

# Catarrh

**Invites Consumption**

It weakens the delicate lung tissues, deranges the digestive organs, and breaks down the general health. It often causes headache and dizziness, impairs the taste, smell and hearing, and affects the voice. Being a constitutional disease it requires a constitutional remedy.

## Hood's Sarsaparilla

Reliably and permanently cures.

The usual liquid form or chocolate tablets known as sarsats. 100 doses \$1.

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Designing, Cutting, Fitting, Tailoring and Dressmaking Taught. French Patterns cut. Strictly up to date in every style and fashion. Positions secured for graduates. 1609 14th Ave. Write for terms. SEATTLE

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We spare no expense in packing the products of our mill. Buy millings, doors and sash from us—lowest prices in the West. Send for catalogue.

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You save a dollar. I make a dollar, and the Dental Clinic will lose two dollars when I do your Dental work. I am not competing with cheap Dentists, but with the State Dental Combine; and while this Dental war lasts, all Dental work will be done at my office for just half the combine prices. The Brown Dental Offices have been established at 713 First Ave., Seattle, for seventeen years, and now has nine associate assistant specialists. You can always save your expenses to Seattle by having your Dental work done by EDWIN J. BROWN, D.D.S. SEATTLE, WASH. Open evenings until 9:00 and Sundays until 6:00 p. m. for people who work.

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THE LARGEST MANUFACTURER OF MEN'S FINE SHOES IN THE WORLD

Wear W. L. Douglas comfortable, easy-walking shoes. They are made upon honor, of the best leathers, by the most skilled workmen, in all the latest fashions. Shoes in every style and shape to suit men in all walks of life.

If I could take you into my large factories at Brockton, Mass., and show you how carefully W. L. Douglas shoes are made, you would then understand why they hold their shape, fit better, wear longer and are of greater value than any other make.

CAUTION—See that W. L. Douglas name and the retail price is stamped on the bottom. Take No Substitute.

Wherever you live, W. L. Douglas shoes are within your reach. If your dealer cannot fit you, write for Mail Order Catalog. W. L. Douglas, Brockton, Mass.

### HORSESHOE MYTH.

Traced Back to the Greeks and Their Sea God Poseidon.

Of all the emblems for good fortune the horseshoe stands among the first. Everybody knows it is unlucky to pass a horseshoe on the road without picking it up. It is a luck emblem of the greatest power. Again, we are indebted for this statement to old tales, centuries in age, that have descended from father to son, from mother to daughter, through the years.

The old myths repay research. The luck of the horseshoe has a most respectable beginning. It is traced to the religion of the old Greeks and their sea god Poseidon, who was identical with the Roman sea god Neptune.

To Poseidon horses were sacred, and to him they were sacrificed. Poseidon was believed to have created the first horse when he struck the ground with his trident and a horse sprang from the hole, which afterward became a spring. The sea god was the lord of springs. To him all springs were ascribed. In the shape of a horse he sometimes wandered by the shores of his ocean domain, and where he struck his hoofs deeply there the waters gushed out and permanent springs were found.

This is the reason why horseshoes are reckoned lucky. Going to the root of the matter, one sees a nature myth as the root principle. From the sea all rain comes and to the sea all springs owe primal origin, and to the rain and the fresh waters, sea derived, we owe all fertility on earth.

The old Greeks therefore worshipped Poseidon as the fortune giver through his springs. They gave him horses, his precious beasts, and they adored the footprints of horses when they found them, for they might be the very footprints of the god himself. When horses came to be shod the transition of the luck emblem from the footprint itself to the shoe mark—practically the same thing—was easy.

Pegasus, the winged horse, from whose hoofs the water springs gushed copiously when he came to earth, has been credited with the origin of the horseshoe luck.

The horseshoe was a specific against earthquakes. It would keep a house safe from harm by earth shaking. Again one perceives the sea myth—Poseidon was the shaker of the earth.

Everyone refuses to confess even to himself to a curiosity concerning what the undertaker does when he sends everyone out of the room.

### GOLDEN WEST

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TEA SPICES  
BAKING POWDER  
EXTRACTS  
JUST RIGHT

TRIAL WILL CONVINCE  
CLOSSET & DEVERS  
PORTLAND, ORE.

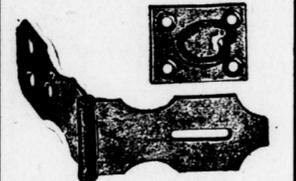
# Worms

"Cascarets are certainly fine. I gave a friend of the stomach. The next morning he passed four pieces of a tape worm. He then got a box and in three days he passed a tape-worm 45 feet long. It was Mr. Matt Freck, of Millersburg, Dauphin Co., Pa. I am quite a worker for Cascarets. I use them myself and find them beneficial for most any disease caused by impure blood." Chas. E. Condon, Lewistown, Pa., (Mifflin Co.)

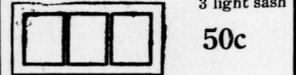
Pleasant, Palatable, Potent, Taste Good. Do Good. Never Sickens, Weakens or Grips. 10c, 25c, 50c. Never sold in bulk. The genuine tablet stamped C.C.C. Guaranteed to cure or your money back.

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HASP, with screws, 7c



3 light sash 50c

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SPECIAL COLUMBIA BRAND PREPARED  
Roofing \$1.25 roll. Liquid cement and nails for laying with each roll.

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### Boarding and Day School for Boys

This school has been entirely renovated so that the sanitary and comfortable position for boys is unexcelled. Elementary instruction and full business course given. Conducted by the Brothers of Our Lady of Lourdes. Write for prospectus or apply to Brother Superior of College

Before the day of Edmund Halley, the great English astronomer, who died in 1742, the ways of comets were little understood or studied. They were looked upon as celestial bodies of freakish habits, following no fixed paths, but appearing as a portent of some stupendous calamity—war, pestilence, flood or famine. When such a visitor blazed through the heavens in 1682, Halley, after extended observations and calculations, declared it was the same comet which had appeared in 1607, 1531 and 1456, and predicted that it would return at regular intervals of about three-fourths of a century. It was the first calculation of the orbit of a comet, and the prediction was strikingly verified in 1759 and 1835, and now again in 1909. For months the astronomers have been scanning the skies through their most powerful telescopes for the expected visitor, and the honor of first seeing it fell to those at the observatory at Heidelberg, Germany. The comet is coming nearer at the rate of many thousand miles a minute, but it will not be visible to the naked eye until next April or May. The orbits of about 350 comets have been obtained with more or less accuracy. The paths of the planets are all elliptical, which is not the case with the orbits of all comets. Some of them move in paths having the form of parabolas or hyperbolas, and therefore never return. Seventeen, besides Halley's comet, have a periodicity which has been determined by their return at the predicted intervals. Of course they all have elliptical orbits. A comet is no longer looked upon as an evil omen, and the old superstitions regarding it are reposing with many others on the world's rubbish-heap. Nevertheless, the appearance of such a body in the heavens arouses great popular interest, and the spectacle is an impressive reminder of the incomprehensible vastness of space and of the wonderful laws which control the universe of God.

### DOCTOR'S PRESCRIPTION.

Quickly Cures Rheumatic Pains, Also Splendid System Builder.

Go to any good prescription druggist and get the following and mix them. If he does not have these ingredients e will get them from his wholesale case:

"One ounce compound syrup of Sarsaparilla, and one ounce Toris compound. Add these to a half pint of first-class whiskey, and use a tablespoonful before each meal and at bed time. The bottle must be well shaken each time." This simple remedy is one of the most effective known. The restorative action will be felt after the first few doses.

The King of Italy will receive the czar in a castle "entirely surrounded by infantry." This is the kind of footman to which the Russian court is accustomed.

### DREAMED OF A CAT.

Repeated Appearances Proved to Be Premontory of Disease.

"Some years ago early in the summer," says H. Addington Bruce in Success, "I dreamed that while out taking a walk I was suddenly attacked by a huge cat, which clawed ferociously at my throat. That was all there was to the dream, or at any rate that was all I remembered on awakening in the morning, and naturally enough I dismissed it from my mind as nothing but a dream.

"But when I found myself dreaming the same dream again and again I began to wonder what significance it would possibly have. Usually it varied greatly in minor detail. Always, however, the climax was the same—the cat had me by the throat and was biting and scratching viciously. Altogether I dreamed this dream not less than a score of times in six months.

"Shortly before Christmas I took a cold which settled in my throat, affecting it so badly as to require the attention of a specialist. Much to my astonishment it was then discovered that a growth had been developing for some time and that an immediate operation was necessary.

"Several weeks later, the operation having been performed successfully, it suddenly occurred to me that I was no longer being troubled by the phantom cat. For the first time the meaning of the singular dream dawned upon me.

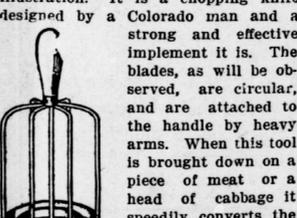
"It had been a genuine premonitory dream. Consciously I had been in utter ignorance of the dangerous growth in my throat. It had not progressed far enough to give me any pain or even to cause discomfort. At the same time the organic changes it involved had produced sensations plainly felt by what psychologists call the subconscious, and manifesting through the subconscious to the conscious in the form of a symbolic dream."

### Rouget De L'isle's House.

The sale of Rouget de L'isle's old house in Paris has revived the old question whether he was the composer as well as the author of the "Marsellaise," the Dundee Advertiser says. The air has also been claimed for a violinist of some note in his day, named Alexandre Boucher, who improvised it—so the story goes—to oblige a colonel whom he had met at a hotel. The colonel, so the story continues, hummed it to the bandmaster of his regiment, who wrote it out and orchestrated it, and Rouget de L'isle wrote words for it (merely altering six-eight time into common time) at the suggestion of the jailer of the prison in which he was confined in Marselles. What truth there is in the story it is practically impossible to say; but there is no doubt that Alexandre Boucher, who lived to be 92, told it to a journalist in 1860 two years before his death.

### Handy Chopping Knife.

No, this is not a bird cage in the illustration. It is a chopping knife designed by a Colorado man and a strong and effective implement it is. The blades, as will be observed, are circular, and are attached to the handle by heavy arms. When this tool is brought down on a piece of meat or a head of cabbage it speedily converts the objects into shreds. In CHOPPING KNIFE, most cases chopping knives are made with single, or at best, double blades. It will be readily seen that a circular blade will do much more work than one or two straight ones. Another use for this cutter is in cutting the dough for doughnuts, cookies or other circular cakes, though in ordinary round cakes the inside ring will form the cake while the hoop of dough that is left can either be baked into a hoop of cake or the leftover dough can be rolled again and the cutting continued till all is used up, as is usually done.



### Knicker—Do you think Shakespeare was a lawyer? Bocker—No; if he had been he would have made a fortune deciding whether Hamlet was mad.

What will it profit a man to behave in all other particulars, and then be feared because he talks too much?

Many a woman trusts a man with her affections who wouldn't lend him 30 cents.

We suspect that the name of Dr. Cook's Eskimo assistant, I-took-a-shoo, was originally I-took-a-chew.

## Best for Children

# PISO'S CURE

THE BEST MEDICINE FOR COUGHS AND COLDS

Gives instant relief when little throats are irritated and sore. Contains no opiates and is as pleasant to take as it is effective.

All Druggists, 25 cents.

S. N. U. No. 48-1909

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The Kind You Have Always Bought has borne the signature of Chas. H. Fletcher, and has been made under his personal supervision for over 30 years. Allow no one to deceive you in this. Counterfeits, Imitations and "Just-as-good" are but Experiments, and endanger the health of Children—Experience against Experiment.

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Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is Pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. It cures Diarrhoea and Wind Colic. It relieves Teething Troubles, cures Constipation and Flatulency. It assimilates the Food, regulates the Stomach and Bowels, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

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In the matter of food you can't afford to sacrifice Quality for Cheapness. Economy is right and good but inferior food products are dear at any price.

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is economical—not Cheap. Try it. The best at any price or your money back.

JAQUES MFG. CO. Chicago.

Guaranteed under all Pure Food Laws

Chauncey M. Depew, who has recently returned from abroad, says it requires only the striking of a match to set Europe afire. Chauncey has not hitherto taken high rank as an alarmist.

### Here is Relief for Women.

If you have pains in the back, Urinary, Bladder or Kidney trouble, and want a certain, pleasant herb cure for woman's ills, try Mother Gray's AUSTRALIAN-LEAF. It is a safe and never-failing regulator. At Druggists or by mail 50 cts. Sample package FREE. Address, the Mother Gray Co., Le Roy, N. Y.

Nineteen deaths resulted from baseball during the season recently ended. It is a curious fact that no umpires were among the killed.

If You Have Common Sore Eyes, if lines blur or run together, you need PETTIT'S EYE SALVE, 25c. All druggists or Howard Bros., Buffalo, N. Y.

### Apple Cheese.

Apple cheese makes a good tart or cake filling. Peel, core and quarter half of a pound of apples and grate the rind of a medium-sized lemon. Place a pound of sugar in an earthenware pan with a quarter of a pint of water, and add the apples and lemon. Simmer this for about an hour, then add the juice of two lemons and let it boil for ten minutes, stirring continually.

### Onions and Apples.

Put one tablespoonful of butter in a frying pan, and when melted put in three sliced onions and three sliced apples; let fry slowly until browned, season with salt and pepper and serve on toast.

## HAMLINS WIZARD OIL

THE OIL THAT PENETRATES GREAT FOR PAIN

## WHERE TO SHOP AND STOP IN SEATTLE

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WE TEACH THE BARBER TRADE to both men and women. Expert instruction; diplomas granted; clean, modern, up-to-date. Money earned while learning. Complete course for \$30. Write for free particulars. National Barber College, 63 West Washington St., Seattle, Wash.

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PICTURES; Picture Frames made to order; Artists' Supplies; Mail Orders filled. Send for catalogue. SEATTLE ART COMPANY, 501 Union Street.

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Columbia, Rambler, Crescent and other standard makes at Eastern prices.

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Men and Women: We teach the Barber trade thoroughly and completely; students earn \$3 to \$5 per week while learning; expert instructor. 120 First Ave. South, Seattle, Wash.

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Raises the dough and composes with all pure food laws.

# CRESCENT

CRESCENT MFG. CO. BAKING POWDER  
Makers of MAPLEINE (Better than Maple).

### Caramel Cake.

Cream a half-cup of butter with one and one-half cups of powdered sugar. When this mixture is light, add three-quarters of a cup of milk, and when this is well beaten in, fold in the stiffened whites of three eggs alternately, with enough prepared flour to make a good batter. Bake in layers.