

How to avoid Operations

These Three Women Tell How They Escaped the Dreadful Ordeal of Surgical Operations.

Hospitals are great and necessary institutions, but they should be the last resort for women who suffer with ills peculiar to their sex. Many letters on file in the Pinkham Laboratory at Lynn, Mass., prove that a great number of women after they have been recommended to submit to an operation have been made well by Lydia E. Pinkham's Vegetable Compound. Here are three such letters. All sick women should read them.



Marinette, Wis.—"I went to the doctor and he told me I must have an operation for a female trouble, and I hated to have it done as I had been married only a short time. I would have terrible pains and my hands and feet were cold all the time. I took Lydia E. Pinkham's Vegetable Compound and was cured, and I feel better in every way. I give you permission to publish my name because I am so thankful that I feel well again."
—Mrs. FRED BRUNKE, Marinette, Wis.

Detroit, Mich.—"When I first took Lydia E. Pinkham's Vegetable Compound I was so run down with female troubles that I could not do anything, and our doctor said I would have to undergo an operation. I could hardly walk without help so when I read about the Vegetable Compound and what it had done for others I thought I would try it. I got a bottle of Lydia E. Pinkham's Vegetable Compound and a package of Lydia E. Pinkham's Sanative Wash and used them according to directions. They helped me and today I am able to do all my work and I am well."
—Mrs. THOS. DWYER, 289 Milwaukee Ave., East, Detroit, Mich.

Bellevue, Pa.—"I suffered more than tongue can tell with terrible bearing down pains and inflammation. I tried several doctors and they all told me the same story, that I never could get well without an operation and I just dreaded the thought of that. I also tried a good many other medicines that were recommended to me and none of them helped me until a friend advised me to give Lydia E. Pinkham's Vegetable Compound a trial. The first bottle helped, I kept taking it and now I don't know what it is to be sick any more and I am packing up in weight. I am 20 years old and weigh 145 pounds. It will be the greatest pleasure to me if I can have the opportunity to recommend it to any other suffering woman."
—Miss IRENE FROELICHER, 1223 Manhattan St., North Side, Bellevue, Pa.

If you would like special advice write to Lydia E. Pinkham Med. Co. (confidential), Lynn, Mass. Your letter will be opened, read and answered by a woman and held in strict confidence.

Don't Risk Pneumonia At the First Sign of a Cold take

HILL'S CASCARA QUININE

The old standard remedy in tablet form. No unpleasant after effects. No opiate. Cures colds in 24 hours. No grippe in 2 days. Money back if it fails. Send on genuine. Box with red top. Mr. Hill's picture on it. 25 Cents. At Any Drug Store. W. H. Hill Company, Detroit.

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Can quickly be overcome by **CARTER'S LITTLE LIVER PILLS**.

Purely vegetable—act surely and gently on the liver. Cure Biliousness, Headache, Stomach Distress, and Indigestion. They do their duty. SMALL PILL, SMALL DOSE, SMALL PRICE. Genuine must bear Signature **Brentwood**

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LOSSES SURELY PREVENTED

Warranted to cure all cases of Black Leg, whether caused by frost, cold, or any other cause. Write for booklet and testimonials. Price 50c. Shipping Postage 10c. The Carter Laboratory, Burlington, N. C., or Chicago, Ill.

PATENTS

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GIRLS WANTED

Need this famous DOCTOR'S PRESCRIPTION

Thousands of women who are now blessed with robust health cannot understand why thousands of other women continue to worry and suffer from ailments peculiar to women when they can obtain for a trifling sum Dr. Pierce's Favorite Prescription which will surely and quickly banish all pain, distress and misery and restore the womanly functions to health.

This prescription of Dr. Pierce's is extracted from roots and herbs in a temperance remedy.

To get rid of irregularities, or catarrhal condition, to avoid pain at certain times, to overcome irritability and weakness, waste no time, but get Dr. Pierce's Favorite Prescription in Liquid or tablet form this very day.

IS CONGRESS SLOW?

LAWMAKERS SEEM TO BE KEEPING LEISURELY PACE SET IN PAST.

HOW LOWER HOUSE DAWDLES

Hearings in the Naval Committee Have Consumed Much Time—Unlimited Senate Debate Generally Considered Greatest Cause of Delay.

By GEORGE CLINTON.
Washington.—Speaker Champ Clark has denied with something like indignation that the house of representatives is "dawdling" along with legislation. Some time ago another member of congress, a Democrat, but one holding membership in the upper branch, said publicly that congress was far behind in its work. It is this statement, which was sent broadcast through the country, which perhaps is responsible for the letters which congressmen of all parties are said to be receiving asking why they do not "speed up."

To an outsider who can separate himself from the politics in the case it seems that congress is just about keeping the pace which was set for it in the past. When the Republicans were in power they were charged with dawdling, and now that the other party has control the same charge is laid at its door. The truth is that congressmen, being like other folk, are moved by all kinds of elements either to linger over their work or in some specific cases to push it perhaps too rapidly.

It is somewhat interesting to learn, however, that most of the criticism of the slowness of congress which has come from the country not only recently but for many years past directs itself to the house of representatives. It is true enough that the house does go remarkably slow on legislation occasionally, but taking it as a rule the representatives are ravers on the legislative track as compared to the testis-oriented senators.

The reason is very simple. When the majority in the house makes up its mind to put a bill of legislation through it adopts a rule limiting debate and fixing the hour for a vote. In the upper house senatorial courtesy and a belief or at any rate an alleged belief, in the beauty of free and long discussions keeps the senators from establishing a rule to shut off discussion. They can talk for a whole session on one bill if they want.

Long Hearings on Navy.

Probably a considerable part of the complaint which has been made concerning laggardly action in the house of representatives this year is due to the long-drawn-out hearings in the naval committee on the subject of naval preparedness. Weeks and weeks have been spent in hearings. It is said that all kinds of inconsequential matters have been discussed in the committee, and that if the real object of the hearings alone had been given consideration the bill might have been reported to the house long ago.

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Bathe the affected part with Cuticura Soap and apply the ointment. For eczema, rashes, irritations, pimples, dandruff and sore hands Cuticura Soap and Ointment are supreme. Nothing better, cleaner or purer than these super-creamy emollients at any price. Free sample each by mail with book. Address postpaid, Cuticura, Dept. L, Boston. Sold everywhere—Adv.

Important to Mothers

Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it bears the Signature of **Dr. J. C. Fletcherson** in Use for Over 30 Years.

Children Cry for Fletcherson's Castoria

Their Class.
"Pets vary in different climates."
"Yes, I suppose that in solar circles they have sun dogs."

IMITATION IS SINCEREST FLATTERY

But like counterfeit money the imitation has not the worth of the original. Insist on "La Creole" Hair Dressing—it's the original. Darkens your hair in the natural way, but contains no dye. Price \$1.00.—Adv.

"ANURIC!"

NEWEST IN CHEMISTRY

This is a recent discovery of Doctor Pierce, head of the Invalids' Hotel, Buffalo, N. Y. Experiments for several years proved that there is no other eliminator of uric acid comparable. For those easily recognized symptoms of inflammation—as backache, scalding urine and frequent urination, as well as sediment in the urine, or if uric acid in the blood has caused rheumatism, "Anuric" acts quickly. In rheumatism of the joints, in gravel and gout, invariably the pains and stiffness which so frequently and persistently accompany the disease rapidly disappear.

Send Dr. Pierce 10c for large trial package. Full treatment 50c. All druggists.

legislators of course, admit that absolute preparedness would mean the possession by Uncle Sam of a regular army big enough to do things on the instant, they urge the rooted objection of the American people to a large standing army.

Men Must Be Prepared.

The main point, as army men view it, is that this ride of Colonel Dodd and his 600 troopers shows what real preparedness means for the individual, and it is further urged by the men of the service that this physical condition which is necessary to make men endure under all conditions cannot be attained by National Guardsmen or by volunteer forces until they have been given months of daily training after the same manner that it is given to the men who follow the flag as regulars.

Apparently the effect will be hereafter to impress upon the country that real preparedness consists in preparedness of men. It takes continued service to keep men hard and fit for work which may come unexpectedly. The sixty-five-year-old colonel who made his fifty-five miles in seventeen hours and then fought for five hours has been an active soldier for forty-four years this time including his service as a cadet at West Point. Dodd is one of the few officers of high rank in the American army who never has had "awful chair" service except for a period of time which is negligible.

Regular is Always Fit.

It is learned from officers who have made a study of the whole preparedness situation that it is their belief that if congress should authorize a regular army of 250,000 men, which would mean an army all told of about 350,000 men, the people could rest content that this country would be safe from foreign invasion. It is not at all likely, judging from what one hears from congress, that such a force will be authorized for a good many years to come, but admission is made by the lawmakers that the maintenance of an army of this size would cost less than to support a more elaborate soldier-raising scheme which involves simply a partial preparation for service of men whose main pursuits are found in civil life.

The army men say, and they point to Dodd's achievement to sustain it, that the regular of all branches is fit for instant service in the field. He is trained daily in all military branches and the physical exercise which he gets, the regularity of his hours and his substantial and good food keep him ready for emergencies. This naturally enough is not true of the civilian soldier who gets a month or so of training every year and has the rest of the time to do what he likes with himself.

Brave Army Post Women.

An army post after the troops have been ordered into the field is perhaps one of the best places in the world at which to find a text for a peace propaganda. The chances are however, that the women and children of an army post would object to having their manifest anxieties made the subject of discourses.

Army women and children say "good-by" to husbands and fathers with cheerful faces, and if there are tears afterward it is more than possible that resentment would come if any one were made of them in what might seem to be an attempt to turn the militant ones from their duty.

The cavalry the other day was ordered from Fort Myer, which is just across the Potomac from Washington, to the Mexican border with the possibility, perhaps even the probability, that the service tour might be extended into the field where other cavalrymen already had taken up the cause of the Mexican bandits. The quarters at Fort Myer still are occupied by the families of the fighters.

When women of an army post thus are left behind with all the anxieties and uncertainties connected with the case they make a great showing of courage. Bridge parties, teas and kindred social affairs still are the order, but many a wrong card is played and many a possible trick overlooked by some ordinarily expert woman bridge player when she sits at table with her thoughts on the border instead of on the game.

The condition of things at Fort Myer today is duplicated at many other posts in the United States. The men have gone and the women and children have stayed. The newspapers are read eagerly enough by the ordinary civilian in order to get news from Funston, or Pershing, or Dodd, but the army women take the morning and the evening paper the instant that they can get it and read the headlines, with something that is not far removed from dread.

In Washington and at Fort Myer there is not evident in army circles the dreadful anxiety that was so manifest during the Spanish war. The casualties in '98 on the battlefield were not very great, although a considerable number of officers were killed or wounded. The gripping anxieties of the Spanish war itself were due in large part to the exposure to dread disease which was the lot of the army men. Men came back from that service who had never heard a bullet whistle, and yet had met a worse foe. Many an army officer was compelled to retire from the service because of disease which had fixed itself upon him in the insidious camps of one section of the United States and of Cuba.

There is little worry among the women of the army today because of the danger from disease. Typhoid and yellow fever, the chief disease foes of armies fighting in a southern climate, have been rooted by the strict code of the medical corps. The one, however, cannot run amok a day let not a snuff stroke.

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Mrs. Brindle—Now, Mary, I want you to be careful. This is some very old table linen—been in the family for over two hundred years, and—
Mary—Aw sure, ma'am, you needn't worry. I won't tell a soul and it looks as good as new, anyway.—Pittsburgh Chronicle-Telegraph.

Kidney Trouble Causes Lame Back

I am pleased to say a good word for Dr. Kilmor's Swamp-Root, as I was troubled for a year or more with my kidneys and annoying symptoms. My Brother advised me to try Swamp-Root. I took several bottles of this remedy with excellent results. At the time Swamp-Root was recommended to me, my condition was such that I found it an effort in sleeping or bending and in standing to my duties as Manager of the \$299 Store at 122 Main St., Evansville, Ind. Very truly yours,
J. E. ALVEY,
Rose Terrace Apts., No. 5 Lower 7th St., Evansville, Ind.

Subscribed and sworn to before me, this 21st day of December, 1911.
EDWARD J. TOBIER,
Notary Public.

Prove What Swamp-Root Will Do For You

Send ten cents to Dr. Kilmor & Co., Binghamton, N. Y., for a sample size bottle. It will convince anyone. You will also receive a booklet of valuable information, telling about the kidneys and bladder. When writing be sure and mention this paper. Regular fifteen-cent and one-dollar size bottles for sale at all drug stores.—Adv.

He Knew Slim.

"I say, Slim is about to retire from business," said one man to another. "He's going to devote the remainder of his life to being good."
"Really?" asked the other with a humorous twinkle in his eye. "And who is he—good, I mean?"

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Apply like a shampoo to your hair and scalp Q-Ban Hair Color Restorer. Do this every day for a week then three times a week. In a short time all your gray, faded, prematurely gray or gray streaked hair turns an even beautiful dark shade with not even a trace of gray showing. Q-Ban makes scalp and hair healthy, leaving all your hair fluffy, soft, thick and beautifully dark and lustrous. Q-Ban is not a dye, is harmless, and is sold on a money back guarantee by drug stores. Big bottle 50c or sent prepaid by Q-Ban, Front St., Memphis, Tenn.—Adv.

Hereditary.

"She doesn't seem to mind the sideways crush at all," said one man to another. "No wonder. Her ancestors came over in the Mayflower."

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The Old Standard Grove's Tasteless Child Tonic is equally valuable as a General Tonic because it contains the well known tonic properties of QUININE and IRON. It acts on the Liver, Drives out Malaria, Enriches the Blood and Builds up the Whole System. 50 cents.

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Omar—Marks fell asleep in a car and awoke to find himself rifled.
Henry—He must have been loaded.

WOMAN'S CROWNING GLORY

is her hair. If yours is streaked with ugly, grizzly gray hairs use "La Creole" Hair Dressing and change it in the natural way. Price \$1.00.—Adv.

Much happiness or misery lies within the circle of a wedding ring.

Fulton Mothers Now Treat Children's Colds Externally

They Find Vap-O-Rub Better Than Internal Medicines for Croup and Cold Troubles.

Mrs. J. S. Fugh, 210 Market St., and Mrs. Mary Bolton, 105 Ravine St., both of Fulton, Mo., have found, in common with many other Missouri mothers, that it is no longer necessary to dose children with internal medicines for cold troubles. In the South Vicks Vap-O-Rub is the standard remedy for these troubles, but it was only last winter that it was introduced here. Vap-O-Rub was discovered by a North Carolina druggist. He found how to combine menthol and eucalyptol with the essential oils of Thyme, Eucalyptus, Camphor and Juniper in such a way, so that when applied to the body, the ingredients were vaporized by the body heat.

These vapors are inhaled with each breath, through the passages in the lungs, causing the mucus to be set to the affected parts, and, in addition, Vicks is absorbed through the skin, taking out the catarrhs and the inflammation.

VICKS' VAPORUB SALVE

A Secret.

"Does anybody know how Van Geld made his money?"
"Evidently not. Otherwise Van would probably be in jail."

SOAP IS STRONGLY ALKALINE

and constant use will burn out the scalp. Cleanse the scalp by shampooing with "La Creole" Hair Dressing, and darken in the natural way those ugly, grizzly hairs. Price, \$1.00.—Adv.

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Dr. Pierce's Pellets are best for liver, bowels and stomach. One little Pellet for a laxative—three for a cathartic.—Adv.

Ridicule never kills unless the death is deserved.

Children Who Are Sickly

When your child cries at night, tosses restlessly in its sleep, is constipated, frets, or has a constant flow of worms, you are worried. Mothers who value their own comfort and the welfare of their children, should never be without a box of

Mother Gray's Sweet Powders for Children

For use throughout the season. They tend to break up colds, relieve feverishness, constipation, teething, Diarrhea, move and regulate the bowels and soothe the stomach. These powders are pleasant to take and easy for parents to give. They cleanse the stomach, act on the liver, and give beautiful sleep. Don't accept by mistake the cheap imitations by requesting the child's any substitute system.

Used by mothers for 25 years. Sold by all druggists, 25c. Sample mailed FREE. Address: Mother Gray Co., Le Roy, N. Y. Be sure you ask for Mother Gray's Sweet Powders for Children.

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In the removal of waste material from the body, the kidneys are called upon to perform a very important duty. The failure of these marvelous and delicately constructed organs to properly do their work means retention in the system of poisonous matter. This poisons the system, and if permitted to remain results in severe backache, headache, torpid liver, constipation, and eventually Bright's disease.

About 40 years ago Warner's Safe Kidney and Liver Remedy, a combination of herbs and other beautiful ingredients, was discovered; its value in strengthening the kidneys and liver was at once appreciated. And today it stands as one of the standard remedies in the treatment of diseases of the kidneys and liver. Many persons suffer from diseases of the kidneys unknowingly. The use of Warner's safe Kidney and Liver Remedy will invariably improve your health, and make you feel that life is really worth the living.

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