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The "Federal Reserve" System of Banks, of which our bank is a member, was thought out by the best brains in the banking and business world.

This system demands that a bank be sound before it can become a member bank

We can take care of your banking business and shall be glad to have you come in and "make yourself at home."

BANK WITH US

The First National Bank of Willmar, Minn.

WILLMAR TRIBUNE

Established Feb. 19, 1895.

Published every Wednesday at the Tribune Building, 311 Fourth Street South, Willmar, Minn., by Victor E. Lawson, under the firm name of Tribune Printing Company.

(Entered December 5, 1902, at Willmar, Minnesota, as second class matter, under act of March 3, 1879.)

THE TRIBUNE PUBLISHES ALL OFFICIAL MATTERS OF COUNTY AND CITY.

New Rates, Effective Jan. 1, 1920.
One year, in advance \$2.00
Six months \$1.00
Three months \$0.50
One year to Canada \$2.50
One year to other foreign countries \$3.00

All subscriptions are now discontinued on expiration, unless sooner renewed. Please renew promptly to avoid being cut off.

Advertising rate card will be sent on application.



SPICER ON GREEN LAKE

May 23—Mr. and Mrs. John Pallin and Mr. and Mrs. Chris Olson and children of Willmar visited with Mr. and Mrs. Carl Thompson last Sunday.

John Anderson and family of Willmar were guests at the Wm. Henderson home Sunday.

Miss Florence Henderson went to Willmar Monday afternoon to see her mother who is ill at a hospital there. Mr. and Mrs. Henry Horne autowed to Raymond Sunday morning and visited there during the day with relatives.

Mr. and Mrs. Norman Hanson and two children autowed here Sunday morning from Renville and visited until Monday evening with Mrs. Hanson's parents, Mr. and Mrs. H. Horne.

Mrs. Wm. Conway returned to Willmar Monday after a couple of days visit with her mother, Mrs. L. Arthun. The Aug. Moller and P. Walquist families were guests of relatives and friends at Ringo Lake Sunday afternoon.

Roy Norbie returned home last week from Devils Lake, N. D., near which place he has been employed for about a month.

H. F. Rasmussen and family, who have been residing on the Mrs. Gena Jacobson farm for a year and a half are moving to the Fridlund farm near Nest Lake.

Mr. and Mrs. F. O. Hillman and daughter Frances autowed to Murdock last Sunday and spent the day with Mrs. Hillman's parents, Mr. and Mrs. Magnus Anderson.

Little Margaret Oman from Minneapolis arrived here last week to spend the summer with her uncle and aunt, Mr. and Mrs. W. Christenson.

Mrs. Sigwald Olson and two children visited at her parental home near Hawick the past week.

Mrs. Earl McDowell and baby left Thursday for a couple of weeks visit with her husband who is employed at Fargo.

Miss Ethel Oman arrived home last week from Minneapolis where she has spent several months.

Mrs. A. Hegstrom of Minneapolis arrived here last week for a visit with her parents, Mr. and Mrs. Julius Pederson.

Left for training Charles S. Hegstrom departed last Saturday for Duluth where he will be in training on the Great Lakes for about 20 days. He will leave with a crew of sailors on a special train for Portsmouth, N. H., from where they

NEW LONDON

—Elkjer Brothers, photographers, will be at New London on Saturday, June 3rd.

May 23—W. S. Craigler went to Prairie du Chien, Wis., on Tuesday.

Dr. H. V. Hanson of Willmar spent Sunday here with his brother.

Mrs. Oscar Quam returned from Minneapolis on Tuesday.

Phillip Young returned to Minneapolis on Wednesday after a several weeks visit at the Ogren and Swenson homes.

Dr. and Mrs. Geo. M. Jennings of Missoula, Mont., visited at the H. Swenson home from Friday to Sunday. They returned via Dr. Jennings' boyhood home, Cavalier, N. D.

Miss Emma Jensen returned on Monday from a three weeks visit with relatives in Dakota.

Miss Edris Stauffer went to Darwin Tuesday to visit her sister, Mabel who is teaching at that place.

Mrs. Ida Lund is on the sick list this week.

Supt. H. H. McNiven is enjoying a visit from his mother who arrived on Friday from a visit with relatives in the East. Her home is at Medicine Hat, Canada.

Mrs. Erick Hedeon returned to New London Tuesday after a winter's stay with her daughter Ingeborg in Minneapolis. She went to Donnelly on Wednesday to visit with her daughter, Mrs. J. E. Lundquist.

Mrs. Gust Hill of St. Paul has visited the past week with her mother, Mrs. Chas. Thorne and sister, Mrs. Anton Stenbakken.

Miss Bertha Gustafson of Willmar visited last week with relatives Mr. and Mrs. E. O. Hagen.

Elmer Larson is preparing to build himself a home in the northwest part of town.

S. S. Lobben of Brooten was here Saturday and Sunday calling on his friends.

The Farmers store is shipping two cars of stock today.

Miss Ethel Peterson returned to St. Cloud Tuesday after a short visit with her sister, Mrs. V. E. Holm.

Miss Thea Kambeast was a Willmar visitor Wednesday.

L. A. Metcalf went to Minneapolis and Monticello Friday to visit at the Mrs. James Metcalf home until Monday.

Mrs. Mary Lesterberg of Benson is making a short visit with friends in New London.

Mrs. Sadie Geistweil of St. Louis has arrived here to attend the bedside of her aged mother, Mrs. Mary Geer, who is ill at her home in Burbank.

Miss Hazel Olson is enjoying a few days vacation from her duties at the Ellet Hospital, Minneapolis. She arrived here Friday accompanied by a little friend, Master Robert Gittelsohn of Minneapolis.

Rev. Geo. E. Cook returned to Clara City Monday.

Mr. and Mrs. W. S. Johnson of Paynesville were Thursday and Sunday callers here.

Mr. and Mrs. Martin Lundquist and guests of the week were Sunday visitors at the Jacob Moe and Sigurd Halvorson homes in Norway Lake.

Mr. and Mrs. J. E. Martin and family of Eden Valley visited at the S. J. Anderson home Sunday.

Wallace Bengtson's confectionery and restaurant has been very much improved by the addition of booths for the use of small lunching parties.

S. A. Bush is busy making the little park site in front of the creamery a beauty spot to excel last years planting. He is, among other things, preparing a large mound for 40 canna bulbs.

A road crew has finished putting a good heavy gravel top on the new road from the depot eastward a short distance making an otherwise soft clay roadbed passable as far as it goes.

Mr. and Mrs. Emil Hallberg and Mr. and Mrs. Gustafson, and daughters Mildred and Ruth went out to the Monson Lake church on Sunday to attend the confirmation and spent the afternoon at the Andrew Lesteborg home.

New London base ball games played last week were both in favor of our home boys. The high school nine played Brooten Saturday at that place

scoring 8 to 4. The town team played Kandiyoil on Sunday winning 7 to 6.

Our people responded nicely to the Civic League Clean up call to Neer Park Saturday and a great amount of work was done in the few hours due to so many willing workers. Teams and scrapers are busy this week putting Tourist Park into better condition making the approach wider by filling.

The Senior Junior banquet was given Saturday evening at the Hookum cottage at Green Lake. Plates were laid for thirty guests.

Charles Nyberg returned from Minneapolis Monday where he has just completed a deal in which he trades his large apartment house in the city for a summer hotel and cottages and a store property north of Brainerd to which the family will now move.

Rev. E. M. Hanson is in Starbuck this week attending the Norw. Luth. church meetings.

Miss Edith Larson a student of St. Cloud Normal school visited Miss Mabel Johnson from Tuesday to Saturday.

A large picnic party spent Sunday afternoon at Lake Florida. The party was made up of the Anna Nordlie young people, the J. G. Monson, Albert Nelson, J. M. Bolstad and Gerhard Nordlie families.

Ruth and Mildred Olsen, Edith Larson, Mabel Johnson, Marel, Mathilda and Joseph Borgeson were in Belgrade Saturday in attendance at the high school class play there.

Declamatory Contest

The declamatory contest given at the auditorium last Tuesday was well received and well rendered. The winning members among the high school pupils were: First, Mildred Oppegard, whose subject was "The Soul of the Violin," and second, Elinor Olson, who delivered "Americanism," by Roosevelt. Marion Almer of the 8th grade took third prize on "The Other Fellow." All the numbers showed earnest, careful work. The May pole dance of the pupils of Miss Lundberg's and Miss Waylander's rooms was most excellently done and most highly appreciated.

To Visit New York

Mrs. H. J. Hanson will leave the last of this week for a visit first at the Mayo Hospitals at Rochester where she will attend the commencement week festivities as an alumnus. From there she will go to Duluth to take the boat trip East to her former home in New York. She will visit Washington and Atlantic City also in her four or five weeks absence.

Otto Mankell Surprised

About 35 friends and relatives made up a surprise party on Otto Mankell Sunday, the occasion being his birthday. They presented him with a purse of nearly \$30 and everybody enjoyed the time spent with their always hospitable friend at his neat little cottage on Norway Lake. A sister, Mrs. J. W. Lundquist of Minneapolis was also a guest of the afternoon.

Buried to Death

Mr. and Mrs. Jno. Amundson have just received the sad news of the death of Mrs. Elias Moe at her home in Canada. Death was due to the

burns caused by a kerosene explosion in her stove. Mrs. Moe was a daughter of T. Z. Negaard and Mr. Moe is a nephew of Mrs. Amundson and lived in New London for many years.

J. O. Estrem to Wed

The Minneapolis Journal last week announced the engagement of Miss Agnes C. Amundson to Mr. Jos. O. Estrem, both of Minneapolis. Miss Amundson is field secretary of the home finding department of the Norwegian Lutheran church and was formerly rector at Spokane College, Washington, and also teacher of dietetics at the City and County Hospital, St. Paul. Mr. Estrem is now secretary of the Board of Trustees of the Norwegian Lutheran church and was formerly cashier of the state Bank at New London.

SWEDISH MISSION CHURCH

On Sunday, May 28th, there will be all day services in the Mission church conducted by Rev. John Nelson of St. Paul and Rev. J. M. Florell of Buffalo. There will also be at 8 o'clock sermon in the evening. Part of the services will be given in the English language. The public is urged to attend these meetings.

NORWEGIAN LUTHERAN CHURCH

E. M. Hanson, pastor
Ladies Aid next Friday, Mrs. Chas. Peterson and Mrs. Bertha Bjork will serve.
Confirmation class meets Saturday at 9 a. m.
Nordland:
Services next Sunday morning.

MARRIAGE LICENSES

May 19—John E. Erickson to Elsie Renando.
May 20—Boniface B. Naprasky to Leila Smith.
May 22—Victor V. Nelson to Minnie S. Arneson.
May 23—David E. Wright to Anna Wright.
May 23—Otis Ferguson to Miss Hazel Flygare.

BIRTHS

May 22—Girl to Mr. and Mrs. Paul L. Hedin.
May 22—Girl, to Mr. and Mrs. Ed Gunderson.
May 23—Boy to Mr. and Mrs. Wm. Stuh.
May 19—Girl to Mr. and Mrs. Leon Barker.
May 16—Boy to Mr. and Mrs. Irvin S. Griffin.
May 16—Girl to Mr. and Mrs. Fred Wajohn.

—B. O. Olson left on Monday for Montevideo to stay for a couple of weeks to look after business affairs.

EXCELLENT EXHIBIT

Manual Training Exhibit at High School The Best Ever Presented

The exhibit shown on Visitors' Day at the High School by the pupils of the Manual Training department was the best ever shown on a similar occasion in past years. The pupils and Prof. Arthur Erickson merit much credit for the excellent work done during the term.

On the gymnasium stage the furniture selected for the exhibit was nicely arranged in room effect. The floor and table lamps were lighted and made a very attractive display.

The articles found on the stage were two beautiful cedar chests, four piano benches, one sewing table, one writing desk, one library table, a music cabinet, two magazine racks, a fernery, a hall tree, one chair, one rocker, eight pedestals, 2 umbrella racks, 2 telephone tables, four foot stools, one sewing cabinet, 3 floor lamps, and six table lamps.

In the show cases on the sides of the East entrance are found several additional table lamps, nut bowls and a variety of smaller articles. Space does not permit us to publish the names of those who made these articles although they are much deserving of publication.

This work has been done by students in the seventh and eighth grades and both of the high schools.

BANKER PASSED AWAY

Frank L. Stone, president of the Swift County Bank at Benson and very prominent in the business circles of that city passed away at his home on Friday, May 12th. Deceased was born in that city on April 5, 1876, and has spent the greater part of his life in that city. The cause of his death was cerebral hemorrhage. The funeral was held on Monday afternoon. Large circles of friends gathered to pay their last tribute to the departed.

NOTICE

I wish to take this means to announce that I have no interest in the farm being foreclosed, notice of which appeared in last week's issue.

Martin H. Hermanson.

Evils of Constipation

Perhaps the most serious of the diseases caused by constipation is appendicitis. If you would avoid this dangerous disease, keep your bowels regular. For this purpose Chamberlain's Tablets are excellent, easy to take and mild and gentle in effect.

Adv. May

For taxi day and night, call office 400 or residence 536-W.

KNOW— Don't G-U-E-S-S!

Do you know all the facts about Chiropractic? Do you know what Chiropractic is—and what it does?

Or is your knowledge of this great drugless health science just a bit vague? Do you "guess" it is "some kind of massage or something."

No one but a thoroughly trained Chiropractic is competent to give you the real facts about Chiropractic. There is no reason why you should "guess" about it, or take some uninformed person's word.

620 is the Telephone number of Dr. Coss and Dr. Mickelson, Chiropractors.

Call this number TODAY

Dr. Coss or Dr. Mickelson will gladly send you informative literature concerning Chiropractic without cost or obligation.

You don't need to "guess" about Chiropractic. Telephone 620—Then You'll KNOW.

WILL BE AT C. A. Nelson's Store Willmar, Minn., May 29th



Dr. E. S. Bugbee, Optometrist, relieves all eye strain that causes eye-act blindness, red, sore and inflamed eyes, headaches, dizziness, without drugs or pain. All cases thoroughly examined under Bugbee's Skiascopy, revealing the slightest error of refraction as well as any diseased or abnormal condition of the eyes. Glasses made that WILL FIT. Special attention to relief of nervous troubles which come from uncorrected eye strain. The wearing of properly fitted GLASSES will relieve these conditions. Registered by state examination, Minn. license No. 140, S. D. No. 172. Twenty-five years constant practice and many times larger patronage than any one on this route. COME EARLY.



10 Water Power Plants
15 Steam Plants
20,000 Horse Power

24-Hour Electric Service for Villages and Farms

ELECTRIC ENERGY instantly available by pressing a button any hour of the day or night, usually comes first to small communities by means of great transmission systems, tied in with water power and large steam reserve plants.

NIGHT SERVICE ONLY does not help housewife with the washing and ironing or enable a mill or factory to operate.

Many places formerly having electric service only at night have been provided with modern, 24-hour service by the transmission system of Northern States Power Company. Thousands of people in Minnesota have benefited in this way during the past few years.

OUR 1,400-MILE TRANSMISSION SYSTEM grows steadily and constantly enlarges its sphere of usefulness.

This Company has sought partners from among the public since 1915. We now have 21,000 shareholders receiving regular quarterly dividends. We gladly welcome Minnesota residents to our great family of shareholders. Our 7% Preferred Shares are one of the best investments you can make. For complete information write to our nearest office or to 15 South Fifth Street, Minneapolis.

Northern States Power Company

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S. B. KEEN, Securities Repr.
MONTEVIDEO, MINN.

Here You Are, Men

Men's whole Wing Foot Rubber Heels reduced to 50 cents per pair. The heel that is honor built, take no other. There is none "just as GOOD."

SHOE HOSPITAL

Tribune Building

HEALTH TALKS

(By Dr. Oscar R. Zahr)

No Short Courses in Osteopathy

There are no short courses in recognized Osteopathic Colleges.

Four full years of special and intensive training must be successfully completed before the student is permitted to practice as a doctor.

It is a high standard—but it insures competent Osteopathic Physicians.

Not only does it include the technique of correct method of Osteopathic adjustment but it goes further.

All proved scientific facts regarding the origin and nature of disease occupy an important place in the curriculum, for the Osteopathic Physician must understand all normal functions in order to properly interpret disease, he must understand normal structure in order to recognize faulty structure. The effects of diet, and hygiene, and the influences of environment are included in the training of the Osteopathic Physician.

His training extends over the entire field of human ailments; he is qualified in practice to treat all curable diseases or conditions.

LAKE LILLIAN VS. ATWATER

On Sunday afternoon at the Kandiyoil Beach the Atwater village team and the Lake Lillian team crossed bats. The game resulted in a score of 14 to 3, in favor of Lake Lillian.

The next game will be played at Kandiyoil Beach on Sunday, May 29, with New London. Sports start at 2 o'clock and the game at three.

There will be an ice-cream social given on Saturday evening at the home of G. B. Hoon and the proceeds will go towards the benefit of the Lake Lillian team.