

# THE TRIALS OF A HOUSEWIFE

## How They Have Been Endured and How Overcome by Lydia E. Pinkham's Vegetable Compound

### Experience of a Providence Woman



Providence, R. I.—"I took Lydia E. Pinkham's Vegetable Compound for a female trouble and backache. It began just after my baby was born, and I did the best I could about getting my work done, but I had awful bearing-down pains so I could not stand on my feet. I read in the papers about Lydia E. Pinkham's Vegetable Compound and the good it was doing other women, and I have got dandy results from it and will always recommend it. You can use these facts as a testimonial if you wish."—Mrs. HERBERT L. CASSEN, 18 Meni Court, Providence, R. I.

**Ohio woman for three years could hardly keep about and do her housework she was so ill. Made well by Lydia E. Pinkham's Vegetable Compound:** Fayette, O.—"For about three years I was very nervous and had backache, headache, dragging-down pains, could not sleep at night, and had no appetite. At times I could hardly do my housework. I got medicine from the doctor but it did not help me. I saw Lydia E. Pinkham's Vegetable Compound advertised in a newspaper and took it with good results, and am now able to do my housework. I recommend your medicine to my friends and you may publish my testimonial."—Mrs. CHESTER A. BALL, R. 15, Fayette, Ohio.

**An Illinois woman relates her experience:** Bloomington, Ill.—"I was never very strong and female trouble kept me so weak I had no interest in my housework. I had such a backache I could not cook a meal or sweep a room without raging with pain. Rubbing my back with alcohol sometimes eased the pain for a few hours, but did not stop it. I heard of Lydia E. Pinkham's Vegetable Compound, and six bottles of it have made me as strong and healthy as any woman; and I give my thanks to it for my health."—Mrs. J. A. McQUITT, 610 W. Walnut St., Bloomington, Ill.

The conditions described by Mrs. Cassen, Mrs. Ball, and Mrs. McQuitty will appeal to many women who struggle on with their daily tasks in just such conditions—in fact, it is said that the tragedy in the lives of some women is almost beyond belief. Day in and day out they slave in their homes for their families—and beside the daily routine of housework, often make clothes for themselves and for their children, or work in their gardens, all the while suffering from those awful bearing-down pains, backache, headaches, nervousness, the blues, and troubles which sap the very foundation of life until there comes a time when nature gives out and an operation seems inevitable. If such women would only profit by the experience of these three women, and remember that Lydia E. Pinkham's Vegetable Compound is the natural restorative for such conditions it may save them years of suffering and unhappiness.

There is hardly a neighborhood in any town or hamlet in the United States wherein some woman does not reside who has been restored to health by this famous medicine. Therefore ask your neighbor, and you will find in a great many cases that at some time or other she, too, has been benefited by taking it, and will recommend it to you. For more than forty years this old-fashioned root and herb medicine has been restoring suffering women to health and strength.

Lydia E. Pinkham's Private Text-Book upon "Afflictions Peculiar to Women" will be sent to you free upon request. Write to: The Lydia E. Pinkham Medicine Co., Lynn, Massachusetts. This book contains valuable information.

### BLACKMANS MEDICATED SALT BRICK

STOCK LICK IT  
STOCK LIKE IT

BLACKMAN STOCK REMEDY COMPANY Chattanooga, Tenn.

**Better Retire.**  
"I'm discouraged and tired of life," declared the head of the family. "Why so dependent?" asked his friend. "Statistics!" "Statistics? What's that got to do with it?" "Yes; they say that five hours of work a day is enough to supply each member of the community with a living, provided the work be equally shared by all."  
"Well, I'm the only one in five in my family that labors. So, if statistics are true, to support the crowd I've got to work 25 hours a day."  
**High Praise.**  
"What sort of a young fellow is he?" "The sort you'd like to have for a son-in-law."

**Delicacy Seemed to Please.**  
Tasting ice cream for the first time in their lives, Joe Jable and his three sons from the mountains near Uniontown, Md., disposed of 61 dishes of it at their first sitting. Fifteen each for the boys and sixteen for dad.

### ASPIRIN

Name "Bayer" on Genuine

**Warning!** Unless you see the name "Bayer" on package or on tablets you are not getting genuine Aspirin prescribed by physicians for twenty-one years and proved safe by millions. Take Aspirin only as told in the Bayer package for Colds, Headache, Neuralgia, Rheumatism, Earache, Toothache, Lumbago and for Pain. Handy tin boxes of twelve Bayer Tablets of Aspirin cost few cents. Druggists also sell larger packages. Aspirin is the trade mark of Bayer Manufacture of the Monoacetic-ester of Salicylic acid.—Advertisement.

**Vanity of the Sex.**  
Hubby—We've certainly got a household of flies.  
Wife—Yes, and I think they're all females, too.  
Hubby—What makes you think that?  
Wife—Why, they all settle on the mirrors.

**CATARRHAL DEAFNESS** is greatly relieved by constitutional treatment. HALL'S CATARRH MEDICINE is a constitutional remedy. Catarrhal Deafness is caused by an inflamed condition of the mucous lining of the Eustachian Tube. When this tube is inflamed you have a rumbling sound or imperfect hearing, and when it is entirely closed, deafness is the result. Unless the inflammation can be reduced, your hearing may be destroyed forever. HALL'S CATARRH MEDICINE acts through the blood on the mucous surfaces of the system, thus reducing the inflammation and assisting Nature in restoring normal conditions. Circulars free. All Druggists. F. J. Cheney & Co., Toledo, Ohio.—Advertisement.

**All He Does.**  
"He gets his money easily."  
"Very. All he has to do for it is to stick everlastingly to his job."

### NR TONIGHT

Tomorrow Alright

NR Tablets stop sick headaches, relieve bilious attacks, tone and regulate the eliminative organs, make you feel fine.

"Better Than Pills For Liver Ills"

### Cuticura Soap

Clears the Skin and Keeps it Clear

Soap 25c, Ointment 25c and 50c, Tablets 25c.

**FRUITAGE BRINGS HEALTH**

The kind of health that needs no physic, pill, oil, mineral water, internal bath or enema. Gives relief, comfort, energy. Money-back guarantee. Send \$1 for Trial Jar.

**STEWART FOOD CO.**  
265 N. First St. St. Louis, Mo.

**FRECKLES** positively destroyed by Dr. Barry's Freckle Cream. 25c. 50c. 1.00. 2.00. 3.00. 4.00. 5.00. 6.00. 7.00. 8.00. 9.00. 10.00. 11.00. 12.00. 13.00. 14.00. 15.00. 16.00. 17.00. 18.00. 19.00. 20.00. 21.00. 22.00. 23.00. 24.00. 25.00. 26.00. 27.00. 28.00. 29.00. 30.00. 31.00. 32.00. 33.00. 34.00. 35.00. 36.00. 37.00. 38.00. 39.00. 40.00. 41.00. 42.00. 43.00. 44.00. 45.00. 46.00. 47.00. 48.00. 49.00. 50.00. 51.00. 52.00. 53.00. 54.00. 55.00. 56.00. 57.00. 58.00. 59.00. 60.00. 61.00. 62.00. 63.00. 64.00. 65.00. 66.00. 67.00. 68.00. 69.00. 70.00. 71.00. 72.00. 73.00. 74.00. 75.00. 76.00. 77.00. 78.00. 79.00. 80.00. 81.00. 82.00. 83.00. 84.00. 85.00. 86.00. 87.00. 88.00. 89.00. 90.00. 91.00. 92.00. 93.00. 94.00. 95.00. 96.00. 97.00. 98.00. 99.00. 100.00.

## Daddy's Evening Fairy Tale

BY MARY GRAHAM BONNER

IN THE SHOP.

"Ah," said Mr. Goldfish, "we add to the beauty of this shop. Some of our family have been put in the window which looks out upon the street so that when people pass by they can see the beautiful members of the Goldfish family."

"Of course, I do not mean that they are in the window without any water. They are in bowls of water swimming about. And there are weeds and pebbles in the bowls of water too, so that the Goldfish family will feel at home."

"Goldfish would not feel at home in the window unless there were some water for them, for goldfish like watery homes."

"And here we are, ready to be sold, and to be taken home; to add to the beauty of people's homes."

"We're here, too," said Mr. Turtle. "And some of our family are in the window, too, along with some of your family, Mr. Goldfish, to add to the beauty and interest of the window."

"We're all showing how attractive a home is with some Goldfish and Turtles in it."

"The shop is showing off some of its fine summer furniture and beautiful summer curtains, but to make the window look really beautiful they had to add to the beauty by having us."

"Yes," said Mr. Goldfish, "and we're swimming around this tank here to show the people who come into the shop what a fine shop it is and how much the shop people care about having their shop look handsome."

"It is greatly improved by having us about."

"I've heard," said Mr. Turtle, "that we make people enjoy coming here. For when they get tired of looking at yards and yards of ribbons and lace and bits and bits of dresses and hats they can look at us and feel rested."

"Surely we must make them feel rested," said Mr. Goldfish, "for we swim about so slowly and show that there is no sense in hurrying all the time."

"We tell them that rest is a most important thing, and taking things easily is another important thing."

"Of course we don't tell them that by talking to them, but we show them what we think by the way we have of acting."

"We shake a fin at them and we try to say:—"

"Don't hurry and don't get all tired out. The Goldfish family never does that, and see how gay and bright and pretty are the Goldfish family."

"I don't suppose, though," said the Turtle, "that all creatures would care to be beautiful just as Goldfish are. They wouldn't care for fins and for glassy eyes and for fancy tails as members of your family do."

"But then, of course, all the world can't be made up of Goldfish and Turtles though I can imagine that nothing could be leveler than a world of Goldfish and of Turtles, especially of Goldfish."

"I've heard," said Mr. Turtle, "that they have some of our families in the children's shops because they know that the children will want to come and get their clothes and shoes in a shop where they have such interesting creatures as Goldfish and Turtles."

"And," said Mr. Goldfish, "splashing a bit, I've heard of a shop where they say they have everything one can want, even to Goldfish and Lawn Mowers."

"What are lawn mowers for?" asked Mr. Turtle.

"I asked the fish who told me he had heard this piece of news if he knew what they were and he said they were things which cut the lawns. And lawns are made of grass."

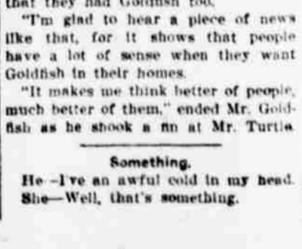
"Of course they have nothing to do with the water and they have nothing to do with the Goldfish family. For they don't have water mowers or anything foolish like that."

"But it shows that people had come to the shop and had asked for Goldfish and so the shop had sent out word that they had Goldfish too."

"I'm glad to hear a piece of news like that, for it shows that people have a lot of sense when they want Goldfish in their homes."

"It makes me think better of people, much better of them," ended Mr. Goldfish as he shook a fin at Mr. Turtle.

**Something.**  
He—I've an awful cold in my head.  
She—Well, that's something.



### CASTORIA

Net Contents 15 Fluid Drachms  
900 DROPS

ALCOHOL—3 PER CENT.  
A Vegetable Preparation for Assuaging the Food by Regulating the Stomachs and Bowels of INFANTS AND CHILDREN

Thereby Promoting Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Mineral. NOT NARCOTIC.

A helpful Remedy for Constipation and Diarrhoea, and Feverishness and LOSS OF SLEEP resulting therefrom in Infancy.

The Sincere Signature of  
Chas. H. Fletcher

THE CENTAUR COMPANY  
NEW YORK.

At 6 months old  
35 Doses—40 CENTS

Exact Copy of Wrapper.

# Children Cry For Fletcher's CASTORIA

### Special Care of Baby.

That Baby should have a bed of its own all are agreed. Yet it is more reasonable for an infant to sleep with grown-ups than to use a man's medicine in an attempt to regulate the delicate organism of that same infant. Either practice is to be shunned. Neither would be tolerated by specialists in children's diseases.

Your Physician will tell you that Baby's medicine must be prepared with even greater care than Baby's food.

A Baby's stomach when in good health is too often disarranged by improper food. Could you for a moment, then, think of giving to your ailing child anything but a medicine especially prepared for Infants and Children? Don't be deceived.

Make a mental note of this—It is important, Mothers, that you should remember that to function well, the digestive organs of your Baby must receive special care. No Baby is so abnormal that the desired results may be had from the use of medicines primarily prepared for grown-ups.

MOTHERS SHOULD READ THE BOOKLET THAT IS AROUND EVERY BOTTLE OF FLETCHER'S CASTORIA

**GENUINE CASTORIA ALWAYS**  
Bears the Signature of  
Chas. H. Fletcher.

THE CENTAUR COMPANY, NEW YORK, N. Y.

### WHY JOHN WAS NOT SMOKING

Probably the Wildest Idea of His Clubmates Would Have Been Wide of the Mark.

All the men at the club have been watching Johnnie Edwards, the investment broker, for the last week and there's been much surmising among them. Johnnie would give himself away, it seems that Johnnie has sold the prize for the champion smoker of the club for ten years.

In the last week Johnnie has been seen standing around the room with a superior, lost appearance and he'd been his lips always the inevitable cigarette. But it was never lighted.

Newsies asked to ask him questions and he'd not vouch for any explanation, so it would explode until Johnnie Van-Van overheard him say on the telephone:

"No, you have got to stick to your word now. I swore off if you would, and goodness knows I want one but I'm alone for a while. Now be a good little mother and remember your promise."—New York Sun.

**Correct English.**  
A Franklin mother had been teaching her three-year-old son correct English and told him he must never say "ain't."

One day, while eating his dinner, he stopped abruptly and said: "Mother, you mustn't ever say 'ain't,' for it's a naughty word."

"Yes," said mother, "you are right, Robert, but what shall I say?"

He looked puzzled and then his face lighted up and he replied: "Why, mother, you must say 'wuz me.'" meaning "excuse me"—Boston Herald.

We shall not find it so difficult to love our enemies if we begin by pitying them.

There may be as good a reason in a drug store as ever came out of a saloon.

### TAKING TOO "LOUD" PATTERNS

Pittsburgh Interior Decorator Says Women Will Soon Resemble Animated Parlor Chairs.

Have you seen what appears to be a corner of a boulevard walking down the street? Well, you soon will. They are already appearing in tennis courts, herbaceous, girls in dresses and costumes, with large splashy patterns all over them, exactly like the velvet parlor chairs in their summer wraps, they are. Bright varnish draperies in one with blue stripes and yellow dots, some examples of large patterns and vivid tints in feminine designs showing incongruous figures in every one's eyes among the factories and only for sport skirts, but for entire costumes, hats and shoes. "I never thought of going into the dressing-room business," said an interior decorator, "that women seem to be buying more large figured, drapery fabric for dresses than for houses this season. There are some designs I will not let them have, though, for such purposes." He showed a child's enormous hat trimmed with red and yellow fur streamers. "That, for instance," he said, "one of them was determined to dress herself in, but I said positively that she couldn't."—Pittsburgh Leader.

**The Difference.**  
Miss Lena Ashwell's part in "Mrs. Dan's Defense" was one night taken by an understudy. In the audience was a warm admirer of Miss Ashwell who wept bitterly as the piece unfolded. "It is lucky for you Miss Ashwell isn't playing," said her friend. "If this means you so much, you wouldn't be able to stand that?" "Miss Ashwell isn't playing," said the admirer, and at once began to dry his tears with a personal expression.

**The Reason.**  
Disappointed Wife—Several of the men I refused before I married you are richer than you are now.  
Husband—Yes, and thank my lucky stars.

**Western Canada Land of Prosperity**  
offers to home seekers opportunities that cannot be secured elsewhere. The thousands of farmers from the United States who have prospered in Canada's provinces offer to settle on FREE HOMESITES or buy farms land in best provinces have been well repaid by bountiful crops. There is still available on easy terms

**Fertile Land at \$15 to \$30 an Acre**—land similar to that which through many years has yielded from 20 to 45 bushels of wheat to the acre—oats, barley and flax also in great abundance, while raising horses, cattle, sheep and hogs is equally profitable. Hundreds of farmers in Western Canada have raised crops in a single season worth more than the whole cost of their land. With such success comes prosperity, independence, good homes and all the comforts and conveniences which make life worth living.

**Farm Gardens, Poultry, Dairying** are sources of income second only to grain growing and stock raising. Attractive climate, good neighbors, churches and schools, good markets, railroad facilities, rural telephone, etc.

For certificate entitling you to reduced railway rates, illustrated literature, maps, descriptions of farm opportunities in Manitoba, Saskatchewan, Alberta and British Columbia, etc., write

F. N. Hewitt, 2012 Main St., Kansas City, Missouri, C. I. Brewster, Room 412, 112 W. Adams Street, Chicago, Illinois

Authorized Agent, West of Des Moines and Correspondence, Department of Agriculture

### The Folly of Cheating Nature

Many people get the idea that they can keep their nerves on edge and their digestion upset year after year, and "get away with it." They sleep only half as much as they should—and never get properly and thoroughly rested.

If you tire out easily, if you are getting pale and anemic, if your food doesn't digest as it should, would it not be well to stop and consider whether coffee or tea is having its effect on you?

The caffeine and their found in coffee and tea are drugs, as any doctor can tell you. Is it any wonder that the steady use of these drugs sometimes causes serious damage?

If you really want to be fair with yourself, and

give yourself the opportunity you deserve in order to do your best work, make up your mind to quit coffee and tea for awhile—and drink delicious, appetizing Postum instead.

Postum permits sound, refreshing sleep which builds strength, energy and endurance.

Order Postum from your Grocer today. Drink this hot, refreshing beverage in place of tea or coffee for 10 days and see what a wonderful difference it will make in the way you feel.

Postum comes in two forms: Instant Postum (in tin) made instantly in the cup by the addition of boiling water. Postum Cereal (in packages of larger bulk, for those who prefer to make the drink while the meal is being prepared) made by boiling for 20 minutes.

**Postum for Health**  
"There's a Reason"

### LUCKY STRIKE CIGARETTES

It's more than you are paid for, because they will collect.



### It's toasted

### TO seal in the delicious Burley flavor

Once you've enjoyed the toasted flavor you will always want it



**Western Canada Land of Prosperity**

offers to home seekers opportunities that cannot be secured elsewhere. The thousands of farmers from the United States who have prospered in Canada's provinces offer to settle on FREE HOMESITES or buy farms land in best provinces have been well repaid by bountiful crops. There is still available on easy terms

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and you work the horse same time. Does not blister or remove the hair. \$2.50 per bottle, delivered. Write for more if you wish. Book & 4 Bros.

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