

Alum In Bread

Mrs. C. C. H. writes: Are alum baking powders harmful to one having indigestion? Where can I get baking powder that contains no alum?

REPLY

1. Thompson says that alum in bread in large quantities (from baking powder) is astringent and injurious to the digestion.
2. Ask your grocer for baking powder that contains no alum. There are several standard brands of alum-free baking powder.

—From "How to Keep Well" Column, By Dr. W. A. Evans, in Chicago Tribune, Feb. 12, 1915.

Royal Baking Powder contains no alum or any ingredient that is not pure and wholesome beyond question. It is made from cream of tartar which comes from grapes.

ROYAL BAKING POWDER CO.
New York

COME AND GONE

Mr. and Mrs. F. X. Bastien have returned from a visit with friends in St. Paul.

Dolphie Rocheleau returned Monday from a business trip to Minneapolis.

John Ball, a former resident of this county, who has been living in the west, was in the city for a short time Monday, enroute to Northome on business.

Gust Lindgren of Upsala was in the city Tuesday, enroute to Minneapolis on business.

F. X. Virnig of Pierz transacted business in this city Friday.

Guy Buskirk, who is employed in Minneapolis, returned there Monday morning.

Mr. and Mrs. M. M. Williams have returned from the west, where they have spent the winter.

L. O. Wessell returned Saturday from St. Paul, where he spent several days on business.

Allan Waite returned to his home in Nashua, Iowa, Saturday, after a visit with old friends in this city. Mr. Waite formerly resided here.

Carl Knudson returned Saturday from Brainerd, where he has been confined to the N. P. hospital for treatment of an injured hand.

Melvin Sherman made a business trip to Randall Saturday.

Mr. and Mrs. A. B. Nelson returned Saturday evening from a short visit with friends in St. Cloud.

M. V. Wetzel and family motored to Brainerd Sunday, returning the same evening.

Mrs. J. H. Hardenbrook left Friday for an extended visit with relatives

and friends at her old home in Maxwell, Iowa, and other points in that state.

Misses Eva Berg, Hildegaard Kleber, Rose Zaloulek, Gladys Hamblet and Ruth Fearing, who attend the St. Cloud normal, visited at their homes here over Sunday. Miss Bernett Anderson, also a student at the normal, visited with Miss Fearing.

William Clarey of Brainerd was in the city on business Saturday.

Miss Elvera Johnson, who is employed as trimmer at the Herron millinery store, visited at her home in Minneapolis Sunday.

Hans Elvig of Randall visited relatives in this city Sunday.

Robert Richard returned Monday from Great Falls, Mont., where he has been employed for some time.

Mrs. W. E. Penfield left Sunday for Marshalltown, Iowa, to visit relatives.

Barney Burton went to Tribune, Saks., Can., on business the first of the week. Mr. Burton is interested in real estate there.

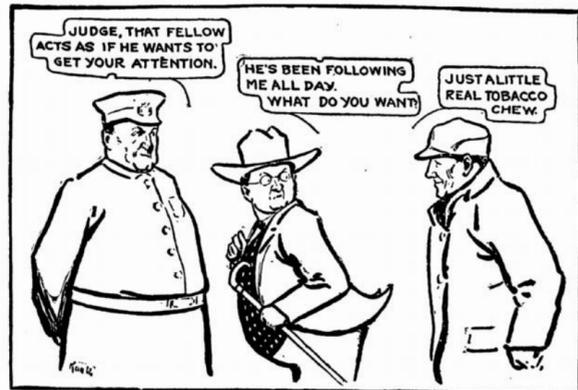
Mrs. E. A. LaFond went to Minneapolis Sunday to be with her little daughter, who is receiving treatment there. Mr. LaFond, who had been with his daughter, returned home on Sunday.

Mr. and Mrs. F. Frick left Monday for their home in Anaconda, Mont., after a visit with Mr. and Mrs. F. Nelson of this city.

Lyman W. Ayer left Tuesday evening for a point about thirty miles north of Duluth, where he will measure some timber for Minneapolis parties.

Adolph LaFond left Saturday for his home in Malta, Mont., after a visit with relatives and friends in this

THE OFFICER UNDERSTOOD THE REASON.



A MAN will go a long way to get the Real Tobacco Chew. Once he learns its satisfying quality he just can't be contented with the old kind.

The longer he knows it the better he likes it and the more he talks about it to his friends.

A little chew of pure, rich, mellow tobacco—cut fine, short shred—seasoned and sweetened just enough, cuts out so much of the grinding and spitting.

Take a very small chew—less than one-quarter the old size. It will be more satisfying than a mouthful of ordinary tobacco. Just nibble on it until you find the strength chew that suits you. Tuck it away. Then let it rest. See how easily and evenly the real tobacco taste comes, how it satisfies without grinding, how much less you have to spit, how few chews you take to be tobacco satisfied. That's why it is **The Real Tobacco Chew.** That's why it costs less in the end.

It is a ready chew, cut fine and short shred so that you won't have to grind on it with your teeth. Grinding on ordinary candied tobacco makes you spit too much.

The taste of pure, rich tobacco does not need to be covered up with molasses and licorice. Notice how the salt brings out the rich tobacco taste in "Right-Cut."

One small chew takes the place of two big chews of the old kind.

WEYMAN-BRUTON COMPANY
50 Union Square, New York

BUY FROM DEALER OR SEND 10¢ STAMPS TO US

city, enroute home from Rochester, where he had been receiving treatment. His brother, John LaFond, who resides in Wisconsin, accompanied him home for a visit.

John Bergstrom and son of Flensburg were in the city on business on Wednesday, making the trip by automobile.

L. W. Carson, government special agent, is in the city for a visit at his home.

Mr. and Mrs. D. J. Bell left Wednesday for an extended visit with relatives and friends at Akeley.

J. Sherman Levis left Wednesday morning for St. Paul to attend a convention of agents of the Curtis Publishing company.

Mrs. M. Jansen of Edgerley, N. D., is in the city on business.

Robert Richard went to Sauk Centre Wednesday for a visit with relatives and friends.

Owen Konchal went to Howard Lake yesterday to take a position as linotype operator for a newspaper.

M. Burton of International Falls was in the city for a short time on Wednesday, enroute to the twin cities on business.

Chas. Gravel, Sr., of Onamia, was in the city on business Wednesday and Thursday.

C. E. Gravel of Pierz was in the city Wednesday.

Mrs. Frank Renick returned Wednesday evening from a visit with relatives at Royalton.

BIG DIVIDEND IN PRUDENT PRUNING

The man with an apple orchard will make money by the careful pruning of his trees.

An orchard survey in an Iowa county showed that it paid to prune trees every year; that the orchards pruned annually gave average net returns of more than \$125 an acre, whereas orchards pruned occasionally or not at all gave a return of slightly less than \$55 an acre.

There are many unpruned trees in Minnesota that need attention. The pruning, however, should be moderate. The trees have dead wood, the tops are filled with crossing and closely paralleled branches, and they are often tall and scraggly. Such trees should have the dead wood carefully cut out and a few of the worst defects remedied this year. In the next two years more of the dead wood should be cut out. In short, the pruning should be spread over two or more years.

BUSINESS FARMER TESTS HIS SEED

The business farmer of today tests his seed grain. In farming, as in every other business, elements of chance are being removed as fully as possible.

After the farmer has selected his seed grain by the use of the fanning mill, he should make tests for purity and germination. If he is not prepared to do this, he should communicate with the Minnesota Seed Laboratory, University Farm, St. Paul.

The only safe thing is to remove elements of chance by selecting good seed, and by testing for purity and germinating power.

851 IMMIGRANT CARS TO MINNESOTA IN MARCH

"Ever in the lead" seems to be the best phrase to use in describing Minnesota when it comes to immigration. For some time this state has received more carloads of immigrant movables than any other states in the northwest and each month the number is increasing. Of 1,494 carloads of immigrant movables handled by the Minnesota Transfer Railway company in March 851 were left in Minnesota. North Dakota came second with 233, and Wisconsin third with 165.

Carlson Bros. have purchased a new Ford truck for delivery purposes.

Mr. and Mrs. J. M. Tötten of Randall were in the city on business Tuesday. They made the trip by automobile.

St. Cloud Times: Mrs. H. A. Warner of White Bear is the guest of her daughter, Mrs. W. L. Cary, for a short visit.

Cass Lake Times, 15:—Mr. and Mrs. Chas. Graham of Remer mourn the loss of their infant son, born Wednesday morning.

Among those who motored to St. Cloud Sunday were D. K. Harting and family, E. H. Hennen and family and G. W. Masy and family.

Hilding A. Swanson, attorney, of Brainerd, was in the city on business Tuesday and Wednesday. He made the trip by automobile.

Louis McNairy is taking an enforced vacation from the county auditor's office this week, due to blood poisoning of the right hand.

T. Christianson and family, who have resided in Swan River, have disposed of their property there and left Wednesday for Salem, Ore., where they will make their home.

The Odd Fellows lodge will give a hard time dance at the lodge hall on Monday evening. Ladies are expected to come gowned in calico and the gentlemen in overalls.

Invitations are out for a dance to be given by the K. O. T. M. lodge on Wednesday evening of next week at the Maurin hall. Bastien's orchestra will furnish the music.

Dr. E. W. Kallher and family returned Saturday evening from a trip to the Pacific coast, including a visit to the Panama-Pacific exposition at San Francisco and the Panama-California exposition at San Diego. They also visited at Portland, Ore., and at Seattle and Everett, Wash., and were gone for about seven weeks.

G. F. Kirscher returned Tuesday noon from Minneapolis, where he visited with his family over Sunday. His daughter, Miss Ione, who attends the state university there, was one of the winners in a swimming contest at the university on Thursday of last week. Miss Kirscher is considered one of the best girl swimmers at the university.

YOKE OF OXEN AND COW NET OWNED \$321.75

August Larson of Green Prairie on Monday brought in a yoke of oxen which netted him \$240.50 at a local meat market for beef. He also sold a cow which brought him \$81.25. The two oxen weighed 3,700 pounds and the cow weighed 1,250 pounds.

Mr. Larson drove the oxen to town hitched to a buggy. He stated that he had used them on the farm for the past six years, in all sorts of work, and that they had paid for themselves in more than triple measure, having lifted a mortgage on the farm in that time.

BRAINERD WILL NOT GET STREET RAILWAY

In a communication to the Brainerd city council George Reid, president of the Minnesota Central Railway company, informed that body that the company would be unable to carry out its contract with the city to construct a street railway as a part of the Cuyuna Range Electric line, because of a failure to finance the company.

GERMAN EV. LUTHERAN CHURCH

Lutheran Zion's congregation. Rev. F. J. Oehlert, pastor, 409 Third avenue northeast. Sunday services: Confirmation and Holy communion 10 o'clock forenoon.

SCHOOL REPORTS

Report of Elm Dale school in district No. 15 for the month ending April 9. No. of days taught, 19. No. of pupils enrolled, 64; average daily attendance, 44. Those perfect in attendance were Peter Korroll, Dewey and Thodore Schlag. Those absent two days or less were Anton and Frank Kalis, Anton and Jannie Kopka, Stanik Korroll, Annie, Beatrice, Erma and Walter Larson, Fred and Irving Mokros, Aleck, Carl and Gust Stay.

—Rose J. Anderson, teacher.

John Vertin, who recently purchased several lots on Second street southeast, near the Schleusener residence, from Frank Farrow, is having the hollow filled up and will have a cement walk put in.

NORTH ELM DALE

April 20.—H. C. Larson took a load of hogs and calves to Bowlus for W. Davies.

E. M. Larson purchased a Bloom low down manure spreader from Anderson & Johnson of Upsala.

Peter Sobiech purchased the Fred Dickson place a short time ago. Consideration \$9,000.

Paul Rasmussen, who has been doing carpenter work for Swen Carlson, finished last week.

Mr. and Mrs. J. J. Jacobson and daughter Evelyn and son Roy and Mrs. C. J. Lundin and daughter Myrtle were Swan River visitors Sunday.

Swen Carlson had his barn covered with galvanized iron last week. Paul Rasmussen did the work.

E. M. Larson went to Upsala and Bowlus Tuesday.

H. C. Larson went to Bowlus Monday on business.

J. J. Jacobson, Mr. and Mrs. O. A. Wittke and Miss Emma Wittke went to Little Falls Tuesday on business.

Jack Casey has been building a stone foundation for J. J. Jacobson's automobile garage and granary, and now he is putting up the frame work.

HUMPHREYS' Witch Hazel Oil

(COMPOUND)

For Piles or Hemorrhoids, External or Internal, Blind or Bleeding, Itching or Burning. One application brings relief. Two sizes, 25c. and \$1.00, at all druggists or mailed.

Send Free Sample of Oil to

Humphreys' Homeo. Medicine Co., 156 William St., New York.

Sick Animals

The treatment of diseases of Horses, Cattle, Sheep, Dogs and Fowls, is given in Dr. Humphreys' Veterinary Manual, mailed free. Humphreys' Veterinary Remedies, 156 William St., New York.

WANTS

One cent per word per insertion. No ad taken for less than 10 cents.

PIANOS—For rent; also sewing machines. Folsom Music Store. 14.

MONEY to loan on farm and city property. Signor & Schallern. 2814

FOR RENT—Seven-room house, 300 Seventh Street southeast. Mrs. Salisbury. 7-1

FOR SALE—Before buying pure bred Poland-China hogs, visit the Keck farm, route 8. 2914

FOR SALE—Three dwelling houses and lots, on Second avenue southeast, or will exchange for land. Geo. McGregor, 60 So. Kidder St. 7-2

FARMS—Am preparing a sale list of farms, and those desiring to sell their lands or farms will do well to list them with me at once. John Vertin, Little Falls, Minn. 4-1

FOR SALE—New McCormick rake, Emerson mower, spring drag, 1 grind stone, foot power, and other articles too numerous to mention. Arthur Johnson, Little Falls, R. F. D. 4, Telephone 181-3. 7-2

FARMERS ATTENTION—I will pay more than the market price for stock cattle, both steers and heifers, for my pasture for May delivery. Am paying at present five to six-fifty per hundred, according to quality and six-fifty per hundred for hogs. T. J. Matheson. 7-2

EAST DARLING

April 20.—C. J. A. Nelson has been taken to Little Falls for treatment. Many have asked the correspondent if the bill increasing the railway fare to 2½ cents per mile has been passed. We don't know about that but we do know that we must pay 3 cents per mile to Little Falls and 2 cents per mile to Randall.

August Larson sold his oxen, which he has used on the farm for six years, for beef, realizing \$240.50 for the pair. They weighed 3,700 pounds. This was the last ox team in Darling town. In 1892 most of the farmers in this vicinity used oxen and they used them to drive to town with. Soon only automobiles and airships and what will come next is hard to say.

Many trains running now, both day and night. The gravel trains will soon begin operations and it is also understood that work will be commenced on the state road in May so there will be plenty of work here.

SOUTHWEST DARLING

April 21.—Mr. and Mrs. John A. Tholander celebrated their twenty-seventh wedding anniversary today. They were married in Minneapolis April 21, 1888.

August Bloomquist's pet dog died Tuesday at an age of 15 years. The canine was buried in the orchard.

August credits him with being the best watchdog that ever lived in Darling.

Too much fire and smoke every day. We need rain now. Some places are pretty dry.

Remember to plant trees around the districts 35 and 74 on arbor day, which falls on April 23.

Nice groves of trees around the schools and churches improves the appearance a great deal.

Miss Edna Troselius is learning to play the guitar, so we'll have plenty of music in Darling soon.

German Coffee Cake

Made Without Yeast

By Mrs. Janet McKenzie Hill, Editor of the Boston Cooking School Magazine.

There is no warm bread quite as appropriate for Sunday morning breakfast as German Coffee Cake, yet it is seldom made by housewives who do not bake their own bread. If K C double raise Baking Powder is used it will be just as good as if raised with yeast and it will have the further advantage of being fresh and warm. Save this recipe and try it next Sunday.

K C German Coffee Cake

Two and one-fourth cups sifted flour; 3 level teaspoonfuls K C Baking Powder; 1 level teaspoonful salt; 2 tablespoonfuls melted butter; 2 tablespoonfuls sugar; 1 egg; milk.



Sift dry ingredients together, beat the egg, add milk and butter to the egg to make one and one-quarter cups; stir all together with inverted spoon to a stiff batter. Turn into biscuit pan and spread even. Brush top lightly with melted butter. Sprinkle sugar and ground cinnamon over the top. Bake in moderate oven.

Dutch Apple Cake or Prune Kuchen can be made with this same batter by covering the top with pared and sliced apples, or cooked prunes with the pits removed, skin sides down. Dredge with sugar and cinnamon the same as for Coffee Cake.

"The Cook's Book" contains 90 just such delicious recipes. You can secure a copy free by sending the colored certificate packed in 25-cent cans of K C Baking Powder to the Jaques Mfg. Co., Chicago, being sure to write your name and address plainly.

32d Annual Now Ready
Corn Seeds Free to All
If you would raise matured corn you must plant Will's acclimated Seed. See Catalog for Our Special Collections.

Seeds Trees

OSCAR H. WILL & CO.
BISMARCK, N. DAK.

Little Falls
BUSINESS COLLEGE
IT'S THE SCHOOL FOR YOU.

SUN-SHINE POLISH

The BEST For
Furniture
Pianos
Brass Beds

FOLSOM

The VARIETY STORE
107 First Street S. E. Two Doors North of Postoffice
WHERE YOUR DOLLAR DOES ITS DUTY

Market Day Specials

14 Quart Kettles—5 dozen 14 quart grey enamel lipped preserve kettles, all going at a big bargain Saturday, each..... 19c

Men's Shirts—Men's work shirts, 48 and 50 cent values. Saturday at..... 39c

Women's Aprons—Good quality gingham aprons, cut full with long sleeves, regular 50 cent value, Saturday each..... 39c

Ladies' Hand Bags—Hand Bags, 6, 7, 8 and 9 inch frames, cloth and keratol lined, purses and vanity mirrors, each..... 25c and 35c

Clothes Baskets—Willow clothes baskets, 27 inches, each..... 55c

Creamers and Spoon Holders—Creamers and spoon holders, 10 cent values, each now.... 5c