

AFTER GRIP
Colds, Fevers or a Run-down Condition
You Can Regain Rich Blood, Vim and Vigor by Following This Advice

Minneapolis, Minn.—"I am glad to inform any one that Dr. Pierce's Ironic Tablets are splendid as an iron tonic for the blood and to rebuild one's health after a serious illness. Last year, while recovering from the influenza, one bottle of the Ironic Tablets seemed to restore my blood to a normal condition and in a short time I had my usual good health back again.
"I have also used Dr. Pierce's Pleasant Pellets for a number of years as a laxative and have always found them to be very satisfactory."
—Mrs. Mabel Goodwin, 1404 E. Franklin St., Minneapolis, Minn.
At your druggist—or send 10c for trial pkg. of Ironic Tablets to Dr. Pierce's Invalids' Hotel in Buffalo, N. Y.

Kidney Trouble
Is Usually Due to Constipation
When you are constipated, there is not enough lubricant produced by your system to keep the food waste soft. Doctors prescribe Nujol because its action is so close to this natural lubricant.
Nujol is a lubricant—not a medicine or laxative—so cannot gripe. Try it today.
Nujol
For Constipation

Force of Habit.
"Gentlemen of the jury," said the lawyer who was defending a well-known bootlegger, "could you look in the man's eye and believe for one moment that he would violate the law of his country by selling contraband liquor?"
"Hold on a minute," whispered his client, tugging at his coat tails.
"What's the matter?"
"Don't tell them to look at me. Seven of those jurors are regular customers of mine. One of them might forget where he is and tip me a wink."
—Birmingham Age-Herald.

First Aid.
"I promised Gladys that I'd keep it a secret." "Yes?" "But I'm going to let you help me to keep it!"—Judge.
The race that is responsible for the turmoil and strife in the world is the human race.—Dayton News.

Sure Relief FOR INDIGESTION
6 BELLANS Hot water Sure Relief
BELLANS
25¢ and 75¢ Packages, Everywhere

All Played Out at Quitting Time? You Need
TANLAC
The World's Greatest Tonic

New Shoes Old Shoes Tight Shoes
all feel the same if you shake them some
ALLEN'S FOOT-EASE
The Antiseptic, Healing Powder
Takes the friction from the shoe, freshens the feet and gives new vigor. At night, when your feet are tired, sore and swollen from walking and dancing, sprinkle ALLEN'S FOOT-EASE in the foot-bath and enjoy the bliss of feet without an ache.
Over 1,500,000 pounds of Powder for the Feet were used by our Army and Navy during the war.
In a Pinch, Use ALLEN'S FOOT-EASE

SQUEEZED TO DEATH
When the body begins to stiffen and movement becomes painful it is usually an indication that the kidneys are out of order. Keep these organs healthy by taking
GOLD MEDAL HARLEM OIL CAPSULES
The world's standard remedy for kidney, liver, bladder and uric acid troubles. Famous since 1896. Take regularly and keep in good health. In three sizes, all druggists. Guaranteed as represented. Look for the same Gold Medal on every box and accept no imitation
W. N. U., Minneapolis, No. 17-1922

MOST IMPORTANT NEWS OF WORLD

Big Happenings of the Week Condensed for Benefit of Busy Readers.

TOLD IN A FEW WORDS

Kernels Culled From News of Moment In All Parts of the World—Of Interest to All the People Everywhere.

Washington

Washington—Dismissed Porto Rican district attorney active against Governor E. Mont Rely is expected to get cold reception from executive officials here when he comes to see them.
Washington—Hearings by interstate commerce commission on consolidation of railroads postponed for a month.
Washington—Chamber of Commerce called for next month to discuss European conditions and their effect on American business.
Washington—Senate finance committee republicans in executive conference with representatives of veterans organizations suggest modifications in bonus bill to make financial burden higher and which they expect will be satisfactory to the president.
Washington—Senator Reed Smoot, in tariff bill debate, opposes continuance of wartime embargo on dye imports, criticizes American valuation plan in house bill and assails bargaining and reciprocal provisions of Fordney measure.
Washington—State department officials deprecate reports from Genoa that Italy and other European nations are seeking to "line up" their nationals in United States for purpose of influencing attitude of American government toward mother countries.
Washington—The government is working on a plan looking to ending of the coal strike which it will submit soon to both operators and union leaders. Details of the plan were not disclosed but it was said that it does not include federal supervision of the coal industry.
Washington—Actual and official negotiations for refunding the \$11,000,000 war debt of the Allies to the United States will start soon it has been stated officially.
Washington—Creation of the National Farmers Financial union to provide a bill introduced in the senate by Senator Peter Norbeck of South Dakota. Representative E. J. King of Illinois will offer the same bill in the house.
Washington—Immediate reduction in freight rates on agricultural products will be recommended to congress by the joint commission on agricultural inquiry which has made an exhaustive study into railroad conditions. Representative Sydney Anderson, Minnesota, chairman of the commission, announced.
Washington—Charging that the St. Louis livestock exchange and 110 other buyers, dealers and traders at the East St. Louis National stockyards had "combined to put into effect a virtual boycott against independent commission companies," Secretary H. C. Wallace issued his first order under the packers and stockyards act directing the respondents to "cease from the practice" on the ground that their acts "constituted a restraint of trade in violation of the stockyards act."

Domestic
New York—Frederic Van Rennsalaer Dey, said to have been the creator of Nick Carter, the American Sherlock Holmes, committed suicide in his hotel room.
Baltimore—Miss Marguerite Wells of Minneapolis, president of the Minnesota league, was unanimously elected chairman of the committee on resolutions by the convention of the National League of Women Voters.
New York—Pointing to her garb of deep mourning in answer to queries as to the truth of a rumor that she was about to marry again, Mrs. Enrico Caruso, widow of the famous tenor, sailed on the steamer Paris for France.
Fort Worth, Texas—Eleven persons were drowned, at least 1,500 made homeless, the city water plant out of commission, other public utilities endangered, property damage of \$600,000 inflicted, all interurban traffic was suspended and streetcar service crippled as a result of a storm, the most terrific that ever visited Fort Worth and vicinity.
Waukegan, Ill.—A new venire of 100 was on hand here for examination in efforts to get a jury to try Governor Len Small. Predictions that the trial may last two or three months are being made freely by counsel for both sides. Assertions were made by counsel that from the facts brought out examination of veniremen, a majority of the voters of Lake county have tried the governor within their own minds and have fixed opinions as to his guilt or innocence.
Aurora—An outbreak of diphtheria in this city has become so serious that two specialists have been sent by the state department of public health to assist the physicians.
Franklin, Ind.—Thirteen cars of a train of valuable freight, northbound on the Illinois Central railroad, were destroyed when the train was wrecked at a washout near Bergersville, west of Franklin.
Los Angeles—Los Angeles District Federation of Women's Clubs has announced the resumption of its fight against further showing of motion pictures starring Roscoe Arbuckle.

LAND OF AMAZING FERTILITY

American Settler in Western Canada Tells of Splendid Crops Raised Year After Year.

Harold J. Gregory, of Lowe Farm, Manitoba, writes as follows:
"When I came to Canada from Lexington, Ill., in the fall of 1913, it was with the spirit of adventure and through curiosity. I always imagined that crossing the boundary line took me beyond the limits of civilization into 'No Man's Land,' and that this country abounded with bears, moose, caribou and other wild game. Imagine my disappointment when I reached my friend's home just in time to help him through a month of harvest—wheat, barley, flax and oats. I realized then the possibilities that this almost untouched territory held open to the home-seeking settler, with its rich, virgin soil, good markets, railroad systems, graded roads, etc.
"In the spring of 1914 I came back with the intention of testing out my judgment concerning the soil's grain-growing powers. This I did with complete satisfaction. I am now farming 480 acres of land at Lowe farm, and have raised crops of equal value to the purchase price of the land on which it was raised two or three different times. I have found this land to be superior in fertility to any land that I have ever seen, and I have seen land in Indiana, Illinois, Missouri, Arkansas, Oklahoma, Kansas, Wisconsin, and parts of Minnesota and North Dakota.
"The present low prices of machinery make this year an exceptional one in its opportunities to the man who wants to make a new start under favorable conditions. Why raise corn for 50 cents a bushel on \$300 per acre land, when you can get good improved wheat land for \$50 per acre, and wheat selling for \$1.15 at your local elevator? I was enabled to purchase a Gray Dory automobile from the profit of a hay crop produced in one year. This district offers good facilities for stock raising and there are special opportunities for the hog raiser."
Information regarding all districts of Western Canada may be had from any agent of the Canadian government.—Advertisement.

Assets Named.
Lawyer (to colored prisoner)—Well, Ras, so you want me to defend you. Have you any money?
Rastus—No, but I've got a mule and a few chickens and a hog or two.
Lawyer—That will do very nicely. Now, let me see, what do they accuse you of stealing?
Rastus—Oh, a mule and a few chickens and a hog or two.—London Tit-Bits.

Whademean, "Absent-Minded?"
"Flappers in Floppers" is as neat a headline as we've seen this season. By the way, a correspondent sends us the following, which he found in the writings of Jonathan Swift: "Absent-minded people always keep a flapper in the family as one of the domestics."
—Boston Transcript.

If You Need Strength and Reserve Power Take TANLAC
The World's Greatest Tonic

Twin City Directory
Hemstitching Covered Buttons Custom Made
Prompt service. Careful workmanship.
CASLER'S, 99 E. 8th St., SAINT PAUL
Seeds and Poultry Feed
Write for prices and catalog
R. L. Gould & Company
501 Jackson St. St. Paul, Minn.
ST. FRANCIS HOTEL
Seventh and Washburn St.
ST. PAUL, MINN.
European Plan—\$2.00 and Up.

"Leaders in Business Education"
GLOBE Business College
Second Floor Hamm Building
6th, 7th and St. Peter Sts., St. Paul, Minn.

FLOWERS
For All Purposes
Holm & Olson, Inc.
20 W. Fifth St., Saint Paul

The Curtis Hotel
Tenth St. at Fourth Ave., Minneapolis
The Northwest's Largest and Most Beautiful Hotel
All Outside Rooms
Street car connections, Minneapolis and St. Paul.
Rates
75 Rooms (Private Bath) Single \$10.00, Double \$12.00
25 Rooms (Private Bath) Single \$8.00, Double \$10.00
25 Rooms (Private Bath) Single \$6.00, Double \$8.00
Others \$5.00 and \$6.00
Prizes—High School Students
1st, \$100 Scholarship; 2nd and 3rd, \$50 Scholarship each. It's easy. Write for information. Work for board and room.
TWIN CITY BUSINESS UNIVERSITY
2335 University Ave. St. Paul, Minn.

ROOFING SPECIALS
1 Ply, \$1.18; 2 Ply, \$1.48; 3 Ply, \$1.78; Heavy Sheet Surface, \$1.35.
U. S. ROOFING AND PAINT CO.
Dep. J, 21 N. 3rd St., Minneapolis, Minn.

News Briefs from All the State

Condensed Stories of Happenings of the Week in Minnesota

St. Paul—Neither Louis W. Hill nor the Northwest Trust company will be named as administrator of the \$12,000,000 estate of Mrs. Mary T. Hill.
Mankato—Mankato public schools are now without a rating system for grading the efficiency of teachers such as has prevailed for the last two years.
St. Paul—Christian Hog wants a wife. Mr. Hog, who lives at Langer, N. D., says in a letter to Governor Preus that he prefers a wealthy young woman of Scandinavian birth.
Fairmont—The Martin county board of commissioners has sold to Wells Dickey company of Minneapolis an issue of \$220,000 of drainage bonds, bearing 4 1/2 per cent interest on a premium bid of \$2,870.
Winona—The navigation season on the Upper Mississippi river was formally opened when the government light-house steamboat, Dandelion, passed Winona on its way upstream.
Northfield—Invitations have been mailed out to all the members of the Minnesota State High School Athletic associations for the 21st annual interscholastic track meet to be held at Carleton college May 27.
Fairmont—Deliberating one hour a district court jury returned a verdict for A. L. Ward in the \$75,000 damage suit brought by Mrs. Viola Limburg of this city against the 80 year old state senator and banker.
Albert Lea—Many Freeborn county farmers have finished their seeding. Backwardness of spring has caused farmers to curtail their wheat average and increase the amount which is to be planted to corn.
St. Paul—Improved roadways of Minnesota have been more than doubled in mileage in the first year's operation of the Babcock trunk highway system, it was announced by the state highway department.
Willmar—Michael D. Manning, 78, president of the Minnesota Territorial Pioneer association, died at his home in Willmar, following many years of active work in the G. A. R. and pioneer associations.
Marshall—W. B. Thorburn reported the record litter of spring pigs, when a sow on his place northeast of town farrowed eighteen pigs. The mother was doing nicely but meals were served necessarily by installments.
Minneapolis—Rev. Russell H. Stafford, pastor of the First Congregational church, Minneapolis, will appear before a military investigating board to answer questions in regard to his views on military training.
Little Falls—Archibald H. Vernon of Little Falls, former state commander of the American Legion, has announced that he will file for the nomination for associate justice of the state supreme court. He will oppose Justice James H. Quinn.
Minneapolis—More people are planning European tours this summer than ever before. Mrs. Margaret McCrae, passport clerk in the federal building, declared. Passport applications average 15 a day.
Crookston—A turtle weighing 70 pounds and four feet long from the tip of its head to its tail, said to be the largest ever caught in this section, is being displayed here. An ax and a rifle were used to kill the tortoise, in Maple lake.
Minneapolis—Prohibition officials and agents maintained a chilly attitude when a visitor to the federal building presented a petition asking for an amendment of the Volstead act to allow light wines and beers. Not a signature was obtained.
St. Paul—Representative Frank Clague, of the second Minnesota district, has introduced a bill in congress to amend the packers' control law so as to give the state of Minnesota supervision over the South St. Paul livestock market.
Duluth—To stimulate interest among tourists unacquainted with the advantages of an outing in northern Minnesota, a special car, equipped with specimens of fur-bearing animals, game and fish will tour southern Minnesota, Iowa and parts of Kansas and Nebraska.
Montevideo—Owing to the serious condition of Miss Elsie Sellsbury, charged with murder in the first degree following the slaying of Oscar Erickson, financial clerk in the Milwaukee railroad division offices here, her preliminary hearing has been indefinitely postponed.
St. Paul—Whether the Minnesota tonnage tax law provides an occupational tax, a property tax or an income tax, or a combination of the three, was the main point of contention among attorneys arguing the validity of the act before Judge Tillman D. Johnson of Utah in United States district court in St. Paul.
Duluth—The Duluth American Legion band will tour the United States in September and October of this year, if plans of the national headquarters of the legion are carried out.
Luverne—Two Luverne industries have received large contracts which will mean steady employment for many men at both establishments. The National Concrete Materials company has taken a contract to furnish 35,000 drainage pipes for work in No. 100 county and the Quartzite Quarries company will furnish more than 200 carloads of crushed rock for road work in the vicinity of Omaha.

WOMEN OF MIDDLE AGE
A Trying Period Through Which Every Woman Must Pass

Practical Suggestions Given by the Women Whose Letters Follow

Phila., Pa.—"When I was going through the Change of Life I was weak, nervous, dizzy and had headaches. I was troubled in this way for two years and was hardly able to do my work. My friends advised me to take Lydia E. Pinkham's Vegetable Compound, and I am very sorry that I did not take it sooner. But I have got good results from it and am now able to do my housework most of the time. I recommend your medicine to those who have similar troubles. I do not like publicity, but if it will help other women I will be glad for you to use my letter."
—Mrs. FANNIE ROSENSTEIN, 832 N. Holly St., Phila., Pa.
Detroit, Michigan—"During the Change of Life I had a lot of stomach trouble and was bothered a great deal with hot flashes. Sometimes I was not able to do any work at all. I read about Lydia E. Pinkham's Vegetable Compound in your little books and took it with very good results. I keep house and am able now to do all my own work. I recommend your medicine and am willing for you to publish my testimonial."
—Mrs. J. S. LIVERNOIS, 2051 Junction Avenue, Detroit, Mich.

The critical time of a woman's life usually comes between the years of 45 and 50, and is often beset with annoying symptoms such as nervousness, irritability, melancholia. Heat flashes or waves of heat appear to pass over the body, cause the face to be very red and often bring on headache, dizziness and a sense of suffocation.
Another annoying symptom which comes at this time is an inability to recall names, dates or other small facts. This is liable to make a woman lose confidence in herself. She becomes nervous, avoids meeting strangers and dreads to go out alone.
Lydia E. Pinkham's Vegetable Compound is especially adapted to help women at this time. It exercises a restorative influence, tones and strengthens the system, and assists nature in the long weeks and months covering this period. Let it help carry you through this time of life. It is a splendid medicine for the middle-aged woman. It is prepared from medicinal roots and herbs and contains no harmful drugs or narcotics.

Lydia E. Pinkham's Private Text-Book upon "Allments Peculiar to Women" will be sent you free upon request. Write to the Lydia E. Pinkham Medicine Co., Lynn, Massachusetts. This book contains valuable information.

SPHON'S COUGH CURE
Sphon's Distemper Compound
DON'T LET THAT COUGH CONTINUE!
It will knock it in very short time. At the first sign of a cough or cold in your horse, give a few doses of "SPHON'S." It will act on the glands, eliminate the disease germ and prevent further destruction of body by distemper, influenza, pink eye, CATARRHAL FEVER, COUGHS and COLDS for a quarter of a century. On sale at all drug stores in two sizes.
SPHON MEDICAL COMPANY
GOSHEN, INDIANA

Pat. Process LLOYD Products
Baby Carriages & Furniture
Ask Your Local Dealer
Write Now For 32-Page Illustrated Booklet
The Lloyd Manufacturing Company
(Hagwood-Walshfield Co.)
Menominee, Michigan (17)

Two Hundred Pounds of Sympathy.
"I want to speak to 'Aunt Agnes, who gives advice to the lovelorn."
"That fat man over there in the corner is 'Aunt Agnes.'"
"The idea! I thought the editor of that department was an elderly spinster with a broken heart."
"You can see for yourself that he's of the masculine gender and takes nourishment regularly, but truly, madam, you don't know the depth of that man's soul. He's so affected by some of the letters he receives from maidens in distress, that if he didn't drink steadily he never could get through his work."
—Birmingham Age-Herald.

Important to all Women Readers of this Paper

Thousands upon thousands of women have kidney or bladder trouble and never suspect it.
Women's complaints often prove to be nothing else but kidney trouble, or the result of kidney or bladder disease.
If the kidneys are not in a healthy condition, they may cause the other organs to become diseased.
You may suffer pain in the back, headache and loss of ambition.
Poor health makes you nervous, irritable and may be despondent; it makes any one so.
But hundreds of women claim that Dr. Kilmer's Swamp-Root, by restoring health to the kidneys, proved to be just the remedy needed to overcome such conditions.
Many send for a sample bottle to see what Swamp-Root, the great kidney, liver and bladder medicine, will do for them. By enclosing ten cents to Dr. Kilmer & Co., Binghamton, N. Y., you may receive sample bottle by Parcel Post. You can purchase medium and large size bottles at all drug stores.—Advertisement.

How Was She to Know.
A woman who does not play cards had been invited, through courtesy, to an "afternoon." She fluttered from bridge table to bridge table, chatting pleasantly with the players, until she came to one group where two partners had just completed a game and series.
"Rubber?" cried one of the partners triumphantly.
And the woman who does not play cards left in a huff.
New Form.
Percy—How would you—aw—like to own—aw—a little puppy, Miss Dovel?
Miss D.—This is so sudden, Mr. Chapingham.—Detroit News.

PARKER'S HAIR BALSAM
Removes Dandruff—Stops Hair Falling
Restores Color and
Beauty to Gray and Faded Hair
60c and \$1.00 at Druggists,
15c and 25c at Grocers.
HINDERCORNS Remove Corns, Calluses, etc.—Stave all pain, cure corns to the foot, makes walking easy. 10c by mail or at Druggists. Hicon Chemical Works, Patokogue, N. Y.

Comfort Baby's Skin
With Cuticura Soap
And Fragrant Talcum
Soap 25c, Ointment 25c and 50c, Talcum 25c.

Getting Even.
Elmer Schlesinger, general counsel of the shipping board, said to a Washington correspondent the other day: "I hate to see a lawyer browbeat, bully or abuse a witness, and when that kind of a lawyer gets taken down, nobody is more pleased than I."
"One day in a shipping board case the lawyer for the other side whacked the rail with his fist and yelled at our witness."
"Why do you make such foolish answers, man?"
"The witness gave a shrug."
"Why do you ask such foolish questions?" he said.
Reporters are always influenced by their knowledge that hardly ever is anything exactly as it's told.
Most of the fun we have in life isn't the kind we are looking for.

Genuine BAYER Aspirin
WARNING! Say "Bayer" when you buy Aspirin.
Unless you see the name "Bayer" on tablets, you are not getting genuine Aspirin prescribed by physicians over 22 years and proved safe by millions for
Headache Colds Rheumatism
Toothache Neuralgia Neuritis
Earache Lumbago Pain, Pain
Accept only "Bayer" package which contains proper directions.
Handy "Bayer" boxes of 12 tablets—Also bottles of 24 and 100—Druggists.
Aspirin is the trade mark of Bayer Manufacturing of Monacochimistat of Salicylicacid