

A NERVOUS BREAKDOWN

Miss Kelly Tells How Lydia E. Pinkham's Vegetable Compound Restored Her Health.

Newark, N. J.—"For about three years I suffered from nervous breakdown and got so weak I could hardly stand, and had headaches every day. I tried everything I could think of and was under a physician's care for two years. A girl friend had used Lydia E. Pinkham's Vegetable Compound and she told me about it. From the first day I took it I began to feel better and now I am well and able to do most any kind of work. I have been recommending the Compound ever since and give you my permission to publish this letter."—Miss FLO KELLY, 476 So. 14th St., Newark, N. J.

The reason this famous root and herb remedy, Lydia E. Pinkham's Vegetable Compound, was so successful in Miss Kelly's case was because it went to the root of her trouble, restored her to a normal healthy condition and as a result her nervousness disappeared.

Circumstantial Evidence.

Tommy was making a visit to his grandparents, who owned a large dairy. He had been forbidden to touch the tempting-looking pans of rich cream. One day his grandmother caught him coming up from the cellar with a very suspicious white rim over his upper lip.

"Tommy," she said, "I am afraid, from your looks, that you have been disturbing my pans of cream."

"Oh, no, I haven't," Tommy hastened to explain. "I just ran my tongue gently over the top."—Country Gentleman.

Soft, Clear Skins.

Night and morning bathe the face with Cuticura Soap and hot water. If there are pimples first smear them with Cuticura Ointment. For free samples address, "Cuticura, Dept. X, Boston." Sold by druggists and by mail. Soap 25, Ointment 25 and 50.—Adv.

More Data Wanted.

He (after the proposal)—"I'm getting \$2,000 a year. Now, dearest, what is the least you think you can live on yearly?"

She—Well, how much credit can you get?—Boston Transcript.

In case of emergency patriotism will always find a way.

In New Zealand the men outnumber the women by many thousands.

Nerves All Unstrung?

Nervousness and nerve pains often come from weak kidneys. Many a person who worries over trifles and is troubled with neuralgia, rheumatic pains and backache would find relief through a good kidney remedy. If you have nervous attacks, with headaches, backaches, dizzy spells and sharp, shooting pains, try Doan's Kidney Pills. They have brought quick benefit in thousands of such cases.

A Missouri Case

Mrs. Ella M. Pinckard, 325 Schrader St., Liberty, Mo., says: "I had a terrible pain in my back and the least move caused a sharp twinge to start through me. My kidneys didn't act as they should and my body was badly swollen. After several medicines had failed to help, I used Doan's Kidney Pills and in time, rid me of the trouble. My kidneys now act right, the swellings have gone and I feel better in every way."

Get Doan's at Any Store, 60c a Box
DOAN'S KIDNEY PILLS
FOSTER-MILBURN CO., BUFFALO, N. Y.

American Dollar Flag

San fast, rain proof Taffeta, 6 feet long, double-stitched sewed stripes; free delivery by parcel post on receipt of factory price, \$1.50, including pole, ball and galvanneal holder, \$1.00. Send for free catalogue of flags and decorations. We make more and better flags than any other concern in the world. Prices same as before the war.
AMERICAN FLAG MFG. CO., EASTON, PA.

PARKER'S HAIR BALM
A toilet preparation of merit. Helps to eradicate dandruff. For restoring color and brilliancy to gray or faded hair. 50c and \$1.00 all druggists.

STOP YOUR COUGHING

No need to let that cough persist. Stop the irritation, and remove tickling and hoarseness, by relieving the inflamed throat with

PISO'S

SLAVS GIVE IN TO GERMAN DEMANDS

The Peace Resolution Pushed Through Soviet Congress at Moscow by Lenine.

WILL FORM A DEFENSE ARMY

Both Sexes Are to Be Enlisted in New Military Force—Opposition Fought Hard.

Moscow, March 18.—The all-Russian congress of Soviets has ratified the peace agreement with Germany by a large majority.

A Bolshevik resolution approving the acts of the government of the Workmen's and Soldiers' Delegates and of the peace delegation and calling for organization of the defense of the country by the creation of a national army of both sexes was adopted after Lenine's restoration of peace among the warring factions and his statement that this action was the only way out, intimating that the treaty might be broken under changed circumstances.

Opposition Fought Hard.

The opposition, notably the Social Revolutionaries of the Left, made a valiant but futile effort to prevent the acceptance of the treaty which was characterized by the minister of justice as being "anti-revolutionary and anti-Socialistic." He said that the Social Revolutionary party repudiated the responsibility for the acceptance of the peace treaty, would resign from the government and devote all its power and influence to the organization of armed resistance to German imperialism.

Wilson Message Heard Silently.

Previously to voting on the peace treaty the Moscow congress listened to President Wilson's message of sympathy to Russia. The message was received in a silence broken only by murmurings regarding the Japanese situation.

Then the congress adopted a resolution in reply, directed to the world at large and urging the "international proletariat" to overthrow capitalism and establish a Socialist government.

The resolution read: The congress of Soviets expresses its appreciation to the American people, particularly to the toilers and those who are being exploited, for their sympathy toward the Russian people at a time when the Russian Socialist republic is experiencing its greatest hardships.

HOLDING BACK IN SIBERIA

Japanese Premier and Foreign Minister Tell Diet That No Action Has Been Taken.

Tokyo, March 18.—Premier Terauchi and Foreign Minister Motono told parliament today nothing had been decided upon with reference to the Siberian situation.

The military situation has reached a state of perfected preparedness.

Last night the Seiyukai (constitutional) party, the largest in the diet, held a conference and re-affirmed its position taken at a recent meeting in opposition to immediate mobilization.

The press is almost unanimous in urging mobilization. The Ashai Shimbun and the Yorozu Choho say they are unable to understand America's "excessive generosity" toward Russia, now giving supplies to Germany and imperiling the stores in Vladivostok. Suspicions in regard to Japan weaken the allies, they assert, adding that it is Japan's duty to work in the interests of the peace of humanity by assisting to crush Germany. The Kokumin Shimbun issues a call to arms, saying that America is sincerely friendly, but mistaken.

COAL MEN UNDER LICENSES

Restrictions to Prevent Duplication of Profits Have Been Taken by Fuel Commissioner Garfield.

Washington, March 18.—All coal jobbers, brokers, selling and purchasing agents and wholesale dealers were put under license tonight by President Wilson. Fuel Administrator Garfield issued regulations circumscribing the charges to be made for their services.

While recognizing jobbers are "essential to the conduct of the coal business," the Fuel Administration said, affiliated companies solely for receiving the jobbers' margin, the "swapping of coal," and other Gettious trade operations will be dealt with severely.

Licenses must be obtained before April 1. The regulations do not apply to contracts for coal before the President's executive orders taking over control of the industry.

THE BIG WORK IN THE WAR

The War Lord Salutes the Field Marshall.

Such is the striking title to a well-timed cartoon in an agricultural paper, showing the War Lord in salute to the farmer. The meaning of it is that without the assistance that the farmer renders in the matter of providing food for the army the fighting ability of that body would be proportionally decreased. While the army is fighting, the farmer is busy. The promptness with which he sprang into the breach was a patriotism equal to that of the man who enlisted and the farmer's record in this particular was worthy of the high record that has become his. All over the United States the appeal is being met by more production. Fields are enlarged, intensive agriculture has taken the place of slipshod methods, more cattle are being fattened, more hogs grown, veal and lamb have become scarce commodities. This is all in keeping with the food-controller's demands, and with the heartiness that is now prevalent, it would seem as if the requirements of the boys at the front and the allies in Europe would be fully met.

Not only are the tilled acres of the United States being brought into requisition, but the wild pasture lands are doing tribute with their cattle and sheep. Working in conjunction with the United States, Western Canada is also doing its share and a pretty large share it is, too. By an arrangement with the United States Government it will now be possible through its employment bureau to secure for the Western Canada fields such help as can be spared. It is thought in this way Canada will have its help to seed its millions of acres of wheat land fairly well met. The large number of young men of the farms who have enlisted and gone to the front has left many of the Western Canada farms weak in the matter of man power. This means that Canada can take all that the United States can spare. The wages will be good and the housing comfortable.

In addition to this the free homestead lands of Western Canada offer the greatest inducement to the man with limited means who is willing to undergo some of the hardships naturally accompanying this enterprise. There is also the large area of uncultivated lands that are waiting the man with sufficient means to purchase and equip. And this is not expensive. The cheap lands are cheap and the terms very reasonable. Equipped with tractor or horse power the cultivation cost is slight when the return is considered. Yields of wheat varying from 20 to 40 bushels per acre may be relied upon, and with a set price of over \$2.00 per bushel, it is an easy matter to arrive at the cost. Production, including interest on land, has been estimated at figures not exceeding ten dollars an acre. With a twenty bushel yield, at a two dollar price—forty dollars. Ten from forty and you have the profits many farmers made in Western Canada the past year.

The Dominion and Provincial Governments are working conjointly in an increased production propaganda. Among the important steps that have been taken to bring this about is the recent order by which it is made possible to take into Canada tractors that cost fourteen hundred dollars and less in the country of production. This will give those residing in the United States, owning lands in Canada, the opportunity to place them under cultivation at much less cost than in the past. Another inducement is the privilege of taking sheep and cattle in free of duty. Automobiles form a necessary part of the outfit of a good many farmers that would like to move to Canada. These are now accorded free duty. Provision is also made that those requiring seed and unable to obtain it in any other way, may get it from the Government. So from this it will be seen that it is not only the fertile lands of Western Canada that invite the settler, but the ease and cheapness with which a farmer may establish himself.—Advertisement.

Important.

"The turnover is vital to successful merchandising."
"In that case," said the baker, "maybe I'd better put more turnovers in the oven."—Louisville Courier-Journal.

Never Fails.

"The hostess said the affair was to be strictly informal." "That makes the girls dress up, all right."

These days it is not always necessary for a fellow to be an out-and-out German spy to deserve hanging.

When Your Eyes Need Care
Try Murine Eye Remedy
It soothes, cleans, and cures all eye troubles. Sold by druggists and by mail. 50c a bottle. Write for free literature to MURINE EYE REMEDY CO., CHICAGO.

GERMANS POUND AMERICAN LINES

Attack on Toul Front Designed to Secure Information by Taking Prisoners.

THE FRENCH MAKE GOOD GAIN

Enemy Trenches Entered at Malancourt on a Front of 1,400 Meters to a Good Depth.

With the American Army in France, March 18.—After a terrific artillery preparation this morning, large numbers of the enemy crossed No Man's Land on the extreme right of the American sector northwest of Toul. Apparently the purpose of the raid was quickly accomplished and only a comparatively small number entered our lines. Permission has not been given to mention the number of casualties.

This raid, like most of the others carried out all the way from the sea to Switzerland, was designed to gather information by means of taking prisoners.

U. S. Explore German Trenches.

East of Luneville our patrols have explored part of the German trench which our artillery forced the enemy to abandon. Patrols proceeded laterally until they established contact with the Germans. Our reconnaissance and wire patrols found snipers' posts, listening posts and nests from which machine guns had been firing on our lines. The artillery attended to all these posts. The German positions have been so uncomfortable at several places that they now are trying to regain a foothold by connecting shell holes. Our troops have been subject to an extraordinarily heavy artillery fire for the last twenty-four hours. More than 240 shells, which made craters twenty feet deep and thirty feet in diameter, fell in one section of the line. In another section batteries have been shelled heavily. More gas shells have fallen in both the Toul and Luneville sectors, but the larger number in the former.

French Make a Gain.

Paris, March 18.—The war office reports a series of strong German attacks in the direction of Samogneux, north of the Bois Des Caurieres and in the Bezonvaux region. Large enemy detachments succeeded in penetrating the French line at various points, but suffered heavy losses from the French fire and were unable to hold the ground where they gained a footing.

Latest information shows that last night the French troops entered the enemy trenches at Malancourt on a front of fourteen hundred meters to a depth of eight hundred meters.

Germans Admit Loss of Ground.

Washington, March 16.—Spirited fighting is reported along the French front. In the Champagne and Lorraine sectors the French have won local successes. German official reports admit the loss of ground in Champagne before heavy forces of the French, who are apparently able to hold the ground they have gained.

Along the British front the artillery fire has grown in intensity in many sectors and there have been lively engagements between raiding parties.

The Canadians have carried out another raid southeast of Lens.

The Austrians report that Italian positions on Mount Pasubio, on the mountainous sections of the Italian battle line, have been blown up and that Austrian forces have occupied the ground. Mount Pasubio is east of Lake Garda and on the left side of a deep salient in the Italian line. The attack on these positions on the left bank of the Bacchiglione river may indicate the approach of a serious blow at the Italians there in the hope of opening a way into the Bacchiglione valley and turning the flank of the Italian armies guarding the lower Piave.

Canadians Made a Raid.

London, March 16.—Canadian troops in the region of Lens again have attacked enemy trenches with success and taken prisoners according to the British official communication issued this evening. On the other hand, attempted enemy raids near Passchendaele and south of the Menin road were repulsed by the British.

French Regained Trenches.

Paris, March 16.—In the Champagne region west of Monte Carnillet the French have regained trenches which the Germans had occupied since March 1, according to an official statement issued today. The French brought back 43 prisoners and two machine guns.

Neglected Colds bring Pneumonia

CASCARA QUININE

The old family remedy—in tablet form—safe, sure, easy to take. No opiates—no unpleasant after effects. Cures colds in 24 hours—Grip in 3 days. Money back if it fails. Get the genuine box with Red Top and Mr. Hill's picture on it 24 Tablets for 25c. At Any Drug Store

Kill Dandruff and Itching with Cuticura
Soap 25c. Ointment 25c & 50c

To Settle Estate Must sell ten improved farms, 115 to 250 acres, terms. Wonderful opportunity. M. A. Cooper, West Plains, Mo.

SUDDENLY REVISED HIS CODE

Exponent of Masculine Street-Car Courtesy Felt Himself Justified Making Exception.

The stout man on the Wade Park car turned to his companion.

"I've formulated a new code of masculine courtesy," he said, "and pledged myself to observe it. When I am fortunate enough to get a seat in a car I hang onto it—with three exceptions. I'll give it up to an elderly woman, to a woman carrying a child and to a sick person. I draw the line at these exceptions. It's my street car courtesy code, revised to date, and in line with prevailing conditions."

He stopped suddenly and stared at a plainly dressed woman who stood close by. Then he quickly arose and gave her his seat.

When the two men left the car the other man said to his friend. "How did you happen to give your seat to that woman?"

"I've enlarged my code."
"Your inflexible code. Yes, but why?"

"That woman has a husband, a son, or brother in the army. But probably you didn't notice it!"

"Notice what?"
"Her service badge."—Cleveland Plain Dealer.

Retribution.

"What are you working on, there?"
"A hymn of hate," replied the poet sternly.

"Dear me! Don't you know the American government discourages anything of that kind?"

"Oh, yes. But this is none of the government's business. It is addressed to a neighbor of mine who has played 'Over There' on his phonograph every night for the past seven weeks."—Birmingham Age-Herald.

Such a Dear Friend.

Ethel—Agnes was at the cat show. Maud—As an exhibit?—New Haven Register.

Some men seem to have married in order to secure a victim to listen to their troubles.

Grape Nuts
A Food
A complete meal of Wheat, Barley, Salt and Yeast.
Patent Food Company, South Plainfield, N. J. U. S. A.

A Conserving Food

The recognized value of **Grape-Nuts** as a "saving" food for these serious times, rests upon real merit.

Unlike the ordinary cereal Grape-Nuts requires no sugar, little milk or cream, and requires no cooking or other preparation in serving.

A trial is well worth while for those who sincerely desire to save.

"There's a Reason"