

Comprehensive Programs

Unique Features in the Ladies' Home Journal—Preparation Supervised by Mrs. Winter.

In its November issue The Ladies' Home Journal presents the first of a series of club programs of a very remarkable and complete kind. They are to cover the main phases of intellectual and civic interests of today as they are related to club life. In close cooperation with the General Federation of Women's Clubs The Journal is analyzing those interests according to the classification which Federation Women have adopted.

As Mrs. Winter says in the November number of The Journal, where she announces the series, "When we women come together in clubs our chief aim should be to keep the well-springs of the spirit fresh and fervid through contact with the best thoughts, the best experiences, the best ideals handed down to us through the ages; to keep our minds securely poised by a real knowledge of real conditions. If the club is to be the weapon we hope for the bettering of community and country it must know as well as act. It cannot afford the little knowledge which is a dangerous thing—the more dangerous the greater the organization. The ideal club is the club that is neither all study club nor all working club, but a combination of the two. It should quicken its inner life by genuine study such as outlined in these programs, the kind that quickens and does not stultify, and it should also make definite contribution to public service."

Contemporary Literature.

The first of the programs, in the November number, is a comprehensive outline of contemporary American literature prepared by John Farrar, Editor of "The Bookman."

Mr. Farrar submits ten separate headings for the study of contemporary literature as follows: Fiction, America Poetry; American Drama; the Short Story; Biography and Autobiography; Criticism, Humorists, Essayists and Columnists, Tendencies of the Popular Mind; the Literature of Locality; the Little Theatre Movement and What is the Younger Generation Thinking of?

Under each heading subdivisions

carry the topic to its roots. For example, under Contemporary Fiction the sub-headings are Romance, the Novel of Ideas, the Personal Problem and the Revolt of the New Group. And under each of these sub-headings appear the names of several contemporary writers and the particular books recommended for study.

Citizenship Program.

In the December number of The Journal will appear Mrs. Winter's Citizenship program explaining in detail as regards local government, county government, state government and federal government just what you ought to expect of it and just what you ought to do for it.

Public Service.

Similarly, in a later number, will appear Mrs. Winter's own club programs on Public Service, with eight topics for study: Women in Industry, Women and Children in Industry, Child Welfare, The Delinquent Woman and Girl, Public Health, Education, Immigration and Americanization and Saving our National Resources.

Each program raises all the vital questions connected with its subject and suggests headings for study and research. Moreover, for each heading all the important books giving up-to-date points of view are named by title and author.

Music and the Arts.

Later will come complete programs on modern art with an article by Mrs. Harry Payne Whitney and on music by an equally well-known authority.

All of the programs will bear Mrs. Winter's personal approval.

Thus, for the first time Women's Clubs will have the best of authority for programs keeping them in touch with the world today. Experts, each best in his or her own line, are preparing strictly up-to-date programs that will be useful for the future as well as the present. The literary program, for example, does not stop with the death of Tennyson. It includes many new books published within the past six weeks. It offers the living word about living men and women.

Such programs as those promised could not be obtained in any local library—in a small city or a big one.

To refer again to Mrs. Winter's statement: "This Presentation of

A-PEN PIPING.

(By Florence Riddick Boys)
Oh, here's to the friendly Genial Soul,
With his cordial smile so bright;—
The sparkle in his eye, the music in
his voice,

And his atmosphere of light!
When he beams on us, in sure re-
sponse

Our hearts beat a glad tattoo;
Our hope leaps high; our faith is
firm;

And our courage strong and new—

Oh, fie on the Grouch with his grev-
ious groans,

And the whine of his woeful wails!
He leaves us flabby and frazzled out,
And our courage quickly quails

The bubble is pricked; the glamour is
gone;

And our best friends untrue;
Things are very bad; and are getting
worse;

There is nothing worth while to do!

But up and out of it—There's no
doubt of it

Prospects are not so drear,
Still there is laughter gay, plenty of
work and play,

And oceans of friendly cheer!

While we're thinking it over, let us
choose "clover"

And radiate sunshine too;
And love and live; and smile and
give—

I think that would be grand! Don't
you?

WHAT TO DO

(By Florence Riddick Boys)

For something in ear—Unless it
can be easily removed with the fin-
ger, do not meddle with it as you may
push it in farther. Take the patient
to a physician.

A few drops of warm oil put into
the ear will cause immediate relief
if it causes suffering, and may float
out the object. Never probe in the
ear with wire, needles, pins or any-
thing harsh. If live insects get into
the ear they will usually withdraw if
the ear is turned to a strong light.

our club program is on a great scale.
No club could follow it out in a single
year. It might cover a long series of
years, or it is possible to select any
portion of it for a season's intensive
study. But whichever choice is made,
the varied survey of the large pano-
rama of interests in their relation to
one another is bound to be a revela-
tion in club study and club activity."

WOMEN'S FOUNDATION FOR HEALTH, INC.

The Womens Foundation for Health Inc., is an outgrowth of the International Conference of Physicians held in New York at the close of the World War under the auspices of the Y. W. C. A., and financed by the budget of the War Work Council, to consider the health problems revealed by the war experience, particularly as they relate to women and girls. During the last three days of the Conference representatives of the leading women's organizations of the country were called in and the Conference culminated in the organization of the Women's Foundation for Health, which is a joint organization of the following fifteen national women's organizations for the realization of a program of positive health for women and girls:

The American Association of University Women.

American Home Economics Association.

Council of Jewish Women.

General Federation of Women's Clubs.

Medical Women's National Association.

National Association of Deans of Women.

National Board Young Women's Christian Associations.

National Congress of Mothers and Parent-Teacher Association.

National Council of Women.

National Federation of Business and Professional Women's Clubs.

National League of Women Voters.

National League of Girls' Clubs.

National Woman's Christian Temperance Union.

National Woman's Trade Union League.

Woman's Department: National Civic Federation.

Each of these organizations is represented in the Foundation House of Delegates by five members, who with five delegates at large make up that body, which is headed by Mrs. James S. Cushman, President; Mrs. Philip North Moore, Vice President, and Mrs. Gertrude S. Martin, Secretary. The Board of Trustees, elected from the House of Delegates is comprised of the following:

Mrs. Edward H. Hewitt, chairman; Mrs. Elmer Blair, Mrs. Ella A. Boole, Anna L. Mrown, M. D., Mrs. Henry P. Davison, Mrs. Gertrude S. Martin, Mrs. Philip North Moore, Miss Theresa O'Donohue, Martha Tracy, M. D.

The Foundation was organized in November, 1919. Since that time the work of developing and carrying out the plans of the Foundation has been done by widely scattered individuals and organizations who have contributed freely of their time and resources. A part of that work has been to formulate a program and to prepare a series of six pamphlets to be used as a common text for the interpretation of the program. This Series is known as the Positive Health Series, and is now just off the press of the American Medical Association.

Since the organization meeting in 1919 the Foundation has held each year its annual meeting of the House of Delegates, made up of representatives of the constituent organizations—five from each, with five delegates at large. The most recent meeting of the House of Delegates was held in May, 1922. It is probable that the next meeting will be held in November, 1922.

Further information concerning the program or the distribution of the Positive Health Series can be had by writing Mrs. Gertrude S. Martin of the Foundation stac, at 43 East 22nd St., New York City.

WOMAN-I-TORIALS.

(By Florence Riddick Boys)

It is tremendous the influence of women's organizations. Is it because we have been so sane in our undertakings that we have won confidence, because we have been so incessantly busy, or merely because mankind is just naturally indulgent to us? At any rate whatever women want and organize for they eventually get. Women are great agitators. They always educate public sentiment until it is favorable, and that brings legislation.

One-story school buildings are among the latest approved types. They are built in the form of a hollow square, the hollow being a gymnastic court. They have no basements but the heating plant is in a separate building. They are less expensive than two story buildings as they eliminate stairways and hall ways, which occupy almost one fourth of the area of most school buildings. These buildings are fire proof and panic proof and when a city tries one of them it is pretty likely to make all the rest on that type.

Say it with subscriptions.

THE ELECTRIC CORD

Do you often have to take to the repair shop your electric pad, percolator, iron, or vacuum cleaner? Perhaps it is because you think of the electric cord as a rope, forgetting that it is made up of several strands of fine copper wire. The number of times you can bend these without their breaking is limited. When you would detach the machine from the cord, do not take hold of the cord and jerk it but grasp the edge of the plug to pull it out. Take care to keep the cord from kinking, being jammed in doors or stepped on. Breaking the wires of the cord breaks the circuit, and the "juice" cannot slip along and do your work.

THE AGES OF PUBLIC WOMEN

(By Florence Riddick Boys)

It is encouraging to those who are middle-aged (at least) to note who are the public women, the women who are doing things in welfare and reform.

These are not young up-starts who have a theory and an overabundance of energy and enthusiasm and see an outlet for all of these; but they are sane, experienced, mature women. Their influence with the men they must deal with does not arise from physical charm so much as from mental ability and judgment and a sound cause based on the facts of experience.

Among the women of great public influence the rule is not "silver threads among the gold" but rather there are occasionally a few golden threads among the silver, which by far predominate.

There are probably two reasons for this: It takes maturity and experience before one comes into her best powers of accomplishment and to win public confidence; and the younger women are too much occupied in their homes rearing the next generation. These public women are the grandmothers and their hands, now emptied of family cares, are able to serve the children of the world.

FEDERATING THE WOMEN'S CLUBS

Both Iowa and Georgia State Federation of Women's Clubs have ruled that all clubs affiliated with the State Organizations, shall be and are also federated as well with the General Federation of Women's Clubs. This will greatly increase the number of clubs and club members in the national federation, and will bring the inspiration and helpful leadership of this great organization to all the small clubs located in every part of these states. It is expected that this plan will presently become general.

The Federation of Clubs is the great mass of womanhood of the nation seeing life whole. It brings together every woman, every club, every city, state, democrat, republican, socialist and bolshevist in a great mass of normal women. Friendship in work is the inspiration of the Federation—Mrs. Thomas G. Winter, President of U. S. Federation of Women's Clubs.

AVAUPT MOLDINGS

What a boon to the housekeeper perfectly plain surfaces would be! In building the house we ask the carpenter to put them in and we learn to our astonishment that mills which grind out our finishings have all decreed that these shall be one pattern, fussy and be-cornered. Was the designer of such really in cahoots with the demon of drudgery or does it merely seem so.

How much more hygienic, too would be rounding corners or curves! These are easily wiped out with the dustless cloth and abolish the hiding places for moths and germs.

And speaking of hiding places for pests, the resort of that kind de luxe is the baseboard around the room. Here mice and roaches can propagate in security with never a housewifely approach at their seclusion.

The house ideal will have rounding corners or curves on the stairway, in all room corners, in cupboards and drawers and moldings. Then the housewives can turn from Mathas into Marys.

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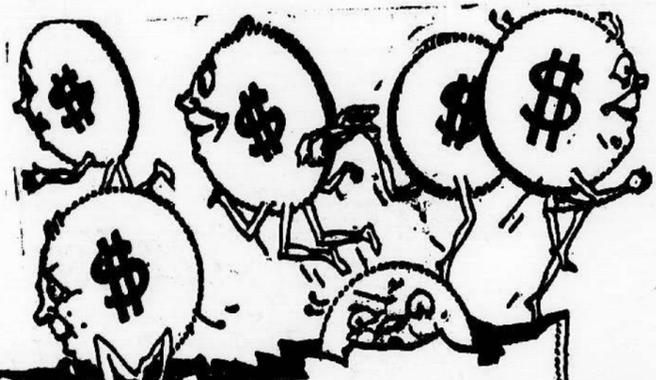
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