

COLFAX GAZETTE

W. L. HUNTER, PUBLISHER. Established, 1877. Entered at the postoffice at Colfax as second class matter.

Subscription, \$2.00 a year—\$1.50 if paid in advance. Six months, in advance, 75c. Single copies, 5c.

The Official City and County Paper

O. R. & N. Time Card. To Portland, 8:15 a.m. 4:00 p.m. To Spokane, 8:15 a.m. 4:00 p.m. To Pendleton, 10:45 a.m. 8:15 p.m. From Moscow, 9:45 a.m. 3:45 p.m. To Moscow, 10:50 a.m. 8:20 p.m.

Provide Hitching Places.

Considerable discussion has been indulged in during the past week over the hitching and feeding of teams on the streets of Colfax. The city council has secured two tracts which they are fixing up for the convenience of the farmers, where they can feed their teams. Substantial hitching rails have been erected, large watering troughs put in and a force of men are still at work leveling up the ground, and getting it in the best shape possible. Toilets will also be erected at each of these places. On Saturday last an officer was stationed on Mill street, who requested the farmers not to unhitch and feed on that street and told them where places had been provided for them. Most of the farmers complied with the request, but some who had been hitching there for a number of years, complained of the change. Most of these after talking the matter over, said they thought the move for the best. On Saturday's, Mill street has been so crowded with teams that it was next to impossible to drive through, and numbers of horses were on the sidewalks, making it unsafe for women and children, who were forced to use this thoroughfare. During the winter season the new hitching places will have a decided advantage over the old in the matter of mud, especially the one along the South Palouse, as the formation there is gravel, while Mill street is always muddy for several months each year.

Colfax is essentially an agricultural town and it is the duty of the city council to spare no pains in providing accommodations for farmers who come here to do their trading. More ground should be secured and fixed up as fast as this is possible, and feed racks should be erected, so that teams could be fed without tying them to the wagon, as is now the vogue.

Health Habits for Summer Days.

A physician writing for the London Mail on the subject of outings to improve health points out certain hygienic rules which are often overlooked by the average person when let loose in "all outdoors." He says there is danger for the novice in overdoing things, especially in the matter of strenuous exercise, such as walking and climbing hills. Undue strain upon the heart will neutralize the benefit derived from fresh air and sunshine. He says:

Your sleep and your appetite are the best means of judging whether you are doing well or ill. Holidays should be great sleeping times, and assuredly the most common cause of insomnia in our day is worry. The sort of air worth breathing is that which several other people have not "had a go at" already. It helps one to sleep and is an unsurpassed tonic. I do not care whether the air be sea or mountain, so long as it is pure. There is no exercise better than swimming, and a bath does a nonswimmer almost as much good. A constant mistake is to stay in too long. The value of a cold bath is in inverse proportion to its length. Ten minutes should be a maximum, especially if you do not swim.

It is all right to be greedy after sunshine, which is life to man and death to his most deadly foes, adds this authority. Sunstroke may be avoided by protecting the eyes and head, and the back of the neck particularly. Microbes cannot exist in sunshine, and the sun bath is at once a luxury and a curative agent to be had for nothing.

A Shakeup in Our Consular Service.

One of the matters which Secretary of State Root may be expected to take in hand when he has made himself familiar with the state department machinery is the consular service, which has long been in need of reform. Things happened when Mr. Root was secretary of war, and there is room for his aggressive and thoroughgoing methods in his new department. The late secretary was a model of patience and a paragon of formality in dealing with other departments of government and in managing his own, and it would be strange if there are not some dry bones snugly ensconced in cozy corners. Our consular service is much better than it used to be and has been recently pronounced by English authorities as the very best in the world. But there is room for improvement in the system if not in the personnel. The system is always in touch with the world, and the only view foreigners can take is that it represents the United States' way of doing business. Administrations and policies come and go, but the consular system stands fast. There is a consular reform bill now in the pigeonholes of congress. Mr. Root may unearth that or even draft one of his own. He will do something in the premises if his reforming hand has not lost its cunning.

In last week's issue of the Okesdale Tidings, H. E. Rickacker, announced the sale of that paper to C. C. Hommerly, and in turn Mr. Hommerly announces that he has sold the paper to L. O. Hetzel. Mr. Hetzel is said to be a newspaper man of experience and will institute

many changes in the office. We welcome the new addition to Whitman county newspaperdom, and wish him success in his new field.

A brute in human form has been arrested at Elberton for cruelty to animals, he having beat a horse on the head with a club until the animal could hardly stand, and it is stated would have killed the poor beast if bystanders had not put a stop to his cruelty. This man should get the full limit of the law, and it is unfortunate that the law does not provide for capital punishment in such cases; hanging would be good for such men.

UNDER THE MIDNIGHT SUN.

A Scene of Wondrous Grandeur That Awees the Beholder. Hammerfest, the most northern town of Europe, is bleak and desolate, but seen by the witch light of the midnight sun it touches the imagination more than many of the world's more favored spots, writes Jean Murray in the Four Track News. The traveler passing through Norway finds himself constantly seeking for words that will express his wonder and admiration, but when at last he stands on the North cape in the light of the midnight sun and looks out over the awful solitude he no more longs for words to express what he feels, but stands and gazes into the glorious northern light that glimmers on the glittering waves of the arctic sea, while thoughts too deep for words well up in his soul. He feels that after this hour he will have a greater reverence for this wonderful world where in he is permitted to spend his little span of life, and that if in future years the touch of discouragement and discontent falls upon him he will remember this moment when he stood on the lonely heights of the North cape looking out over the blue Arctic into what seemed the shining dome of eternity and feel that it is well to have lived if only for this.

TWO TRADE SECRETS.

One is Jealously Guarded in China, the Other in Turkey. "There are two trade secrets," said an artist, "that the outside world, it seems, will never learn. One is a Chinese secret—the making of the bright and beautiful color called vermilion or Chinese red. The other is a Turkish secret—the inlaying of the hardest steel with gold and silver.

"Among the Chinese and among the Syrians these two secrets are guarded well. Apprentices, before they are taken for either trade, must swear a strong oath to reveal nothing of what passes in the workshop. These apprentices, furthermore, must belong to families of standing, must pay a large sum by way of premium and must furnish certificates of good character and honesty.

"You have seen damascened steel, of course, and you have seen vermilion or Chinese red. Remember the next time you look at these two things that their secrets have been guarded inviolably and have been handed down faithfully from one generation to another for thousands of years.—Chicago Chronicle.

Deafness Cannot be Cured

by local applications, as they cannot reach the diseased portion of the ear. There is only one way to cure deafness, and that is by constitutional remedies. Deafness is caused by an inflamed condition of the mucous lining of the Eustachian Tube. When the tube is inflamed you have rumbling sound or imperfect hearing, and when it is entirely closed, Deafness is the result, and unless the inflammation can be taken out and this tube restored to its normal condition, hearing will be destroyed forever; nine cases out of ten are caused by Catarrh, which is nothing but an inflamed condition of the mucous surfaces.

We will give One Hundred Dollars for any case of Deafness (caused by catarrh) that cannot be cured by Hall's Catarrh Cure. Send for circulars free.

F. J. CHENEY & CO., Toledo, O. Sold by Druggists, 75c. Take Hall's Family Pills for constipation.

Abscess.

Abscess, with few exceptions, are indicative of constipation or debility. W. H. Harrison, Cleveland, Miss. writes, Aug. 15, 1902: "I want to say a word of praise for Ballard's Snow Liniment. I stepped on a nail, which caused the cords in my leg to contract and an abscess to rise in my knee, and the doctor told me that I would have a stiff leg, so one day I went to J. F. Lord's drug store (who is now in Denver, Colo.) He recommended a bottle of Snow Liniment; I got a 50c size, and it cured my leg. It is the best liniment in the world. Sold by McCroskey & Bros.

Northern Pacific Railway.

90 day round trip tickets will be sold August 24th and 25th and September 16th and 17th to the following eastern points: Chicago, St. Louis, St. Paul, Minneapolis, Duluth, Kansas City, St. Joseph, Leavenworth, Omaha, Council Bluffs and Sioux City. We can send you east via Northern Pacific and return via any of the usual diverse routes. For particulars, call on or address,

LENNOX & LARKIN, Agents, Colfax, Wash.

30 Beautiful Half-Tone Views of Clatsop Beach Scenery Free.

The Astoria & Columbia River Railroad Co. has just issued a souvenir of Clatsop Beach containing 30 elaborate half-tones of the principal points of interest between Portland and the seaside, which will be mailed free upon application to C. A. Stewart, agent, 284 Alder St., Portland, or J. C. Mayo, G. P. A., Astoria, Ore.

To the Public. Having sold the Winona mill to the Winona Milling Company, we hereby notify the public that all accounts due the old company have been turned over to the new, and are collectible by them. THOMAS & BARRON.

Personal—Matrimonial Register, 10 cents. Latest issue largest matrimonial paper in the world, Box 1805, Spokane Wash.

One Iowa Cream Separator at a bargain. C. H. Moore.

Inoculating Alfalfa. Correspondent: "We have some bunches of alfalfa that came up below the hen yard three years ago that look fine; we cut three times. A strip that was seeded was not a success except in spots where it was rich soil."

Comment by Rural New Yorker: "Pull up one of those alfalfa 'bunches' and see if you can find the little warts or nodules on the roots. If you can the soil around those plants will be good to inoculate a larger field. When you seed again dig the soil around these vigorous plants and scatter it over the field to be seeded. It may mean a good 'catch'."

A Sauerkraut Center.

The making of sauerkraut of late years has become a large industry in a few places in the United States, a single factory having an output of 25,000 barrels in two months and a half. In fact, it is claimed that even in Germany there is no one spot where there is as much kraut made as there is in a small Ohio town. At Clyde, O., the product of about 1,800 acres of cabbage is annually utilized, each acre yielding about ten tons. These cabbages usually bring \$6 to \$7 a ton. The farmers of the vicinity therefore often receive \$100,000 for this crop.

Manure of Neat Cattle.

The manure of neat cattle, like that of hogs, is variable in character, but is generally poorer than that of other farm animals on account of its large percentage of water. It decomposes slowly and develops little heat.

Got Off Cheap.

He may well think he has got off cheap, who, after having contracted constipation or indigestion, is still able to perfectly restore his health. Nothing will do this but Dr. King's New Life Pills. A quick, pleasant, and certain cure for headache, constipation, etc., 25c at Elk Drug Store; guaranteed.

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A WOMAN'S ORDEAL

DREADS DOCTOR'S QUESTIONS Thousands Write to Mrs. Pinkham, Lynn, Mass., and Receive Valuable Advice Absolutely Confidential and Free

There can be no more terrible ordeal to a delicate, sensitive, refined woman than to be obliged to answer certain questions in regard to her private ills, even when those questions are asked by her family physician, and many



continue to suffer rather than submit to examinations which so many physicians propose in order to intelligently treat the disease; and this is the reason why so many physicians fail to cure female disease.

This is also the reason why thousands upon thousands of women are corresponding with Mrs. Pinkham, at Lynn, Mass. To her they can confide every detail of their illness, and from her great knowledge, obtained from years of experience in treating female ills, Mrs. Pinkham can advise women more wisely than the local physician.

Read how Mrs. Pinkham helped Mrs. T. C. Willadsen, of Manning, Ia. She writes:

Dear Mrs. Pinkham:— "I can truly say that you have saved my life, and I cannot express my gratitude in words. Before I wrote to you telling you how I felt, I had doctored for over two years steady, and spent lots of money in medicines besides, but it all failed to do me any good. I had female trouble and would daily have fainting spells, headache, bearing-down pains, and my monthly periods were very irregular and finally ceased. I wrote to you for your advice and received a letter full of instructions just what to do, and also commenced to take Lydia E. Pinkham's Vegetable Compound, and I have been restored to perfect health. Had it not been for you I would have been in my grave to-day."

Mountains of proof establish the fact that no medicine in the world equals Lydia E. Pinkham's Vegetable Compound for restoring women's health.

Hiram Mitchell

Auctioneer.

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For all such women Dr. Pierce's Favorite Prescription holds out the prospect of perfect and permanent health, by the cure of the womanly diseases which weaken women. It establishes regularity, dries weakening drains, heals inflammation and ulceration, and cures female weakness. It makes weak women strong and sick women well.

"It gives me pleasure to let you know of the great benefit from Dr. Pierce's medicines and the advice which you so kindly sent," writes Mrs. Bertie Parker, of Bonham, Fannin Co., Texas. "I lost your 'Favorite Prescription,' 'Golden Medical Discovery' and 'Pleasant Pellets,' and followed your advice regarding the 'Lotion Tablets,' and am cured. I had been treated by different doctors and spent one hundred dollars for treatment and medicine, but received very little relief. I have only spent seventeen dollars and fifty cents for your medicine and it has cured me in three or four months of ulceration and falling of uterus. I suffered severe misery in my back, also irregular periods. Had bearing-down in lower portion of body and great pain all through my body. Pain in uterus was very severe. Had smothering spells, breath was very short all the time, had pain in stomach, pain in my thighs, pain in breast, also between my shoulders. Bowels constipated. I am well now and enjoying better health than ever before in my whole life. Am happy to tell you that I was cured by your good advice and good medicines, the 'Favorite Prescription,' 'Golden Medical Discovery,' 'Pleasant Pellets' and 'Lotion Tablets.' These medicines cured me and will cure others also."

The dealer who offers a substitute for "Favorite Prescription" does so to gain the little more profit paid on the sale of less meritorious medicines. His profit is your loss, therefore accept no substitute. Dr. Pierce's Pleasant Pellets regulate the bowels.

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