

TORTURING TWINGES

Much so-called rheumatism is caused by weakened kidneys. When the kidneys fail to clear the blood of uric acid, the acid forms into crystals like bits of broken glass in the muscles, joints and on the nerve casings. Torturing pains dart through the affected part whenever it is moved. By curing the kidneys, Doan's Kidney Pills have eased thousands of rheumatic cases, lumbago, sciatica, gravel, neuralgia and urinary disorders.



Get Doan's at Any Store, 50c a Box. DOAN'S KIDNEY PILLS. FOSTER-MILBURN CO., BUFFALO, N. Y.

AND THE "BLUES" WENT AWAY

Showing How Easy It is to Scatter Sunshine if One Has It in the Heart.

I was going officeward one day in a very overcrowded trolley car. It was pouring outside and my gloves clung damply to my fingers. A stray wisp of hair was tickling my nose and my hands were too full of dripping umbrellas and swaying straps to brush it away. I could feel that my forehead was wrinkled up, and my mouth drawn down. I thought of all the unpleasant things that had ever happened to me, and, glaring at the unrelenting sky, I wondered why it had to rain so hard. Then, looking along the car, I saw another girl hanging to a strap. She was ever so much wetter than I. The dampness oozed out of a crack in her worn shoe; the bare hands that gripped her umbrella and strap looked cramped and tired, and two straggly locks of hair tickled her rather small, inoffensive nose. But as I looked at her and pitied her, she glanced up and caught my eye, and she smiled at me! Then, somehow, the raindrops looked very bright and jewel-like, and the gray of the sky seemed warmer and more friendly. I forgot that my feet were wet, and I smiled back. All that day, through the work and hurry of the hours, I carried a sunbeam hiding my heart—Margaret E. Sangster, Jr., in the Christian Herald.

A Practical Wife.

"Wife, this is our wedding anniversary." "So it is." "As a matter of sentiment I shall bring home a bunch of flowers to-night." "Never mind the sentiment, Henry. Bring home some Limburger cheese."

New Brooms.

Representative Dillon said in Yankton apropos to an administrative municipal change, of which he did not approve: "They declare that a new broom sweeps clean, but some of these new brooms that seem to sweep clean are in reality only throwing dust in our eyes."

The Limit.

Jennie—I hear she fell overboard in her street clothes. Minnie—Yes, and she was arrested for being in the water in an indecent costume.—Judge.

The Proper Line.

"The fortune teller at the garden party told me I was soon to get married." "I guess she told that by the fate line."

Had Discrimination.

Cholly—Is this horse intelligent, me good fellow? Groom—Very! Look out he don't kick you, sir!—Puck.

No Doubtful Sound.

Heck—Some women are hard to understand. Peck—My wife isn't. She never speaks her mind to me without making herself perfectly clear.

The young man who shows up with an engagement ring is apt to get the glad hand.

Breakfast Sunshine

Post Toasties and Cream

There's a delicious smack in these crisp, appetizing bits of toasted corn that brings brightness and good cheer to many and many a breakfast table.

Toasties are untouched by hand in making; and come in tightly sealed packages—clean and sweet—ready to eat with cream and sugar.

Wholesome Nourishing Easy to Serve

Sold by grocers everywhere.

Pasturing Sheep in Corn

Low Cost of Production Has Made This System of Sheep Farming Both Popular and Profitable

By Howard Hachadara in the College of Agriculture, University of Missouri

In central and north Missouri sheep-feeding is an important factor with many of the farmers. Especially popular is the practice of pasturing on the undergrowth in the cornfields. In most cases cowpeas are sown with the corn to furnish feed for the lambs. By some the cowpeas are sown at the last cultivation of the corn, but unless the weather is exceptionally favorable the cowpeas do not make a very good growth.

On the station farm here we find it a better practice to delay corn-planting a little and sow the peas with the



Some of the Shropshire breeding ewes on the College Farm.

corn, either mixing them with the corn and drilling the mixture or, better still, using a special cowpea attachment on the planter, checking the corn and dropping about four peas to each hill of corn. The peas will both come in the cultivation of the corn, but their value makes up for the bother.

Fifty to 60-pound western lambs are most commonly used to pasture of these peas. They will put on 15 to 20 pounds gain in 80 days in the cornfield. During this time a single-deck carload of sheep will eat about 50 bushels of corn and most of the leaves they can reach. By the middle to the last of November the lambs will need more feed than that which the fields furnish. As the frosts soon kill the cowpeas and the leaves all drop off, many farmers sell the lambs direct from the cornfields, while others prefer to feed them grain and hay, selling them later on in the winter. Just which would be the best to do will always depend on the weight and amount of flesh the lambs are carrying and the condition of the market.

This system of sheep farming has become popular because of the low cost of production. Gains are made almost entirely off of what would otherwise be wasted, and a margin of 1 cent gives a fair profit in many cases, and good interest on the investment has been made on closer margins.

Other sheep-feeders buy in the fall and keep the sheep from 90 to 100 days longer, feeding grain and hay and in many cases silage. But the uncertainty of the market has kept many farmers from doing this, especially since 1910, when feeder lambs were high and the market dropped about the time these lambs were ready to be sold.

Many of those who were caught that fall are still raging against the

POULTRY HOUSE BUILDING

By H. L. Kempster, Professor of Poultry Husbandry, University of Missouri.

Simplicity and economy in construction, perfect dryness, good light and ventilation, with due regard to comfort, are the essential features to a poultry house. Expensive equipment and artificial conditions are unnecessary and undesirable.

Many poultry houses are lacking in the necessary amount of light and fresh air. Others have an abundance of these essentials, but disregard the comfort of the stock. Plain houses with interior fittings of such a nature that they can be easily cleaned are desirable, because in such houses it is easy to destroy vermin.

WIDTH.—Narrow poultry houses are more expensive to construct for a given amount of floor space than are wide ones. They compel the birds to

Primitive Shaving. The Harput barber places around his customer's neck a peculiar pan with a semicircular piece cut on one side, so that it fits partially around the neck under the chin. Water is put into the pan and the barber makes a lather with his hands and rubs it on the customer's face, usually using his hands for this purpose also.

Require Only Small Profit. The active Arab barbers require only a pair of scissors, a pair of clippers, and a razor for their equipment. They erect their temporary shops in the market-places by spreading some matting over a few poles. Arabs have their heads shaved, keeping the hair short so that the white skull cap over which the fez is worn will fit closely.

Serious Matter. Jones—"Are you serious in your attentions to Miss Hulks?" Bones—"Rather! Her father did me out of \$40,000 on the stock exchange last month and I'll get that back if I have to marry the whole family for it."

Both Food and Medicine. Asparagus is considered one of the healthiest of quick-growing plants used for food, and is really a medicine as well as a food.

Explains a Mystery. "It has always been my idea," remarked the Man on the Car, "that something jostled Nature's elbow when she was pouring the seed into the watermelon."

Kept Busy. "I suppose that with Jinks it was a case of marry in haste and repent at leisure." "Not exactly. His principal complaint appears to be that he has no leisure."—Buffalo Express.

Proving the Contrary. "A man can't do two opposite things at the same time." "Can't he run for office and stand for his party, too?"

All Depends. "How are we fixed for war?" "Well, in the newspapers we look pretty good, but in the magazines we look rather bad."

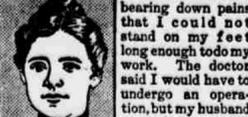
Novouey Riche. "What are they—millionaires? My, but don't they put on!" "They certainly do. Millionaire airs a week."—St. Louis Republic.

Many a timid girl courts death by making love to a rich old codger who has one foot already in the grave.

MRS. MANGES ESCAPES OPERATION

How She Was Saved From Surgeon's Knife by Lydia E. Pinkham's Vegetable Compound.

Mogadore, Ohio.—"The first two years I was married I suffered so much from



female troubles and bearing down pains that I could not stand on my feet long enough to do my work. The doctor said I would have to undergo an operation, but my husband wanted me to try

Lydia E. Pinkham's Vegetable Compound first. I took three bottles and it made me well and strong and I avoided a dreadful operation. I now have two fine healthy children, and I cannot say too much about what Lydia E. Pinkham's Vegetable Compound has done for me."—Mrs. LEE MANGES, R. F. D. 10, Mogadore, Ohio.

Why will women take chances with an operation or drag out a sickly, half-hearted existence, missing three-fourths of the joy of living, when they can find health in Lydia E. Pinkham's Vegetable Compound?

For thirty years it has been the standard remedy for female ills, and has restored the health of thousands of women who have been troubled with such ailments as displacements, inflammation, ulceration, tumors, irregularities, etc.

If you want special advice write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass. Your letter will be opened, read and answered by a woman and held in strict confidence.

GO BACK TO MOTHER NATURE

Scientists in Their Discoveries Uncover Lead That May Mean Much to the Race.

If the green plant in sunlight can elaborate from water and carbon dioxide one of our chief food substances, starch, there is no reason why the biological chemist should not discover the secret of this process and imitate it on a commercial scale. Starch, I believe, has never been synthesized but some sugars have been so constructed. Two years ago Stoklassa and Sobnievsky made the remarkable discovery that by the action of ultraviolet light on nascent hydrogen and carbon dioxide sugar was formed. Such discoveries as this suggest the means by which we are to throw off our slaves to the green plant, and I am convinced that in time this overthrow will become so complete that our staple foods will be the products of the biological chemist.—Popular Science Monthly.

Saw Possible Famine.

Little Earl had just learned that his cousin Hugh, whose papa had died when he was a baby, was to have a new papa. After long meditation Earl arrived at the conclusion, evidently, when death removed a father or mother, it became the duty of the remaining parent to supply the loss to the child as expeditiously as possible. But he foresaw difficulties and sought his mother.

"Mamma, if my papa should die an' you got me another papa and he died an' you got me another papa, and he died, an' you got me another an' all of 'em died till there weren't any more white ones, then, mamma, would you get me an Indian?"—National Food Magazine.

Zero in Various Lines of Endeavor.

"My notion of nothing to be when you have become one," grimly remarks the Old Codger, "is a golf champion. My idea of nothing to believe is a railroad official's explanation of the cause of a wreck; of nothing to listen to is a reminiscence of the hard winter of eighteen hundred and something; of nobody to hold a reception for is Mrs. Pankhurst, and of nothing to write pieces to the Speaking the Public Mind department about is why there is no gas, why there are so many holes in the pavements, why all the foolishness about the Metropolitan franchise, and so on and so forth, as long as Kansas City is without commission government."—Kansas City Star.

Sure Proof.

"How can a girl be sure that a young man loves her?" "Oh, there are reliable signs. Now, my beau stands for my father's stale stories and even for an occasional touch."

Rushing to His Doom.

Excited Small Boy—Hey, Mr. Tanks, there's a burglar crawlin' up your front steps this very minute! Mr. Tanks—Poor devil, the missus will think it's me.—Sydney Bulletin.

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Pasadena, Cal., has a municipal nursery for the production of shade trees.

PERFUMES FOR THE BATH

Home-Made Requisites Not Costly, and as Good as Can Be Purchased.

A beauty seeker has some interesting prescriptions for beauty baths which must be commended on account of the simplicity of them.

One of these consists of chopping up into bits a cake of pure olive oil soap until it is almost as fine as powder. As a matter of fact, she grinds hers in a meat chopper, reserved for this express purpose. Then to every ounce of soap she adds tablespoonful of borax and a quart of bran. This mixture is poured into a bag made of cheesecloth after a few drops of oil of violets has been added. This bag she uses as a wash cloth and she declares: "My bath is the most luxurious imaginable, leaving the skin as soft and white as a baby's."

Of course there are bath perfumes aplenty to be had ready made, and these come in various forms—tablets, powders and crystals—and in different scents, such as apple blossoms, violets or geraniums. Violet is a general favorite, and this, too, can be made by oneself. Mix together a half-pound of carbonate of soda, the grains of one, and a half-train of anilin violet. This makes a comparatively small quantity; so after a trial, to assure oneself of its success, it may be desirable to double the amount of ingredients.—Exchange.

He'd Called Seventeen.

Jim was a new porter in the hotel, and he was putting in his first night at his new and responsible position. It was five in the morning, and so Jim had done all he was told, and was getting on splendidly.

"Call 17 and 4," commanded the night clerk as he looked over his call sheet. Jim obeyed. After he had been gone for a considerable time the clerk went up on see if he had called the rooms designated.

"Well," sighed the new porter, whom he found on the third floor, "I've got seventeen of 'em up, but I haven't started on the other four yet."—National Food Magazine.

Nothing More Said.

"Yes, I lost my friend." "How was that?" "We agreed to be perfectly frank with each other." "Yes?" "Well, I got in my criticism first."

The Shopper.

Lady of Leisure (discarding the fifth hat she has tried on)—No, it's not a bit of use. I knew when I came to this shop that you would have nothing to suit me.—London Opinion.

They All Do It.

Joe—is Gill a Good judge of cigars? Moe—I think he must be. He had two last night and he gave me one. He must have kept the best one.

Lets Them Age.

"I never pay old debts." "Oh, how about your new ones?" "Oh, I let them get old."

Ceylon yearly exports tea valued at more than \$25,000,000.

Nothing to It.

Reggie—If pa was to die, ma, would he go to heaven? Ma—Hush, hush, Reggie! Whoever has been putting such ridiculous thoughts into your head?—London Sketch.

Well Trained.

Brown—You seem more satisfied with your wife's cooking than formerly. Has she learned with time? Smith—No, I have.—Woman's Home Companion.

But Is It Worth While?

Perhaps the boy who wants to run away to sea is justified. It's the only sure way to learn enough ship-talk to enable you to understand a nautical novel.

Not in His Line.

"Pa, what's a contre-temps?" "I don't know. I've never learned the names of all these automobile parts."—Judge.

Quite So.

"Are you superstitious?" asked the bachelor. "Well," replied the father of a large family, wearily, "I certainly think I'm unlucky to have 13 children."—Judge.

Their Practice.

"Hotel boys ought to be good in an emergency." "Why so?" "Because they are always coming to the front."

A woman may not even want to know her own mind until after she has changed it four or five times.

Foley Kidney Pills Relieve

promptly the suffering due to weak, inactive kidneys and painful bladder action. They offer a powerful help to nature in building up the true excreting kidney tissue, in restoring normal action and in regulating bladder irregularities. Try them.

Advertisement for Castoria, 900 Drops, The Kind You Have Always Bought. Bears the Signature of J. C. Ayer & Co. In Use For Over Thirty Years. Castoria. For Infants and Children. The Centaur Company, New York.

Advertisement for Shipping Fever, a cure for influenza, pneumonia, and other ailments. SPOHN MEDICAL CO., Chemists and Bacteriologists, Goshen, Ind., U. S. A.

WHENEVER YOU NEED A GENERAL TONIC - TAKE GROVE'S

The Old Standard Grove's Tasteless chill Tonic is Equally Valuable as a General Tonic because it Acts on the Liver, Drives Out Malaria, Enriches the Blood and Builds up the Whole System. For Grown People and Children.

You know what you are taking when you take Grove's Tasteless chill Tonic as the formula is printed on every label showing that it contains the well known tonic properties of QUININE and IRON. It is as strong as the strongest bitter tonic and is in Tasteless Form. It has no equal for Malaria, Chills and Fever, Weakness, general debility and loss of appetite. Gives life and vigor to Nursing Mothers and Pale, Sickly Children. Removes Bileousness without purging. Relieves nervous depression and low spirits. Arouses the liver to action and purifies the blood. A True Tonic and sure appetizer. A Complete Strengthening. No family should be without it. Guaranteed by your Druggist. We mean it. 50c.

WINCHESTER



Rifles Shoot Well, Work Well and Wear Well

The rough, hard usage that hunting rifles often receive requires them to be constructed on sound mechanical principles and of the best materials. All Winchester rifles are so made. Nothing is left undone that will make them shoot well, work well, look well and wear well. Winchester Guns and Ammunition—The Red W Brand—are made for all kinds of Hunting. WINCHESTER REPEATING ARMS CO., NEW HAVEN, CONN.

Advertisement for W. L. Douglas Shoes, \$3.00, \$3.50, \$4.00, \$4.50 and \$5.00. For Men and Women. Best Buy Shoes in the World. Ask your dealer to show you W. L. Douglas shoes in style, fit and wear as other makes costing \$6.00 to \$7.00—the only difference in the price. Shoes in all leather, styles and sizes to suit every foot. If you visit W. L. Douglas large factories in Brockton, Mass., and see for yourself how carefully W. L. Douglas shoes are made, you would then understand why they are warranted to fit better, look better, hold their shape and wear longer than any other make for the price. W. L. Douglas shoes are not made in your vicinity, order direct from the factory. In case of your vicinity, order from the nearest dealer. Write for illustrated Catalog, Free. Show how you can get your money's worth. W. L. Douglas name is stamped on the bottom. W. L. Douglas, 103 Spring Street, Brockton, Mass.

Death Lurks In A Weak Heart

If Yours is fluttering or weak, use RENOVINE. Made by Van Vleet-Mansfield Drug Co., Memphis, Tenn. Price \$4.00