

IRVING

March 27—Alfred Olson on the O. J. Orson farm had the mishap last week to break his collar bone. His many relatives and friends hope for his speedy recovery.

Thos. Nelson, formerly of St. Paul Park, now of Plummer, passed thru Paynesville last Tuesday on his way to Montevideo to attend a ministers meeting held there by the Church of God, the 22nd, 23rd and 24th.

S. O. Susag left for Grand Forks last Tuesday with a three days stop-over at Montevideo after a two weeks visit at his home in this community.

Peder Nepsun was a Hawick caller last Tuesday.

F. H. Smithson left for Willmar on Monday the 21st to act as one of the grand jury at the court there.

P. J. Jacobson was called on to act as petit juror at the courthouse in Willmar and left for that purpose on Monday, the 21st.

Mrs. Conrad Pederson and daughter Beatrice left for Minneapolis last week to join Conrad who is employed at the American Motor Company.

Mrs. H. A. Hendricks visited at the John Peterson home last Monday afternoon.

Mr. and Mrs. Dor Olson entertained company the first part of last week.

Mrs. M. A. Christenson who has been visiting for some time with relatives and friends in the twin cities returned home on Saturday, the 18th.

The Ladies Aid of the Nordland church meets at Ingvald Larson's on the 29th of March.

Johnny Jones was a Sunny Hill Farm visitor last Tuesday fixing the electric light machine.

Conrad Anderson, a son of Mr. and Mrs. Christian Anderson, is very sick and they despair of his life. Hope he will get well and strong again.

The Ladies Aid of the Zion church met at Mrs. A. Meistad's last Friday afternoon with a good number present.

May Raud spent some time visiting with her sister Esther last week.

Mrs. David Johnson and daughter Jeanette and Mrs. Johnson's father are visiting for two weeks with Mrs. Johnson's sister.

Dagmy Thorsen is doing some dress-making for Mrs. John F. Jones.

K. J. Thorsen called on Ed Benson on business last Wednesday.

Adolph Seeland went to Paynesville last Monday where one of his horses got very sick and he could not get it home till Wednesday.

David Johnson the buttermaker of Hawick was entertained for dinner at K. J. Thorsen's last Sunday.

P. J. Jacobson called on the Nepsun family on business last Wednesday.

Mrs. S. O. Susag entertained company last Wednesday afternoon.

The sad news reached us that Conrad Anderson died on Wednesday afternoon, the 22nd of March. The cause of death was diabetes which he had been troubled with for some time. He left in the bloom of youth and the bereaved relatives and friends have the deepest sympathy of all in the community.

Mr. and Mrs. Edward Sunde spent one afternoon the first part of last week with Mr. and Mrs. Peter Sunde.

Mr. and Mrs. Axel Anderson of St. Cloud arrived in Paynesville last Wednesday to attend their brother's Conrad's funeral. They are making their home while here at J. B. Johnson's.

Mads Arithson, O. T. Emerson, Lloyd Ruid and Theo. Olson hauled each a load of furniture for Olaf Johnson from New London to the Ole Winther farm last Thursday. The roads were not the best.

Ben Kruger, the mail carrier of Paynesville on route 3 delivered the mail on Thursday with buggy instead of the sleigh.

Paul Ruid returned recently from Faith, S. D., where he had attended his brother's Ole's funeral, who was accidentally killed by some splinters from a circle saw.

Geo. E. Nelson received the sad news by telegram last Thursday that his brother-in-law, Olaf Selnes of Windom, Minn., died on Wednesday, the 22nd of March. Funeral was held last Sunday. The cause of death was anemia which he had suffered from for some time. His only sister, Mrs. Geo. E. Nelson, heard of his sickness and left for Windom a week ago last Monday and had the privilege to be with him, her only brother, to the last. Mr. Selnes leaves a wife, nee Mary Blackseth, with some other relatives and friends. Those who were acquainted with him knew he was an upright man, a good citizen and very much respected by all. The bereaved relatives and friends have the deepest sympathy of all.

Walter Kruger of Paynesville, a brother of the mail carrier on Paynesville, Rt. 3, delivered the mail the latter part of last week being that Ben Kruger was very sick with the "flu." We hope for Ben's speedy recovery.

P. J. Jacobson returned home from Willmar last Wednesday to go back for the petit jury next Monday.

The town board of Irving township is as follows for this year: Erick Erickson, Clerk; Peter M. Borsheim, as treasurer, and Martin Everson, Supervisor.

Mrs. S. M. Susag spent Saturday and Sunday with Mrs. S. O. Susag.

Mr. and Mrs. H. A. Hendricks were shoppers in Paynesville last Saturday. Richard Nepsun who has been employed with his uncle, Peder Nepsun, left for his home near Spicer last Saturday. Peder Nepsun took him to Paynesville where he boarded the G. N. train.

Karl Peterson was a Paynesville caller last Saturday.

County, with Jennie Johnson as teacher, that was to be given last Friday evening but had to be postponed on account of poor roads, will be held the first part of next month.

Mr. and Mrs. Alfred Christenson spent Sunday afternoon at the Edward Sunde home.

Some of the Leonard Nepsun family in Irving who have been sick lately, are now improving and it is hoped that they will all get well soon.

Mr. and Mrs. L. Farnum spent Sunday, the 19th, with Mrs. Crawford Blakely.

Mary Blakely is visiting with Milton Blakely at the present time.

Esther, Florence, Josephine and Huldah Christianson were entertained for dinner with the Peder Nepsun family on Sunny Hill last Sunday.

On Thursday night we had some rain with thunder and lightning and after that nice weather so the snow is melting away fast.

Meeting was held in the Nordland church last Sunday conducted by E. M. Hanson.

The funeral of Conrad Anderson was held in the Nordland church last Friday afternoon at 2 o'clock conducted by Rev. E. M. Hanson and the remains were laid to rest at that cemetery.

Mrs. H. A. Hendricks conducted Sunday school at H. C. Hanson's last Sunday.

Mrs. Olof Johnson and sons Clifford and Raymond of New London, moved to the Ole Winther farm last Saturday. Oluf Johnson had moved there a few days before.

Ragnild and Anna Nepsun called on Ole Winther on Sunday afternoon.

E. G. Erickson was appointed on the grand jury from Irving and O. L. Osberg also of Irving on the petit jury.

HEALTH TALKS

By Dr. Oscar R. Zahr

Spinal "Center" Control Bodily Functions

Nerve centers have long been known and located in the various levels of the spinal cord, which furnish vital "power" (trophic influence) by way of the consecutive pairs of emerging nerves to operate every organ and process of the body. Thus, there is a "breathing center" which needs only be deprived of blood, or punctured artificially, to end life at once by paralysis of breathing. There are two heart centers from which emanate opposing impulses, one to increase, the other to check heart activity. There is a center which controls temperature.

There is a very important center known as the "vasomotor" which, by furnishing power to contract and dilate blood vessels. This vasomotor center, so to speak, is the head commissary department for the whole organism, regulating the feeding, up-building and reciprocal work demanded of every bodily tissue. There are known to be such governing nerve centers in the brain and cord for all bodily processes. Subordinate yet active, responsible, working reflex or automatic nerve centers for the various functional activities are located in the spinal marrow.

Osteopathy Has Defined New Centers
Osteopathy now comes to the aid of physiology, by research and clinical methods entirely original, and has located and verified additional centers for organic processes with the certainty of demonstration. Thus we have found nerve centers (more or less diffuse) along the spine which preside over the nutrition, motion and secretion of the stomach, bowels, liver, pancreas and spleen; another the lungs and their important work; another which induces the process of systematic relaxation, rest, repair and refreshment, better known collectively as "sleep"; and still other centers which control other processes of the living organism. Furthermore, Osteopathy has discovered the approaching pathways (or afferent nerves) by which to reach these centers, and manipulations that augment or retard their various functionings.

This knowledge makes it plain why Osteopathy diagnoses and treats most diseases by giving close attention to needed adjustments of the spinal mechanism. As anatomical physicians, we have learned that most diseases are traceable to, or at least are inseparably associated with, abnormal spinal conditions which derange the automatic centers. We go direct to the spot, to these power-houses of living energy, to find and remedy the evil, whatever it may be. Our "medicine" is a mechanical correction—**Osteopathy means adjustment.**

STUDENTS HOME

The students who attended the West Central School of Agriculture at Morris this term, returned to their homes here on Saturday.

Those who returned from here are Hazel and Florence Bergquist, Melville Kleberg, Arnold Anderson and Harry Hallberg.

Alvin and George Alvig returned to this city on Friday as they did not stay for the graduation that was held on Friday evening.

Miss Hazel Bergquist was a member of the graduating class of this year.

BIDS WANTED

The Board of Supervisors of Roseland Township will receive sealed bids for pulling a 12-foot grader; work to be done by the mile. Separate bids will be received for man to run grader. Bids received until one o'clock on April 20, 1922, at the clerk's office.

Edwin Eastlund,
Town Clerk,
Olivia, Minn.

ON BUSINESS HERE

Olden Rahr of Pipestone was a business visitor in this city Monday and Tuesday. Mr. Rahr is one of the members of the firm of Rahr & Pratt who had the contract for installing the new water mains here last year and came up to start the remainder of the unfinished work which will be resumed next week. George Pratt will have charge of the work until completed and expects to arrive next week from Minneapolis.

B. Y. P. U. PROGRAM

The B. Y. P. U. of the Swedish Baptist church will render a Swedish program next Friday evening, March 31, at 7:45 p. m.

Song service, Joel Thunstedt.
Devotionals, Esther Swenson.
Song, Audience.
Dedication, Elnor Forssell.
Vocal duet, Ruby Boom, Mrs. Peter Olson.

Talk, Esther Johnson.
Vocal solo, Mabel Johnson.
Reading, D. T. Carlson.
Vocal duet, Emil and Willard Lundquist.

Dedication, Ruth Carlson.
Piano solo, Elna Forssell.
Talk, Rev. E. A. Lagerstrom.
Song, Audience.
Prayer, Mrs. D. T. Carlson.

All are most cordially invited to attend and especially would we like to extend a most hearty welcome to all Swedish speaking people.

LAKE LILLIAN

March 25—Mr. and Mrs. Albert Nelson and family visited at Ture Carlson's Sunday afternoon.

Clarence and Wm. Renstrom visited at the Lars and Ole E. Erickson homes on Friday afternoon.

Annie Nyberg assisted Rev. B. O. Berg's with some work last week.

August Johnson was busy with some paper hanging at Frank Lindquist's last Thursday and Friday.

Mr. and Mrs. Emil Pearson visited at Wm. Renstrom's Friday evening.

Emil Pearson and Caesar Linn made a trip to Olivia Friday.

Johnny Jacobson and Mr. Kelcker made a business trip to Olivia Friday.

Marion Renstrom visited at her parental home over Sunday.

Miss Carrie Peterson visited at A. M. Renstrom's last Thursday afternoon.

Roger and Caesar Linn made a call at Willmar one day last week.

Mr. and Mrs. John Erickson entertained a few friends last Wednesday evening in honor of their daughter Ruby's birthday. Games were played and a lunch was served later in the evening.

Grandpa and Clarence Renstrom visited at Wm. Renstrom's Friday and Saturday forenoon.

Mr. and Mrs. Ole Erickson, Mr. and Mrs. John Sundin and son George, Mr. and Mrs. Lars Erickson, George Erickson and Clarence Renstrom pleasantly surprised Mrs. Lilla Rasmuson last Monday evening, the occasion being her birthday, and then she was going to leave for Minneapolis the next day.

August Johnson made a trip to Atwater one day last week.

Hilda Johnson assisted Mrs. August Johnson with some work last week.

Mr. and Mrs. John Olson visited at Wm. Renstrom's Thursday evening.

Clarence Renstrom returned to his home in Minneapolis Saturday afternoon after which he has been up here and buried his little daughter Elise, who died on Wednesday morning, March 22.

ARCTANDER

March 28—Mr. and Mrs. Melvin Skare and children left Monday for their home in Canada after a two months stay here.

Olof Knutson and Warren Edman visited at John Roisum's Sunday.

Miss Irene Foshauger is going to stay at Theodore Hauge's place some months this summer.

The Skaalerud young folks called at Ole Olson's Sunday.

Johnny Skare bought a team of fine horses last week. So hurry up Johnny and let us have a ride before the Ford days come.

Misses Olava and Emelia Rood visited at Thomas Rood's Sunday.

Ray Knutson visited at Syvert Reigstad's over Sunday.

Alfred Aasen has hired out to Edwin Railson.

SVEA

March 27—Services and Sunday school at the usual time next Sunday. Services Thursday afternoon at two o'clock.

Rev. and Mrs. J. B. Sorenson and son Hilding left Friday for Vesta, where Rev. Sorenson held services on Sunday morning.

Misses Alice and Mabel Johnson are spending their Easter vacation with their parents, Mr. and Mrs. J. P. Johnson.

Eric Moline and family visited with Mrs. Moline who is at the Rest Hospital.

P. N. Olson's were entertained at George Sunderland's Sunday afternoon.

Manley Holt of Minneapolis and Julius Anderson of Willmar spent the week end at J. P. Johnson's.

The Board of Directors of the Svea Co-op. Merc. Co. met Friday and hired M. H. Bottleson as manager of the Live Stock Co.

Mrs. Edgar Lindblad visited with Mrs. Swenson Monday afternoon.



---beginning new, Easter

Easter means starting again---new life, flowers, leaves---Spring. It is the time to put winter-weary clothes in the discard and "blossom forth" in new attire.

Kuppenheimer Good Clothes

Are fitting companions for the young man, staple and conservative styles for the older man. All wool fabrics in worsteds and cassimeres. Plaids, checks and stripes in blues, browns, grays and tans.

\$35 \$40 \$45

Michaels-Sterns and Frat Clothes

\$18 to \$35



Men's Fine Oxfords

Here you will find a big selection to choose from in Brogues, and Plain toes. Blacks and Browns. Snappy styles.

\$4.85 to \$9.50

New Easter Hats

Fine soft hats for Spring in the newer styles and shapes. Colors, grays, tans, browns and blacks. A hat for every head.

\$3.00 \$4.00 \$5.00



Boys' 2-Pants Suits

If your boy needs a suit that will go all the distance of boy wear and if you want a good suit at the right price, see these two knicker suits in

Perfection Clothes

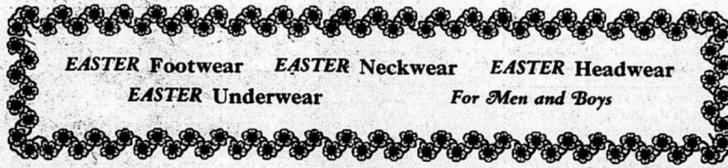
The kind real boys wear

\$8.50 to \$15.00

New Easter Shirts

Men's fine count Mercerized Pongee Shirts in white and tan, soft or detachable collars. These are dandy values.

\$1.85 to \$2.50



Wewen-Elkjer Co.
MEN'S AND BOY'S OUTFITTER'S