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Kidney, liver, bladder and uric acid troubles are most dangerous because of their insidious attacks. Heed the first warning they give that they need attention by taking

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The world's standard remedy for these disorders will often ward off these diseases and strengthen the body against further attacks. Threes, all druggists. Look for the name Gold Medal on every box and accept no imitation

Shave, Bathe and Shampoo with one Soap.—Cuticura

Cuticura Soap is the favorite for safety shaving.

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is out of fashion; is unnecessary; for you can have abundant hair of the original color by using Q-Ban Hair Color Reformer. Safe as water—try it. At all good druggists, 75 cents, or direct from HESSIG-ELLS, Chicago, Memphis, Tenn.

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CASCARA QUININE

WILL Break That Cold and Cough
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Everywhere She Goes.

We have a little dog that is rather fond of me, and follows me wherever I go.

It happened in church as I was sitting at the end of the pew, during a sermon, that I noticed all eyes fixed on me.

I looked and saw little Trix wiggling his tail for all he was worth, glad to have found me.

As I could not chase him home, I had to get up and walk out, feeling the heat that made me blush as Trix and I marched down the aisle.—Exchange.

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Saved by Lollipops.

A year ago receivers for a New Jersey candy factory were racking their brains for a means of saving it from bankruptcy incurred by buying large quantities of sugar in 1920 at profiteering prices. The receivers decided to revive the old-fashioned lollipops, otherwise known as all-day suckers. It was a happy thought. A sudden passion for lollipops was developed among eastern flappers and proved a life saver for the concern. The nearly bankrupt candy factory has made a clean profit of \$4,000 in the last 12 months, helped by the lollipops and flappers.

MURINE
Night and Morning
Keep Your Eyes
Clear, Clean and Healthy

Write For Free Eye Care Book, Murine Co., Chicago, Ill.

A Thought for the New Year

By Charlotte Perkins Gilman
in the New York Sun

TWO storks were nesting. He was a young stork—and narrow-minded. Before he married he had consorted mainly with striplings of his own kind and had given no thought to the ladies, either maid or matron.

After he married his attention was concentrated upon his All-Satisfying Wife; upon that Triumph of Art, Labor and Love—their Nest, and upon those Special Creations—their Children. Deeply was he moved by the marvelous instincts and processes of motherhood. Love, reverence, intense admiration, rose in his heart for Her of the Well-Built Nest; Her of the Gleaming Treasure of Smooth Eggs; Her of the Patient Brooding Breast, the Warming Wings, the downy wide-mouth Group of Little Ones.

Assiduously he labored to help her build the nest, to help her feed the young. Proud of his impassioned activity in her and their behalf, devoutly he performed his share of the brooding while she hunted in her turn. When he was a-wing he thought continually of Her as one with the Brood—His Brood. When he was on the nest he thought all the more of Her, who sat there so long, so lovingly, to such noble ends.

The happy days flew by, fair Spring—sweet Summer—gentle Autumn. The young ones grew larger and larger; it was more and more work to keep their lengthening, widening beaks shut in contentment. Both parents flew far afield to feed them.

Then the days grew shorter, the sky grayed, the wind colder; there was large hunting and small success. In his dreams he began to see sunshine, broad, burning sunshine day after day; skies of limitless blue; dark, yet full of fire; and stretches of bright water, shallow, warm, fringed with tall reeds and rushes, teeming with fat frogs.

They were in her dreams, too, but he did not know that.

He stretched his wings and flew farther every day; but his wings were not satisfied. In his dreams came a sense of vast heights and boundless spaces of the earth streaming away beneath him; black water and white land, gray water and brown land, blue water and green land, all flowing backward from day to day, while the cold lessened and the warmth grew.

He felt the empty sparkling nights, stars far above, quivering, burning; stars far below, quivering more in the dark water, and felt his great wings, wide, strong, all sufficient, carrying him on and on.

This was in her dreams, too, but he did not know that.

"It is time to go!" he cried one day. "They are coming! It is upon us! Yes—I must go! Good-by, my wife! Good-by, my children!" For the Passion of Wings was upon him.

She was stirred to the heart. "Yes, it is time to go!" she cried. "I am ready! Come."

He was shocked, grieved, astonished. "Why, my dear!" he said. "How preposterous! You cannot go on the Great Flight! Your wings are for brooding tender little ones! Your body is for the Wonder of the Gleaming Treasure—not for days and nights of ceaseless soaring! You cannot go!"

She did not heed him. She spread her wide wings and swept and circled far and high above—as, in truth, she had been doing for many days, though he had not noticed it.

She dropped to the ridge-pole beside him where he was still muttering objections. "Is it not glorious!" she cried. "Come! They are nearly ready!"

"You Unnatural Mother!" he burst forth. "You have forgotten the Order of Nature! You have forgotten your Children! Your loving, precious, tender, helpless Little Ones!" And he wept—for his highest ideals were shattered.

But the Precious Little Ones stood in a row on the ridge-pole and flapped their strong young wings in high decision. They were as big as he was, nearly; for as a matter of fact he was but a Young Stork himself.

Then the air was beaten white with a thousand wings; it was like snow and silver and sea-foam; there was a flashing, whirlwind, a hurricane or wild joy, and then the Army of the Sky spread wide in due array, and streamed Southward.

Full of remembered joy and more joyous hope, finding the high sunlight better than her dreams, she swept away to the far summer-land; and her children, mad with the happiness of the First Flight, swept beside her.

"But you are a Mother!" he panted, as he caught up with them.

"Yes!" she cried joyously, "but I was a Stork before I was a Mother—and Afterward—and All the Time!"

And the Storks were Flying.

1923

New Year comes adorned with holly, Crowned with greens and mistletoe, Full of youthful fun and folly In the sunshine or the snow.

With a forward-pointing finger New Year steps upon the stage. Round the old year shadows linger And he trembles, bowed with age.

Through experience and reason Many pitfalls he can see, But the New Year for a season Has his opportunity.

—Belle Willey Guo, Los Angeles Times.

New Year's Ideas



By Mary Graham Bonner

IT HAS been a very joyous day," said the New Year. "It has been my first day here and I must say I have greatly enjoyed it.

"Old Man Winter is not at all the chilling, cold creature I expected him to be. By no means. Of course it is true he is cold, but his spirit is a nice one. He has the kind of coldness about him that I like. It doesn't make people feel unhappy, but it makes them feel like walking and doing things. It makes them feel energetic and glowing.

"It has been such a beautiful day, too. As for the people—they have been fine!

"They have gone about wishing each other a happy New Year and the greetings have been so pleasant and cheerful.

"Now I have a few new ideas. Perhaps they are not really new. But they are new to me. I've heard it said that there is really nothing so very new.

"Anyway, I'm going to tell these ideas of mine.

"Whether they are new or not, I am hoping everyone will like them.

"Now today has been the first day of the year, as everyone knows. Everyone has wished everyone else such delightful wishes. That is no news.

"But my ideas are these: "Why not keep up this spirit all through the year? Of course I do not mean that everyone should wish everyone else a happy New Year every day of the year.

"That would be very foolish. "But I would like the same spirit to be about all the time. I would like it if everyone felt that they were wishing the best for everyone else at all times.

"It would be so nice if people could feel happy toward others all the time. "For example it would be so nice not to have any jealousy about. It would be so nice not to have some envious of others.

"It would be wonderful if when one person heard that some friend had had good luck for it to make them happy, too.

"That would make the very air full of happiness and cheer. I don't mean that I think everyone should go about with a silly grin. That would be foolish and tiresome.

"My idea is for them to have their hearts smiling so that their words would be cheerful and so that they would feel so much goodwill toward each other.

"I had a talk with the Old Year just before he went.

"He told me that the one thing which had made him really sad at times had been the senseless quarrels and ugly words and mean speeches which once in awhile he had heard.

"Such things he said had made him cry. And when a year cries there is sorrow in the air.

"He told me that the reason, or at least one of the reasons, why everyone was so happy at Christmas time was because everyone felt happiness and wished friends happiness and merriment.

"And it is the Christmas spirit and the New Year spirit that I would like to see kept up all the year.

"As I say, these may not be new ideas of mine, but they are ideas I feel very strongly.

"For example, I would like it if mothers and daddies were just the same all the year as they were at Christmas time, and if children were the same too, wanting to do for each other, saying kindly things.

"I would like it if grownups never hurt children's feelings—those grownups who don't understand children. I wish they would never say things to hurt the feelings of children.

"The New Year is young and knows that one can feel hurt when one is very young.

"And I would like it if children never hurt the feelings of older people and never acted as though they felt they were old or tiresome.

"The Old Year told me something about that and the Old Year told me how the feelings of older people could be hurt.

"Yes, let's wish everyone a happy New Year and happiness all through the year and let's keep wishing it in our hearts all the time. When we think of mean or cross or impatient things to say let us say 'Happy New Year' to ourselves."

FREEDOM FROM LAXATIVES

Discovery by Scientists Has Replaced Them.

Pills and salts give temporary relief from constipation only at the expense of permanent injury, says an eminent medical authority. Science has found newer, better ways—a means as simple as Nature itself.

In perfect health a natural lubricant keeps the food waste soft and moving. But when constipation exists this natural lubricant is not sufficient. Medical authorities have found that the gentle lubricating action of Nujol most closely resembles that of Nature's own lubricant. As Nujol is not a laxative it cannot gripe. It is in no sense a medicine. And like pure water it is harmless and pleasant.

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Police to Check Highway Defects.
On the theory that an ounce of prevention is worth a pound of cure the District of Columbia has selected a given road territory on which patrolmen have been placed, whose duty it is to locate highway defects and report the same immediately.

Just as soon as reported, the damage is repaired.
While the patrolmen in the District of Columbia are not specifically called upon to furnish information to drivers, yet this service naturally follows in the performance of their duties.

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To remove pimples and blackheads smear them with Cuticura Ointment. Wash off in five minutes with Cuticura Soap and hot water. Once clear keep your skin clear by using them for daily toilet purposes. Don't fail to include Cuticura Talcum. Advertisement.

A Matter of Form.
George Cohan was talking at the Lambs club about a very popular song-bird of revue.
"Is she good?" a poet asked.
"Well," said Mr. Cohan, "I have known more assiduous church-goers."
"Oh, you know what I mean. Is she good? Has she got a good voice?" persisted the poet.
"Her voice is insured," said Mr. Cohan, "for \$250. Her figure is insured for \$300,000."

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SAVE the trouble and the time of baking pies at home, yet give your men folks pies that are exactly to their taste.

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Groan and there'll be a chorus. Smile and you make no hit, for we've grown long hair and we preach de spair and show you a dally fit.

Spend and the gang will cheer you, save and you have no friend, for we throw our bucks to birds and ducks and borrow from all who'll lend.

Knock and you'll be a winner. Boost and you'll be a frost; for the old sane ways of the pre-war days are now from the program lost.

Strike and the world strikes with you, work and you work alone, for we'd rather yell and raise blue h—l than strive for an honest bone—Roy K. Moulton in the New York Evening Mail.

Papa's Golf Stockings.

Father, brilliant in striped golf stockings, was off for a day with the family at the Van Courtland links. He was complacently self-conscious. Eight-year-old Ethel was fretful and nervous. Several people in the subway car were smiling. Suddenly Ethel piped, "Mamma, can't I have some new stockin's like papa. I wanna look like a zebra, too."

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