

S-O-M-E Goodies!
"—the kind that melt in your mouth—light, fluffy, tender cakes, biscuits and doughnuts that just keep you hanging 'round the pantry—all made with **CALUMET BAKING POWDER**, the safest, purest, most economical kind. Try it—drive away bake-day failures. You save when you buy it. You save when you use it. Calumet contains only such ingredients as have been approved officially by the U. S. Food Authorities. **HIGHEST QUALITY AWARDS**"

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THIS TELLS HOW TO FIGURE INCOME TAX

Squarely Up to Every Individual to Get Busy by March 15 or Suffer Penalty.

"Don't wait until the final due date, March 15th, for paying your Income Tax and making your return. Avoid the last minute rush. Any person can figure out his liability today as well as he can next week, and if there is any point on which he needs advice he can now get in touch with a Revenue man."

This word of advice is being given out by Internal Revenue men. Returns and payments are being collected in Missouri by the following Collectors of Internal Revenue:

George Moore,
George F. Crutchley.

Every aid of their offices and field forces is being given freely to the public.

But the Income Tax men will not pull your door-bell or your coat-tails, according to the Collector's announcement. It is squarely up to every individual to figure out his own case and to get busy if he comes within the scope of the new Revenue law.

Did You Earn This Much?

Every unmarried person who received income averaging \$19.25 a week during 1918 and every married couple who jointly received income averaging \$38.50 a week should secure at once from the nearest Deputy Collector or the nearest bank a blank Form 1040 A. That form contains the information he will need to enable him to figure his correct net income and any tax that he owes the Government.

The law requires that every unmarried person who had a net income of \$1,000 or over and every married person whose net income was \$2,000 or over (including the income of husband or wife and the earnings of minor children, if any) must make a return on or before March 15th. And this requirement does not hinge on whether the person owes a tax.

Taxable Income.

An individual must include under gross income all gains, profits and income derived from salaries, wages or compensation for personal service of whatever kind and in whatever form paid or from professions, vocations, business, sales or dealings in property of all kinds, interest, rent, dividends or profits derived from any source whatever. Very few items of income are exempt.

Deductions include ordinary and necessary business expenses, interest paid or accrued on indebtedness, taxes of all kinds except Federal income and excess profits taxes and assessments for local benefits, losses actually sustained, debts ascertained to be worthless and depreciation on buildings, machinery, fixtures, etc., used in business. A further deduction is allowed for contributions to corporations operated for religious, charitable, scientific or educational purposes or for the prevention of cruelty to children or animals to an amount not exceeding 15 per cent of the taxpayer's net income as computed without the benefit of the contribution deduction.

The taxpayer is not allowed to deduct any personal, living or family expense, any amount spent for improving property or making good its exhaustion for which an allowance is claimed under depreciation.

Figuring the Tax.

Before figuring the normal tax the dividends are deducted as credits from net income, together with the personal exemption. As in previous years, dividends of domestic corporations are exempt from normal tax when received by the stockholder.

The normal tax rates for citizens and residents are as follows: On the first \$4,000 of net income in excess of the credits the rate is 6 per cent; on any further taxable income the rate is 12 per cent.

The surtax rates apply to net income of each individual in excess of \$5,000. The personal exemption and the dividends are not deductible before computing surtax. In the case of returns by husband and wife, the net income of each is considered separately in computing any surtax that may be due. Form 1040 should be used for making returns of net income exceeding \$5,000, and the instructions on that form will show how to figure the surtax.

Business House Returns.

Employers and others who paid wages, salaries, rents, interest or similar determinable gains in an amount of \$1,000 or over during 1918 to any person must file an information return with the Government. Blanks may be secured from the Collector.

Every partnership must file a return showing its income and deductions and the name and address of each partner, with his share of the profits or losses during the past year. Personal service corporations will file similar information for 1918.

Y. W. C. A. OPENS WORK IN ITALY

Tea and Club Rooms Opened for American Women.

Miss Charlotte Niven, Director of Italian Work, Prepares for Influx of American Women Students.

Italy is now included in the war work of the American Y. W. C. A.

Miss Mabel Warner of Salina, Kan., and Chicago left Paris a few days ago for Rome, where she will be in charge of a Hostess House for American girls employed there by the American Red Cross, the Embassy and the new Tuberculosis Commission. Miss Warner has been director of the Y. W. C. A. Hostess House at Brest, France.

Miss Warner will open a tea room and club rooms where the American women can gather for social times. Rome is harboring a refuge population of about 40,000 and accommodations are difficult to find.

The work in Rome was started as a direct result of the appeal of Miss Charlotte Niven, one of the National Y. W. C. A. secretaries in Italy, who is spending a few months in France as advisor in the French work.

Miss Niven's dreams of Y. W. C. A. work in Italy include the maintenance of a residence for non-Italian women, who, she feels, will come to Italy in great numbers after the war to study music and art.

"I believe at this time such a project is particularly important because women from other countries should be encouraged to come to Italy to replace the great numbers of German women who flooded Italy in the past, many of them paid agents of their government," Miss Niven said in discussing her plans.

Miss Niven has asked the American Y. W. C. A. to aid the Italian Association in establishing a center, perhaps at Genoa, with two American secretaries, with physical and recreational training, to act as a training school for Italian women. In connection with it her plan would include a Hostess House for girls passing through the city or employed there. Such a center would become eventually the center for all Y. W. C. A. work in Italy, both Italian and foreign.

In her formal appeal for help for the Unione Christiana Delle Giovani (the Italian name for Young Women's Christian Association) Miss Niven has emphasized two facts, the poverty of the Italian Association on the one hand and the need and opportunity on the other for an American program in Italy at the present time.

Miss Niven's favorite way of illustrating the friendliness of the Italian woman to America is by telling the story of the Italian mother who said she had taken down the picture of the Madonna which had hung for many years over her bed and was putting in its place one of President Wilson.

"In our work in the Unione we have lacked trained leadership as well as the material resources to give such training. We have had no means to buy modern equipment. Consequently we have not the visible results of American and British work.

"Feeble as our work may be, it is not useless. Many girls in all parts of Italy have told us how much the Unione meant in their lives. Italian girls are touchingly grateful for the smallest efforts. They respond eagerly to friendliness.

"There is no other agency doing in Italy what the Association is trying to do."

Miss Niven has spent the past seven years in work with the Italian women, starting as director of a hostel, or boarding home, for Italian women students at Florence. She is an American from New York, where she was one time head of the Christadora Settlement House.

WHEN NEURALGIA ATTACKS NERVES

Sloan's Liniment scatters the congestion and relieves pain

A little, applied without rubbing, will penetrate immediately and rest and soothe the nerves.

Sloan's Liniment is very effective in allaying external pains, strains, bruises, aches, stiff joints, sore muscles, lumbago, neuritis, sciatica, rheumatic twinges.

Keep a big bottle always on hand for family use. Druggists everywhere.



GROWING TOMATOES FOR CANNING

Missouri has become one of the leading states in the tomato canning business. Tomatoes are one of the most profitable crops to grow on the rocky hillsides and gravelly soils of the Ozark section, and the Missouri River valley are of the finest quality. One seedman sells over 1000 pounds of tomato seed to canner growers in this state. The price for canning tomatoes has advanced in the past three or four years from \$8 to \$15 a ton, equivalent to 37 1/2¢ a bushel, which should be a profitable price if the crop is so handled as to give a full yield.

Few of the canneries are able to operate at full capacity for the whole canning season, which should extend from July to late October, so there is room for expansion of the business of growing tomatoes, according to J. T. Ross, Jr., of the University of Florida, College of Agriculture. The shortage is largely due to the fact that the tomato growers are obtaining low yields. The average tomato grower delivers about three tons of tomatoes to the cannery for each acre planted. This yield is far too low. Some of the plants at the Missouri Experiment Station in 1918 yielded at the rate of 28 tons per acre, without extraordinary culture. One point whereby growers can improve their tomato crop is in getting it started earlier, that is, get the plants into the field by the middle of May. This will result in a heavy set of early fruit. The quality of the plants when set in the field is also important. Tall, spindly, weak plants with scarcely any roots will be far less productive than stock plants, half as tall but with a thick stem and a good mass of fibrous roots. This kind of plant is developed by sowing the seed in hotbeds ten weeks before setting out. The hotbed plants should be transplanted to cold beds when about two inches high, setting them 3 x 3 inches apart to avoid crowding. The soils should be a mixture, loam, rotten manure and sand, which favors best root development. The bed must be ventilated freely and watered so that the plants grow moderately fast, but do not become too tall and spindly.

It costs more to produce enough plants in this way to set a field of tomatoes, but experiments show that they produce nearly twice as many tomatoes as poor plants. Among the heavy yielding varieties suitable for canning which were grown in 1918 are Greater Baltimore, My Maryland, John Baer, Rock Red, and Landreth.

The high quality canned tomato has increased vastly in popularity in the last few years. The army has used millions of cases and more will be exported. Canneries should plan to operate at as near a full capacity in 1919 as possible to supply the demand and to build up a reserve stock again. Missouri has suitable soils and a growing season long enough to make tomato growing for the cannery a very profitable business. The main object is the labor of picking, which can be done by boys and girls as it is not heavy work.

WOULD BAR ANTI-DRY ARTICLES FROM MAILS

Articles or photographs designed to incite contempt for or to defeat enforcement of the federal prohibition amendment would be barred from the mails under a resolution introduced yesterday by Representative Little of Kansas.

Legislation to enforce the war-time prohibition law was considered by the Senate Judiciary Subcommittee, composed of Senators Walsh of Montana, King of Utah and Dillingham of Vermont. Action was deferred until next week.

Confiscation of every quart of liquor except that used as medicine and for export is now the aim of the House Judiciary Committee to consider the revamped Berkeley war prohibition act. It developed that an effort is to be made to amend the bill so that whisky, gin, etc., may not be kept in one's own house for beverage purposes.

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CROSS ROADS

Mr. and Mrs. Wilbert Whitworth spent Sunday with relatives at Womack.

Mrs. Wm. Lenz spent the week-end at Fredericktown with relatives.

Miss Luella Welty spent last Sunday with Mr. and Mrs. Joseph Vesels.

Mr. and Mrs. Albert Pirtle and children spent Sunday with relatives.

Mrs. Wm. Lenz returned home from Fredericktown last Sunday evening.

Gus Vessels was a Mine La Motte visitor Saturday.

Mr. and Mrs. Wm. Lenz and daughter, Miss Dora, attended the funeral of Dr. Dines at Fredericktown last Sunday.

Mr. and Mrs. H. B. Presnell were in this community last Sunday.

Rev. A. J. Kennon preached at the Church of God last Sunday.

Miss Anna Meredith has returned to her home here after closing her school at Rockwood last Wednesday.

Mrs. Joe Helm has been on the sick list.

Mrs. Chas. Watts is improving.

News has been received here from Wm. Umfleet, that he has landed in the U. S. from overseas. He is now at Louisville, Ky. He is expected to arrive home soon.

Several from here were shopping in Fredericktown Monday.

Roy Shaw of near Womack is attending school here.

Mrs. L. B. Meredith and daughters, Anna and Lydia, spent Sunday with Mr. and Mrs. Joe Helm.

Mrs. Umfleet of Flat River spent the week-end with relatives here.

Mr. Vessels is reported some better.

NEW YORK UNION MEN WILL STRIKE IF BEER IS BANNED

New York, Feb. 22.—It was announced last night that 180,000 trade unionists in New York had voted to go on strike in July if beer was cut off at that time. The slogan of the unionists is "no beer, no work."

Ernest Boehm, secretary of the Central Federated Union, predicted that every union in the city would take similar action.

The unions which have voted to fight prohibition are: Longshoremen, 65,000 men; shipbuilders, 60,000; iron workers, 20,000; stationary firemen, 15,000; engineers, 15,000; pavers, 5,000, and hatters, 1,000.

DON'T LET A COLD KEEP YOU AT HOME

Dr. King's New Discovery
almost never fails to bring quick relief

Small doses once in awhile and that throat-tearing, lung-splitting cough soon quiets down. Another dose and a hot bath before jumping into bed, a good sleep, and back to normal in the morning.

Dr. King's New Discovery is well known. For fifty years it has been relieving coughs, colds and bronchial attacks. For fifty years it has been sold by druggists everywhere. A reliable remedy that you yourself or any member of your family can take safely.

Train Those Stubborn Bowels
Help nature take its course, not with a violent, habit-forming purgative, but with gentle but certain and natural-laxative, Dr. King's New Life Pills. Tonic in action, it stimulates the lax bowels. Sold by druggists everywhere.

WOMEN LEARNING MESSAGE.

Germantown Y. W. C. A. Trains Women for Reconstruction Work Among Soldiers.

Educational courses to prepare women as aides in the rehabilitation of wounded soldiers have been opened at the Germantown, Pa., Young Women's Christian Association.

A reconstruction message course, lectures in anatomy, physiology, muscle work and remedial movement message, theory and practice, electrotherapy and hydrotherapy are given by doctors and nurses, who also supervise practical work at the Y. W. C. A. and at hospitals. The courses are recognized by the Surgeon General.

Similar courses have also been opened in the New York City Central Branch Y. W. C. A., where a specialty is made of brush-making with a view to training women as teachers for reconstruction hospitals.

DULL AND SHARP SHOOTING PAINS

Michigan Lady Suffered Such Pains In Back and Head, But Says Cardui Stopped These Bad Spells.

Palmyra, Mich.—Mrs. Chas. T. Fuller, of this place, writes: "In 1911 I got run-down, and I suffered great pain...with both dull and sharp shooting pains...also back and head. I was weak and could only drag around, and should have been in bed, for I really wasn't able to be up. At times I would have spells that would be so bad I'd have to go to bed, and suffered intensely..."

I decided to try Cardui, and saw a great improvement in less than a month's time. I used 7 or 8 bottles and was stronger...I got so much better that my strength returned and my work was easy for me. Cardui did me a world of good. It built me up in health and strength. I haven't had one of those bad spells since. I haven't had to take any more medicine since or have any doctors either and have been able to do my work right along...I recommend it to other women highly as the best medicine I know of for women who suffer from female troubles."

If you suffer from female troubles, follow this advice. Get a bottle of Cardui today and give it a thorough trial. It should help you, as it has helped thousands of other women in the past 40 years. At all druggists.

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