

CONGRESSMAN MEEKISON
Has Faith That Pe-ru-na Will Eradicate Catarrh.



HON. DAVID MEEKISON, OF OHIO.
It is to Congress that our nation must look for all power. Every volition of the government must originate in this body of representatives. The President simply executes the will of Congress. Congress is supposed to carry out the will of the people. Congress is the brain of the nation. The people are the blood of the nation. Good blood makes good brain. Good brain makes success, contentment and happiness, whether of a nation or of an individual. A man with poor blood cannot succeed. His nerves are weak, his brain fogged and his will paralyzed. Good blood is simply well digested food. A stomach with the slightest catarrhal impement cannot properly digest food. Pe-ru-na quickly procures perfect digestion. Pe-ru-na cures catarrh whether of the head, stomach, throat, lungs or kidneys. A man perfectly free from catarrh is nearly always a well man.
Washington, D. C., April, 1898.
The Pe-ru-na Drug Mfg Company, Columbus, Ohio.
Gentlemen—I have used several bottles of Pe-ru-na and feel greatly benefited thereby from my catarrh of the head, and feel encouraged to believe that the continued use will fully eradicate a disease of thirty years' standing. Yours respectfully,
D. MEEKISON.
Address The Pe-ru-na Drug Manufacturing Company, Columbus, Ohio, for a free catarrh book.

No Need for Grace.
A tiny girl of seven or thereabouts gave a dinner party the other day, for which 12 covers were laid, and that number of small maidens sat down to dine. It was a real little girl's dinner, and the little hostess herself presided, sitting at the head of the table. But she was anxious, in looking forward to it, to do everything as it should be done.
"Mamma," she asked, "shall we say grace?"
"No," said mamma, "it will be a very informal dinner, and I think you need not do that."
That meant one less ceremony to be gone through, and was a relief, but the little lady was anxious to have all her small guests understand it. So, as they were gathered about the table, she explained:
"Mamma says that this is such an informal dinner that we need not have grace to-day."
—N. Y. Times.

When Dr. Hayes, Buffalo, N. Y., announced nearly twenty years ago, that he could cure Asthma so that the sufferer would stay cured, few believed him, for they doubted the permanency of the cure which he established. For many years Dr. Hayes has been issuing annually his "Thesis with Reports of Cases," each recurring season strengthening his position; and it is a remarkable fact that many of the first cases reported are still represented in his book, for they have stayed cured—some for nineteen years, some for sixteen or more years, others for twelve, ten, eight and six years. The names and addresses of the patients given in full, so that anyone who now doubts may consult the former sufferers freely. Dr. Hayes' practice now extends not only to Great Britain and the continent of Europe, but to India, Australia, New Zealand and South Africa as well. Each patient is treated individually by separate prescriptions varied from time to time as frequent correspondence shows is needed and in this way success is attained in even the most difficult and obstinate cases. Any sufferer or person interested can obtain the latest edition of Dr. Hayes' book on application on a postal addressed to him at Buffalo.

Motive.—It is not the motive, properly speaking, that determines the working of the will; but it is the will that imparts strength to the motive. As Coleridge says: "It is the man that makes the motive, and not the motive the man."—James McCosh.

Fits stopped free and permanently cured. No fits after first day's use of Dr. Kline's Great Nerve Restorer. Free trial bottle and treatise. Dr. Kline, 633 Arch st., Phila., Pa.

We have noticed that the man who is lucky says nothing about the proverbial luck of a fool.—Acheson Globe.

BAKER'S CHOCOLATE

Celebrated for more than a century as a delicious, nutritious, and flesh-forming beverage. Our well-known **YELLOW LABEL** on the front of every package, and our trade-mark "La Belle Chocolatiere" on the back.

NONE OTHER GENUINE.

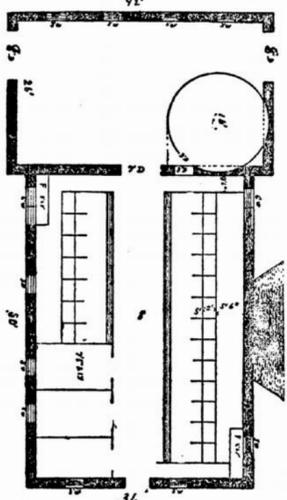
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THE DAIRY

COW BARN AND SILO.

A Modern Structure for Fifteen or Twenty Animals, with a Fair-Sized Silo on the Inside.

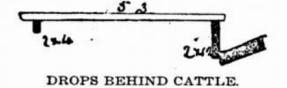
The ground plan (Fig. 1) shows an arrangement which might be adopted. Box stalls are provided, since every cow barn should have receptacles for sick animals, calves, and a bull. The floor of the manure receptacle should be cemented and constructed on a level about one foot lower than the stable floor. The drops behind the cattle may be constructed as in the cross section (Fig. 2). The floor where the cows stand may be of wood laid on a smooth surface covered with salt or cement mortar, and nailed at both ends to the bed pieces. The feed halls are wide enough to permit of placing low, narrow meal bins



PLAN OF BARN AND SILO.

along the walls, two of which are shown. Two double windows are shown, one on each side, the aim being to provide abundant light in the center of the building where it is cut off by the manure receptacle.

Build a cement floor, slightly raised, for the silo, which should be constructed of milled staves, not grooved, two by six inches, as long as desired. If a tail silo is desired, the staves may be spliced. Nail a piece of board about three inches wide and three feet long on the inside over the joist, for support while erecting the silo, the board to be



DROPS BEHIND CATTLE.

removed when the silo is completed. The silo may be filled from the earth driveway which leads to the second story. The first story should be nine feet in the clear, the second one sufficiently high for storing the hay and straw required without filling much above the plates. A ton of hay may be roughly estimated to occupy a cube of eight feet. Both sections of the building should be roofed the narrow way, for looks if for nothing else. A few supporting posts and a summer (bearing beam) should be placed under the second-story joists of the manure barn. If they are placed 14 feet from the left hand outside, they will not seriously obstruct the work of removing the manure. The second-story joist of the cow barn may be supported by summers running lengthwise of the barn, placed 12 feet from the outside by five posts on each side.—Country Gentleman.

CAUSE OF MOTTLES.

The Principal One is the Use of Too Cold Water and Its Introduction into the Churn.

The prime cause of mottles is the use of too cold water in washing the butter and the manner in which it is introduced into the churn. By using too cold water the outside of the butter granules become crusted or hardened like the shell of an egg, while the inside is soft. Now when this mass is worked together those little shells remain in the same condition, and no amount of working or tempering salt, or even distribution of salt when added, will change the conditions. They do not work up, consequently do not take salt, hence the fine threadlike streaks in the butter.

The manner in which the water is introduced into the churn is responsible for the large mottles, or seeming lumps of white butter throughout the mass. In the majority of creameries throughout the country the water is pumped directly into the churn, either through a hose or a pipe. Now when the water strikes the butter these granules become hard and solid like shot, and when it is worked we have the same conditions as in the first case, only that these hard granules are not broken down at all, and the large mottles are the result. The wash water should be tempered to within two or three degrees of the churn temperature.—Cor. N. Y. Produce Review.

How to Reach the Masses.
Agitation is the avenue by which the masses must be reached if they are to be awakened to the necessity for better roads; organization is the highway on which those who are aroused must travel in order to accomplish effective work and attain success.—Good Roads.

TIMELY DAIRY NOTES.

The beefy cow is not the cow for the dairy. Don't dehorn in fly time and hot weather. A good cheese will be mellow but firm to the touch. The scrub cow is not making you any money, is she? Don't let the heifer go dry too early, or she may fix the habit. Keep the calf's feed pail clean by washing thoroughly every day. Mottled butter will be caused by an uneven distribution of salt. Smut in the mother's food will sometimes cause paralysis in calf. Twin heifers will breed, but a twin heifer with a bull seldom does. Have a clean man to milk the cow and a clean cow for the man to milk. The cow should have a box stall away from the regular stabling at calving.

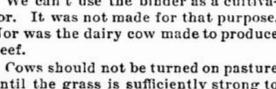
If a cow has a hacking cough she may have tuberculosis, and she should be examined. Feed the calf three or four times a day, and not too much at a time until it gets used to it. If fingers were good thermometers in the dairy, dairy thermometers would never have been made. Cow peas may be sowed broadcast on well-prepared land at the rate of about a bushel and a half to the acre. The Massachusetts experiment station values skimmed milk, when fed to pigs, at 85 cents per 100 pounds. Texas now has a dairyman's association, and she has the natural advantages to make her a leading dairy state. Butter or milk lowered into a well will keep nicely in summer, and we have known dry wells dug for the purpose.

We can't use the binder as a cultivator. It was not made for that purpose. Nor was the dairy cow made to produce beef. Cows should not be turned on pasture until the grass is sufficiently strong to furnish some nutriment, and at first keep green fodder where they can get at it.—Western Plowman.

FINE FEEDING RACK.

It is Light and Easily Moved, and Can Consequently Be Used at All Seasons of the Year.

A Missouri reader of the Breeder's Gazette sends to that paper the following letter and sketch:
I send you a plan of a rack in which I feed corn (fodder and all) and hay to cattle. The rack is set in blue-grass pasture, where cattle are being fed. I do not full feed in winter, so in the fall I bring my racks in and line them up on the southeast side of sheds, grove, etc. I then set posts all around them about two and one-half or three feet apart. I use fence rails, as they are cheap and abundant and answer every purpose. The posts ought not to extend more than one and one-half or two feet above the top of the trough on the side where feed is put in from sled or low-wheeled wagon. My method of feeding cattle is to buy light, well-bred young animals in the fall and winter them strong. About May, or when the grass is good, I move these same troughs back to the summer feeding grounds and give one good feed per day of broken snapped corn. The object of this plan of winter feeding is to keep the cattle themselves



EXCELLENT FEEDING RACK.

from soiling the feed by tramping, and especially to keep the hogs off of it. I have tried penning the hogs, also changing the cattle to another lot, but found neither as satisfactory as this. I cut all my corn in shooks 10 hills square, also make as much clover hay as I can, all of which is fed during winter, as above stated. Most of the fodder is fed, corn and all, right from the field. By feeding this way all the time in one place, I soon have a great bed of stalks and refuse, which keeps down all mud and makes a fairly comfortable bed for the steers. This also makes a big manure pile, which even in this country is a good thing to have, especially if put on the stubble clover with a spreader, as I did last fall, lightly manuring from this one source alone fully 25 acres.

This rack is light (three by twelve feet), is easily moved, and thus is in use nearly all the time, winter and summer. My steers wintered this way and did well last winter.

Belting for Creameries.
To find required length of beltting between any pulleys already in creamery or prospective additional pulley to drive some piece of machinery which is just being put in, add the diameters of the two pulleys on which you want belt to run, and divide by two, multiply the quotient by 3/4, and add the product to twice the distance between the center of shafts of pulleys. You will then have the required length of your belt. No string measurement is necessary and no guess work.—Dakota Field and Farm.

Calf-Feeding Suggestion.
Oats are splendid food for calves which you want to wean as soon as possible. I commence in the early life of a calf to teach it to eat. Chop feed is good as a starter. Put some into a trough and the first thing you know the calf has its nose in the feed. Then by licking the nose the calf finds that the feed tastes good, and it dips again, and soon it expects a regular feed. After a little it will take less milk, eat more grass and in a few weeks is weaned.—Rural World.

THE TRUTHFUL HUSBAND.

He Wouldn't Stoop to Lie About a Measly Letter.

"George," said Mrs. Wellwood, "I am going to ask you something, and I want you to cross your heart and tell me the truth."
"My darling," he cried, catching her in his arms, "you know I never tell you anything but the truth. Why will you go on mistrusting me?"
"Forgive me, dearest," the beautiful woman said, "if I have pained you. I know you always tell me the truth. You are the dearest old fellow in the world. I'm sorry for what I said, and you needn't cross your heart if you don't want to. I'll believe you without that."
"After he had kissed her, she continued: 'I know that letter to mother, which I gave you last week—the one inviting her to come here and visit us?'"
"Yes," he replied, gazing steadily into her eyes.
"Well, she never received it. I thought it was queer she didn't answer, and I wrote again, and her reply came to-day. George, did you mail—that letter?"
"Yes, darling, cross my heart."
"The woman exclaimed, throwing her arms around his neck, and standing on tiptoe to kiss him, 'I knew you did! I believe you when you look at me that way today. I suppose it was lost in the mails, or perhaps you have made me so happy, dear. You don't know how miserable I have been ever since the horrible thought that you might do such a thing first occurred to me.'"
"No, George, Wellwood said to himself when he was alone, 'there's no use making it necessary to lie about a thing like that, when one can neglect to put on a stamp and still be able to tell the truth.'"—Cleveland Leader.

He Needed a Chaperone.

Just before a recent dinner given in honor of some magnate, a young fellow, whose chief claim to distinction seemed to be the height of his collar and an eyeglass, addressing a stranger, said:
"Beastly nuisance, isn't it? Spoke to that fellow over there—look him up for a gentleman—and found he had a ribbon on his coat; some blooming head waiter, I suppose?"
"Oh, no," replied the other; "that's Blank, the guest of the evening."
"Dash it all, now, is it?" said the astonished swell. "Look here, old fellow, as you know everybody, would you mind sitting next me at dinner and telling me who everybody is?"
"Should like to very much," replied the other man, "but you see I cannot. I'm the blooming head waiter!"—San Francisco Argonaut.

A CHEERFUL WOMAN.

From the Democrat, Hazlet, Ind.
Every woman cannot be beautiful, but a cheerful face often supplies the deficiency. But no one can be cheerful and bring joy to others unless they have perfect health. Fortunately, science has placed this priceless boon within the reach of every woman as the following incident proves:
Mrs. Amanda Robinson, wife of William Robinson, farmer and stockman, near Howesville, Clay County, Ind., is thirty-two years old and had for several years been in declining health and dependent. For three months she was not only unable to attend to her domestic duties, but too feeble to be up and about. To-day she is in good health and able to attend to her household affairs. She relates her experience as follows:
"I was afflicted with female troubles and was in a delicate state of health. I lost my appetite, grew thin and was greatly depressed. After taking various remedies without being benefited I was induced by a friend to try Dr. Williams' Pink Pills.
"I was in the thirteenth month of 1897 procured five boxes of them and finished the second box I began to improve and by the time I had taken the fifth box I was able to go about my usual work and stopped taking the pills."
"My daughter Anna, twelve years old, was also afflicted with decline and debility. She lost flesh, seemed to be bloodless and had no ambition. She took two boxes of the pills and they restored her appetite, aided digestion and brought color to her cheeks. She is now in the best of health. I think Dr. Williams' Pink Pills for Pale People the best medicine we ever had in our family and recommend them to all needing a remedy for toning up and rebuilding a shattered system."
No discovery of modern times has proved such a blessing to women as Dr. Williams' Pink Pills for Pale People. They restore strength and health to exhausted women when every effort of the physician proves unavailing. These vegetable pills are everywhere recognized as a specific for diseases of the blood and nerves.

When a girl goes away to a larger town on an extended visit there is no great surprise when she returns with a change of color in her hair.—Acheson Globe.

When you don't know, be brave enough to say so. Besides, it is a good plan: "I don't know" will save you many a useless argument.—Acheson Globe.

Syrup of Figs

ONE ENJOYS
Both the method and results when Syrup of Figs is taken; it is pleasant and refreshing to the taste, and acts gently yet promptly on the Kidneys, Liver and Bowels, cleanses the system effectually, dispels colds, headaches and fevers and cures habitual constipation. Syrup of Figs is the only remedy of its kind ever produced, pleasing to the taste and acceptable to the stomach, prompt in its action and truly beneficial in its effects, prepared only from the most healthy and agreeable substances, its many excellent qualities commend it to all and have made it the most popular remedy known.

Syrup of Figs is for sale in 50 cent bottles by all leading druggists. Any reliable druggist who may not have it on hand will procure it promptly for any one who wishes to try it. Do not accept any substitute.

CALIFORNIA FIG SYRUP CO.
SAN FRANCISCO, CAL.
LOUISVILLE, KY. NEW YORK, N.Y.

Bad Pay and Hard Work.

The bad pay and hard work of trained nurses has often been made the subject of benevolent remonstrance by eminent medical men and nonprofessional philanthropists. It is well for an invalid, before he gets so bad as to need a nurse or doctor, to use Hostetter's Stomach Bitters if he has chills and fever, constipation, rheumatism, dyspepsia and nervousness. Use it regularly.

And He Gets It.
Ted—What kind of a fellow is it that buys good goods?
Ned—He must be a man who wants money bad.—N. Y. Journal.

To Cure a Cold in One Day

Take Laxative Bromo Quinine Tablets. All druggists refund money if it fails to cure. 25c.

There never was a day that did not bring its own opportunity for doing good, that never could have been done before, and never can be again.—W. H. Burleigh.

Piso's Cure is a wonderful Cough medicine.—Mrs. W. Pickett, Van Siclen and Blake Aves., Brooklyn, N. Y., Oct. 26, '94.

We often wonder what some women would do if they couldn't talk.—Washington Democrat.

Dr. Ayer's Sarsaparilla

is the name to remember when buying Sarsaparilla. Dr. Ayer's Sarsaparilla has been curing people right along for nearly 50 years. That's why it is acknowledged to be the sovereign Sarsaparilla. It is the original and the standard. The record of the remedy is without a rival,—a record that is written in the blood of thousands, purified by its healing power.

"I nursed a lady who was suffering from blood poisoning and must have contracted the disease from her; for I had four large sores, or ulcers, break out on my person. I doctored for a long time, but by external application and with various blood medicines; but in spite of all that I could do, the sores would not heal. At last I purchased six bottles of Ayer's Sarsaparilla, thinking I would give it a thorough trial. Before the six bottles had been taken, the ulcers were healed, the skin sound and natural, and my health better than it had been for years. I have been well ever since. I had rather have one bottle of Dr. Ayer's Sarsaparilla than three of any other kind."—Mrs. A. F. TAYLOR, Englewood, N. Dak.

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Tape Worms

When a girl goes away to a larger town on an extended visit there is no great surprise when she returns with a change of color in her hair.—Acheson Globe.

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