



HOW FRENCH WOMEN SAVE

Their Natural Talent for Economy Has Done Much to Help Withstand Hardships of War.

Our boys are defending this country on the high seas and on the land. Our own defense against a common enemy is to keep the system clean by ridding the body of the toxins, or poisons, which are bred in the intestines.

The French housewife, with her native talent for economy, has saved France up to the present time fully as much as have those fighting in the trenches.

Rich women who have had many servants now have few. Expenses are cut all along the line. Simple meals and simple habits replace elaborate ones.

Poor women, who must reduce simplicity to frugality—what do they do? They make one sou buy two sous' worth by watching every centime.

In the old residential quarters of Paris there are hundreds of women of aristocratic connections and moderate means who before the war had several servants and who now have none, or perhaps one.

A representative household is one where the regular income has suddenly stopped, but leaving a little more than the small government allowance.

Perhaps three large strawberries must suffice for each serving at dessert, but they will be served with a grace that makes the eating of them a pretty ceremonial.

The road was rough, and he fell several times over all sorts of obstructions in the path, dropping the turkey each time, but picking it up again.

Entering his house, he steadied himself as well as he could, and said to his wife: "Here, wifey, I've brought you eleven turkeys."

"Eleven turkeys!" cried his wife. "I see but one."

"Nonsense, you're blind!" cried her good man. "Why, I fell down eleven times coming home, and I swear I picked up a turkey every time!"

Convenient-Wrist Watch. "I can't understand why the public make such a joke of the wrist watch," said the knut to the hardened sinner.

Requires Time. Fair One—How old are you, little fellow? The Kid—Five. Fair One—And what are you going to be? The Kid—Six.

Took Their Grain to Mill. The report published in a Bridgeport newspaper that the owner of a grist mill at Sandy Hook, Conn., having secured a few bags of wheat, ground it up and sold it to his neighbors to be mixed with Western flour, the result being a cheaper material for bread, brings us back to the days of hardly more than a generation ago, when Northern farmers produced grain on their farms and had it ground in the neighboring grist mill, then an institution to be found within a few miles of every neighborhood.

Canada has handled \$1,000,000,000 in bullion for the Bank of England since the war began.

IMPROVED UNIFORM INTERNATIONAL SUNDAY SCHOOL LESSON

(By E. O. BELLERS, Acting Director of the Sunday School Course of the Moody Bible Institute, Chicago.) (Copyright, 1917, Western Newspaper Union.)

LESSON FOR FEBRUARY 24.

JESUS TEACHES BY PARABLES—THE GROWTH OF THE KINGDOM.

LESSON TEXT—Mark 4:21-34. GOLDEN TEXT—The earth shall be full of the knowledge of Jehovah, as the waters cover the sea.—Isa. 11:9.

DEVOTIONAL READING—Isa. 11:1-10. ADDITIONAL MATERIAL FOR TEACHERS—Matt. 13:24-50 (vv. 31, 32); Isa. 3:3-4; Ezek. 47:1-12; Rev. 21:1-3; 22-27; Chap. 21:1-5; Rev. 21:1-3.

PRIMARY TOPIC—Jesus telling a story about sowing. MEMORY VERSE—Jesus advanced in wisdom and stature and in favor with God and man.—Luke 2:52.

INTERMEDIATE TOPIC—The importance of small beginnings. Jesus is now revealing to his disciples the kingdom in secret which they were later to reveal in public.

I. Hearing (vv. 21-25). It is an obligation resting upon each of us who has the light of truth that he should so set it before men that it can be seen that men may be enlightened, cheered and served by it (Matt. 5:14-16; Phil. 1:15-16).

Eleven, by Actual Count. An old toper started home one night in his normal condition, with a turkey which he had bought for his Christmas dinner.

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When Your Eyes Need Care Try Murine Eye Remedy

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Catarrh of Head Thought I Must Die. Now ENTIRELY WELL



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As They Say in the Army. Overheard in the car: Bella—Halloo, Peter, whaur did you spring frae? Peter—Ach, I'm oot o' work. Bella—Oot o' work, are ye? Whit are ye gaun to dae? Peter—I havena settled yet. I'm thinkin' o' applyin' for a job as valet to a munition worker.

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