."

#### YOURS FOR LOW PRICES

## L. B. CARTER

Proprietor of THE BLUE FRONT STORE

## Friday Harbor Lumber & Mfg. Co.

#### DEALERS IN

## LUMBER

Boxes and Barrels

Shingles, Mouldings, Lathe Work and Interior Finish of all Kinds

Only Dry Kiln and Largest and Best Equipped Mill in San Juan County

MODERATE PRICES AND PROMPT DELIVERY

#### Local News Briefs

County Auditor Kirby visited Olympia this week.

Wold & Lighthouse, wines and liquors Family trade a specialty.

Miss Isabel Douglas went to Victoria Thursday.

J. A. Scribner and son Orrin went to Bellingham Thursday.

Job Lot Galvanized Barbed Fence Wire, \$3 per 100 lbs.—Morse Hardware Co.

Donald Ross went to Victoria Thursday on a business trip.

Mrs. J. M. Fleming has obtained some bronze turkeys from Vancouver island.

Pure California Port Wine \$1.50 per gallon at Wold & Lighthouse's.

Ernest Welch, nephew of Isaac Sandwith, returned to Victoria Thursday.

Sixty sacks of clams were purchased by Broder & Mead this week from British Columbia Indians.

Doors and Windows, wholesale and retail.—Morse Hardware Co., Elk St., Bellingham.

The winter has been so mild that many caterpillars are hatching out and "pussy-willow" buds are opening.

About fifty new books arrived Monday for the public school library, which now numbers about 200 volumes.

Second-hand Sewing Machines, in good repair, \$5 and up.—Morse Hardware Co., 1025-1039 Elk St., Whatcom.

Mr. and Mrs. Wm. Bailer are visiting Mr. and Mrs. Frederick Neaves, near Saanich, Vancouver island.

Several offers are said to have been made to the Pacific American Fisheries company for the purchase of the cannery here.

The Blue Front Store will contract for your 1905 wool and pay you one-fourth down at prices that will open your eyes.

Miss Carrie Peterson returned Thursday from Granite Falls, Snohomish county, near which place she has been teaching.

The high school debate on the question of the incorporation of Friday Harbor was won by the affirmative side. Another triumph of right.

The Morse Hardware Co., 1039 Elk St., Bellingham, will pay 24c lb. for good ordinary Wool, until further notice.

The many friends of Postmaster Hall in the county will be glad to know that he is very much better and that he will probably be able to be out soon.

To reduce stock Churchill is offering from 5 to 25 per cent discount on all purchases for cash in all lines of merchandise that he carries.

J. F. King sold a quantity of hay to E. M. Chalmers, the Crow Valley stock-man, this week. It was towed to West Sound on a scow by the launch Orcas.

Don't forget that you can get first-class fruit trees—apples, pears, plums, cherries, etc., for fall or spring planting, from P. BOSTIAN, East Sound. 10-8

Mr. and Mrs. F. A. Simpson are visiting relatives and friends in Seattle. G. L. Morgan, of Bellingham, is taking Mr. Simpson's place in the ISLANDER office during the latter's absence.

You certainly know by this time that the Blue Front Store has the sole agency in Friday Harbor for the Douglas Shoes, the best on earth. A large order placed with the Governor of Massachusetts will arrive in about sixty days. Meantime come in and get you a pair of Rubbers to wear over the old shoes until our new stock arrives.

Taxpayers are reminded that the taxes for 1904 will be due on the first Monday in February and that three per cent rebate will be allowed on all real estate taxes paid in full on or before March 15.

#### ARE YOU GOING EAST?

If so, call at the Northern Pacific offices in Seattle or Bellingham and get a ticket on the "North Coast Limited" train to St. Paul—the fastest and most palatial of all northern overland trains. Runs every day in the year and makes travel as comfortable in winter as in summer.

#### Enterprise

### Cash Bakery

MRS. M. E. NORDYKE

PROPRIETOR

Carries a FULL LINE of

BREAD, COOKIES,

CAKES AND PIES

Call and Inspect the Stock and Prices. Order Early that Your Orders May Be Perfectly Fresh

NEXT DOOR TO MEAT MARKET

## LIVER TROUBLES

"I find Theford's Black-Draught a good medicine for liver disease. It cured my son after he had up 15 \$100 with doctors. It is all the medicine I take."—MRS. CAROLINE MARTIN, Parkersburg, W. Va.

If your liver does not act regularly go to your druggist and secure a package of Theford's Black-Draught and take a dose tonight. This great family medicine frees the constipated bowels, stirs up the torpid liver and causes a healthy secretion of bile.

Theford's Black-Draught will cleanse the bowels of impurities and strengthen the kidneys. A torpid liver invites colds, biliousness, chills and fever and all manner of sickness and contagion. Weak kidneys result in Bright's disease which claims as many victims as consumption. A 25-cent package of Theford's Black-Draught should always be kept in the house.

"I used Theford's Black-Draught for liver and kidney complaints and found me cured."—WILLIAM COFFMAN, Marblehead, Ill.

## THEFORD'S BLACK-DRAUGHT

### BROWN HERB TABLETS

are Cheap, Nice to Take and Guaranteed to CURE—are pronounced by those who use them "the BEST family medicine known." Box lasting seven months, \$1.00, postpaid. Booklet and sample packages sent FREE.—W. P. CADWELL, Deer Harbor, Agent for San Juan County.

### Liquid Electricity

No family should be without it. Every pain instantly relieved by one thorough application. Sprains, bruises, stiff joints, headache, toothache, pain in sides or limbs, contracted muscles, pain in chest, lame back, lumbago, sciatica banished like magic. Study the labels on the bottles for its use.—LEWIS HIATT, Olga, General Agent for San Juan County.

### Separator

Best on Earth

and a year to pay for it....

Call or write for terms

BRODER & MEAD

Friday Harbor

### Harness and Shoe Shop

Repairing of all kinds neatly and promptly done. Harness pads, brushes, whips, robes, snaps, etc., always on hand and prices always reasonable.

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Opposite ISLANDER Office

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OFFICE AND RESIDENCE

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Prosecuting Attorney of San Juan County

FRIDAY HARBOR, WASH.

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### THE U. S. MAIL Steamer Islander

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