

Fashions and Household

An Autumn Ideal For Chilly Days



FOR COOL FALL DAYS.

THIS charming outfit for juveniles is featured in a warm brown covert to match the tone of the fox furs, so luxuriant in themselves that they require a plain suit and an untrimmed hat to set off their own beauty. Velvet collar and cuffs match the velvet brim of the turban.

YOUTH'S RESTORER FOR MIDDLE AGE

THE beauty of the skin depends to a great extent upon the health of the sebaceous glands. These are little underlying ducts supplying the skin with the grease needed, and if their secretions are suppressed the pores are stopped up and some complexion defect or other will result.

One must keep the pores of the skin unhampered of old oil and dead cuticle to have a good complexion, and when they seem inactive there is nothing to do but to resort to massage and very thorough bathing with hot water and a good soap. Cold water is useless against the deep seated dust and grease of the skin, even with the aid of soap. Moreover, it tends to contract the pores, making it still harder for them to yield their contents. So, as a preparation for helpful massage, which is meant further to clear the stopped up pores, the face bath must not only be hot, but very complete.

There is much contention that soap is injurious to the skin, but this is by no means true. The influences of soap are tonic, antiseptic and cleansing, so that a soap must really be very bad to hurt the skin—contain, in fact, the strong alkali which scorches and irritates. A good face bath with very hot water and a bland soap leaves a smooth skin like marble, and with repeated and systematic bathing the rough one is much improved. Work thick soap-suds or a soap jelly well into the pores and rinse with repeated waters. Dab it partly dry with a soft old towel and then sit down with a pot of good cold

cream or a little almond oil and proceed with the massage.

Begin by massaging the muscles of the cheek just in front of the upper half of the ear, using the first three fingers of both hands. Rub outward and upward in a circular manner with a firm yet gentle touch, covering a spot about the size of a silver dollar. If the muscles are correctly located the upward motion will pull the skin taut about the corners of the mouth, rubbing out the drooping line at the side of the nose. If the face is heavily lined here massage will in time so strengthen the muscles that the furrows will be much softer or disappear entirely.

The cheek muscles, running from the corners of the mouth up over the cheek bones, are massaged with a quick clawing movement, which, however, must be light and not pinching. This operation, if continued for some months, will positively fill out hollow cheeks through giving firmness to the underlying tissues. The forehead is rubbed in the circular manner upward from the inner corners of the eyes and outward to remove horizontal lines, while the vertical furrow, which bad habits or weak eyes wear between the eyes, must be rubbed with the two forefingers only. Figure to yourself two long ovals passing over this central forehead wrinkle and use the right and left forefinger at the same time about them, running them in contrary directions. This is a very hard line to efface, but with patient massage and the use of a wrinkle plaster at night the deepest furrow will certainly be much softened in time.

Above and below the eyes the fingers must touch very lightly, as the tissues here are very delicate, and the eye itself, the most precious of the body's organs, is very easily injured. Use a vibratory movement at these

points, working from the nose to the temples.

The skin of the nose itself is given to morbid conditions, and blackheads frequently infest the corners, but the massage of this feature is necessarily light, as it is easily got out of shape. Rub gently from the tip of the nose upward to the top, gently brushing the sides of the bridge in the same manner. Then, with the same upward movement, attack the corners where the blackheads are.

To make the throat firm and round attack the muscles in a slanting direction from under the chin to the shoulder and then from the middle of the throat backward and upward toward the ears. As a final move, after the whole face and neck have been massaged, go all over the skin with a light vibratory movement and then softly stroke it, the hands passing always upward and outward.

Massage done in this systematic manner keeps the muscles in a firm condition and also brings the blood to the surface of the skin, which in

a short time will much improve its coloring. The dry, hard, coarse skin is decidedly waked up with this finger manipulation, for, besides clearing the pores, the rubbing imparts a degree of electricity which is very tonic in its effect.

SHOPPING COURTESY.

If time is a consideration for the shopping trip do not try to save it by making a mad rush through the stores, pushing through crowds like a football player, usurping the places of others at the various counters and ordering articles which you are sure will be returned tomorrow. Rather save the time before starting out by making a list of the articles desired and deciding just exactly what you are going to get.

How Men & Women Climb To Big Success In Chicago

Became General Manager of a Big Store in 15 Months.

In March, 1914, I was a stranger in Chicago, without a job. I put a "situation wanted" ad in the Tribune and got a position at once. Put another one in the Tribune in August, 1914, and increased my income \$30 a week. As a direct result of the two ads am now general manager of the _____ Drug Co., on state St., the largest store in America.

JOSEPH M. KRAUS,
June 25, 1915. 4832 Prairie Ave.

Got Him the Best Job He Ever Had.

It took exactly half of every cent I had to pay for a four-line ad in the Tribune, but it brought me four replies and the first one I answered gave me the best job I have ever had in my life. That was only a year ago and today I am out of debt, my family is with me and we are happy.

HARRY F. G.,
June 25, 1915. 1347 Early Ave.

Owens a 700-Seat Movie Theatre

I had been out of work and had just \$15 left. I put a little "Situation Wanted" ad in the Tribune and got a job in 24 hours. That was in 1911. Today, as the direct result of that little Tribune ad I am the owner of a 700-seat movie theater on one of the busiest streets in Chicago.

ARTHUR DOWY,
740 Milwaukee Ave., Chicago.
June 27, 1915.

A Tribune "Situation Wanted" Ad Made Them Independent in 3 Years.

Landed in Chicago, 1912, sick and broke * * * We are truck gardeners now, own our own property and have a splendid income. We owe it all to a Tribune "Situation Wanted" Ad.

MRS. MARVA STOBART,
5143 W. Lake St., Chicago.
June 26, 1915.

The above are only brief quotations from some of the many letters received by The Chicago Tribune telling of unusual success achieved through putting "Situation Wanted" ads in The Tribune.

The "Situation Wanted" and the "Help Wanted" columns of The Chicago Tribune, both Daily and Sunday, have been the stepping stones by which thousands of young men and young women have secured positions that led to big incomes, independence, happiness and real success.

People who want positions quickly, without wasting time, energy and money, insert "Situation Wanted" ads in The Tribune, telling what they can do, and at the same time read the "Help Wanted" columns carefully every day in order to take advantage of any suitable openings that may appear there.

The Tribune carries more "Help Wanted" advertising and more "Situation Wanted" advertising than any other paper in Chicago. If YOU want a good position

Put Your "Situation Wanted" Ad IN The Chicago Tribune

and also read the "Help Wanted" Ads in The Tribune every day, Daily and Sunday.