

URIC ACID IN MEAT CLOGS THE KIDNEYS

Take a Glass of Salts If Your Back Hurts or Bladder Bothers.

If you must have your meat every day, eat it, but flush your kidneys with salts occasionally, says a noted authority who tells us that meat forms uric acid which almost paralyzes the kidneys in their efforts to expel it from the blood. They become sluggish and weaken, then you suffer with a dull misery in the kidney region, sharp pains in the back or sick headache, dizziness, your stomach sours, tongue is coated and when the weather is bad you have rheumatic twinges. The urine gets cloudy, full of sediment, the channels often get sore and irritated, obliging you to seek relief two or three times during the night.

To neutralize these irritating acids, to cleanse the kidneys and flush out the body's urinous waste get four ounces of Jad Salts from any pharmacy here; take a tablespoonful in a glass of water before breakfast for a few days and your kidneys will then act fine. This famous salt is made from the acid of grapes and lemon juice, combined with lithia, and has been used for generations to flush and stimulate sluggish kidneys, also to neutralize the acids in urine, so it no longer irritates, thus ending bladder weakness.

Jad Salts is inexpensive; cannot injure, and makes a delightful effervescent lithia-water drink.—Adv.

For Eastern All-Air Routes.

The government of India has sent letters to various chambers of commerce suggesting that they find a way to maintain seven centers for aircraft. The cities proposed are Bombay, Calcutta, Madras, Karachi, Delhi, Nagpur and Rangoon. The centers are believed to be sufficient for all-air routes in India and Burma.

HEAD STUFFED FROM CATARRH OR A COLD

Says Cream Applied in Nostrils Opens Air Passages Right Up.

Instant relief—no waiting. Your clogged nostrils open right up; the air passages of your head clear and you can breathe freely. No more hawking, snuffing, blowing, headache, dryness. No struggling for breath at night; your cold or catarrh disappears.

Get a small bottle of Ely's Cream Balm from your druggist now. Apply a little of this fragrant, antiseptic, healing cream in your nostrils. It penetrates through every air passage of the head, soothes the inflamed or swollen mucous membrane and relief comes instantly.

It's just fine. Don't stay stuffed up with a cold or nasty catarrh.—Adv.

Precious Private.

In one of our camps, just before our entrance in the war, an officer was making a round of inspection when he came upon a big, round-eyed private with red hair and a gun that he held in anything but the approved fashion.

"Don't you know better," demanded the officer, "than to point an empty gun at me?"

"But it ain't empty, sir," protested the private. "It's loaded!"—Philadelphia Ledger.

Refresh a Heavy Skin

With the antiseptic, fascinating Cuticura Talcum Powder, an exquisitely scented convenient, economical face, skin, baby and dusting powder and perfume. Renders other perfumes superfluous. One of the Cuticura Toilet Trio (Soap, Ointment, Talcum).—Adv.

The Time for Attention.

"There's a time for everything." "Of course. That's why we don't pay any attention to getting the snow off the streets until it is warm enough for a good thaw."

Stop the Pain.

The hurt of a burn or a cut stops when Cole's Carbolic is applied. It heals quickly without scars. 25c and 50c by all druggists. For free sample write The J. W. Cole Co., Rockford, Ill.—Adv.

Maybe Not.

"Why don't we get any more Turkish rhapsodies?" "Well, they ain't got nothing to rhapsodize over, I take it."—Louisville Courier-Journal.

DON'T FEAR ASPIRIN IF IT IS GENUINE

Look for name "Bayer" on tablets, then you need never worry.

To get genuine "Bayer Tablets of Aspirin" you must look for the safety "Bayer Cross" on each package and on each tablet.

The "Bayer Cross" means true, world-famous Aspirin, prescribed by physicians for over eighteen years, and proved safe by millions for Colds, Headache, Earache, Toothache, Neuralgia, Lumbago, Neuritis, and for Pain in general. Proper and safe directions are in each unbroken "Bayer" package.

Handy tin boxes of 12 tablets cost but a few cents. Druggists also sell larger "Bayer" packages. Aspirin is the trade mark of Bayer Manufacture of Monoceticacidester of Salicylic acid.—Adv.

Makes a Difference.

Edith—Isn't it disgusting to hear men flatter women! Mand—Other women, yes! Revenge is a gun that kicks much harder than it shoots.

MOST IMPORTANT NEWS OF WORLD

Big Happenings of the Week Condensed for Benefit of Busy Readers.

TOLD IN A FEW WORDS

Kernels Culled From News of Moment in All Parts of the World—Of Interest to All the People Everywhere.

Northwest

At the secret consistory Pope Benedict announced the appointments of Most Rev. Edmond Helan to be bishop of the diocese of Sioux City, Iowa.

County equalization work was the principal topic discussed at the meeting of the South Dakota county auditors, assessors and county commissioners with the state tax commission at Pierre.

The eastbound Columbian train on the Milwaukee railroad met with an accident near Piedmont, Mont. Several cars went over into a shallow ditch. None of the passengers were injured.

Operation of electric locomotives on the coast end of the Chicago, Milwaukee & St. Paul railway from Tacoma, Wash., to Othello, Wash., has been inaugurated.

Deputy Sheriff L. B. Sorenson arrested two Canadians near Noonan, N. D., and found several cases of whisky in their automobile. The liquor was said to be valued at more than \$1,000. They were taken to Crosby for preliminary hearing.

Charles Stevens, 19 years old, bank clerk, was found guilty of stealing a money package containing \$40,000 belonging to the Union Bank & Trust company of Helena, Mont.

Residents of Wisconsin and North Dakota have joined in the formation at Valley City, N. D., of the Prairie Independent Oil company, with a capital stock of \$25,000.

The Salem United Lutheran church of Aberdeen, S. D., will continue the use of the Swedish language in church services as the result of a vote of the congregation on the question.

Henry Johnson, state treasurer of Wisconsin received a check for \$577,002 from the Northwestern Mutual Life Insurance company, Milwaukee, as payment on income taxes.

Furniture dealers from Minnesota, North and South Dakota, Iowa and Nebraska were in Sioux Falls, to attend the annual convention and exposition of the Five States Furniture Dealers' association.

Rev. J. E. Booth, Evangelical pastor of Grotton, S. D., who has been editor of the Grotton Independent, a weekly newspaper owned by Jay Reeves, state auditor, has resigned owing to press of church work.

The municipality of Fargo is without authority to establish an arbitration commission to deal with the relations of landlords and their tenants, W. H. Shure, city attorney, advised the city commission.

More than \$34,000 will be awarded in prizes in all departments of the North Dakota state fair at Fargo this year, according to an announcement just made by the board of directors. It is expected the event will be the greatest in the history of the state.

The North Dakota "full crew" bill, providing that the railroads must employ an extra brakeman on freight trains in excess of 40 cars, will be put into operation under the private management of the roads, C. F. Dupuis, member of the state railroad commission has announced.

The Helena, Mont., Commercial club has decided to make a visit to the twin cities, primarily to further the establishment of more branch offices of wholesalers and jobbers in Helena, and secondarily to celebrate the establishment of the branch of the Federal Reserve Bank of Minneapolis at Helena.

E. W. Henning, a farmer near Cresbard, Faulk county, S. D., is in a hospital at Aberdeen with a severely wounded ankle as the result of the discharge of a loaded shotgun in his home during a fire which destroyed the house. Running back into the house while it was ablaze Henning tried to rescue his money and in doing so stumbled over the gun. The entire load entered his ankle.

Ben Wallen, 57 years old, a farmer residing near Fortune, N. D., made an attempt to cremate himself when county authorities went to his home to bring him to Crosby to appear before a sanitary board. When he saw the officers approaching the farm resident Wallen attempted to shoot himself with a rifle, but the bullet missed its mark. He then set fire to his home. He was rescued and then taken to a hospital, where it is said he will recover from his burns.

Every housewife in Fargo will be canvassed this week by members of Fine Arts club, and they will be urged to adopt the budget system in the handling of household accounts. The budget campaign is part of the city-wide movement initiated by clubwomen to combat the high cost of living.

Northern normal school of Aberdeen, has offered to the city of Aberdeen, free of charge, the services of Verne Collings, dairy expert, for the purpose of guarding closely the supply of milk presented for sale in the city. The city is expected to accept.

Washington

Edgar E. Clark was elected chairman of the interstate commerce commission.

Henry S. Graves, head of the federal forestry service, has resigned to return to private life.

The reservation of equality of voting power in the League of Nations was readopted by the senate by a vote of 57 to 20 after it had been modified on motion of the republican leaders.

Assurance that the government will pay all expenses incident to the return of American soldier dead from Europe was given by Secretary N. D. Baker to a committee of Gold Star fathers.

Blunt rejection met efforts of the state department to induce Mexico to permit Henry Forbes, an American to re-enter Mexico after testifying before the senate subcommittee on Mexican conditions.

Mexicans have been warned by the foreign office to be on guard against efforts that may be made to circulate in that country counterfeit money made in the United States, according to advices received by the state department.

Speaker Frederick Gillett informed the house that his physician had advised him to take a rest. In order that legislation might not be delayed, the house granted Mr. Gillett's request that he be authorized to name a speaker pro tem the sign bills while he takes a 16 days vacation.

Admission into the United States of a few Germans has led to a mistaken public impression that the government has removed restrictions of entry of enemy aliens. In advance of the official conclusion of peace, it was said at the state department no enemy aliens may come to the United States except reputable businessmen admitted or temporary permission for purely business reasons, dependent German parents more than 60 years old, having naturalized children in this country, and American born wives of Germans who have relatives here.

A Moscow wireless says the Reds have captured Bataisk on the Sea of Azov.

There is no intention of American naval participation in the Dardanelles, it was announced in London.

Two hundred and fifty thousand pensions have been already approved by the Italian ministry of pensions for men injured in the war.

The Belgian chamber of deputies adopted the first article of a bill providing communal suffrage to all its citizens, including women.

Immigration into Canada from the United States fell off 43 per cent during the last fiscal year, according to a report of the Canadian department of immigration.

Mexican workers are going to the United States in large numbers and the exodus is becoming alarming, according to press advices from northern Mexican states.

A monument commemorating America's collaboration in the war will be unveiled on the banks of the Marne on Columbus day, October 12, according to the Petit Parisien.

Moderate and just use of the supreme power and the maintenance of order is promised in a manifesto to the Hungarian nation, issued by Admiral Horthy, the regent.

American orders amounting to \$50,000,000 have been booked by the German potash syndicate, says the Vossische Zeitung, which declares deliveries will be extended over a number of years.

The Swedish cabinet has resigned. The king has asked Premier Eden to form a new ministry. It is considered highly possible he may not be able to do this, in which event it is predicted Jalmor Branting, socialist leader, may become premier.

Decision to organize a great trade excursion to the United States and to open as soon as possible an international exposition for foreign goods in this city was reached by the federation of Mexican Chambers of Commerce in session at Mexico City.

Six persons were killed, when a "jitney bus" in which they were riding was struck by a New York Central passenger train at a crossing in Bremen, Ind.

Lieutenant John E. Greer, 23 years old, an aviator from Kelly field, San Antonio, was instantly killed at Watkins, Texas, when a terrific wind storm sent his machine crashing to earth.

As a result of the "whisky revolt" in Iron county, Michigan, John E. Kinane, United States district attorney, called a meeting of state and federal officials to discuss unity of action in the enforcement of the prohibition laws.

Federal agents seized much literature and locked up 204 persons in radical raids in Waterbury, Conn. Sixty-five men and one woman were detained for further interrogation, of those examined by federal agents up to midnight. The raids were in the quarters of the Communist party, the Union Russian workers and the Union Russian citizens.

A bill designed to give salary increases to the school teachers of the state was introduced in the New York legislature, providing an appropriation of \$25,000,000.

Lieutenant Raymond F. Pearson, a United States army aviator, was killed at March field near Riverside, Calif., when his airplane went into a tail spin too near the ground to recover. Lieutenant Pearson had been flying here six months.

At the present rate of decline a family two generations hence will have on the average less than one child, according to a survey of the birth rate in families of native American stock, made by sociology students of Mount Holyoke, Mass., college under direction of Dr. Amy Hewes of the department of economics.

BIG BUSINESS FORMS LEAGUE

Out in Open, Trust Heads Organize to Curb or Suppress Progressive Papers.

New York.—Under the name of "Inter-racial Council," and announcing its object to be that of "Americanizing" America, a union has been perfected of all the great financial interests of the country—the munitions trust, the packers, the steel trust, the bankers, the sugar trust, and the railroads.

Meet Big Business! The chairman of the executive committee is T. Coleman Dupont, of the powder trust. Among the "industrial" members and the underwriters of the Inter-racial Council are Pierre S. Dupont, president of the E. I. Dupont de Nemours & Co.; Jacob H. Schiff, Otto H. Kuhn and Felix M. Warburg of Kuhn, Loeb & Co.; Cyrus H. McCormick, president of the International Harvester Co.; A. C. Bedford, chairman of the board of directors, Standard Oil Co.; Arthur Meeker, vice president of Armour & Co.; Louis F. Swift, president of Swift & Co.; E. A. Cudahy, president of the Cudahy Packing Co.; E. G. Grace, president of the Bethlehem Steel Co.; W. H. Finley, president of the Chicago & Northwestern Railway; William Loeb, Jr., director of the American Smelting & Refining Co., and some 200 others of like interests.

Is After Foreign Press The first step in the "Americanization" plan of the council will be that of getting control of the news and editorial policies of the foreign language press of America.

Already the council acts as a large agency for the gathering and distribution of "news" which it furnishes free of charge to the foreign language papers on certain conditions. Five of its members, among them T. Coleman Dupont, have bought the American Association of Foreign Language Newspapers, which acts in conjunction with the Inter-racial Council and through which a great proportion of the national advertising is placed in foreign language papers. Under agreements, regular and highly paid advertising is distributed among the papers which accept and print Inter-racial Council "news."

Are After Progressive Papers. It is significant to note that the vice chairman of the Inter-racial Council is Philip T. Dodge, president of the International Paper Co., and a director of the Mergenthaler Linotype Co., the Royal Typewriter Co., and other corporations. It is further significant to note that the New York League for Americanism, supported by some of the members of the Inter-racial Council, is advocating that the government, in conserving the paper supply, suppress progressive newspapers.

CAN'T PROVE TAX BURDEN TO HIM

T. L. Sagaser of Temple Saves \$110.50 Under Farmer Rule.

The I. V. A.'s will have a hard time convincing T. L. Sagaser of Temple, N. D., that they are sincere when they howl about increased taxes. Of course Mr. Sagaser is a League booster and they would hardly dare tackle him, but Sagaser has the tax issue so much at heart that he is more than willing to go to bat with the Ivas. Instead of being impoverished by state taxes as a result of the farmer administration Mr. Sagaser is \$110.50 to the good and he's willing to tell the world about it.

Here is the tax statement of Mr. Sagaser. He had 335 acres in crop in 1919. He paid \$33.75 for insurance against hail on this land. As he owns 400 acres he paid \$12 to the fund for maintaining the department. The total premiums for hail insurance amounted to \$35.75. If Mr. Sagaser had insured his 335 acres in 1918 with an old line company as he did in 1918 at 70 cents per acre he would have had to pay \$234.50.

His land tax in 1918 was \$101. That makes his "I. V. A. total," as he puts it, \$335.50. In 1919 he paid \$150.25 land tax. This with his hail insurance brings his "Nonpartisan tax" to \$246. In other words he is \$89.50 to the good. Then as a result of the law allowing an exemption on personal property on the farm, Mr. Sagaser saves \$21 more. In short he is really \$110.50 to the good as a result of the Nonpartisan administration. Do you wonder that he is a League booster? Send your I. V. A. friends to Temple.

New York Robs Children. New York—The schools of New York city are being crammed with ignorant and unfit school teachers because the city administration will not pay wages high enough to attract well-equipped ones, Rose Schneidermann, labor organizer, reported to the Central Federated union recently. Miss Schneidermann declared that efficient teachers were resigning for want of a living wage, and that Mayor Hylan had lowered the standard of examinations in order to admit low-grade teachers.

Alabastine
Instead of kalsomine or wallpaper



No Package Genuine Without Cross and Circle Printed in Red

To Get Alabastine Results You Must Ask for Alabastine by Name

Beautiful—Sanitary—Durable—Economical
for Homes, Schools, Churches and all Interior Wall Surfaces

Alabastine can be applied to plastered walls, wallboard, over painted walls that have become soiled, or even over soiled wallpaper solid on the wall and not printed in aniline colors.

Alabastine is a dry powder, ready to mix with pure, cold water, full directions on each package. Alabastine is packed in white and beautiful tints. These, by combining and intermixing, enable you to carry out individual color plans in matching rugs and draperies. Alabastine is used in the finest residences and public buildings, but priced within the reach of all.

You will readily appreciate the economy of Alabastine over paint or wallpaper, and its results will be most gratifying.

New walls demand Alabastine, old walls appreciate Alabastine.

If your local dealer cannot or will not supply you, take no substitute but write for Alabastine designs and we will give you name of nearby dealer.

Alabastine Company
1645 Grandville Ave., Grand Rapids, Mich.

Harvest 20 to 45 Bushel to Acre Wheat in WESTERN CANADA



Think what that means to you in good hard dollars with the great demand for wheat at high prices. Many farmers in Western Canada have paid for their land from a single crop. The same success may be yours, for you can buy on easy terms.

Farm Land at \$15 to \$30 an Acre
located near thriving towns, good markets, railways—land of a kind which grows 20 to 45 bushels of wheat to the acre. Good grazing lands at low prices convenient to your grain farm enable you to reap the profits from stock raising and dairying.

Learn the Facts About Western Canada
—low taxation (none on improvements), healthful climate, good schools, churches, pleasant social relationships, a prosperous and industrious people.

For illustrated literature, maps, description of farm opportunities in Manitoba, Saskatchewan and Alberta, reduced railroad rates, etc., write Department of Immigration, Ottawa, Canada.

R. A. GARRETT, 311 Jackson St., ST. PAUL, MINN.
Canadian Government Agent.

UNABLE TO IDENTIFY MUMMY
London Officials in Something of a Quandary as to Disposition of "Old Jimmy."

One of London's problems at the present hour is what to do with a mummy that lies at the back of the Mansion house in one of the oldest churches of that ancient city. No one knows where it came from, and the jocular element around the Mansion house describe it as "Old Jimmy—a former lord mayor of London." The rector is in a quandary over its disposal. The figure is perfectly preserved; eyes, hair, nose, teeth, nails and ribs.

Inside the door of the mummy's box is a glass lid, which was removed a few days ago for the first time for many years. The mummy was covered with cobwebs, but was still in good condition. "It feels like leather," said an onlooker as he touched "Old Jimmy's" elastic ribs. The rector invites suggestions from the public as to what to do with the mummy. The mystery as to its identity arises from the fact that during the great London fire in 1666 it was hurriedly removed from another church and placed where it now lies, so as to escape the ravages of the conflagration.

Black Opals in Australia. A find of black opal at Tintabar, near Ballina, New South Wales, has caused much excitement at Melbourne, reports Trade Commissioner A. W. Ferrin. There has been a rush of applicants for miner's rights and permission to enter private lands. The Melbourne Age states that nearly a hundred claims have already been pegged.

PORTER HAD FELLOW FEELING
Witness of Osculatory Exercises Meant to Do Good Turn in Putting Gob Wise.

The gob was on shore leave and happy because he had found a girl as affectionate as he. His joy was dimmed, however, for a bluecoat had forbidden spooning in the park and his girl had taboored it in the streets. But life took a new turn when he saw a man kiss his wife farewell in front of the Pennsylvania station, New York. He rushed his girl toward a crowd hurrying toward the Philadelphia express and bade her a fond farewell. When the crowd thinned, they joined a throng for Washington and repeated the act. They repeated it again before the Chicago train.

This was too much for a colored porter who had been watching. He stepped up to the gob. "Boss," he said, "why don't you go downstairs and try the Long Island station? Dem local trains ain't leavin' mos' all de time!"—Everybody's.

Forbearance. "Of course," remarked the man who tries to be fair. "The street cars with all their faults have their generous moments."

"How do you mean?" inquired Mr. Growcher. "This morning when I couldn't walk through the snow, nor get a taxicab, a street car came along and took me downtown. I simply had to have that ride. The conductor could have gotten away with it if he had charged me \$7 instead of 7 cents."

It is easier to applaud than it is to win applause.

A Morning Dish Of Grape-Nuts

certainly does hearten one up for the day. Why shouldn't it? Grape-Nuts is ready-cooked, ready-sweetened, and contains just those good elements nature requires for the strength to do things.

Make Grape-Nuts your home cereal
"There's a Reason"