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HANDS, ARMS, LIMBS ASLEEP

And Was Run-Down, Weak and Nervous, Says Florida Lady. Five Bottles of Cardui Made Her Well.

Kathleen, Fla.—Mrs. Dallas Prime of this place, says: "After the birth of my last child... I got very much run-down and weakened, so much that I could hardly do anything at all. I was so awfully nervous that I could scarcely endure the least noise. My condition was getting worse all the time..."

I knew I must have some relief or I would soon be in the bed and in a serious condition for I felt so badly and was so nervous and weak I could hardly live. My husband asked Dr. about my taking Cardui. He said, 'It's a good medicine, and good for that trouble', so he got me 5 bottles... After about the second bottle I felt greatly improved... before taking it my limbs and hands and arms would go to sleep. After taking it, however, this poor circulation disappeared. My strength came back to me and I was soon on the road to health. After the use of about 5 bottles, I could do all my house-work and attend to my six children besides."

You can feel safe in giving Cardui a thorough trial for your troubles. It contains no harmful or habit-forming drugs, but is composed of mild, vegetable, medicinal ingredients with no bad after-effects. Thousands of women have voluntarily written, telling of the good Cardui has done them. It should help you, too. Try it.

Notice of Election To Be Held, Saturday, March 1st, 1919.

State of Tennessee, Jackson County.

We the undersigned Election Commissioners in for the State and County aforesaid, hereby call an election to be held within legal hours at all of the various voting districts in said county on Saturday, March 1, 1919, for the purpose of ascertaining the will of the voters as to whether or not live stock shall be permitted to run at large in said county.

The following Officers, Judges and Clerks are hereby appointed to hold said election:

FIRST DISTRICT
Officer—J. B. Dudley.
Clerks—J. E. Brown, Joe Draper.
Judges—D. C. Morgan, Claude Thornton, R. T. Roddy.

SECOND DISTRICT
Officer—Clark Sadler.
Clerks—Geo. Hix, J. E. Richmond.
Judges—J. A. Craighead, R. B. Huffines, J. V. Pistole.

THIRD DISTRICT
Officer—A. M. Cox.
Clerks—A. C. Howell, J. T. Lansden.
Judges—Ras Williams, G. G. Cassette, E. A. Cook.

FOURTH DISTRICT
Officer—H. L. Sadler.
Clerks—T. C. Clark, Henry Davis.
Judges—Newt Forkum, Bedford Carter, Pat Clark.

FIFTH DISTRICT
Officer—J. C. Clemons.
Clerks—W. F. Maddux, Jas. Grisham.
Judges—H. S. Holleman, P. Burdod, Eldon Draper.

SIXTH DISTRICT
Officer—Asa Lynn.
Clerks—Floyd Lynn, Will Brown.
Judges—Mat Masters, J. K. Ellis, Steve Webb.

SEVENTH DISTRICT
Officer—B. D. Wheeler.
Clerks—Frank Fuqua, Albert Brown.
Judges—J. H. Davidson, Fate Stout, Sidney Ragland.

EIGHTH DISTRICT
Officer—B. S. Hall.
Clerks—Am Hamilton, Barlow Bybee.
Judges—Major Flynn, Jas. Seantland, Joe Whitaker.

NINTH DISTRICT
Officer—Warren Morgan.
Clerks—Joe Lynn, Chas. Maxwell.
Judges—Monroe Mabry, Henry Johnson, A. M. Mc Coin.

TENTH DISTRICT
Officer—Arch Garrison.
Clerks—Morgan Pippet, Mack Slinger.
Judges—Marion Bullington, Marion Montgomery, R. N. Mabry.

ELEVENTH DISTRICT
Officer—T. J. Draper.
Clerks—H. L. Baugh, S. G. Rogers.
Judges—J. J. Fuqua, H. H. Brown, D. C. Lynn.

TWELFTH DISTRICT
Officer—John B. Billingsley.
Clerks—J. W. Chaffin, J. W. Fox.
Judges—Lee Smith, Thos. Birdwell, Henry Pipen.

THIRTEENTH DISTRICT
Officer—Joe Lee.
Clerks—Rad Willmore, A. M. Hall.
Judges—B. S. Stone, J. E. Sadler, J. B. Birdwell.

FOURTEENTH DISTRICT
Officer—Ambrose Cornwell.
Clerks—J. M. Dean, O. G. Fox.
Judges—Bedford Huffines, Ridley Shoulders, P. H. Smith.

FIFTEENTH DISTRICT
Officer—E. D. Allen.
Clerks—Dave Hall, T. M. Cason.
Judges—Barlow Willford, Will Lawson, Otto Price.

B. L. Quarles.
W. A. Overton.
J. W. Stafford.
Election Commissioners for Jackson County, Tennessee.

NON-RESIDENT NOTICE
Eston Spivey, et al.
VS.
Henry Spivey.

In Chancery Court At Gainsboro Tenn.

It appearing from the bill filed in this cause, which is sworn to, that the defendant Shirley Spivey is a non-resident of the State of Tennessee, and cannot be served with the ordinary process of law.

It is ordered that said defendant enter his appearance herein, before the Clerk and Master, at his office in the courthouse in Gainsboro, Tenn., on or before the first Monday in March 1919, next, and plead, answer, or demur to Complainant's bill, or the same will be taken for confessed as to him, and set for hearing, ex parte, and that a copy of this order be published for four consecutive weeks in the Jackson County Sentinel, a newspaper published in Gainsboro, Tenn.

This 20th day of January 1919.
W. F. Sadler, Clerk and Master.

VICTORY LOAN WILL PUT COUNTRY BACK ON PEACE BASIS

Billions Needed To Pay Producers And Teach Maimed Soldiers New Trades.

Once in a while someone asks, "What's the need of another Liberty Loan now that the war's over?"

Officials of the War Loan organization in this district have replied by outlining some of the purposes for which money will be needed by the Government next spring.

It is shown that the amount raised by the Fourth Liberty Loan lasted only until December first. Expenditures are going on now at the rate of nearly two billion dollars a month. There will be a gradual reduction of treasury disbursements as the war debts are wiped out. The revenue from taxes will not be sufficient to pay all the bills, so the people will be called upon to provide the money by subscribing to Government bonds. The issue will be for not more than six billion dollars.

Pay Day at Home.
This enormous outlay of money is going to pay off the army of producers at home—the farmers, merchants, manufacturers and others. America had just begun to fight when the Hun decided it was time to quit. Allied leaders expected the war to last an other year and the United States Government was turning out ships, arms, ammunition and food with a view to overwhelming Germany next fall.

Treasury officials have revealed that America would have had a tank at the front for every seventy-five feet of the line in 1919—thirty thousand tanks! We would have had ten tons of mustard gas ready for shipment for every ton Germany could produce. Thou sands of batteries of guns would have been in action for every one America had in 1918. Everything else was being produced in proportion.

This gigantic preparation brought an early end to the war and saved thousands of lives. Victory Bonds will pay for this work which had been contracted for and was being delivered when the armistice was signed.

Army Being Demobilized.
There are other purposes for which money is needed.

Part of our army of two million men must be kept in Europe until the peace treaty is signed. These soldiers must be fed, clothed and otherwise maintained. Then they must be brought home. The sick and wounded must be cared for in hospitals. The army must be demobilized. There are thousands of maimed soldiers, heroes of the great war, who must be taught self-supporting trades and given an opportunity to earn their living.

This reconstruction work at home must be carried on. The job must be finished. The American people who furnished the money to win the war must supply it also to bring the nation back to a peace basis.

Gadsden Woman Chosen To Name "Victory Vessel"



Mrs. Alexander Greet of Gadsden, Ala., will be sponsor at the launching of one of the vessels of America's new merchant marine. Gadsden was one of ten cities in the Sixth Federal Reserve District which won the honor of selecting the name for a ship by its large over-subscription to the Fourth Liberty Loan. Mrs. Greet was chosen by the committee in appreciation of her work in Liberty Loan campaigns. She has been active in all war work and has four sons in the army. Gadsden expects to live up to its record in the Victory Loan.

Bonds For Reconstruction.
Fourth Liberty Loans have been floated by the Government to provide means of reconstruction. The Victory has been won; the country is turning from war to peace. Now the nation is called upon to subscribe once more; to buy Victory Bonds to settle the war debts and provide the means of carrying through the work of reconstruction. Peace must be financed as well as war.

GETTING EGGS ALL THE TIME

Results of This Year's Experience in Tennessee Poultry Yards Worth Noting

EARLY HATCHED CHICKS PAY

For the Keeper of a Few Hens These Remarks Are Peculiarly Timely; and on the Farm They Are Being Applied All the Time.

(By R. N. Crane, Division of Extension, University of Tennessee.)

Hens seldom lay eggs before very late winter or early spring. The fowls that lay during the fall months and the early winter months are the early hatched pullets. By early hatched is meant pullets hatched in February, March, and the first two weeks of April.

After one has matured pullets, bear in mind that in order to get eggs water is most essential. More than three-fourths of the composition of the fowls' body and also of the egg is composed of water. See that protein is supplied in the feed. The protein of the feed is changed by the fowls to albumen or white of the eggs. See that the feeds have a liberal supply of fats and carbohydrates, as these constitute very largely the yolk of the egg.

Table and garden waste contains a considerable amount of both of these ingredients. In addition, feed at least the protein feed in a more concentrated form and in greater quantities. This can best be fed in the form of meat scraps or fresh ground bone which can be obtained in the market house at 3 cents a pound. One ounce of these green cut bones to each fowl three or four times a week is quite sufficient; and a greater quantity is liable to disarrange the system of the fowls and to cause trouble.

In supplying meat scraps, fowls will not eat so much, and the same care in the feeding is not necessary. Meat scraps should be fed in connection with a dry mash.

Five pounds of meat scraps to 10 pounds of corn meal and 10 pounds of wheat bran is about right. This should be thoroughly mixed together for the dry mash. Keep the dry mash in a trough so constructed that the fowls can not waste it, or in a dry mash hopper, left open to the fowls at all times.

The garden and kitchen waste can best be utilized by being mixed, and thoroughly cooked before feeding. This should be mixed with a sufficient quantity of dry mash to form a crumbly but not sloppy mixture, and given to the fowls about noon.

All the grain the fowls will eat up clean should be fed about five o'clock in the afternoon in a litter of straw, leaves, or planer shavings, which should cover the poultry house floor. A handful of grain to each ten hens should be thrown in the litter after the fowls have gone to roost to give them exercise on leaving the perches early in the morning.

The scratch grains fed in the litter may consist of any good commercial scratch feed for sale on the market or may consist of one-part cracked corn, one-part good heavy white oats, and one-part wheat screenings.

Ten hens properly taken care of will supply ample eggs for table purposes for the average family of four.

Grit, oyster shell, and granulated charcoal should be kept in separate dishes, so that the fowls can always have free access to them. The grit serves as teeth in masticating the feed; the oyster shell furnishes the calcium carbonate to enclose the edible egg; the charcoal is to keep the fowls in condition. Lettuce leaves, celery tops, cabbage, turnips, and other succulent vegetables also tend to keep the fowls in good health and to stimulate egg production.

FARM FACTS Worth Remembering

Hogs? In Tennessee there are 1,865,000, as compared with 1,634,000 a year ago.

The Nashville livestock markets are urging the selling of hogs only after they weigh 200 pounds.

A Colorado livestock producer lost \$300 by overcrowding a car of cattle going to market. Seven animals died en route.

Missouri thinks that yellow corn produces eggs with yellow yolks, such as the markets demand, and gives the legs of the chickens more color.

In Edgar County, Illinois, livestock has assumed enough importance to justify the building of a pavilion for livestock sales.

In Tennessee, 48,170 farmers are following the demonstration methods in the growing of corn as given by county agents.

Also 2,494 Tennessee farmers who never grew wheat before planted some in 1918.

There were 28,513 acres planted to soy beans in Tennessee in counties having county agents.