Cape County Herald
Herald Publishing Co.
Cape Girardeau - - Missouri

WHY THE TURKEY IS BALD

Lost Feathers in Saving the Last Spark of Fire, is the Indian Legend.

The Indians of our country have many legends connected with certain peculiar traits or customs prevalent among them. If one should chance to visit the home of an old Indian he would perhaps notice a turkey wing hanging near the fire.

This the Indian uses to fan his fire into a blaze and make it burn brightly, or perhaps in the sultry days of summer to fan himself. If asked why he uses the turkey wing instead of the wing of any other bird he would no doubt relate the following story:

Many years ago the fire of the world was nearly extinguished; this happened just at the beginning of the winter season. The birds of the air were filled with anxiety, for their intuition told them they would need heat.

A bird council was held and it was decided that birds which could fly the highest should soar into the air and see if they could find a spark of fire anywhere. The efforts of the eagle, hawk and raven were in vain. The honor was left to the little brown sparrow, who spied a spark of fire in the hollow of an old stump in the heart of a deep forest.

The birds flocked around the stump and tried to decide who should pick the spark out. But all their efforts were in vain; to their dismay they saw the spark growing smaller and fainter.

The turkey then volunteered to try to keep the tiny coal alive by fanning it with his wings. Day after day the turkey kept fanning, the heat became greater each day, until the feathers were singed off the turkey's head. If you notice carefully he will see lumps on the head of a turkey that appear as blisters.

It is believed that the turkey was so badly burned that all turkeys since have had bald heads and wear the blisters as a memento of the bravery of the turkey. The faithful turkey lost his beautiful feathers, but he gave back fire to the world; so in his honor and as a memorial to his faithfulness the Indian uses the turkey wing to make his fire burn.—The Red Man.

Problem of the Planets.

"The amount of ignorance not yet removed concerning the planets is very great," writes Mr. E. E. Grew. "We do not know, for example, whether the planet Venus rotates. If it does, it may possibly have a life and a vegetation like our own, though we suspect that it is clothed in eternal cloud. Of Saturn's rings we cannot say whether they consist of millions of tiny moons like brickbats or whether they may be even smaller still—a well of shining dust. Of Jupiter we can only say that it is covered with clouds, though of their substance we know nothing, and according to Professor Lowell and Mr William Huggins some of the bands we see on it may be rifts in the clouds revealing the body of the planet. Little lines criss-cross these bands. Photographs of Jupiter taken at Flagstaff Observatory, Arizona, seem to indicate that these lines too are the upper clouds of Jupiter. But whenever we see a planet we see it badly. Even Mars, the most clearly revealed of them all, is constantly obscured by a refracting haze, so that even of the famous "canals," though nearly five hundred in number, only a few are perceptible at a time, and an unskilled observer would profitably not make them out at all. Sandstorms, sometimes snowstorms, sweep the surface of the planet, and because the winds of Mars are very gentle and slow moving these occurrences take a long time to pass by.

Those Veil Effects.

It is somewhat startling to be pursuing your way along the sunny spring streets—Thirty-fourth street, say, where more fashionably-gowned women are to be seen than in any other spot in town—it is somewhat startling to be confronted with a handsomely dressed woman without a nose. You turn away, considerately, only to meet a lady with a badly-burned cheek, while in the middle distance a girl is approaching whose eye is blackened over an area of two square inches or so. You turn a corner in your agitation and run into a plump lady with most incongruously hollowed cheeks and a smear of dirt transversely placed across her chin.

You blink. Nor can you be blamed. But take heart, for the pretty lady's cheek is not seared, nor has the lovely girl a blackened eye. The matron with the helmet hat is also the possessor of a nose in truth. The gruesome effect is produced by the veils—filmy, silky veils they are, with closely woven designs in a heavier mesh. It is Paris. It is the mode, that is all.—New York Sun.

Treaty With Havana.

"You are very foolish, George. That is your third cigar, and you know the doctor limited you to one a day."

"Yes, dear; but I've consulted two other doctors, and each has allowed me one cigar, so that makes three!"

Anticipated.

Gerald—I want to ask you one question.

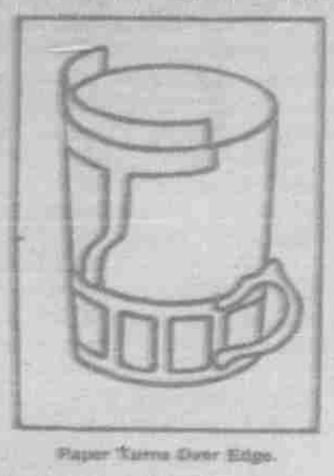
Geraldine—It's none of your business how old I am.

SCIENCE AND INVENTION

KEEP DRINKING CUPS CLEAN

Invention of New Jersey Man Intended to Decrease Contraction of Infectious Diseases.

Sanitation is the battle cry now of the thousands engaged in the fight against disease. To secure proper sanitation, of course, the first principle is to control promiscuous use of articles which should be private, such as drinking cups. To this end a New Jersey man has designed a sanitary mouthpiece for drinking glasses, particularly adapted to the glasses at soda fountains and soft drink counters. The glass is fitted with a spring clamp having a folding edge. Under this folding edge a piece of paper cardboard fits and turns over the rim of the glass, so that the person using it need not touch with his or her lips the spot recently touched by the lips of some person afflicted with an infectious disease. It is generally conceded that a very large percentage of illness is contracted through public drinking cups and this invention should reduce the number.



Paper Turns Over Edge.

CRUTCH ALSO USED AS CHAIR

Gives Weary Cripple Opportunity to Sit Down and Rest While on Long Tedious Journey.

Cripples who use crutches of the type designed by a Texan will find their progress far less tiring than those less fortunately equipped. The reason is that this crutch has a chair inside, and when the user is fatigued all he has to do is to turn his crutch upside down, pull out the chair and sit down for a rest. The chair is, in reality, a stool, of the camp stool variety, and folds up inside the arms of the crutch, which also form two of its legs when it is open.

The other legs are pivoted in the crutch frame and the seat is a piece of canvas that also folds up when the implement is used to walk with. Indeed, this device is more of a chair than a stool when set up for resting, as the lower part of the crutch extends up behind and forms a back against which the owner may recline in all the luxurious comfort of a Morris chair, minus arms and cushions.

Crutch Also a Chair.

Origin of "Catgut."

"Catgut" as used by fishermen comes from silkworms. The principal center of the manufacture of this kind of catgut is the island of Procida in the Bay of Naples, but most of the silkworms employed are raised near Terre Annunziata, at the foot of Vesuvius. The caterpillars are killed just as they are about to begin the spinning of cocoons, the silk glands are removed and subjected to a process of pickling, which is a secret of the trade, and afterward the threads are carefully drawn out by skilled workers, mostly women.

Value of Violins.

Experiments now being made at Johns Hopkins university on the analysis of the fundamental tones and partials that make up every musical sound are expected to lead to a method for determining the value of violins and similar instruments by their tone.

Searching for Pearls.

Instead of destroying the oyster to see if it contains a pearl, it is suggested that X-rays might be used and if nothing were discovered the oyster might be put back into the sea to continue growing.

WORKING OF HUMAN MACHINE

Gives From 25 to 35 Per Cent. Profit on Expense of Keeping It in Good Order.

Prof. Jules Amar recently submitted to the Academy of Medicine in Paris the results of his study of the man machine. He proceeded upon the principle that a man who eats liberally ought to recuperate in weight every twenty-four hours.

If his weight increases he works to excess. If his weight decreases he has not expended his maximum effort. Amar found that the human machine gives a profit of 25 to 35 per cent. on the expenditure; but that the best artificial machine returns only 24 per cent.

It would seem from these experiments, says the Dietetic and Hygienic Gazette, that man is indeed superior to all mechanisms; with the very slight exception that he always wastes energy during the first five minutes of work before regaining his equilibrium.

It would seem that Monday's human labor is the most inferior and Tuesday's the most superior, owing to the curious action of Sunday as a rest day; the Monday lassitude of the French workingman is proverbial. And it is found that the workman who does not rest gradually loses his energy, and this is now a subject of keen interest among scientists.

The relation between fatigue and accidents receives much more attention in Europe than here, as do all matters relating to the conservation of human energy and the safety of the workingman. The relation between fatigue and accidents has indeed been noted in practically all forms of human energy. Bank clerks make most of their mistakes late in the afternoon, and this is said to have had something to do with the early closing of such institutions. Bankers, at any rate, have had the sense to note that the mistakes of their employes are likely to prove expensive.

STAMP AFFIXER IS CURIOUS

Device Shown in Illustration Is Apparently Simple in Operation—Works Very Rapidly.

The new stamp affixer shown in this illustration is apparently very simple and certain in operation, says the Popular Mechanics. By merely sliding an envelope onto the machine and turning the handle around the corner of the envelope is moistened; a stamp is ejected, cut off from the strip and pressed firmly onto the moistened surface; a counter records the use of the stamp, and the letter is thrown off the machine. A good operator can stamp mail at a speed of about 4,500 an hour.

Stamping Machine in Operation.

Velocity of Meteors.

An amateur astronomer has devised a simple and ingenious method of measuring the velocity of meteors, or "shooting stars." He photographs the meteor through a wheel with alternate opaque and transparent sectors, which is mounted in front of the camera and turned, by an electric motor, at a rate from 30 to 50 revolutions a minute. The velocity of the meteor at right angles to the line of sight can be calculated from the interrupted line which it traces on the photographic plate, when the speed of the wheel and the width of the sectors are known.

NOTES OF SCIENCE AND INVENTION

At last accounts there were 16,894 licensed vehicles in London.

Fifty-six per cent of the students at Dartmouth college wear glasses.

The rat's sight is not good, but its sense of smell and locality is without parallel.

For slicing bread in restaurants there has been invented a knife with six parallel blades.

Liverpool is teaching many of its indigent blind massage to enable them to earn a living.

The smallest bird—is a Central American humming bird, about the size of a blue bottle fly.

The Netherlands government has decided to protect foreign patents on payment of a small fee.

Four totally different birds in as many countries are known by the name of "robin redbreast."

There were 26,857 patents issued by the patent office at Washington last year and 22,768 expired.

It is estimated that on an average each penny in circulation changes hands eleven times a week.

In 1890 one could buy in the Philippines thirty-two pineapples for 20 cents. The price has since doubled.

A Chinaman, employing Chinese workmen and machinery, has established a semi-artificial food factory in Paris.

The ONLOOKER by WILBUR D. NESBIT

ANOTHER JOKE NAILED

Another Joke Nailed.

Quite often we come on the jest that is written about the fair bride.
The jest that 'tis time were completely and wholly rebuked and demed.
Time-honored, age-battered, bald-headed, bewhiskered, by Socrates known—
The joke that is based on her first batch of biscuits—each hard as a stone.

We read of the husband who smiles as he sees them and bites into one,
Then asks with a grimace how many are needed to make up a ton.
We read how he chews them with all his devotion, poor, innocent youth,
And in a few moments must go to the dentist—he's broken a tooth.

The quip should be buried; 'tis dead as a dummick; it cannot exist;
Let editors kill it and humorists mark it right off of the list.
No more let it haunt us in humorous column or weekly or book—
Do you know a woman today who gets married and knows how to cook?

Ah, yes, you will tell us. But let us go further and settle this thing.
The magazines blossom with pictures of brides who are married this spring—
In all your acquaintance, do you know a woman who cares to be wed
If she thinks she ever will have to wash dishes or worry with bread?

That Man Once More.

The man with the intermittent whiskers and the deepest eyes glides into the office and glides noiselessly to the desk of the pale-faced slave with the dislocated typewriter.

Clearing his throat apologetically he says:

"I know you are busy, but a little idea just occurred to me which I thought you might be glad to have. I never do any writing myself, so I do not bother to work these things out—just pass along the idea, and then leave the easy part to some one who makes the rest of it his trade."

"Yes?" queries the pale-faced slave, disentangling four or five type bars on his machine.

"Yes. This is a little conundrum. Fix it up to suit yourself, of course, but the general form is: 'What is the difference between a Mexican insurgent cutting dried cactus in the desert in order to build a fire to prepare breakfast for the troops—what is the difference between him and a Scotchman anteing two shillings in a poker game?'"

"That," sighs the pale-faced slave, "is simple. One is a don before the meal and the other is a man before the deal."

And far away, through the calm air of the night, sounded a mournful bugle call. Then the wondering stars blinked down again upon the silent field, whence arose no sound, save from time to time the sad call of a coyote chanting to its lost mate.

THOSE DEAR WOMEN.

"I am so glad you like my new gown. My husband just dotes on it. He says it makes me look like another woman."

"How happy you must be! He is so fond of other women."

Another Warning.

Not always they who take their flannels off
Are subject for obituary cream;
The sudden, fatal, sharp, pneumonia cough
Gets those who put their straw hats on too soon.

Fatal Mistake.

"Why did you fire that new boy?" asks the partner of the strawberry merchant.

"Didn't you see what he was doing?" answers the other. "I told him to fill those boxes with berries, and the gawk was filling the bottoms instead of the tops."

Wilbur D. Nesbit

KNOWN AS FISH A LA CREME

Attractive and Convenient Method of Serving Almost Any Kind of the Finny Tribe.

Four to six pounds of fish, one to one and a half pints of white sauce, and one zip cracker crumbs moistened in one-third cup of melted butter. This is one of the most attractive and convenient methods of serving any kind of dry white fish, haddock, cod or cusk. Clean the fish, cook in boiling salted water, with one tablespoon vinegar, till the flesh separates easily. Drain and when cool remove the skin and bones, and pick apart in flakes. Make a rich white sauce. Put a layer of fish on a platter suitable for serving. Cover with the white sauce, letting the fish soak up all it will; then arrange another layer of fish and sauce. Moisten cracker crumbs in melted butter and spread over the top with a fork. Set the platter in an oven over a pan of hot water, to keep platter from cracking and bake till crumbs are brown. Two or three tablespoons of grated cheese may be mixed with crumbs if you like flavor.

SPLENDID IDEA FOR DESSERT

Combination That Is Known as "Angels' Delight" Liked by All Who Have Tried It.

This is an imitation of brick ice cream, and for the hostess who desires something delicate and inexpensive in the way of desserts this recipe is highly recommended: Moisten four tablespoonfuls of gelatin with a little water. When dissolved add two cupfuls of boiling water and six tablespoonfuls of sugar. Let the mixture come to a boil, then beat in the whites of six eggs, beaten to a froth. Beat until partially cool and stiff; divide into three sections. Flavor section one with vanilla and spread in a layer mold, sprinkling the top with chopped nuts. Color the second portion with fruit or vegetable coloring, flavor with strawberry or lemon, and spread over section one, sprinkling with nuts. Flavor section three with vanilla and spread over section two. Set on ice till firm and serve with whipped cream. This recipe will serve eight people.

Muffins.

This is a very nice recipe for muffins which I always have good luck with. The rule makes one dozen. Mix together and sift one pint of flour, two teaspoons baking powder, one-half teaspoon salt, two teaspoons sugar. Melt three tablespoons butter. Beat two eggs light and add a generous half pint of milk. Add this mixture to the dry ingredients and stir in the melted butter. Beat the batter vigorously for a few seconds and then put in buttered muffin pans and bake about twenty minutes in quick oven.

Fowl—Southern Style.

Cut a five-pound fowl in pieces for serving and start broiling in just enough water to cover. Boil five minutes, then simmer gently. When partially cooked add one quart of milk and a teaspoon of salt, and finish cooking. Remove the fowl from the stock and arrange on slices of toasted bread, and pour over a gravy, prepared by melting two tablespoons of butter, adding four tablespoons flour, and gradually one pint of the stock, then seasoning with salt and pepper.

Celery Cream.

Take three or four heads of nice white celery, cut in small pieces, cover with water and boil until tender, which will take from one-half to a whole hour. When tender drain off the water and mash fine. Have ready three pints of milk boiling hot and add to the mashed celery, and the water in which it was boiled. Stir a tablespoonful of flour in a lump of butter the size of an egg, add to the cream, season with pepper and salt, boil three minutes and serve.

Broiled Scotch Herring.

Soak a couple or more herrings in a little warm water. (This is unnecessary for fresh Yarmouth bloaters). Dry them well with a cloth, make four or five incisions crosswise on the back, dredge a little flour over them and put them on a gridiron about six inches above a clear fire. This fish may be opened at the back and rubbed inside with a little cold butter if liked. Time, five minutes. Sufficient for two persons.

To Protect Tablecloth.

Thin white oiled paper spread under the child's plate at the table and extending a little way beyond, will protect the tablecloth. This will not be very noticeable, especially if it is bought in sheets and the pieces are cut and laid smoothly on the cloth. When a piece of paper is soiled it may be thrown away or burned and a fresh piece substituted.

Griddle Cakes.

To one quart of flour add one teaspoon of cream of tartar and one three-quarterful of soda, mix with sour or buttermilk and bake on a griddle; season to taste. Buttermilk cakes made in the same way, adding two eggs, are very nice.

Nut Wafers.

One-quarter cup butter, one cup sugar, one egg, one saltspoon of soda, one cup of nut meats. Use walnuts or grated cocoanuts. Drop on buttered tins and bake quickly. I forgot to include one cup of flour.

ALLEN'S FOOT-EASE
Makes Tight Fitting Shoes Easy.
Allen's Foot-Ease, the antiseptic powder for the feet, is a comfort to tired, aching, sensitive feet. It takes the sting out of corns and bunions. It is the greatest comfort discovery of the age. Allen's Foot-Ease makes shoes feel easy. It is a certain relief for sweating, hot, tired, aching feet. We have thousands of testimonials like this: "Please send another 25c package of Allen's Foot-Ease. It is the best seller we have." Sold everywhere, 25c. Don't accept any substitute. Sent by mail for 25c in stamps.
FREE TRIAL PACKAGE
A TRIAL PACKAGE OF ALLEN'S FOOT-EASE SENT FREE TO ANY ADDRESS. Address, ALLEN S. OLMSTED, Le Roy, N. Y.
"It's a relief, you bet, Allen's Foot-Ease."
Relief for the feet. Rest for the body. Sold everywhere.

WHY, YES, SHE GOT THE NOTE

Beautiful Roses Appreciated, but There Was a "Fly in the Ointment."

A young man whose gallantry is in excess of his means sought to remedy this defect and to save the expense of the money required for the purchase of flowers for his lady loves by arranging with a gardener to let him have a bouquet from time to time, in return for his cast-off clothes. So it happened that one day he received a bunch of beautiful roses, which he at once dispatched to her house. In sure anticipation of a friendly welcome he called on the young woman that evening. He got a frosty reception.

"Did—er—did you get my flowers today?" he was finally forced to ask.

"Yes, and the note that went with them."

"Note? Why, did I send a note?"

"You did. A disgraceful note, scrawled with a blunt pencil, on dirty paper. Here it is. I don't understand it, and I don't think you are very humorous."

The note read as follows:

"Here's your flowers, but you owe me a pair of pants for 'em."—Cleveland Plain Dealer.

A NEW IDEA.

Politician—There were several ungrammatical sentences in your speech last night.

The Candidate—I know; I'm making a play for the uneducated vote.

A Wail—in the Near Future.

"Dirst them plutocrats! They're grinding down the poor worse every day. There I was makin' as high as $29 a week commission for hetchin' automobile speeders, an' now what do they do? They take to flyin' machines an' cheat a poor man out of his livin', the hogs."—Judge.

Fairly Won.

"Who gave ye th' black eye, Jim?"

"Nobody gave it t' me. I had t' fight for it."—Life.

FOOD IN SERMONS
Feed the Dominie Right and the Sermons Are Brilliant.

A conscientious, hard-working and successful clergyman writes: "I am glad to bear testimony to the pleasure and increased measure of efficiency and health that have come to me from adopting Grape-Nuts food as one of my articles of diet.

"For several years I was much distressed during the early part of each day by indigestion. My breakfast seemed to turn sour and fail to digest. After dinner the headache and other symptoms following the breakfast would wear away, only to return, however, next morning.

"Having heard of Grape-Nuts food, I finally concluded to give it a trial. I made my breakfasts of Grape-Nuts with cream, toast and Postum. The result was surprising in improved health and total absence of the distress that had, for so long a time, followed the morning meal.

"My digestion became once more satisfactory, the headaches ceased, and the old feeling of energy returned. Since that time I have always had Grape-Nuts food on my breakfast table.

"I was delighted to find also, that whereas before I began to use Grape-Nuts food I was quite nervous and became easily wearied in the work of preparing sermons and in study, a marked improvement in this respect resulted from the change in my diet.

"I am convinced that Grape-Nuts food produced this result and helped me to a sturdy condition of mental and physical strength.

"I have known of several persons who were formerly troubled as I was, and who have been helped as I have been, by the use of Grape-Nuts food, on my recommendation." Name given by Postum Company, Battle Creek, Mich.

"There's a reason."

Read the little book, "The Road to Wellville," in pkgs.

Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human interest.