

Sparkling CIDER
October Crushing
Absolutely pure apple juice

SERVED AT ALL DRINKING PLACES
ASK AT THE FOUNTAIN

INLAND PRODUCTS CO.

THE SPOKANE HOTEL
1250 Rooms

Cater Especially to Country and Commercial Guests.
COMFORTABLE \$1.00 ROOMS
With all modern conveniences.

OUR SILVER GRILL
A well-known, modern, up-to-date and moderate priced restaurant.
TRY IT! YOU CAN'T BEAT IT!

"DIAMOND QUALITY"
TESTED SEED.
Grain, Grass and Vegetable
Louden's Barn Equipment,
Sharpest Suction-Food Separators,
Clipper Seed Cleaners,
Every thing for Farm and Garden.
For 1918 Seed Annual and Planter's Guide.

SPOKANE SEED CO.
SPOKANE, WASH.

"THE OLD RELIABLE"
PLANTER'S
C & C OR BLACK
CAPSULES
REMEDY FOR MEN.
AT YOUR DRUGGIST.

HOTEL CARLYLE
Family Hotel. Strictly Mod. n.
Close to Downtown Garages.
\$1.00 THE LAY UP.
Second Ave. and Post. Spokane.

HOTEL LEVER
Modern Family Hotel.
Especially Adapted to Autoists.
75c Up.
H. S. Moore, Mgr.
Spokane, Wn.
Cor. Howard and Third

LUBRICATING OILS
TRACTOR, AUTO, MILL, ENGINE,
HARVESTER AND BARI OILS.
CASTOR, MACHINE AND KEROSENE.
FARMERS, WRITE FOR PRICES.

TRUE'S OIL CO.
SPOKANE, WASH.

RELIABLE PORTABLE DRAG SAW
Two good men will cut 15
to 25 cords per day—4 h.
engine, 2 cycle, patented
safety clutch—all working
parts interchangeable. Satis-
faction guaranteed. Ask for
catalogue—Dealers wanted.

HORIUS STEEL & EQPMT. CO. Spokane

GOOD POSITIONS
Can be had by any ambitious young
man or woman in the field of railway
or commercial telegraphy. We want
a number of young men and women
to prepare for the telegraph service.
For particulars write

PACIFIC TELEGRAPH INSTITUTE
120 N. Wall. Spokane, Wash.

GATES HALF-SOFT TIRES
Cost 1/2 As Much
GUARANTEED 3600 MILES
Send your old tires to us—we will half sole
and return the money to you.
The Retread Shop—1107 1st

Examiner for any printing

Stop That Headache!
It's Stopping Your Work Use

Dr. Miles' Anti-Pain Pills

For Any Ache or Pain.
SOLD BY ALL DRUGGISTS
MILES MEDICAL CO., Elkhart, Ind.

THE FOOD DEPARTMENT

U. S. Food Administration Regulations and Orders

Herbert C. Hoover, administrator.
Charles Hebbard, Spokane, state administrator.
J. C. Harrigan, Colville, Stevens county food administrator.
Miss Frances Robinson, Deputy

LOCAL CHAIRMEN
Addy, A. W. Anderson.
Aladdin, M. K. McTigue.
Arden, J. M. Mohny.
Boundary, Mrs. P. H. Graham.
Boys (Mr. Myers of Ferry county has jurisdiction for issuing permits).
Bluecreek, Mrs. J. E. Humphrey.
Bossburg, W. W. Palmer.
Cedonia, Mrs. W. Fox.
Colville, T. N. Ledgerwood, J. C. Clark, R. E. Lee, W. G. Hartwell.
Chewelah, W. H. Brownlow; deputy
Geo. M. Youmans.
Clayton, Mrs. L. S. Lovig.
Daisy, S. J. Kilgore.
Evans, A. Brauner.
Ford, Miss Olive Baughn.
Fruitland, Fletcher Barton.
Gifford, S. C. Sturman.
Gray, W. S. Rose.
Hunters, Mrs. Elias Nelson.
Kettle Falls, Mrs. O. E. Leiser; deputy.
Laurier, W. G. Campbell.
Leadpoint, Mrs. Thomas Sherlock.
Loon Lake, J. A. Denton.
Marble, L. S. Smith.
Marcus, Mrs. W. T. Kirk.
Meyers Falls, Mrs. A. L. Swanson.
Middleport, J. E. Potter.
Northport, F. M. Turner.
Orin, A. J. Montgomery.
Rice, E. L. Allen.
Rock Cut, Mrs. Edward Ryan.
Springdale, A. E. Bidgood.
Valley, McK. Edwards; deputy. Chas. P. Peach.

AUXILIARY CHAIRMEN
Col. Clair Hunt, County Merchant representative.
Rev. J. S. Bell, Colville.
County Sunday School and Church Division.
Mrs. George W. Seal, Colville.
County Chairman of Division of Lodges and Societies.
Mrs. Flora D. Jesseph, Colville.
County Chairman of Minute Women.
Chas. K. Baumeis, Colville.
National Bakers' Service Committee.
W. T. Ferguson, Kettle Falls.
County Organizer and Inspector.
John Welty, Meyers Falls.
Inspector.

PRICE INTERPRETING BOARD (Colville)
Al Miller, representing the merchants; Mrs. George Thomas, representing consumers; W. C. Yilcock, representing county food administrator.

FOOD DEALERS
White flour to be sold on the basis of 80-20 (or 12 1/2 pounds of substitute with each 49 pound sack of white flour).
Substitutes are: Cornmeal, corn flour, barley flour, rice flour, oat flour, buckwheat flour, sweet potato flour, milo flour, bean flour, potato flour, kaffir flour, peanut flour, fetterita flour and meals. There are NO other official substitutes.
Whole wheat and graham flour may be sold without substitutes.
No consumer to be sold more than his reasonable requirements for 60 days. Substitutes must be sold at the SAME time as the white flour.
Mixed flours labeled "Victory Mixed Flour," made under government regulations, are composed of the proper proportion of substitutes, and are sold without any further substitutes.
Retailers must keep a record of all flour sales and substitutes, open to Food Administration representatives.
Sugar sales limited, 2 lbs. in towns, or 5 pounds in country and must not exceed 2 pounds per person per month.
Exorbitant prices for ANY food-stuffs should be reported to the county administrator, as they are prohibited.

FOOD SERVING PLACES
Sugar bowls must be removed from table, and individual sugar furnished each patron, not more than two half lumps or one teaspoonful to a meal.
Bakers should eliminate to a great degree their manufacture of sweet goods.

STRINGENT REGULATIONS ON SALES OF SUGAR
The whole United States is on a sugar basis of 2 pounds per person per month.
The family in town or near market is limited to two-pound purchases at one time. Those living at a distance from market are limited to a 10-day supply, based on two pounds per person per month. Hotels, restaurants, boarding houses and camps having less than 25 people at each meal are limited to a 10-day supply. If they feed an average of more than 25 people each meal they must obtain certificates from the state food administrator before they can purchase sugar.
Retailers must keep a daily record of all sugar sold for household purposes, showing date and amount of sale, name and address of purchaser, and number of people in household. Each Monday this record must be mailed to the county administrator.
Retail sugar dealers can not now sell sugar for canning without a special permit from the county food administrator or a local food chairman.
On special showing of conditions to any local food chairman, families having fruit to can may be allotted extra sugar for the purpose, even though they may have had their family allotment.

SUGAR IS OBTAINABLE FOR CANNING PURPOSES

Permits for more sugar will be issued by the food administration to make possible more extensive canning in Washington.
This does not mean that there is any greater amount of sugar in the country, but it is for the purpose of conserving a greater amount of fruit for winter use, according to the administration.
The letter of instruction reads: "To All County Food Administrators and Deputies: "The United States food administration is very desirous that no fruit or vegetables be wasted for lack of sugar for canning and preserving, even if using the sugar for that purpose should result in our having a less allowance for this state in November and December."
"County food administrators and deputies have been instructed to issue canning permits and certificates in 25-pound lots to all applicants who may use such sugar for canning and preserving only.
"The amount they have already had is not to affect this issue of permits. The sole governing factor is that the sugar must be used for canning and preserving. This rule supersedes the rule of Aug. 20, which restricted the permits according to the size of the family. The use of sugar for jelly, jam and preserves is permissible.
"All persons are urged to obtain a maximum amount of canning with a minimum amount of sugar, also that no fruit or vegetables be allowed to go to waste.
"Hotels and boarding houses may now be allowed sugar for canning and for jams and jellies even if their boarders are transients.
"The whole idea is to allow no waste of fruit. Where county food administrators or deputies are assured that sugar applied for will be used to can or preserve they have authority to issue permits as often as needed.
"They also have authority to issue canning certificates to cover the needs of the domestic science departments in schools upon application of the head of that department. They must impress upon teachers, however, the need of saving sugar and that they should teach their classes the use of sugar substitutes wherever possible."

MILLING WHEAT IS NOT USED FOR STOCK FOOD
The food administration does not permit the use of wheat for feeding purposes except wheat which is unfit for human consumption or wheat which is not a millable wheat. Such unmillable wheat or wheat unfit for human consumption can only be used in a mixed feed containing not more than 10% of such wheat.
Farmers should not use wheat for feeding except in emergencies when it is impossible to secure other feeds and then only on special permit of county food administrator. As soon as other stuffs are available the emergency use of wheat for this purpose should cease.
The fact that other feeds are more expensive than wheat is no justification for use of wheat for feeding purposes.
A farmer producing his own wheat may mill or have milled for his own use sufficient wheat to supply him flour for family consumption at the rate of 8 pounds per person per month until October 1st. After October 1st there may be some revision of this rule. Under this rule in case a farmer grinds, or has ground, his own wheat he is not required to purchase or take any substitutes against such flour.
There is at the present time no limitation on the quantities of mill feed which a dairyman can purchase of such mill feeds as are available.

THE FOOD SITUATION IS STILL CRITICAL
Two important features are included in the food conservation program for the coming year, according to Charles Hebbard, food administrator for Washington, who has returned from a conference at the national capital.
It will be necessary this year to increase by 50% the amount of food supplies sent the allies last year, and also it is made known that the stock feed problem will be serious.
Another problem that is engrossing Herbert Hoover's attention is that

Food

MAXIMUM RETAIL FOOD PRICE LIST

(As fixed by Colville Price Interpreting Committee, and authorized by County Food Administrator)

Flour, white, bulk, lb.	0.62 1/2
Flour, white, 24 1/2 lbs.	1.50
Flour, white, 49 lbs.	2.90
Spokane flour, 24 1/2 lbs.	1.55
Spokane flour, 49 lbs.	3.00
Whole wheat flour, 9 lbs.	.70
Whole wheat flour, 24 1/2 lbs.	1.45
Whole wheat flour, 49 lbs.	2.85
Graham flour, 9 lbs.	.68
graham flour, 24 1/2 lbs.	1.43
Graham flour, 49 lbs.	2.80
Rye flour, 9 lbs.	.65
Rye flour, 10 lbs.	.72
Rye flour, 24 1/2 lbs.	1.55
Rye flour, 49 lbs.	2.95
Oat flour, bulk 8 1/2, 9 lbs.	.85
Barley flour, bulk 7 1/2, 10 lbs.	.78
Barley flour 24 1/2 lbs.	1.60
Barley flour, 49 lbs.	3.15
Rice flour, bulk, lb.	.11 1/2
Rice, Jap, lb. 14c; head, lb.	.16
Corn flour, yellow	.07
Corn flour, white	.07 1/2
Cornmeal, eastern, bulk, lb.	.07
Cornmeal, yellow, 10 lbs.	.77
Cornmeal, yellow, 25 lbs.	1.65
Cornmeal, yellow, 50 lbs.	3.20
Cornmeal, white, 10 lbs.	.80
Cornmeal, white, 25 lbs.	1.75
Cornmeal, white, 50 lbs.	3.45
Roller oats, 9 lbs 83c, 22 1/2 lbs.	1.90
Hominy, 10 lbs.	.90
Sugar, 2 lbs.	.23
Sugar, 5 lbs.	.57
Sugar, 25 lbs.	2.75
Wesson Oil, small 50c, medium .95	
Wesson Oil, large	1.90
Con. milk, 16 oz. 15c, skimmed.	12 1/2
Salmon, sockeye, 1/2 lb. 25c, 1 lb. 40	
Salmon, red Alaska, 1/2 lb. 20, 1 lb. 35	

whereas last year it was possible to conserve first on one thing and then another, this year there will be no such choice, but the pressure must be put on all foods alike. The situation is summed up by Mr. Hebbard as follows:

Economize on All Foods
"The food program for the coming year calls for the utmost economy of all staple foods and the total elimination of waste of all kinds. Last year the United States shipped to the allies 10,000,000 tons of foods of all kinds. This year the program requires the shipment of 15,000,000 tons or 50% increase over last year. The program for the coming year includes 500,000,000 bushels of cereals of all kinds for human consumption, 4,000,000,000 pounds of fats (including pork products and vegetable oils), 1,500,000 tons of sugar, 900,000,000 pounds beef products for civilian consumption and great quantities of beef products for army use and large shipments of oats and other feed grains.
Feed Problem Serious
"While we have in this country an increased wheat crop almost 250,000,000 bushels over last year, the total production of food grains is greatly reduced. Corn and oats together are down 597,000,000 bushels and there is serious shortage in hay crop. Exactly the same condition exists in allied countries—wheat production up, fodder and feed grains greatly reduced. Feed conditions in the allied countries have caused a decrease of milk production from the already depleted dairy herds, the production per cow being reduced 20% below former amounts. As a result of this condition, milk is now available only for child feeding and not even in sufficient quantities for that purpose. The civilian population in allied countries go weeks without butter and other dairy foods.
"Thus, while our feed problem in the northwest is a serious one, it has none of the elements of danger to child life or morale of the people that exist in allied countries. It was apparent at the Washington conference that every section of the United States this winter will have its serious feed problem due to shortages and drought conditions in many parts of the country.

Ship Less Flour Abroad
"There will be about 5,000,000 barrels less flour shipped the allies and neutrals this year than last. The northwestern food administrators received Mr. Hoover's assurance that 40% of the flour that goes to Europe will be shipped from the Pacific coast and that no wheat would be shipped while flour is available for shipment. Notwithstanding this, there will be a greater demand for mill feeds than the mills will be able to supply. It was therefore determined to limit the feeding of mill feeds to dairy cows, young hogs and poultry.
Advice to Stock Feeders
"It is possible that a more liberal rule will prevail in the northwest as to the feeding of low grade wheat and wheat at inaccessible points. This will be permitted only on application to the grain corporation and the furnishing of samples. In proper cases permits will be issued for this purpose.
"All feeders of stock should make

plans at once to secure necessary supplies of coarse grains for feeding purposes. No barley is to be purchased in the Pacific coast for export purposes this year, so that coarse grains should be procurable here at reasonable prices. Feed barley can now be purchased at Minneapolis at about 90c per bushel, so that carloads should be laid in here at \$50 to \$55 per ton.

Lack of Ships Continues
"With increased shipbuilding this year it was hoped that the surplus stocks of wheat, meat and sugar of Australia, Argentina, India and Java might be available to the allies, thus reducing the call upon the stock of this country and Canada. No relief can be expected however from this quarter at least for another year. The need of greatly increased tonnage to transport 250,000 men per month and the supplies and munitions for our now vast army and for the allies will more than exceed the gain in shipbuilding and decrease in submarine sinkings. The shipping situation instead of being relieved will become increasingly difficult.
"It is therefore necessary to look to the northern hemisphere alone for allied food and supplies. That means the United States and Canada. The Canadian crop will not permit of increased shipments from there. The United States must therefore continue to be the allies' only or main source of supply.
Must Save on Staple Foods
"Therefore utmost food economy will be necessary to this country if we are to be able to furnish the additional 5,000,000 tons of food required the coming year over the 10,000,000 furnished last year. These increased savings must be made in all kinds of staple foods. It is not therefore a case of substitution of one kind of food in order to make available another kind for shipment as during the past year. It is a case of saving all kinds of staple foods for shipment to our armies and the allies to maintain their morale.
"We shall dilute our wheat flour consumption 20% as already announced, continue to ration sugar consumption, and must in addition make positive savings of all kinds of staple foods in order to make available the additional 50% over our last year's shipments.

NOBODY SPARED
Kidney Troubles Attack Colville Men and Women, Old and Young
Kidney ills seize young and old. Often come with little warning. Children suffer in their early years—can't control the kidney secretions. Girls are languid, nervous, suffer pain. Women worry, can't do daily work. Men have lame and aching backs. If you have any form of kidney ills you must reach the cause—the kidneys.
Doan's Kidney Pills are for weak kidneys—The following testimony proves their worth:
Mrs. C. H. Freedy, 8, Third St., Riverview, Wash., says: "We have used Doan's Kidney Pills for a long time in our family and at no time have they failed to give good results. Whenever my children are bothered by weak kidneys, I give them Doan's Kidney Pills for this trouble and this medicine soon puts the kidneys in good working order. For myself, I wouldn't consider any other kidney medicine than Doan's Kidney Pills."
Price 60c, at all dealers. Don't simply ask for a kidney remedy—get Doan's Kidney Pills—the same that Mrs. Freedy had. Foster-Milburn Co., Mfrs., Buffalo, N. Y.

ESTIMATE OF SCHOOL EXPENSES AND RECEIPTS
Notice is hereby given that the board of directors of union high school district number three of Stevens county, Washington, estimate that said school district will need during the school year beginning July 1, 1918, the amount shown by the itemized statement printed below. This estimate is subject to revision, and the board of directors of said district will meet at 2 o'clock p. m. Monday, October 7, 1918, in the office of the clerk of said district for the purpose of giving any taxpayer an opportunity of being heard in favor of or against any proposed tax levies.
A more detailed statement of the purposes for which the proposed levy is to be expended is now on file in the office of the clerk of said district and is open to inspection.
Estimate of Expenses
Expense of general control.....\$125.00
Expense of instruction.....3,700.00
Expense of operation.....1,900.00
Expense of maintenance of school plant.....1,100.00
Auxiliary agencies.....500.00
Payments of warrants and warrant interest.....2,755.58
Total expenditures.....15,780.58
Receipts
Apportionment from state.....5,432.65
Federal aid for agriculture.....300.00
Receipts from non-high school districts.....2,655.55
Total.....8,388.20
Amount to be raised by district tax.....7,392.38
Tax.....\$2.00
O. S. E. W. NOBLE, Clerk.
Aug. 31-Sept. 14

NOTICE OF RE-SALE OF COUNTY PROPERTY
To whom it may concern: Notice is hereby given that an application has been filed with the board of county commissioners for the re-sale of the following described county property, to-wit: The southwest quarter of section 12, township 28 north, range 40 east Willamette, and that a hearing has been had on said petition, and no one appearing at said hearing to offer any objections to the re-sale of said property, the same was ordered sold by said board of county commissioners.
Therefore, notice is hereby given that the said southwest quarter of section 12, township 28 north, range 40 east Willamette meridian, will be sold at public auction at the front door of the court house in Colville, Washington, on Saturday the 5th day of October, 1918, at the hour of 2:30 o'clock p. m. to the highest and best bidder for cash.
Dated at Colville, Washington, this 10th day of September, 1918.
EARLE T. GATES, County auditor.
By Will C. Spedden, Deputy.

LEONARD'S BARGAINS
40 feet of good six-inch belting.
Two good phonographs, reasonable price.
DeLaval separator.
Brass, copper, iron, wool, rubber, furniture, bought at highest prices.
Gun, furniture and buggy repairing.

Leonard's Second Hand Store
Main Street Colville

Apple Storage
Ample Cold and Common Storage Facilities at

The Arctic Company
116-124 Pacific Ave.
SPOKANE, WASH.

HOTEL TOURNAINE
Solicits your patronage while in Spokane.

EUROPEAN PLAN
Rates 50 cents and up. Reasonable rates by week or month. Block from post-office, near new Monroe Street bridge. Full view down Riverside Avenue from Lobby.
Wm. Snow, Prop. R. H. Snow, Mgr.
Spokane, Washington

SPOKANE'S GREATEST TAILOR and CLOTHIER
"If It Isn't All Right Bring It Back"
L. R. Dolby Co. Spokane

The Bride
will be offered lots of good advice. She will be told of many recipes for tempting her husband's appetite. Give her

RECIPE BOOK
and you can be sure of her appreciation. Takes care of recipes in the most orderly and scientific way.

NOTICE OF CALL FOR BIDS
Notice is hereby given, that sealed bids will be received by the board of county commissioners of Stevens county, Washington, at their office in Colville, Washington, until September 28, 1918, at 2:30 o'clock p. m., and then opened for the clearing, grubbing, grading, draining and surfacing about one and one-half miles of Permanent Highway No. 5, in Stevens county, Washington, beginning at station 9 plus 00 at the town Rice, in the northwest quarter of southwest quarter of section 21, township 34 north, range 37 east, Willamette meridian, and ending at station 81 plus 00 in the northeast quarter of northeast quarter of section 17, township 34 north, range 37 east, Willamette meridian, the map, profile, plans, estimate and specifications of which are on file in the office of the county engineer at Colville, Washington, and in the office of the state highway commissioner at Olympia, Washington.
Complete plans and specifications may be secured for \$5, upon application to the county engineer at Colville, Washington; this amount will be refunded to successful bidder in case contract is awarded.
No bid will be considered unless accompanied by a certified check, payable to the clerk of the board of county commissioners for 10% of the amount of the bid. The board reserves the right to reject any and all bids.
Dated at Colville, Washington, this 6th day of September, 1918.
EARLE T. GATES, County auditor.
By Will C. Spedden, Deputy.

STOP THAT HEADACHE!
It's Stopping Your Work Use

Dr. Miles' Anti-Pain Pills

For Any Ache or Pain.
SOLD BY ALL DRUGGISTS
MILES MEDICAL CO., Elkhart, Ind.

The Examiner has for years made a specialty of high class job work, and in this department does all classes of commercial printing, society printing, color work, engraving, embossing, punching, ruling, perforating, loose leaf work and carries a stock of loose leaf binders and fillers for same. This office sells all classes of cuts, notarial and corporation seals, corporation books, stock certificates, bonds and warrants. Mail orders are promptly answered.