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If you want to insure that your needs for the coming season will be provided for place your orders with us early.

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## G. A. STARK

WILLMAR, MINN.

## FROM U. S. FOOD ADMINISTRATION

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The food administration is informed that the Minneapolis mills are now turning out daily 4,000 barrels of barley flour. Barley flour is also being quite generally made in mills throughout the state. Efforts to encourage the use of this barley flour as a substitute for wheat flour would be entirely proper at this time. The barley flour answers practically every purpose of the wheat flour except that it lacks gluten and will not make a good loaf of bread when used alone.

Below are recipes suggesting several ways of using barley flour. I can personally recommend both the yeast bread and baking powder biscuits. You can help, by seeing that your merchants have this flour available and that the people of your community try it.

Very respectfully yours, A. D. WILSON, Federal Food Administrator for Minnesota.

### RECIPES FOR THE USE OF BARLEY FLOUR

**Barley Yeast Bread.**  
3 cups liquid (milk and water); 1 1/2 tablespoons sugar; 1 1/2 tablespoons fat; 1 tablespoon salt; 1 cake yeast, compressed or dried, softened in some of this liquid; 3 1/2 cups barley flour; 7 cups wheat flour.

**Directions for Making Yeast-Bread Using Compressed Yeast**—Soften the yeast in some of the liquid. Com-

bine the ingredients as for wheat bread. Mix into a dough. Knead and let rise to double its original bulk. Knead again and put into pans. When again double in bulk, bake about 45 minutes.

**Directions for Making Yeast-Bread Using Dried Yeast**—Make a sponge over night with one cake of dried yeast, the liquid, and part of the flour. In the morning mix into a dough with the remainder of the flour and knead. Let rise to double its original bulk. Knead again and put into pans. When again double in bulk bake about 45 minutes.

**Baking Powder Biscuits.**  
3 cups barley flour or 1 1/2 cups white flour and 1 1/2 cups barley; 1 cup liquid; 4 1/2 tablespoons fat; 6 tablespoons baking powder; 1 teaspoon salt.

**Cake.**  
1 1/2 cups sugar; 1/2 cup fat; 3 eggs; 1 cup milk; 4 teaspoons baking powder; 1/2 teaspoon salt; 7-8 cup barley flour; 2-3 cups white flour.

**Note:** If pastry flour is used, use 1 cup barley flour and 2 cups pastry flour.

**Doughnuts.**  
1 cup sugar; 2 tablespoons fat; 2 eggs; 1 cup milk; 1 1/2 teaspoons salt; 1 teaspoon cinnamon; 4 teaspoons baking powder; 1-1 1/2 cups barley flour; 2-2 1/2 cups white flour.

## ATWATER

Atwater, Jan. 14—Miss Verna Bomstad visited with relatives in Willmar Monday.

Joel Oredson made a business call in this village Monday.

Lea Locks and Ruby Olson made a trip to Litchfield Monday.

Mrs. Palmer Nelson is visiting with her grandmother, Mrs. L. Olson in this village.

Ned E. Gustafson was here on business Monday.

Ned Larson is reported on the sick list with pneumonia.

Axel Bomstad of Lake Lillian was here on business Monday.

Victor Peterson and H. S. Nelson made a business trip to Willmar Monday.

Nels Anderson made a business trip to Kandiyohi Monday.

Marie Larson of Kandiyohi visited at the H. Mickelson home Friday afternoon.

Edna Bartlette visited with Mary Olson the latter part of the week.

Vigilus Westlund returned from Minneapolis Saturday night. He has joined the Navy and is staying at his home until summoned.

Bernhard Thorne spent the week-end at his home in Acton.

James Strong unloaded a carload of new Ford on Friday.

Miss Myrtle Solomonson of Willmar spent the week-end here with her sister.

Harry Olson is spending a few days in this village.

Clarence Lake of Willmar visited with friends here the latter part of the week.

Miss Lola Bomstad spent Saturday and Sunday with Miss Verna Bomstad. The former left for Willmar Sunday evening where she will stay a few days before going to Minneapolis to make her home.

Harold Nordene of Lake Elizabeth made a business trip here last Saturday.

Thomas and Arna Quello left for the cities Saturday morning, where the latter will continue her work after spending a vacation at her home south of town.

Miss Minnie Arneson spent the weekend at her home.

Mr. Max Bomstad visited at the home of Mrs. A. Bomstad on Saturday.

F. H. Kahmeyer was down from St. Cloud Thursday and Friday of last week looking after his farming interests here.

John Hogberg was a business visitor in our burg last Monday.

John Kahmeyer, Theodore Feig and Herbert Hengstler of Willmar spent Sunday at the John Feig home in Harrison.

Knute Brown is on the sick list again.

Mr. and Mrs. Henry Isaacson of Kandiyohi were visitors here between trains Monday afternoon.

Miss Hilma Norman is visiting at the F. E. Broman home south of Kandiyohi.

Miss Ressie Lundblad is pending a few days with Lillie Johnson.

Oscar Rosell was an honored guest at the N. J. Stromberg home in Lake Currie Sunday evening.

Florence Peterson was on the sick list last week.

Ed Webster and his crew left for Minneapolis last Monday afternoon, having completed their job on the sewer system here.

Misses Lina Sell and Dewetta Bomstad spent Sunday afternoon and evening at the L. J. Johnson home.

Mrs. Nels Oman of Lake Elizabeth visited a few days last week with her sister, Mrs. Alfred Carlson south of the village.

L. J. Johnson, F. C. Peterson and O. J. Gilbertson were in Litchfield on business Monday.

Carl Covell came up from Minneapolis Friday evening. He will work at

the drug store during Mr. Larson's illness.

Frank Heining left Tuesday noon for a few days' stay in St. Cloud and other points.

Albert Anderson has rented the L. Johnson farm south of town and will take charge of same the first of March. Mr. Johnson expects to have a sale the middle of February.

Everybody is doing it now. Everybody is buying at Gilbert O. Sand's big clearance sale now on.

The basket ball game between the Willmar high school and the Atwater high school played here Saturday night was a very interesting game, being the first game played against the Willmar high school.

The game was not a swift one but it was more than the W. H. S. could stand. The A. H. S. showed very excellent team work and Paul Covell showed some very good shooting ability. Theodore was the star shooter as usual.

The Willmar boys showed good guarding and team work but they were fouled four times.

**BETHLEHEM LUTHER.**  
Rev. Johannes Hoifjeld, Pastor. Sunday school and Bible class at 10 a.m.

Provisional meeting will be held at the home of George Estrom Thursday, the 17th, at 7:30 p.m.

Annual meeting of the congregation and Ladies' Aid Social Friday, Jan. 18. All invited.

**SWEDISH M. E.**  
Atwater.  
Services at 2 p.m.  
Sunday school 2 p.m.  
Epworth League 7:15 p.m.  
Epworth service 7:45 p.m.  
Prayer meeting every Thursday evening 7:30 p.m.

Rosendale.  
Confirmation class 10 a.m.  
Services at 11 a.m.  
Everybody welcome to our meetings.

Fred Stromberg, Pastor.  
A pleasant surprise took place at the Methodist paragon last Friday evening in honor of the choir leader, Theodore Olson.

On account of the weather the crowd was not as large as expected but those present spent a pleasant evening. A neat sum of money was presented to Mr. Olson and refreshments served.

Come to the Methodist church and listen to the music and singing on Sunday evenings. It is good.

Next Sunday evening there will be installation of the Epworth League cabinet at the Methodist church.

**"THE WHIP"**  
"The Whip," which will be shown at Dreamland on Thursday and Friday of next week was originally produced in the famous Drury Lane Theatre, London and it made the most sensational success ever recorded in that home of sensational successes. Then it was brought to this country by William A. Brady and produced in Manhattan Opera House and there it repeated its English success. Later it was presented in Australia and ran for two years there.

It is modern, it is about people of today; it has mammoth scenes, the biggest ever seen in motion pictures; it is smart, its people are well dressed; it has a thrilling intense story; it is consistent; it has scores of "punches" and it tells a love story and a story of villainy that cannot fail to grip and hold the attention of every spectator.

Bowels clogged, sick headache, no fun in it? Why not have that happy face, red cheeks that come with good digestion? Hollister's Rocky Mountain Tea makes the bowels work regular, natural—makes you feel like new. Take it tonight.—Carlson Bros.—Adv.

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In keeping hogs, pick out the ones that are stretched out long, strong, thrifty and smooth, with good strong backs. It is natural for young animals to grow. Give young animals the best chance possible. Young animals make gain more cheaply. Stunted animals never make a good hog. Keep hogs working every day possible during the year. It costs money to keep hogs. Make them more than earn their feed. Dairying keeps up soil fertility better than any other type of farming. A man with a small farm can make good money dairying. It is a pleasure to work with good animals, especially when farming pays well. Most farmers can more than make a good living, if they go after it. Every farmer in general farming and keeping live stock should have a silo. It gets corn out of way in short time in fall, is convenient to feed, and saves feed. Where corn can be grown a farmer should not try to get along without raising some corn. Fits in rotation, provides work for teams and furnishes more feed per acre than any other crop. One should be careful in selecting seed corn. It should be gathered early and carefully dried. Mr. Christgau believes in being careful and systematic and taking pride in farm work even in the corn field to have the rows planted straight and the cultivating done right. For instance, if the man knocks out two bushels of corn every day he cultivates it soon counts up. Windbreaks add beauty, protection, comfort, and hence value to a farmstead. Evergreens make best windbreaks. Can be easily grown if handled right. Should not dry when being transplanted, should be transplanted at least three times by the time they are three feet high. Small trees should be given some protection. Should not be planted closer than 12 to 16 feet for windbreaks. The home is the unit of civilization. No community is better than its home. Our surroundings are big factors in making us what we are and what we are to be. We older people make our homes, and in a large measure our children's homes. Let's give our children as good a chance as possible, for they are the coming generation, the home builders and the rulers of the land. Every farmer should be patriotic and should do all he can to help the country's cause. It is our country. It is our cause. The greatest hatred, like the greatest virtue and the worst dogs, is quiet.—Jean Paul Richter.

### OBITUARY

**ANNA JULIA OLSON.**  
Anna Julia Olson fell asleep in Jesus, the third day of January, 1918. She was taken ill five years ago and never recovered. She was always full of courage. She found Jesus as her personal Saviour shortly before she died and testified to those around her that she was ready to go to the resting place prepared for her in Abraham's bosom. Anna Julia was born Mar. 8, 1882 in Meeker county, Minnesota and died at the home of her parents in Irving township in Kandiyohi. She was 25 years, nine months and 25 days old. She is mourned by her parents, two brothers and four sisters and many other relatives and friends.

Funeral was conducted January 7, by Elder S. O. Susag and Maud Arthson from the Free Mission church. Those present from a distance were her two sisters, Mrs. Taylor and Mrs. Lee Pemble and Mrs. Gedosh from Paynesville and Miss Etta Gabrielson of Willmar. The pall bearers were Millins and Sophus Susag, Palmer Lukason, Conrad Christianson, Lloyd Red and Albert Jacobson. They were chosen by the deceased shortly before her death. A quartette composed of Misses Thea, Nettie and Mathilda Benson and Mr. August Benson rendered music.—Contributed.

### WEATHER REPORT.

Voluntary Observer T. J. Sampson at the State Hospital Farm has furnished the Willmar Tribune a detailed account of the past week's weather as follows:

Date	Hi.	Lo.	Rain.	Character of day
8	8-10	00		Clear
9	8-12	00		Clear
10	8-12	00		Clear
11	-11-25	04		Cloudy
12	-4-15	02		Cloudy
13	3-16	00		Clear
14	2-13	00		Clear

\*1 inch of snow.  
\*\*5 inch of snow.

### ANNOUNCEMENT.

Owing to increase of practice, Dr. L. C. Hansen, Osteopathic physician and surgeon, with offices in the Metropolitan building, has found it necessary to take into partnership, his brother, Dr. A. F. Hansen of Des Moines, Iowa. Dr. Hansen comes well recommended having had special training in obstetrical and gynecological work. The new firm will be Drs. Hansen & Hansen, Osteopathic Physicians and Surgeons. The success of Osteopathy in Willmar and Kandiyohi county is demonstrated by the practice enjoyed by these two Osteopaths who are the only "licensed" physicians with the exception of the medical physicians in Kandiyohi county.

### CARD OF THANKS.

We wish to express our sincere thanks to our many friends who assisted us during the illness and after the death of our daughter and sister, Anna Julia Olson. Also extend thanks to all who so kindly sent flowers for the funeral. Mr. and Mrs. Erick Olson, Emil Olson, John Olson, Nellie Olson, Mabel Olson, Mrs. A. E. Taylor, Mrs. L. S. Atchison.

### LEAVES FOR KANSAS CITY.

Dr. L. C. Hansen, Osteopathic physician and surgeon goes to Kansas City, Mo., on Saturday. Dr. Hansen expects to obtain a commission in the Medical Corps of the U. S. Army after taking extension work at the Central Medical College of Kansas City. During his absence Dr. A. F. Hansen, brother of Dr. L. C. Hansen, will have charge of his offices in the Metropolitan Bldg.

### SOUR ACID STOMACHS. GASES OR INDIGESTION

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### Saw Mill Work

I will operate a saw mill on N. E. Laines' place, Sec. 20, Town of Dove, (on the old Swain place), in the spring, and solicit the custom saw mill work of the neighborhood. Haul your logs to that place this winter, so as to be ready when I start up. E. M. ASPLUND.

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