RAILWAY MANAGEMENT Address of Hon. M. E. Ingalls to t
Commissioners' Convention.
 $\xrightarrow[\text { Pablle. }]{\text { The milway }}$ fountry met in comvention at
fogton,D.C.,on Tuesday purpose of considesday, May 10 , fo
great interest both convention was addressed by Hon
E. Ingalls, a high authority in rail proper trafics the estabisishmen in railway affiairs, also the
ment of measures looking to



## A FRIEND'S ADVICE.

And what it led to.

|  |  |
| :---: | :---: |
|  |  |


| TRIALS OF SALESWOMEN. <br> s. Pinkham Says Standing Still is O Woman's Most Trying Tasks. |
| :---: |
| ve yon ever thought wh |
| than tand still for ten minutes? |
| It is because most women suffer from so |
| derangement of their delicate organ |
| hey are in motion than when st |
| cealth that the laws in mome sta |
| lemplogers to provide resting place, |
| Bat no mounto of liw can regulate |
| Jard tasks of these women. Cuss- |
| lady to be always cheer |
| pleasant. How can a giri cheerful when her back is |
| dod by lassitude and bearing. |
| y under the pain atter a while. |
| , |
| it jou are in or suffering, writo with |
| Lym, Mass, and tell her all about yourself. |
| Without doubt, Lydia E. Pinkham's Vegeetable |
| ne such wonderful things for sufferiog won |
|  |
|  |
|  |
| month. At the beginining of menstruat |
| 俍 Mra. Pinkhamis was thrown into my ho |
| lead it. I Ithen got some of Lydis E. Pimk |
| "I can heartily say that to-day I feel 1 Ik uffering is a thing of the past. 1 ahall alway |
|  |
| ask Mrs, Pinktam's Advice-A Woman Bert |
|  |
|  |





