WHAT KILLS AMERICANS.

Fast Living—Reckless Eating—Hard Drinking—Poor Sleeping—Social Jealousy—Political Ambition—Violent Passions The Race for Money.

The alarming disease of this country is nervous debility and prostration. It goes under many names but it is essentially the same complaint. Hospitals and private institutions for nervous patients are crowded. The average of life in the United States is decreasing every year. Sudden deaths from nervous collapse among our business, professional and public men are so frequent as scarcely to excite remark. The majority of suicides, committed without apparent reason, or under so-called "depression of spirits," are really prompted by nervous prostration, which is a fruitful source of insanity and crime with all their grief and horror.

These facts are startling. They threaten the very life of the nation. They assail the springs of its power and prosperity. They wreck manhood's strength and woman's usefulness and beauty.

Every one should know the causes. What are they? The answer is easy and terribly plain: Our vicious personal habits; our careless and lawless eating and drinking; the intense mental and physical strain arising from our mad race after money, position and influence; the fears and struggles of poverty; the use of narcotics and stimulants; our fashion of turning day into night and night into day; and, briefly, our desperate willingness to pay any price for an hour's pleasure or success. So we burn life's candle at both ends and fill the lunatic asylums and the graveyards.

The disease from which we suffer and die is, in plain English, *Nervous Dyspepsia*, as it is seated in the Nerves and in the organs of Digestion, Assimilation and Nutrition. Healthy digestion being impeded or destroyed, the whole body, nerves included, is *literally starved*; even when there is no emaciation to tell the sad story.

Nervous prostration sends out its warnings:—headache in the morning; a persistent dull heaviness or aching at the base of the brain; wakefulness; loss of appetite and disgust with food; loss of mental energy and interest in ordinary duties and business; restlessness and anxiety without any assignable reason; eructations; bad breath; foul mucous on the teeth; occasional giddiness; palpitation of the heart; sallowness of the skin; coated tongue and gradual failure of strength and ambition.

The remedy is a total abandonment of the habits and customs which cause the disease in each individual case, and the use of *Shaker Extract of Roots* (Seigel's Syrup) to cure the mischief already done. This great remedy, prepared by the Shaker Community of Mt. Lebanon, N. Y., is especially adapted to eradicate Nervous Dyspepsia. To do this it acts directly and gently but powerfully upon the disordered stomach, liver and kidneys, restoring their tone and vigor, promoting the secretion of bile, expelling waste matters from the system, and purifying the blood.

Upon the nervous system *Shaker Extract* (Seigel's Syrup) acts as a safe and wholesome anodyne without the slightest narcotic effect, and then leaves the nerves to regain their natural tone and strength through its wonderful influence upon the function of nutrition.

It is safe to say more nervous dyspeptics have been restored by it from the depths of misery to a fresh enjoyment of life and labor than by any or all other forms of treatment combined.

Dr. Mc Glynn won't go to Rome because he does not want to, in the first place, and because he is engaged to lecture during the time in which the Pope has bidden him to appear.

Cannon Fleming, who was accused of plagiarism by the *Pall Mall Gazette*, writes to that paper that the use of a part of a sermon delivered by Dr. Talmage, of Brooklin, in the volume of sermons published by the *Canon* was an act of inadvertance on his part. He attributes the error to his habit, when reading, of making extracts for illustrations in the pulpit and on the platform, and apologises to Dr. Talmage for the mistake.

J. F. CRUMLEY & CO.
DRY GOODS.

Mr. Cable's visit to Virginia is not creating much of a social stir. The Richmond *State* says: "Richmond will not be behind other of her Southern sisters in paying tribute to sons of the South eminent in letters. Richmond can appreciate that the genius of a Southern man reflects credit upon the South, but when that genius is misdirected, then Richmond can only think of that son as one who has 'Turned the sword his mother gave against his mother's breast.'"

Roena Isabelle Webb.

On Friday night, May 6, 1887, Roena Isabelle Webb died in the 13th year of her age. Bid adieu to the bleak winds of earth, and at the bidding of the Master, hastened away to the beauties and glories of the sun-bright clime, another happy home drapped in mourning other hearts made sad. But the sorrow stricken family should remeuber that Jesus said, suffer little children to come unto me, for of such is the kingdom of heaven. These precious words wafted on the wings of eighteen centuries of sorrow and death have inspiried comfort and hope in the hearts of thousands of the race who have witnessed the dying struggles of their children. In the midst of life we are in death. Jesus said I go to prepare a place for you and I will come again and receive you my self, that where I am ye may be also. Christian friends weep with the bereaved family! Jesus wept. Though Adam came in and by death tis undone. Worms destroy her flesh yet in her flesh she shall see God. She was member of the Poplar Ridge Sunday School, and t'was he whole theme to go every Sunday, and would not give up until at last that fatal and slothful disease, consumption, destroyed her system. She was sick only a few days. She loved her Sunday School dearly, she loved her Superintendant, she loved her God, and she was friendly to her associates around her. May her Sunday School prosper while her body rests in the the old Church yard beside of them m ingle togather every Sunday and sing praises to God. Superintendant your number is one less. But she has gone to join that Sunday School band where the Superintendant is God, just in the bud of womanhood and snapped like a rosebud from mortal glory and borne away into a mansion of immortal glory when she is ever blooming to all eternity.

She was the first to pass from this family circle. She was dilligent at home, obedient to her mother, harsh to none and kind to all. Such a child as maketh a father and a mother's heart to throb with bliss. Roena as a May flower cut down yet the angel of mercy with wings dripping with the dews of immortality, plants the rose of christian hope at the head of the little mound, and points the mourner to the time when Jesus shall destroy death and despoil the grave of its victories, and friends and loved ones shall meet again. Her body the first in the sunny graveyard at Poplar Ridge where this spot may soon be peopled with the dead. But the morning sun would light upon a monument which might be planted in memory of one who has gone to try the realities of another clime, gone where no shadows ever creep over Eden's sunny fields, to the home of the soul, and the palace of her God.

"Cousin, thou art gone to rest,
Thine is an early tomb,
But Jesus summoned thee away,
Thy Savior called thee home.

Cousin, thou art gone to rest,
And this shall be our prayer—
That when we reach our journey's end,
Thy glory we may share."

H. F. W.

New Advertisements.

WANTED—WOMAN Active and intelligent to represent established business in own locality. Permanent position and good salary. References exchanged. Gay Mfg. Co. 16 Barclay-st. N. Y.

ACENTS WANTED (samples free) for DR. SCOTT'S beautiful ELECTRIC CORSETS, BRUSHES, BELTS, ETC. No risk, quick sales. Territory given, satisfaction guaranteed. DR. SCOTT, 841 Broadway, N. Y.

SHORTHAND By mail or in person. Business, Book-keeping, etc. In short prepare yourself for life work at SCHOOL OF COMMERCE, ELMIRA, N. Y.
N. A. Miller, Pres.

WANTED LADIES TO WORK FOR US at their homes. $7 to $10 per week can be quietly made. No photo painting; no canvassing. For full particulars, please address, at once, CRESCENT ART CO., 147a Milk St., Boston, Mass. Box 5170.

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T. S. PAGE, No. 41 West 31st St., New York City.

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CURE FOR THE DEAF
Peck's Patent Improved Cushioned Ear Drums **Perfectly Restore the Hearing,** no matter whether deafness is caused by colds, fevers, or injuries to the natural drums. Always in position, **but invisible to others** and comfortable to wear. Music, conversation, even whispers heard distinctly. We refer to those using them. Send for illustrated book of proofs **free.** Address **F. Hiscock, 849** Broadway, New York.

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Takes the lead: does not corrode like tin or iron nor decay like shingles or tar compositions; easy to apply; strong and durable; at half the cost of tin. Is also a SUBSTITUTE for PLASTER at half the cost. CARPETS and RUGS of same material double the wear of oil cloth. Catalogue and Samples FREE.
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No Horse will die of Colic, Bots or Lung Fever, if Foutz's Powders are used in time.
Foutz's Powders will cure and prevent Hog Cholera.
Foutz's Powders will prevent Gapes in Fowls.
Foutz's Powders will increase the quantity of milk and cream twenty per cent., and make the butter firm and sweet.
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Foutz's Powders Will Give Satisfaction.
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Glass Tube, 19x24 in. Holds 1 quart. In this device we combine the BEST QUALITIES of our famous Grenades with the NEW feature of having an article that can be used by Sprinkling. It is designed especially for use in Passenger Coaches and Dwellings. It is elegant in ornamentation. It is cheap and reliable. No rust; no corrosion possible.
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Ornamt'd, 15.00 per doz.

The "Star" EXTINGUISHER
Holds 5 gallons, and will force a stream through 6 feet of hose 45 feet with our pump, which is the best ever made. Needs no attention until used. Will not freeze, explode or get out of order. No rust or corrosion. Can be used by anyone.
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Just what is needed in every village, lumber yard, warehouse, etc. Fully equipped with Hose, Ax, Crow Bar, Lantern, etc. It is cheap, and reliable. Wt. 450 lbs.
PRICE $200.00 EACH.
Four years of practical use have demonstrated these to be the only reliable and thoroughly efficient Hand Fire appliances made. We use the same chemical liquid in all, and *guarantee* fully.
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Tutt's Pills
stimulates the torpid liver, strengthens the digestive organs, regulates the bowels, and are unequaled as an
ANTI-BILIOUS MEDICINE.
In malarial districts their virtues are widely recognized, as they possess peculiar properties in freeing the system from that poison. Elegantly sugar coated. Dose small. Price, 25cts.
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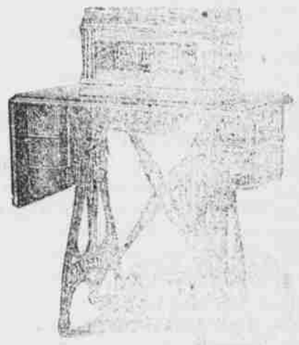
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OPIUM and Whiskey Habits cured at home with out pain. Book of particulars sent FREE. B. M. WOOLLEY, M.D. Atlanta, Ga. Office 65½ Whitehall St.

A Well-Known Physician.
ELBERTON, GA., June 16, 1886.
THE SWIFT SPECIFIC CO.—GENTLEMEN: During the year 1876 I was attacked with articular rheumatism—the effect of exposure to dampness and night air. I exhausted all the remedies known to our profession, including iodide of potash in various combinations, wine of colchicum, fluid extract of poke root and various other preparations, including a patent potash preparation. I was also treated for several years by a number of our best physicians, but obtained no permanent relief. For nearly a year I was confined almost continuously to my bed, and could not attend to business of any kind. Being a practicing physician I was somewhat prejudiced against patent medicines, but coming in contact with traveling salesmen almost every day, who with one accord recommended the S. S. S. to me, I finally concluded to try it. I commenced improving while using the first bottle, and when I had finished half dozen bottles I was so much improved that I was able to walk about and attend to my business once more. I consider your Swift Specific the best tonic and alterative made and I do not hesitate to prescribe it in all cases requiring a reliable blood purifier.
Very truly yours, H. C. EDMONDS, M.D.

B. A. FAHNESTOCK'S VERMIFUGE
ESTABLISHED 1827. It is now nearly sixty years since this medicine was offered as a remedy for Worms, and from that time its reputation has steadily increased until at the present day it is almost universally acknowledged throughout nearly all parts of the world to be the sovereign remedy. Worm Confections, made more for the purpose of pleasing the palate than of overcoming the disease, have been manufactured all over the country; but their short lease of life is nearly exhausted, and B. A. Fahnestock's Vermifuge continues to grow in favor daily. *Children* often look *pale* and *sickly* from no other cause than worms, and *spasms* are most frequently the result of these hidden ravpers and minors. When they are irritable and feverish, sometimes craving food and eating ravenously, again refusing wholesome diet, tossing restlessly in sleep, moaning and grinding the teeth, then be assured these symptoms are indications of worms.
Many a helpless child has been laid to the grave, when the disease which caused its death has been entirely misunderstood, and when worms have really been the cause. It has been proved beyond cavil that worms exist in the human system from earliest infancy therefore parents—especially *mothers* who are more constantly with their children, cannot be too watching of the *first symptoms of worms* for so surely as they exist, they can be *safely* and *speedily* removed from the *most delicate infant*, by the timely use of B. A. Fahnestock's Vermifuge.
Physicians do not hesitate to recommend it and use it in their practice, and many of the most eminent of the profession, from all parts of the country, testify to its uniform success. In fact, it **never fails.** It has frequently been given to children as a safe purgative, not suspecting the cause of the illness, and large quantities of worms were discharged and immediate relief afforded. Great caution must be used by every purchaser to be his own judge in one sense, and to examine every bottle he buys of it. The simple name of FAHNESTOCK is not sufficient. He must look closely and carefully to see that the initials are **B. A.** FAHNESTOCK, and be satisfied with nothing else.
NEW FRANKLIN, HOWARD CO., MO.
Messrs. J. E. Schwartz & Co., *Pittsburg, Pa.*
Gentlemen—I have used some of that most excellent remedy, B. A. Fahnestock's Vermifuge, and found it to have the desired effect. I think your vermifuge can not safely be dispensed with in any family.
Yours, &c., J. W. HUBBARD, M. D.
CAMBRIDGE, MD.
Having used the original "B. A. Fahnestock" Vermifuge in my practice for many years, I have no hesitancy in recommending it as a remedy which is *safe, reliable* and *efficient* in all cases where a Vermifuge is needed.
THOS. H. HANDY, M. D.
SUCCESSORS TO
J. E. SCHWARTZ & CO., B. A. Fahnestock & Co., Pittsburg, Pa., Sole Proprietors

"THE GIRL I LEFT BEHIND ME."
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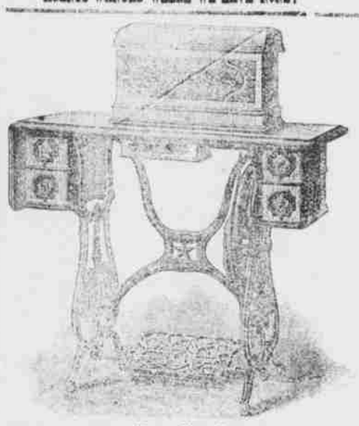
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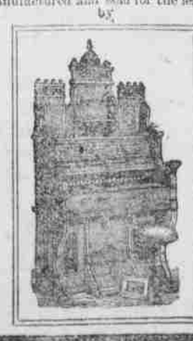
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A WELL-TRIED TREATMENT
For CONSUMPTION, ASTHMA, BRONCHITIS, DYSPEPSIA, CATARRH, HAY FEVER, HEADACHE, DEBILITY, RHEUMATISM, NEURALGIA and all Chronic and Nervous Disorders.
"COMPOUND OXYGEN" being taken into the system, the Brain, Spinal Marrow, and the Nerve-Ganglia—"Nervous Centres"—are nourished and made more active. Thus the Fountainhead of all activity, both mental and physical, is restored to a state of integrity, and the nervous system, the organs, and the muscles all act more kindly and efficiently.
"The Compound Oxygen Treatment" Drs. Starkey & Palen, No. 1529 Arch Street, Philadelphia, have been using for the last seventeen years in a scientific adjustment of the elements of Oxygen and Nitrogen magnetized, and the compound is so condensed and made portable that it is sent all over the world.
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"COMPOUND OXYGEN—its Mode of Action and Results," is the title of a new brochure of two hundred pages, published by Drs. Starkey & Palen, which gives to all inquirers full information as to this remarkable curative agent and a record of several hundred surprising cures in a wide range of chronic cases—many of them after being abandoned to die by other physicians. Also "COMPOUND OXYGEN—its Origin and Development," an interesting book of one hundred pages. Both or either will be mailed free to any address on application. Read the brochure!
DRS. STARKEY & PALEN, 1529 & 1529 Arch Street, Philadelphia, Pa.

East Tennessee and Western North Carolina Railroad.

TIME TABLE.

In Effect May 2, 1887.

WESTWARD.	Mail No. 2	Mixed No. 4.
Lv Cranberry	12.10 pm	5.30 am
" Elk Park	12.45 pm	5.42 am
" Shell Creek	1.04 pm	6.02 am
" Roan Mountain	1.20 pm	6.22 am
" Crab Orchard	1.23 pm	6.31 am
" White Rock	1.38 pm	6.40 am
" Blevens	1.44 pm	6.50 am
" Pardee Point	2.05 pm	7.08 am
" Hampton	2.25 pm	7.35 am
" Valley Forge	2.33 pm	7.43 am
" Elizabethton	2.48 pm	8.10 am
" Gladeland	2.56 pm	8.19 am
" Watauga Point	3.02 pm	8.29 am
" Milligan	3.18 pm	8.44 am
Arr Johnson City	3.30 pm	9.00 am

EASTWARD.	Mail No. 1.	Mixed No. 3.
Lv Johnson City	6.30 am	1.00 pm
" Milligan	6.43 am	1.17 pm
" Watauga Point	6.50 am	1.25 pm
" Gladeland	6.55 am	1.32 pm
" Elizabethton	7.08 am	1.52 pm
" Valley Forge	7.15 am	2.05 pm
" Hampton	7.30 am	2.30 pm
" Pardee Point	7.48 am	2.47 pm
" Blevens	8.08 am	3.07 pm
" White Rock	8.15 am	3.17 pm
" Crab Orchard	8.25 am	3.27 pm
" Roan Mountain	8.43 am	3.45 pm
" Shell Creek	8.52 am	3.53 pm
" Elk Park	9.19 am	4.18 pm
Arr Cranberry	9.30 am	4.30 pm

TIME TABLE
E. T. Va. & Ga. R. R.

AND CONNECTIONS.
IN EFFECT, NOV. 7, 1886.
90th Meridian, Central Standard Time.

East Tennessee Division.

WESTWARD.	No. 1.	No. [illegible]
Leave Bristol	8.10 a m	1.50 a m
do Johnson City	9.24 a m	2.21 a m
do Jonesboro	9.[illegible] a m	2.40 a m
do Greeneville	10.25 a m	3.32 a m
do Rogersville Junction	11.08 a m	4.17 a m
do Morristown	11.37 a m	4.45 a m
do Mossy Creek	12.05 p m	5.12 a m
do Strawberry Plains	12.33 p m	5.39 a m
Arrive at Knoxville	1.10 p m	6.15 a m
Leave Knoxville	1.30 p m	6.25 a m
do Concord	2.02 p m	6.55 a m
do Loudon	2.32 p m	7.24 a m
do Sweetwater	2.57 p m	7.56 a m
do Athens	3.25 p m	8.19 a m
do Charleston	3.55 p m	8.50 a m
do Cleveland	4.30 p m	9.30 a m
do Ooltewah	5.00 p m	9.54 a m
Arrive at Chattanooga	5.40 p m	10.30 a m

EASTWARD	No. 2.	No. 4.
Leave Chattanooga	10.35 a m	9.40 p m
do Ooltewah	11.12 a m	10.15 p m
do Cleveland	11.45 p m	11.00 p m
do Charleston	12.32 p m	11.25 p m
do Athens	1.04 p m	11.50 p m
do Sweetwater	1.34 p m	12.17 a m
do Loudon	2.02 p m	12.45 a m
do Concord	2.39 p m	1.11 a m
Arrive at Knoxville	3.10 p m	1.45 a m
Leave Knoxville	3.20 p m	1.55 a m
do Strawberry Plains	3.57 p m	2.35 a m
do Mossy Creek	4.24 p m	2.41 a m
do Morristown	4.51 p m	3.10 a m
do Rogersville Junction	5.20 p m	3.38 a m
do Greeneville	6.17 p m	4.15 a m
do Jonesboro	7.09 p m	5.10 a m
do Johnson City	7.26 p m	5.26 a m
Arrive at Bristol	8.20 p m	6.20 a m

Ohio Division.

NORTHWARD	No. 5.	No. 37.
Leave Knoxville	6.30 p m	
do Black Oak	6.44 p m	
do Powell's	6.54 p m	
do Heiskell's	7.08 p m	
do Clinton	7.30 p m	
do Offutt's	7.47 p m	
do Coal Creek	8.00 p m	
do Careyville	8.25 p m	
do Buckeye	8.55 p m	
do Elk Valley	9.23 p m	
do Newcomb	9.45 p m	
Arrive at Jellico		
do at Louisville Ky.		
do at Cincinnati, O.		

SOUTHWARD	No. 6.	No. 38.
Leave Cincinnati, O.		
do Louisville, Ky.		
do Jellico	5.20 a m	
do Newcomb	5.35 a m	
do Elk Valley	5.54 a m	
do Buckeye	6.20 a m	
do Careyville	6.47 a m	
do Coal Creek	7.10 a m	
do Offutt's	7.22 a m	
do Clinton	7.37 a m	
do Heiskell's	7.55 a m	
do Powell's	8.09 a m	
do Black Oak	8.17 a m	
Arrive at Knoxville	8.30 a m	

CONNECTIONS.

AT CHATTANOOGA with railroad lines diverging, making direct close connection for all points Morthwest, West and Southwest.

AT CLEVELAND with Georgia and Alabama Division for Atlanta, Calera, Montgomery, New Orleans and all points South, Southeast and Southwest.

AT KNOXVILLE with Ohio Division and Knoxville Railroad and Main Line trains Nos. 3 & 4.

AT JUNCTION CITY with C., N. O. & T. P. R. R. North and South.

AT JELLICO with Louisville and Nashville R. R. for Louisville and Northwestern points.

AT MORRISTOWN with North Carolina Division for Warm Springs, N. C and all Western and Middle North Carolina points.

AT ROGERSVILLE JUNCTION with Rogersville and Jefferson Railroad.

AT JOHNSON CITY with East Tennessee and Western North Carolina Railroad.

AT BRISTOL with Norfolk and Western Railroad, connecting closely for all Virginia and Eastern cities, via Lynchburg, and all Eastern, Middle and Northern States, via Roanoke and Shenandoah Valley route.

SLEEPING-CAR SERVICE.

Nos. 1 and 2 have Pullman Sleepers between Memphis and New York, via Shenandoah Valley rorth. Also Pullman Sleeping Cars between Cleveland and New Orleans, via Calera and Montgomery.

Nos. 3 and 4 have Pullman Palace Sleeping Cars between Chattanooga and New York, via Shenandoah Valley route. Also Pullman Sleeping Cars between New Orleans and Washington via Atlanta, Cleveland and Lynchburg. Also Sleepers between Knoxville and Louisville on Nos. 35 and 36.

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