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WITH RIGHT KIND OF FOOD AND CARE BABIES CAN STAND HEAT

Second installment of Press Article on Health Precautions--Gives Reliable Information on Course to Pursue.

Schedule For Feeding Bottle-Fed Babies.

Table with columns: Age, No. Feedings Daily, Intervals, Quantity at 7 a. m., Quantity in 24 hours.

Thousands of babies die each year in every large city because mothers feed them too much or too little or give improper food.

In yesterday's Press was published, under endorsement of the board of health, a comprehensive statement concerning the care that should be taken in the preparation of milk.

At the top of this article today there is a table which shows how bottle-fed babies should be fed. This is also endorsed by the board of health. Every mother should follow these instructions.

It must, of course, be remembered that children of the same age vary greatly as to strength and amount of food required. A small baby requires less than a big baby.

Breast-nursed babies from birth to 3 months should be nursed a total of 9 times each day, at intervals of 2 1/2 hours during the day, and twice between 10 p. m. and 7 a. m.

Breast-nursed babies from 3 to 6 months should be nursed 7 or 8 times a day, at 3-hour intervals during the day, and at 10 p. m. and 7 a. m.

Between the ages of 6 and 9 months total daily breast nursings should be 6, at 3 1/2 or 4-hour intervals during the day, and once at night.

From 9 to 12 months the total breast nursings should be 5 daily, 4 hours apart, and none at night.

No nursing should be more than 15 or 20 minutes' duration.

The following are about the correct mixtures for bottle-fed babies, but if found disagreeable they may be weakened by using more water and less milk.

Under 3 months--9 oz. milk from top of bottle, 27 oz. boiled water, 6 1/2 teaspoonfuls of granulated milk sugar.

From 3 to 6 months--16 oz. top milk, 27 oz. barley water, 6 1/2 heaping teaspoonfuls sugar.

From 6 to 9 months--24 oz. top milk, 24 oz. barley water, 6 large teaspoonfuls sugar.

From 9 to 12 months--35 oz. top milk, 10 oz. barley water, 6 large teaspoonfuls sugar.

Add a pinch of salt to each bottle at feeding time.

Barley water should be made fresh each day.

Children should be weaned at the age of 12 months, excepting in the middle of hot weather, or unless otherwise ordered by a physician.

After weaning, pure fresh milk (sterilized by heating) should be its principal food.

Four meals a day should be given, selected from such articles as the following: Soft boiled eggs, mutton, chicken or beef broth, stale bread or toast with butter or milk, well cooked (4 to 6 hours), corn starch, cornmeal, oatmeal, hominy or farina with milk.

Strained orange juice may be given 1 hour before the second feeding.

When the baby becomes sick in hot weather, when it has diarrhea, it should receive the attention of a doctor.

nights are hot. Keep the windows of the sleeping room open, but keep the baby out of draughts.

Give the baby water to drink at least 3 or 4 times a day between feedings. Use water that has been boiled. When it is cross or fretful don't put a pacifier into its mouth.

It may be thirsty; try giving it water.

STATE OFFERS REBUTTAL

(Scripps News Association.) BOISE, July 13.--The defense rested immediately upon court reconvening this morning and the state called as its first rebuttal witness John Rice, the Caldwell attorney, who swore Orchard didn't have a mustache in November, 1905, when the witness Elliott said he met him on the train.

Dan Garney of Walla Walla, contradicted Dominick Flynn, who swore Orchard was playing carus in Mullan the day the Bunker Hill & Sullivan mill was blown up.

Garney said Flynn told him at that time he didn't know where Orchard had gone.

R. E. Grunshaw, of Deadwood, identified John O'Neill, editor of the Miners' magazine, whom he knew in Dakota in 1880. He was called to testify that O'Neill had been tried for murder, but the defense objected and the court took the matter under advisement.

E. M. Hughes, railroad manager, contradicted witness Elliott, by swearing Elliott couldn't have ridden on the train he swore he did.

J. T. Stevenson, clerk of the Cullen hotel, Salt Lake, swore Orchard was there at the time Elliott said he saw him on the train.

J. H. Moser, of Denver, swore Orchard stopped at his rooming house in 1904, from July 20 to August 1. This was the time Dr. McGee testified he saw Orchard at Wallace, Idaho.

Sherriff Bailey, of Shoshone county, and other witnesses gave testimony contradicting that of McGee.

August Paulson, owner of the Hercules mine, swore Dan Cordoner purchased Orchard's interest in the mine, but was not permitted to say when, other than it was the spring of 1898, a year before the Coeur d'Alene troubles.

Ten witnesses had been examined up to noon and adjournment was then admitted showing Orchard's transfer to Cordoner made March 7, 1898.

LET DUTCH JAKE USE CITY HALL WALL

A pertinent suggestion has been made that city officials permit "Dutch Jake" the use of 1 side of the city hall for his magic lantern show.

It is contended that this arrangement would permit the pedestrians on Howard st. to use the sidewalks in front of "Dutch Jake's" castle and not the street, as is customary at present.

The lantern show in front of the Coeur d'Alene theater is nothing more nor less than a public nuisance, and it is argued if the city officials wish to permit the street to be blocked nightly by the saloon loafers who congregate in front of that place they should at least permit the use of the city hall in that the crowd would occupy Howard st.

Howard st. is becoming daily more and more a thoroughfare used by residents of the North side, and passengers going and coming to and from the depots.

BLACKMAIL SALVATION ARMY

BOSTON, July 13.--Solomon Robitcheck, second hand man, and B. S. Platt, attorney, have been arrested and bound over for trying to blackmail the Salvation Army. Robitcheck sent a copy of scurrilous verses to the Salvation Army headquarters in London and demanded \$30,000 or he would publish and circulate them. Platt is accused of acting as his agent.

AUTO DRIVER GOES BLIND ON TRACK

(Scripps News Association.) CHICAGO, July 13.--Gus Kobba, while driving a machine in a 24 hour auto race on the Harlem track today suddenly lost his eyesight, due to the strain. He barely missed the fence. Kobba was taken to a hospital and physicians say he will regain his sight.

MORGAN NEVER KNEW THAT LADY

(Scripps News Association.) LONDON, July 13.--J. Pierpont Morgan was today a witness in a London court against Mrs. Josephine Leslie, who is accused of alleged friendship with Morgan in order to get money through her schemes. Morgan declared he never knew or had seen the woman.

STABLE LAW SIGNED

Mayor Moore this morning signed the ordinance regulating the erection of stables in the city limits. The ordinance prohibits livery stables in a block where two-thirds of the property is residence. It also provides that no stable or barn housing more than 5 head of stock shall be built within 200 feet of a residence.

COURT ROASTS INSPECTOR

U. S. Meat Inspector E. B. Love, on duty at Stanton's cold storage plant, was scored in police court yesterday afternoon by Judge Hinkle when the case against Victor and Emma Lagerquist, hotel keepers at Hilliard, had been heard.

The evidence gathered by Game Warden Ullg showed that the Lagerquists had dressed to serve meat from a young bull after it had suffered for 5 days from a smashed head and paralysis of the hind-quarters.

When a warrant was sworn out the Lagerquists induced Love to examine the meat and claim that he pronounced it first class. The prosecution had expert evidence to show that such meat was not fit for food and the court took the ground that anybody ought to know that.

Whereupon the court devoted his attention to the inspector who would make such a report, saying if that was the sort of inspection the country had to depend on for pure meat it is better off without any.

The court fined the Lagerquists \$50 and costs each, and Dan McCarvey and Thomas Herberger, who prosecuted the suffering bull into bad beef, \$25 each. It is understood that the case will be appealed.

Inspector Love today declined to discuss the matter, saying that it would all come out when the case reached the superior court. He said he had no fear for his part in it.

Charles W. Deming, chief inspector for this district, declined to go into the matter as to what action the department might take. A reporter has been made to him, but the nature of this was not given out.

DOG DAYS NEXT WEEK

Next Tuesday unlicensed canines must beware the dogcatcher. On that date the humane society, which has the contract for depreciating the volume of untaxed dogs in the city, will start out 2 dogcatchers and a wagon. It is proposed before long to install an electric chair for the purpose that they may pass from this world of care into dog heaven without suffering.

In the past the custom has been to end their lives with a bullet. Thus far 1,200 males and 93 females have been licensed. The total number of licenses issued last year was 1,259 males and 210 females.

INLAND IN WHEAT TRADE

The Inland Empire system has received 250 new freight cars, designed especially for grain moving this fall. The cars are now ready for the initial trip. The cost of the new equipment was approximately \$250,000.

Visitors from the grain belts report the greatest crop in years. Rain and sunshine have combined just the right time to make the grain grow as it should.

HEAD WOODMEN HERE MONDAY

Monday morning will be a big day in local Woodmen of the World circles and the celebration will begin as early as 5 a. m. At that hour the head officers of the order are expected to arrive over the Burlington from Denver on their way to Seattle, where the head camp of the Pacific jurisdiction meets in annual session July 23.

Arrangements have been made to entertain the visitors in Spokane all day Monday and Monday evening. All Woodmen of the World in the city and in neighboring towns have been invited to assemble at the special meeting to be held in the evening at Spokane camp's hall on the third floor of Pacific hall, where the head officers will be welcomed formally and will deliver addresses.

The party expected will number about 30, including Head Counsel I. I. Boak, Denver; Head Advisor A. E. Sunderland, California; Head Clerk J. C. Latslaw, Denver; Head Banker P. E. Snodgrass, Oregon, and practically all the other head officers.

The train will be met by the following local committee from Spokane camp: C. E. Horton, A. W. Connor, J. D. McLean, H. Cohn, J. H. Austin, J. F. Hoyt. At 10 o'clock the party will be taken over the electric line to Coeur d'Alene, where they will have lunch and take a ride on the lake.

Returning at 4 p. m. they will rest and look about the city until evening, when they will be taken to Davenport's. The special lodge session at the hall will follow.

The party will continue the journey to the coast Tuesday morning.

COLORED MAN HIT HIM WITH A ROCK

James Kelly, a street laborer, came into the police station at noon today with his head split open and bleeding profusely. He said a colored man hit him with a rock. He was washed up due to be presentable, a "John Doe" warrant issued and accompanied by Patrolman Lister he set out to find his assailant. The latter was caught on Riverside av. and taken to jail. In his pockets were found 6 pass keys of the common kind. He was charged with assault with a deadly weapon.

MAY SUTTON SUPREME

(Scripps News Association.) NEWPORT, Wales, July 13.--May Sutton today defeated Miss Lowther in straight sets, 6-0, 7-5, successfully defending her title to the Welsh championship. This is the third time she has captured the title. She now is absolute owner of the championship trophy presented by the Marquis of Bute.

SCHRECK'S MONEY UP

(Scripps News Association.) CHICAGO, July 13.--Billy Hogan, manager of Mike Schreck, has posted a forfeit of \$500 for a match between Burns and Schreck.

Hogan declares that Jack Curley's Goldfield club will offer a big purse for the match and he offers to wager \$5,000 on the side that Schreck will win.

PARIS, July 13.--The statue of Garibaldi, Italy's gift to Paris, was unveiled today with imposing civil and military ceremonies.

READY TO STRIKE TONIGHT

(Scripps News Association.) OAKLAND, July 13.--Commissioner Neill, General Superintendent Jaynes and Assistant Miller, of the Western Union, went into conference at Western Union headquarters here this afternoon. There is apparently little chance for settlement.

President Small has little confidence in the negotiations coming to a happy ending.

Although denied by Koenkamp, the understanding at headquarters is that the feeling is not the best between Committeemen Reidy, Sullivan and Small.

At 3 o'clock it was announced that the telegraphers' conference ended without definite result.

NEW YORK, July 13.--Charles Melney, secretary of the local operators' union, said today that 90 per cent of 2,000 telegraphers in the city were ready to walk out today if word comes that Neill has failed to effect a settlement.

President Ahearn, of the local union, announced at 3 o'clock that the local situation was critical and declared the operators in New York and Chicago are prepared to strike on a moment's notice. Radical action is expected in the next few hours.

CHICAGO, July 13.--Secretary Russell was notified today that a shipment of strikebreakers had been made from Paterson, N. J. This is accepted as evidence that the Western Union is determined to prepare for a strike. The strikebreakers are students from general offices of the company. Some of them are women.

The Postal has housed men in a downtown hotel.

AMAZING NEGLECT OF PACIFIC COAST MAY TURN BACK OUR BIG WAR FLEET

Special Correspondence to The Press WASHINGTON, D. C., July 13.--An amazing problem now confronts the navy department as a result of its determination to send the battle-ship fleet to Pacific waters.

There are no adequate docking facilities on that side of the continent, and unless the government can make use of private docks it will be absolutely necessary to have the fleet return to Atlantic waters a few months after the fleet's arrival in the far east.

There is the big dock Dewey at Olongapo in the Philippine Islands, but as yet there are no shops to amount to anything on shore at Subig bay, nor an adequate number of workmen to take care of the ordinary repairs and to scrape the bottom of a battleship.

The one dock at Mare Island, San Francisco bay, is too small to take battleships, and the only one which is in any way equipped is that at Puget sound.

It is expected that one result of sending the fleet to the Pacific waters will be to call attention in a striking way to the failure of congress and the navy department to make proper provisions for the Pacific fleet.

There ought to be a full docking plant at Hawaii and there ought to be, as is conceded by practically every member of the general board in Washington, at least 2 more naval bases on the Pacific coast, 1 in the vicinity of San Francisco and another at San Diego or some point in the vicinity, where adequate harbor facilities may be had.

The latter need is now emphasized by the prospect that in a few years the Panama canal will be completed, when vessels will come through the canal and will desire to dock and fit up some place on the American coast not too far north before continuing their journey to the orient.

The blame for the present state of affairs is to be about equally divided between the navy department and congress. The navy department has not compelled contractors to finish docks which were appropriated for and started 10 years ago.

The Brooklyn, Long Island and Mare Island docks are the most flagrant examples of this.

Nothing but lethargy and extreme dullness on the part of members of the house and senate naval committees have prevented the proper consideration of the needs of the Pacific coast. The subject was brought to the attention of Chairman Foss, of the house naval committee, last winter by this newspaper, and other congressmen were urged personally and by people of the Pacific coast, voicing their opinions through these columns, but Foss declined to go into the matter, as he said that there would be a contest among people interested in different localities as to the location of the proposed naval bases, and the committee did not want to be troubled or asked to expend any larger sum of money.

The danger of trouble with Japan, which has been truthfully and repeatedly set forth in this newspaper, and which is officially acknowledged by the present movement of the Atlantic squadron, will give attention next winter to the location of these additional naval bases. It is also expected that the menace to the Pacific will necessitate an enlargement of the navy by the addition of a couple of battle-ships of the greater-than-the-Dreadnaught type.

FRISCO DEADLOCK

(Scripps News Association.) SAN FRANCISCO, July 13.--The process of adopting a form of city government to replace the present system of 1 mayor in jail and the other a confessed bribe-taker under indictment, is blocked by the labor unions' refusal to send delegates to the convention proposed by Langdon and the reluctance of commercial bodies to co-operate. Langdon says he has nothing more to offer so far and chaos reigns in the city departments. Nobody knows who is who.

Meanwhile Schmitz is making himself comfortable in jail.

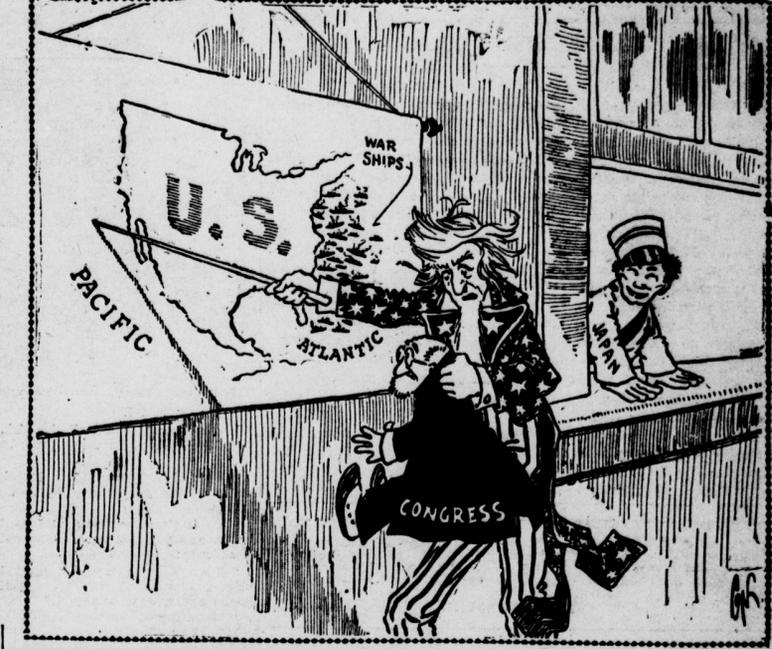
RUN DOWN AT SEA BY OCEAN LINER

(Scripps News Association.) NEW YORK, July 13.--The fish schooner Nickerson was sunk by the White Star liner Romanic and 3 of the crew lost in yesterday's fog off Nantucket south shoals light-ship.

WOMAN HEALTH OFFICER

PORTLAND, July 13.--Portland has a woman for health officer. Dr. Esther C. Pohl was appointed by the health board to succeed Dr. C. H. Wheeler, resigned. Dr. Pohl has been a member of the board of health for the past 2 years and was given the new position by her colleague, George F. Wilson, Dr. A. J. Gilsey and Chief of Police Grizmacher.

Will He Ever See the Point?



FAIR ASSOCIATION HOLDS SECRET SESSION ON POOL ROOM QUESTION

Warwick Resort Said to Have Offered Support in Return for Race Track Gambling Monopoly.

At a secret session of the executive board of the Interstate Fair association, held at noon at the Silver Grill, it was decided to ask the city council Tuesday night to either repeal or amend the ordinance passed last Tuesday prohibiting pool selling. The fair association asks only relief for this fall on account of having already made plans and gone to much expense in preparing for the fair. The session adjourned to meet Tuesday noon.

The above is the official statement of the business of the meeting which Manager Robert H. Cosgrove had to give out.

Mayor Moore said: "I am willing to meet with the fair association at any time and give it a hearing. I will call a special meeting of the council so they may present their views, if they wish me to."

The members of the board are all very secretive about just what was done. It is stated that a proposition from the local "bookmakers' ring" was received and discussed. The Warwick pool room people, whose efforts are held responsible for the ordinance provision prohibiting pool selling at the fair as well as at the Warwick, offered to restrain their opposition to the selling of pools at the fair this fall if, in return, they would be given the exclusive privilege of making books on the races.

There is a curious disposition on the part of the fair manager and his associates to keep from the public any knowledge of the inner workings of the racing department. When asked regarding the amount of money the bookmakers paid to the association Mr. Cosgrove stated that the financial business of the association was no business of the public. Some light on this subject might explain considerable in connection with the fight in behalf of the pool sellers.

It is known that the entire racing is paid for and controlled by the bookmakers, who are compelled each day to put up as much money as the purses amount to. Whether any more money is put up or not is unknown. Thus, it will be seen, that the racing costs the fair association nothing and is entirely separate from the other fair business.

Another interest that will be effected to a great extent is the selling of liquor. For years past this privilege has been held by the owners of the Warwick pool room.

Manager Cosgrove was asked how much money the fair association received in return for the liquor privilege. He replied: "That is another financial record which the public need not know."

Just what the public does need to know of the affairs of the association in order to judge this present situation, is very little, and the less known by it the better, apparently.

One feature of the fair dependent upon racing which is an insult to patrons are the privileged "hustlers" who make it a business of seeking unwary and unsophisticated ones and inducing them to bet on the races. In 9 cases out of 10, the money is lost, and in consequence, the visitor realizing at last that he has been made the victim

CAFITALIST KILLED IN AUTO ACCIDENT

(Scripps News Association.) BELLINGHAM, July 13.--Because the clutch failed to work as an auto driven by John Larson, a wealthy man of this city, was turning into a narrow road, the machine with occupants went over an embankment near Samsik lake last night. Larson received injuries from which he died this morning. Dr. D. E. Biggs and Glen Hyatt were injured.

RANCH PRODUCES ORE CROP

John McBride, owner of Bolster townsite, has returned to Spokane, bringing with him some samples of ore taken from a new discovery on the hill near the old Grant ranch. It assays \$12 in gold, \$32 in silver and \$40 in copper to the ton. The Great Northern officials are considering the building of a spur track to the town.

SCHMITZ LOSES ANOTHER POINT

(Scripps News Association.) SAN FRANCISCO, July 13.--The appellate court today indefinitely postponed action on the appeal of Schmitz to compel Judge Dunne to set a date for hearing a bill of exceptions. The court left this matter to Judge Dunne entirely.

NO NEWS OF NICK

If anyone knows the present habit of Alice Longworth and the man that married the president's daughter he will receive a small reward by yielding the prisoners to Secretary Monroe, of the chamber of commerce. Monroe has himself all primed with a reception to the pair when they come through Spokane from Yellowstone park. But they refuse to come, or even hang out a sign to show where they are. N. P. officials are trying to locate them somewhere in the park, but so far have had poor luck. Maybe Nick has found a place where he amounts to something as head of the family and refuses to leave the charmed spot.

KNOXVILLE, July 13--It now remains for a Tennessee jury to decide again upon the "unwritten law."

A Knoxville magistrate, in releasing Edward McNew, saloonist, on \$5,000 bond for killing Edward McIn, declares his act is justifiable.