

# Study Food Values

Food provided for the family table deserves the careful thought of every housewife. Do you use thought when buying baking powder?

The quality of cake, biscuits and all quickly raised flour foods depends largely upon the kind of baking powder used.

Dr. Price's Cream Baking Powder is made from cream of tartar derived from grapes. It is absolutely pure and has proved its excellence for making food of finest quality and wholesomeness for generations.

There is no alum nor phosphate in  
**DR. PRICE'S CREAM BAKING POWDER**  
MADE FROM CREAM OF TARTAR  
DERIVED FROM GRAPES

Real estate buyers are beginning to drift in looking for cheap land. There is a probability of considerable activity during the winter, from those who want to invest in real estate.

Ed Lowe came home Wednesday evening from a general trip over his territory. He represents a large wall paper house in Chicago, and has the whole U. S. as his territory, and he said business was great.

Rev. J. W. Worsnop is in St. Louis this week attending the convention of the Federal Council of the Churches of Christ in the United States, and will not be here for the Sunday services at the Methodist church. Rev. E. A. Williams will occupy the pulpit of that church during his absence Sunday.

The school board held a meeting Wednesday afternoon and completed their official organization by electing W. C. S. Lackey, vice president, as they had failed to fill that office when they organized at the beginning of the school year. A lot of bills and salaries were allowed and some measures and propositions presented by Superintendent Harry discussed.

Dr. E. J. Barr, of Lima, Ohio, was here yesterday evening and remained over night, having come up from Acorn, where he has been for a week past looking after matters of business connected with the Ohio Hardwood Lumber Co., of which concern he is a stockholder. This is Mr. Barr's first visit in over two years, as formerly he was a frequent visitor, remaining for some weeks at times. He has had recently finished a new seven-story fire proof iron, stone and stucco work, hotel, inside furnishing in mahogany and marble, at his home town, and he is quite well satisfied with his investment, as the structure is modern in all details with every latest appliance that makes a hotel safe, comfortable and up-to-date. His many friends here were glad to see him again.

# PROGRAM

For the Teachers' Association of Ripley County to be held at the High School Building, in Doniphan, on Thursday, Friday and Saturday, December 21, 22, 23, 1916.

Following is the program for the Teachers' Association of Ripley County to be held at the High School building in Doniphan on Thursday, Friday and Saturday, December 21, 22 and 23, 1916. It is the duty of teachers to attend this meeting, which will prove to be very interesting and instructive to all. Members of school boards, patrons of the schools and all friends of education are especially invited to attend.

## PROGRAM:

**THURSDAY Forenoon.**  
10:00 Devotional..... Rev. J. W. Worsnop  
10:15 Organization and Enrollment  
10:45 Address..... County Superintendent  
11:00 Illustrative Recitation to Primary Reading..... Myrtle Williams  
11:30 Discussion of above lesson.

**THURSDAY-Afternoon.**  
1:30 Music..... Fay Gary  
1:40 Address..... Representative of Normal School  
2:20 Symposium. Needs of a School:  
a.—From a farmer's standpoint..... J. W. Beauchamp  
b.—From a doctor's standpoint..... S. A. Proctor  
c.—From a business man's standpoint..... L. P. Whitwell  
d.—From a lawyer's standpoint..... C. L. Ferguson  
e.—From a teacher's standpoint..... S. H. Myrant  
3:40 General discussion—"Some of the Difficulties I Have Met in My School."  
(This will be a sort of a round table discussion led by C. P. Middleton.)

**FRIDAY-Forenoon.**  
9:00 Music..... Helen Proctor  
9:15 Devotional..... Rev. D. K. Foster  
9:25 Address, Needs for a New Constitution..... Bertam Harry  
10:10 General discussion.  
10:30 Recess.  
10:40 Eighth Grade Examinations:  
a.—How to Conduct..... Henry Lee  
b.—Why should grade the final examination papers?..... B. F. Boring  
c.—A general discussion of the eighth grade examinations.

**FRIDAY-Afternoon.**  
1:30 Music..... Nelle Stout  
1:40 Address..... Representative of Department of Education  
2:30 Round Table. English Composition.  
1.—For Class D..... Mrs. E. Manning  
2.—For Class C..... Jewell Johnston  
3.—For Class B..... Bertha Lee  
4.—For Class A..... Nora O'Neill  
5.—A general discussion of above topics.  
3:10 Recess.  
3:20 Round Table. Sanitation in schools.  
1.—Water..... J. V. Johnson  
2.—Heating and Ventilation..... Mrs. Mary E. Posey  
3.—Dust..... Carl Popmiller  
4.—Light..... Neva Hancock  
5.—Sanitation of Pupils..... A. B. Johnson  
6.—Infectious diseases..... Daphne Davis  
7.—A general discussion of above topics.

**SATURDAY-Forenoon.**  
9:00 Devotional..... Rev. H. D. Maness  
9:15 Address, County Field Meet..... E. T. Foard  
a.—General discussion.  
10:00 Approval of rural schools..... Gene Whitwell  
2.—School credit for home work..... Lillie Marlin  
3.—Boys and Girls clubs..... J. H. Marlin  
4.—Patrons organizations..... Lillie Newton  
5.—Buildings and grounds..... Mrs. Edna Luak  
6.—Supervised play..... Odie Lee  
7.—General discussion of above topics.  
11:00 Business session.

# A CHANGE OF MIND

By LOUISE OLIVER.

"Aleen!"  
"Yes, Hart!"  
"I love you!"  
"I'm sorry, Hart. I'm afraid I've known it, but it was too late to do anything. I'm sorry, oh, so sorry. Can't we be just very good friends as we've always been?"  
He moved restlessly. "That's the trouble. I'm just a person you've grown used to and now you can't associate me with love. If I'd come along a stranger and gone at it right I believe I could have won you. Like Clark Latashaw," he added.  
"Hart!"  
"I'm right more or less," recklessly. "You've been a different person since he came and maybe you don't know it, little girl, but I said good-by to my chances after I saw his valet and French car."  
"You're saying horrid things—things you've no right to say. I think we'd better go back."  
"Forgive me, Aleen. I'm a brute. It's all right, little girl. Forget what I've said and forgive if you can. I want you to be happy, that's sure. Only remember this, Aleen, if you ever need me I'm ready for a home run every time. Promise!"  
"I promise on one condition."  
"Yes?"  
"That you'll do the same!"  
"A man never needs help from a woman."  
"He may. Promise any way. Remember you're my best friend, Hart."  
"All right. I promise."  
A few days later Aleen was returning from the lake to open the city house for the family. With her on the Pullman was Clark Latashaw, who found that he was suddenly called to New York on the same day.  
Aleen had worried about Hart, and his remark about Clark had set her to thinking. Could it be possible that she did care for his money?  
But an hour of conversation on the train opened her eyes and it brought relief. "No, it's not his money I like," she decided, "it's his mind. I'd no idea he knew so much and could talk of so many things."  
So she banished dull care and settled herself to enjoy the rest of the ride.  
Clark was calling her attention to a cloud effect around a mountain peak, like fluffy white plumes around a purple-crested hat, when the door of the stateroom at the end of car opened and they heard a baby cry.  
A quick frown of annoyance crossed Clark's face. "I wish they'd shut that door," he said, as the walling kept up and showed no signs of diminishing.  
"Poor little thing!" Aleen couldn't help saying. "It sounds like just a little bit of a thing. I imagine it's hard traveling with babies!"  
And then appeared the tiny offender in the arms of a very red and wild-looking man.  
"Hart!" cried Aleen in sympathetic surprise, while a smile of annoyed amusement appeared on Clark's face.  
Hart did not see them at first, but started to pace the aisle with the frantic air of a person who, having done all he can with the head, throws reason to the winds and uses his feet instead.  
"Of all fool things!" declared Clark. "Let him alone. Why doesn't he take it back and shut the door? Where's his mother?"  
"I think it's his sister's baby. It's very new and I can't understand!" puzzled Aleen.  
The cries were coming nearer. Aleen sprang up and met the disturbers in the aisle on their return trip.  
"Give me the baby, Hart," she commanded.  
"No, thank you, I'll not trouble you," he said, Clark's disapproving, half-mocking face nettled him, and it stung him to see them together.  
She held out her arms. "But you promised," she reminded him sweetly.  
He thought an instant. "There are times a man needs a woman's help," came back to him. He dumped the crying bundle of pink and white into her arms with relief.  
"It's sister's youngster. She's sick and they're sending the baby to a specialist for something or other. Just at train time his nurse had somebody die and she couldn't come. There was nobody but me to bring him, so I jumped in and came; but I don't know much about babies. It's—it's awfully good of you."  
Aleen in the instant before she took the baby had a comprehensive glimpse of the two men. Hart—big, boyish, awkward and trusted and smelling strongly of sour milk, but with it all tenderness and pity in his face for the little mite he held; Clark—immaculate, brilliant and his face set in hard disapproving lines, petulant over a spoiled day.  
"I think I'll have a cigar, if you will excuse me," begged the latter, as he retreated to the smoker.  
Aleen soon had the baby quiet and asleep in her arms in the stateroom. Hart looked in to see if he could be of any help.  
"Yes, come in," she said softly.  
"What is it?" he whispered.  
"Forget what I said the other day, Hart, and—"  
"Go on, Aleen, for heaven's sake!"  
"Tell me what you did all over again."  
"I love you," he breathed.  
"And I love you, Hart, dearly."  
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# The Democrat.

Telephones:  
Doniphan, No. 30. Mutual, No. 80.

## Local and Personal News.

Mrs. Dava Hecht visited at the Bluff over Sunday.  
Miss Marvina Campbell visited at the Bluff the last of the past week.  
Will Antry has gone to St. Louis to work for the Western Tie & Timber Co.  
Miss Ethel Young is at home from a visit with friends at St. Louis, the past week.  
Lewis G. O'Neal, the Gastewood merchant, made a business trip to St. Louis this week.  
Attorney Charles Ferguson was at the Bluff Tuesday last looking after legal matters.  
Sam Danper is at home from Little Rock, for a holiday visit with his parents and other relatives.  
Mrs. Joe Crosson was visiting friends in town and shopping Wednesday, from her home near Fairdealing.  
Franklin O'Neal made a business trip to St. Louis this week to purchase goods for his Bennett store.  
Geo. Bollenbacher and D. L. Wilson shipped two car loads of hogs to the St. Louis market Wednesday morning.  
John P. Campbell returned to Jeff City to his work last Friday, after spending Thanksgiving with his family.  
Miss Marie Doherty, who is teaching school in Butler county, was at home during Thanksgiving week on a short visit.  
Mrs. B. James is convalescing nicely from the effects of an operation performed last week, to correct the effect of a rupture.  
Whooping cough is quite prevalent among the little folks hereabout now, and some of the larger ones are sufferers also.  
The public schools of the city took a vacation from Wednesday of last week, over Thanksgiving, for the remainder of the week.  
Conductor Tom Williams, wife and little daughter May were here last Saturday and Sunday, the guests of Mr. and Mrs. Sam Hancock and other friends.  
Elijah Dalton, banker and business man of Pocahontas, and his son and a party of friends, were here Wednesday on business, making the trip overland by automobile.  
Mrs. E. B. Johnson and Misses Alvie McPadden and Alma North went to Mill Springs last week to spend Thanksgiving with Mrs. John Chilton, nee Miss Ethel Johnston.  
Baumgartner Radwin has gone to Detroit, Michigan, where he has a job. He left last Tuesday to visit his father at Kennett for a day or two and intended to go on from there.  
County Clerk John J. Kennon has been out on the range about Oamburg getting up cattle in which he and R. L. White are interested. He has been out since last Friday.  
A. J. House and Ernest Blunk came back from their trip into Arkansas the first of the week, and are figuring on opening up a big buying campaign at Cronett, Arkansas, in new territory.  
County Collector G. Sam Limes the past week made a deal for the C. B. Reiter property at the intersection of Oaly road and Sycamore street, and has moved into town from his farm home at Overmont.  
Judge Thos. Mike Nicholas was shaking hands with his many friends last Friday, December 1, that occasion being the celebration of Uncle Mike's 75th birthday. Many young people were present.

Jason Dodd of Bardley, was here Wednesday evening transacting business.  
Hon. J. F. Fulbright made a business trip to Elsener, Carter county, last week.  
Harry Thaxton was in town looking after business matters last Saturday from his home up on Buffalo.  
Miss Hester Livensparger who is teaching school at Neelyville spent Thanksgiving with home folks here.  
Miss Ouida Sumerlin has returned from St. Louis, where she had been visiting her sister, Mrs. C. H. Ireland.  
Rev. David Sharp, from out Poynor way was here over Sunday. He occupied the pulpit at the Baptist church last Sunday.  
Luther T. McCauley, wife and little son started on their return to their home at Colorado Springs last Tuesday, after a weeks visit with relatives and friends here.  
County Collector Sam Limes office is the most popular place at the court house nowadays, at least one can judge so from the number of people that call there every day.  
George Fulbright and wife who have been visiting Mrs. Fulbright's parents, Mr. and Mrs. J. A. Thaxton, and other relatives hereabouts during Thanksgiving week, returned to their home at Millerville, Cape county, this week.  
J. R. Wright came home from a business trip to St. Louis the first of the week, and while there called upon his old time friend, Governor elect Fred D. Gardner and advised with him about future state affairs.  
Walter McClain, who has been working at the carpenter trade at the new town of Wood River, near East Alton, in Illinois, since in the early fall, came home on a short visit to his family last Sunday. The family will move to Wood River in the spring.  
Ed Ferguson is figuring on erecting a building on the railroad tracks, just east of the Goodwin & Jean plant, for the purpose of engaging in the wholesale flour and feed business, and some of the railroad officials were here this week preparatory to making him a lease of the ground he wants.  
Thanksgiving services were well attended at the high school auditorium last Thursday night. Rev. D. K. Foster, of the Baptist church delivered the sermon and the music was by the high school orchestra, and the chorus from the choir of the churches. The offering, which was turned over to the charity funds, amounted to \$100.  
An alarm of fire, was caused by a small blaze in the old Warren home-stand on North Vine street Tuesday afternoon. The fire caught in the wall near a flue and burned a hole, but was put out by neighbors before much damage was done and before the fire boys with their ladders got to the place. The house was occupied by Tom Boyer, and family.  
E. E. Harrell was down in Clay and Randolph counties last week and found all kinds of business booming on account of the big prices the producers are getting for their cotton crops. He said the boms at Pocahontas had more money on deposit now than ever before in their history, and that the oilfield folks down there had more money than they knew how to spend. He left Tuesday of this week for a more general trip in the state representing the Dixie Feed Co., of St. Louis.  
Will Lee, a nephew of W. G. Bayles, is at home on a thorough visiting his folks and friends. He is a member of the 10th Infantry, U. S. A., and his regiment is stationed in the Panama Canal Zone. Will has developed into a handsome, upstanding, young man, and many of our people will remember Will as the little lad that delivered bread when Mr. Bayles ran the bakery here. He has been gone for three or four years, and his period of absence has not for two years yet.

# Would Make Missouri The "Show You" State

## THE SCHOOLS AND NEWSPAPERS WORK TOGETHER TO THAT END

Dr. W. McN. Miller, Secretary of the Missouri Association for the Relief and Control of Tuberculosis at the State Teachers' Association meeting at St. Louis last week, made the statement that the schools and the editors of Missouri were showing the world the way to eradicate tuberculosis. "They are making Missouri the 'show you' state," he said.  
In 1915 there were 465 fewer deaths from tuberculosis in the state than in 1911. This is a diminution in the death rate from tuberculosis in Missouri of two and a half per cent a year. The saving to the state in 1915 in dollars and cents was nearly four million dollars and in the four years, over nine millions. Dr. Miller attributes this saving of lives and wealth to the spreading of information pertaining to tuberculosis by the schools and newspapers of the state in connection with the annual sale of Red Cross Christmas seals.  
The growth of interest in the fight in the state, he said, is tremendous. In the per capita population sale of seals in 1914 Missouri ranked twentieth in the roll of the states, in 1915 she took the rank of ten. In 1916, he said, she will give Rhode Island, Connecticut and New York State, the leaders in 1915, a hard run for first honor.  
The Red Cross seals and printed matter have been sent to Supt. Harry County Supt. Pennington has been advised that plenty of seals and printed matter can be had for the rural schools in Ripley County.



**RED CROSS SEAL 1916**  
The seal for this year comes in green and red and is very ornamental and full of Christmas cheer. The printed matter to be applied to school children and for their distribution is more attractive than ever. Seals will be sold by mail as well as by school children, but the schools will be given full credit for the sale by mail. People buying seals by mail will notify the teachers or superintendents by a coupon, to be sent by a school child or by mail.  
A report of last year's sale of seals and the announcement of awards of awards of premiums and honors made to schools, will be published next week.

### If Mothers Only Knew.

Mother Gray's S. Set Powders for Children relieve Feverishness, Headache, Bad Stomach, Teething Disorders, move and regulate the Bowels and destroy worms. They break up colds in 24 hours. Used by mothers for 25 years. All Druggists, 35c Sample FREE Address, Mother Gray Co., LeRoy, N. Y.

### Retrospection.

"Your nephew, the horse doctor, who once distinguished himself by eloping with the two-headed girl at the fair, is a candidate for the legislature. Is he not?" "Eh-yah!" replied the venerable Missourian. "When a fellow once gets well started down the hill he just natcherly goes from bad to worse, and there ain't no stopping him."—Kansas City Star.

### When Rubbers Become Necessary

and your shoes pinch, use Allen's Foot-Ease, the Antiseptic powder to be shaken into the shoes and sprinkled into the foot bath. Just the thing for Breaking in New Shoes. It gives rest and comfort to tired, swollen, aching feet. Sold everywhere, 25c. 4-31.

### Substitute for Ferns.

Ferns do not survive well in the furnace heat of a house. Fill the fern dish with rich earth and plant the seed of grapefruit. Put them in quickly and cover a half inch deep. Keep well watered. In about two weeks you'll have a beautiful green center dish which, besides adding a touch of refreshing color to the table, lasts all winter with little care.—New York Evening Sun.

"Rough On Fat" ends Fat, Min. Bays, die out doors, suitable administrator. Used World Over, by U. S. Government, and Economy Blue Ink or the Drug and Country stores. Office substitutes, Free County picture R.—E. S. Wain, Jersey City, N. J.



**ATKAS WONDER**  
This Texas Wonder cures kidney and bladder troubles, discharges gravel, cures diabetes, weak and lame backs, rheumatism and all irregularities of the kidneys and bladder in both men and women. If not sold by your druggist, will be sent by mail on receipt of 5c. One small bottle is two months' treatment and seldom fails to perfect a cure. Send for testimonials from this and other States. Dr. E. W. Hall, 230 Olive Street, St. Louis, Mo. Sold by druggists.—Adv. 5

### How to Sharpen Knife and Razor.

There are certain rules adopted by ceters for sharpening razors, pocket-knives, etc. "A razor," said one of the craft, "must be laid flat on the hone, because it is hollow ground and requires a fine edge. But a pocket-knife requires a stiff edge, and the moment you lay it flat on a stone so as to touch the polished side you injure the edge. It must be held at an angle of 20 to 25 degrees and have an edge similar to a chisel."

### Children Cry FOR FLETCHER'S CASTORIA

**Habit of Health.**  
To acquire the habit of health it is necessary to cultivate the habit of expecting it. Cultivate, too, the habit of cheerfulness in your daily occupation, of optimism in your daily reflections, of urbanity toward others, and consideration for their rights as well as an extenuation for their failures. I believe we should be healthy in body, glad in heart, and smiling in spirit.—Daily.