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When it comes to Insurance the "3 in 1" combined Life, Accident and Health comes nearer filling the bill. It protects you, while living, besides making provisions for your family "afterwards."

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"Sudden pain from over-strain"

Every Housewife or Mother is ever under that Nervous Strain which so often results in Headaches, Dizzy Sensations, Faintness, Depression and other Nervous Disorders.

Dr. Miles' NERVINE

is Highly Recommended in Such Cases.

IF FIRST BOTTLE FAILS TO BENEFIT, YOUR MONEY WILL BE REFUNDED.

BADLY RUN DOWN.
"I had become greatly run down and my nerves were in terrible condition. I had frequent headaches and became very weak and was unable to do anything. I bought a bottle of Dr. Miles' Nervine. I soon began to feel better; my nerves were quieted. I recovered my strength, and have since recommended Dr. Miles' Nervine to many of my friends who have used it with satisfactory results."
MRS. FRANCES WHITLOCK,
179 Broadway, Schenectady, N. Y.

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Guaranteed not to break in the oven

Sanitary and Economical

See our Window display

Keller Hardware Company
"THE HARDWARE STORE"

WASHINGTON STATE NEWS OF INTEREST

Important Occurrences of Past Week Briefly Compiled for Our Readers.

A county council of defense has been organized at Cathlamet.

George W. Runnels, aged 82, said to be the first white settler in the Okanogan country died at Tonasket.

Commemoration at Thanksgiving of the 70th anniversary of the Whitman massacre will be held at Walla Walla.

Favorable weather conditions in the range country this fall have saved thousands of dollars for cattlemen in eastern Washington.

North Yakima's display at the 10th national apple show at Spokane was adjudged winner of the first prize for general district display.

Andrew Yost, railroad workman, was instantly killed near Elma when a gas handcar on which he was riding was hit by a locomotive coming in the opposite direction.

The forest service has prepared for loan to schools, libraries and other educational institutions maps of the natural forest regions of North America and the national forests.

That the proposed increase in grazing fees on the national forests will not take effect the coming season is the information furnished by District Forester George H. Cecil, Portland, Or.

A shipment of 5,000,000 Alaska sockeye salmon eggs has been received at the federal hatchery at Quinalt and are now in the hatching troughs there. They will be freed in the spring into Lake Quinalt.

Preparations to handle large shipments of vegetable oil from the orient have been made by the Milwaukee railroad, which has started work at Tacoma on four tanks to be built at a cost of \$30,000.

Seattle consumers will be protected by a trained inspector against substitutions in delivery of coal, according to an announcement by the state fuel administration, of which David Whitcomb is the head.

Crashing through the railing of a sharp turn in the Carr street viaduct at Old Tacoma, an automobile driven by Paul I. Lebow fell 40 feet, killing Lebow and injuring three lieutenants from Camp Lewis who were passengers in the car.

One of the biggest land deals in Walla Walla county this year was closed when J. J. Mangan, a prominent grain farmer, purchased 1680 acres of wheat lands near Climax from Charles Richmond at a price of \$100,000 or about \$60 per acre.

Two hundred meat cutters employed by the Carstens packing company and about 100 butchers working in 40 shops in Tacoma went on strike to obtain recognition of new wage scales and working conditions which were rejected by employers after extended conferences.

The first government shipping board hull to be launched in the United States will go into the water at Aberdeen December 15 at the yards of the Grays Harbor Motorship corporation. Men are working on this ship overtime, rushing it to completion. The vessel is of about 5000 tons.

General orders were posted at Camp Lewis forbidding all officers and enlisted men of the command to visit the city of Seattle unless, upon duty or under orders from camp military authorities or separate, sufficient, specific permission in writing, by command of General H. A. Greene.

One man in every three registered in the Aberdeen and Hoquiam exemption district is a foreigner who has never taken any steps toward taking out naturalization papers, one of every five examined was rejected as physically unfit and only about one in three of the men between 21 and 31 is married.

The stamp tax on legal instruments, provided for in the recently enacted war revenue measure, will go into effect Saturday. On and after that date revenue stamps must be affixed to notes, drafts, deeds, certificates of stock, powers of attorney and other legal papers. Severe penalties are provided for failure to comply.

An apple pack for the northwest of two grades, instead of three as at present, was endorsed by the northwest fruit conference in session at Spokane in connection with the national apple show. The proposal is to eliminate the present "C" grade and market all apples not eligible to the "extra fancy" grades as "unclassified."

Patriotism was given a new impetus and the seriousness of the war brought home to the people by the organization of the Patriotic League of Colfax and Whitman county at Colfax. The meeting was called for the purpose of organizing a patriotic league for Colfax, but visitors from Palouse, Pullman, St. John and other sections of the county were present and wished to join and work with the Colfax league, and the suggestion that it be broadened to include the whole county, with locals in every town, was adopted unanimously.

To augment the aeroplane spruce supply the secretary of war has authorized Colonel Disque to cut all suitable spruce trees on Three Tree Point and Cape Disappointment military reservations, near the mouth of the Columbia river. These reservations are under war department control, and no charge is to be made for the timber.

Telegraphic advice received from President E. O. Holland, now in Washington, D. C., conveys the information that Dr. W. J. Spillman, chief of the office of farm management in the United States department of agriculture, has definitely accepted the position of dean of the college of agriculture at the state college at Pullman. He will assume his duties April 1, 1918.

Acting upon the suggestion of C. Hebbard of Spokane, federal food agent for this state, and M. H. Houser, federal grain agent for the coast, Governor Lister and Governor Withycombe of Oregon united in a request for the federal government to place soldier guards about warehouses in which government-owned wheat is stored. These guards will be placed at Seattle, Tacoma and Portland.

Bills of fare in logging camps and mill boarding houses in eastern Oregon, Washington, Idaho and western Montana will be standardized to reduce the consumption of meat and waste in other food products, according to action taken at a session at Spokane of the Loggers' club, an organization of lumber producers in the inland empire. The order for revised menus will effect about 12,000 men.

A system of bonuses to be paid workmen for rapid construction of merchant vessels is planned by Pacific coast business interests. The plan was put before the shipping board by W. C. Pigott, president of the Seattle Manufacturers' association. It is proposed to divide among the workmen \$5000 for each ship completed before schedule. The money would be raised by chambers of commerce by subscription.

After a prolonged conference between the executive committee of the Seattle Minute Men, a patriotic organization, and Mayor Gill, it was announced by the Minute Men that a plan had been agreed upon for a clean-up of Seattle that would undoubtedly remove the ban placed on the city by Major-General Greene, commander of the Camp Lewis cantonment, who has forbidden soldiers to visit Seattle because of alleged vice conditions.

Alleging fraud in constructing more than 13 miles of the Palouse highway, suit for damages amounting to \$95,154 was filed in the circuit court at Portland, Ore., against the Pacific Bridge company by Deputy Prosecutor W. C. Meyer on behalf of Spokane county. The complaint charges that the bridge company did not follow the plans in constructing the road, did not make the paving of the specified thickness, did not make the drainage ditches in accordance with the specifications and failed to use proper material.

There will be no turkeys, oranges, bananas or other luxuries for the Thanksgiving dinners at state institutions this year, according to the announcement made by Chairman W. H. Cochran of the state board of control. If a state institution has raised enough turkeys to serve the inmates they can have them, otherwise they go without. But they will probably all have chicken, cranberries and pie. This same policy is to govern at Christmas and New Years, also according to the letter of instruction sent to the heads of the different institutions. The institutions are also observing the "meatless" and "wheatless" days as are private citizens.

Government officials have fixed the price on all spruce logs at \$35 for No. 1 logs; \$20 for No. 2 logs and \$11 for No. 3 logs, the price fixing being a step towards speeding up the output of the camps in the Grays Harbor district. The prices fixed are to remain in effect throughout the period of the war. The price fixed for No. 1 logs is \$5 per 1000 less than the present market price, while the price fixed on No. 2 logs is \$2 above the present market price, the prevailing prices having been \$40 for No. 1 logs; \$18 for No. 2 logs and \$11 for No. 3 logs. Captain J. G. Weatherwax has been appointed inspector and will have supervision of all spruce on the harbor. Grades have also been fixed by the government.

"Drastic action" will be taken by the national food administration against manufacturing confectioners who have failed to heed the administration's instructions regarding conservation of sugar, according to a telegram received from Washington at the office of Charles Hebbard, the state food administrator. "Complaints have been received from manufacturing confectioners who have patriotically reduced their sugar usage 50 per cent that other manufacturers who either misunderstood our instructions or are willfully disregarding them are operating their plants to full capacity, even to night work," says the telegram. The state food administrator is asked to make immediate investigation of such plants in this state and warn them against continuation of the practice.

Helping You With Your Live Stock

The Federal Reserve Banking System, established by the government, stands back of the stock raiser. Through our membership in it we can help our patrons carry live stock which they are raising or fattening for future sales.

Farmers' notes, with not over six months to run, given for raising or carrying live stock can be rediscounted by us with our Federal Reserve Bank, thereby increasing our ability to extend to our patrons such help as they may need.

If you contemplate raising or fattening live stock for market come in and talk with us. We can help you.

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EASY LESSONS IN FRENCH
For the **SOLDIER BOYS**
Who Go to France

Lesson No. 3.
CYCLE, AUTO AND AEROPLANE TERMS.

English.	French.	Pronunciation.
bicycle	bicyclette	bee-see-klet
wheel	roue	roo
fire	feu	fu
brake	frein	fran
chain	chaîne	shain
pedal	pédale	pay-dal
sprocket	rayon	rah-yon
wrench	clef	clay
pump	pompe	pon-p
saddle	selle	sel
puncture	crevalson	kreh-veye-son
automobile	automobile	as in English or auto
gasoline	essence	ay-see-ess
oil	huile	weel
water	eau	oh
air	air	air
radiator	radiateur	rah-dee-at-ur
magneto	magnéto	mahn-yea-toe
steering	roue de direction	roo du (u as in but) dee-reeck-see-on
wheel	roue	roo
battery	accumulateur	ak-ku-mul-ay-toor
spark	étincelle	eh-tan-sel
nut	écrou	eh-kroo
mechanic	mécanicien	meh-kahn-iss-ee-on
aeroplane	aéroplane	err-oh-plan
propeller	hélice	eh-leez
wing	aile	ah-lee

PHRASES.
Given first in English, second in French, third the pronunciation:
I am going away—Je vais partir—Zheh veh par-tee-er.
I have fallen—Je suis tombé—Zheh swee tum-beh.
He has fallen—Il est tombé—Eel eh tum-beh.
He is ascending—Il monte—Eel mont.
He is descending—Il descend—Eel du (u as in but) sond.
My auto needs repair—Mon auto a besoin de réparation—Mon oh-to ah b'zwan du (u as in but) reh-pair-ah-see-on.
Keep still—Taisez-vous—Tel-zeh voo.

Hard to Endure.
"My dear," said the sick man, "if I should die don't let that irrepressible wag, Snoofers, be one of the pallbearers."
"Oh, don't talk about dying, Henry!" answered the tearful woman.
"But I must. The idea of Snoofers keeping the other pallbearers chuckling all the way out to the cemetery and back to town gets on my nerves."—Birmingham Age-Herald.

Regrets Inevitable.
He had proposed and been rejected. "Very well," he said coldly; "there will come a time when your treatment of me will be regretted."
"I shall never regret it," she replied.
"Oh, I don't mean you," he returned.
"I refer to the man whom you will finally accept."—New York Times.

Nothing Like.
"Is your physician a homeopath or an allopath, Mrs. Snooks?"
"I don't think he is either one of those. At any rate, those names do not sound in the least like what my husband called him when the bill came in."—Exchange.

Coming to Colville
DOCTOR **Mellenthin & Co.**
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According to his method of treatment he does not operate for chronic appendicitis, gall stones, ulcers of stomach, tonsils or adenoids.

He has to his credit many wonderful results in diseases of the stomach, liver, bowels, blood, skin, nerves, heart, kidneys, bladder, bedwetting, sciatica, leg ulcers and rectal ailments.

If you have been ailing for any length of time and do not get any better, do not fail to call, as improper measures rather than disease are very often the cause of your long standing trouble.

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