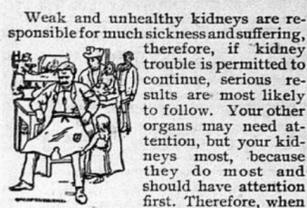


**Often The Kidneys Are Weakened by Over-Work. Unhealthy Kidneys Make Impure Blood.**



Weak and unhealthy kidneys are responsible for much sickness and suffering, therefore, if kidney trouble is permitted to continue, serious results are most likely to follow. Your other organs may need attention, but your kidneys most, because they do most and should have attention first. Therefore, when your kidneys are weak or out of order, you can understand how quickly your entire body is affected and how every organ seems to fail to do its duty.

If you are sick or "feel badly," begin taking the great kidney remedy, Dr. Kilmer's Swamp-Root. A trial will convince you of its great merit.

The mild and immediate effect of Swamp-Root, the great kidney and bladder remedy, is soon realized. It stands the highest because its remarkable health restoring properties have been proven in thousands of the most distressing cases. If you need a medicine you should have the best.

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**Foley's Kidney Pills**

**What They Will Do for You**

They will cure your backache, strengthen your kidneys, correct urinary irregularities, build up the worn out tissues, and eliminate the excess uric acid that causes rheumatism. Prevent Bright's Disease and Diabates, and restore health and strength. Refuse substitutes.

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Before Using If you have pimples, blotches, or other skin imperfections, you can remove them and have a clear and beautiful complexion by using **BEAUTY SKIN**. It makes new blood, improves the health, removes skin imperfections, beneficial results guaranteed or money refunded. Send stamp for Free Sample, Particulars and Testimonials. Mention this paper.

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**THE CHICAGO AND NORTH-WESTERN RAILWAY.**

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No 516—Daily, new line. . . . 4:27 a m  
Thro to Twin Cities and the East.

No 24—Ex Sunday, old line. . . 5:15 a m  
Connects at Kasota for Twin Cities and at Mankato Junction for the East.

No 514—Daily, new line. . . . 3:50 p m  
Thro to Twin Cities and the East.

No 22—Daily, old line. . . . 3:52 p m  
No 14—Ex Sunday, new line. . . 6:55 p m  
Connects at Mankato for points South on Omaha.

**GOING WEST.**

No 517—Daily, new line. . . . 12:30 a m  
Thro from Twin Cities and the East.

No 13—Ex Sunday, old line. . . 8:25 a m  
Thro to Tracy.

No 503—Daily, new line. . . . 1:30 p m  
Thro from Twin Cities and the East.

No 23—Daily, old line. . . . 1:28 p m  
No 27—Ex Sunday, old line. . . 8:40 p m  
Connects at Mankato Junction with trains from East and at Kasota with Twin Cities.

**Minneapolis & St. Louis R. R.**

**NORTH BOUND.**

Twin Cities Passenger. . . . (ex. Sun.) 12:03 p m  
Local Freight. . . . (ex. Sun.) 4:00 p m

**SOUTH BOUND.**

Storm Lake Pass. . . . (ex. Sun.) 2:10 p m  
Local Freight. . . . (ex. Sun.) 6:30 p m

**Stubborn as Mules**

are liver and bowels sometimes; seem to balk without cause. Then there's trouble—Loss of Appetite—Indigestion, Nervousness, Dependancy, Headache. But such troubles fly before Dr. King's New Life Pills, the world's best Stomach and Liver remedy. So easy, 25c at O. M. Olsen, druggist.

**ABOUT THE STATE**

**News of Especial Interest to Minnesota Readers.**

**MANY NOTABLE MEN PRESENT**

**Conservation and Development Congress at St. Paul.**

One of the greatest progressive movements in the history of the state was successfully inaugurated when Governor A. O. Eberhart formally called to order the first Minnesota Conservation and Agricultural Development congress in the Auditorium at St. Paul. When the governor arose he faced an audience composed of 1,500 delegates, representing every county and almost every township in the state of Minnesota.

When the governor called the meeting to order he introduced Archbishop Ireland as the presiding officer. The rest of the morning was taken up with Archbishop Ireland's address, the appointment of committees and transaction of the business of organization. The feature of the afternoon session was addresses by Governor Eberhart as president of the congress; Richard A. Ballinger, secretary of the interior, and Professor Albert Woods, dean of the State Agricultural college. A special session on "Farm Conservation Problems," with Senator S. D. Works presiding, was held at 4 o'clock and in the evening P. V. Collins presided while the speakers were Mrs. Margaret J. Blair, instructor in domestic science at the agricultural college; Max Toltz, consulting engineer of the Great Northern railroad; Professor Frederick E. Clements of the state university and George Otis Smith, director of the United States geological survey. Director Smith used a stereopticon in his address to illustrate the "People's Part in Conservation."

**Second Day's Proceedings.**

The second day of the congress was more largely attended than the first, while in the exhibit rooms scores of visitors inspected the displays. Not a small part of the crowd attended especially to hear James J. Hill, who has for years been preaching the doctrine of conservation, rotation of crops, scientific farming and economy in production and who has demonstrated the soundness of his theories by putting them into practical use at his farm.

President Howard Elliott of the Northern Pacific railroad was in the chair at the morning session and President Cyrus Northrop of the state university presided at the afternoon session. The general subject of the morning's session was "The Agricultural Development of the State of Minnesota." Professor E. V. Robinson of the University of Minnesota was the first speaker on "Minnesota's Farm and Soil Resources," and Mr. Hill followed him on "Minnesota's Agricultural Opportunities." The closing address of the morning session was by Professor A. E. Chamberlain, superintendent of the Farmers' institute, Brookings, S. D., and Professor A. D. Wilson, holding the same position in Minnesota, spoke for this side of the state line in the afternoon.

At the special session of the congress at 4 o'clock in the afternoon "The Live Stock and Dairy Interests of Minnesota" was the general topic of a number of papers by various authorities on the subject. The evening session was devoted to "State Advertising and Settlement of Farm Lands."

The committee on permanent organization, in its report, recommended that the congress be made a permanent affair and the report was adopted, the present officers to retain their positions during the ensuing year.

**In the Interest of Good Roads.**

The third day's session of the conservation congress was notable for many things. The Minnesota Road-makers' association was organized and in addition an all day good roads section was held, with meetings in the morning, afternoon and evening.

Women figured prominently in the day's session of the general section of the congress, the discussions relating to agricultural and industrial education, pure food, public health and sanitation. At a special session in the afternoon "Woman's Part in Conservation" was discussed by a number of women speakers.

Two speakers of national reputation participated in the day's programme, Dr. H. W. Wiley, chief of the bureau of chemistry, and D. J. Crosby, specialist in agricultural education.

"Forestry and Mines" was the subject of the morning session of the fourth day of the congress, with W. O. McGonagle, president of the Duluth, Missabe and Northern railroad, in the chair. The 2 o'clock session was on "Drainage and Water Powers," the 4 o'clock session on "Better Farming in Minnesota" and in the evening Governor Eberhart presided over the closing session, the programme for which was miscellaneous, and included a special address by Mrs. Perry Starkweather, assistant state labor commissioner in charge of women and children, on "The Welfare of the Child."

The resolutions adopted by the congress are broad and cover practically every subject of importance touched during the convention.

**THREE MEN GO THROUGH ICE**

**Triple Drowning Occurs on the Embarrass River.**

Three men were drowned in the Embarrass river, two of them in an endeavor to save the other. August Swanson, Peter Hatland and Jacob Linsted of Biwabik were on their way to a camp to go fishing and when crossing the river Swanson broke through the ice. He was burdened with a pack sack. Hatland and Linsted hastened to assist him and they both went in.

Gust Johnson was the only spectator of the tragedy. He hurried to the river and, procuring a pole, tried to rescue the drowning men, but without success. Johnson came near losing his life also.

Swanson was the mine blacksmith at the Biwabik and is survived by a widow and three children. Hatland was thirty years old and single and Linsted was fifty years old and married. The bodies were recovered.

**CHILDREN BURNED TO DEATH**

**Father Almost Loses His Life in Trying to Save Them.**

The home of Fred Anholm, situated near Finland, was destroyed by fire and two children aged seven and eight years, were cremated and Mr. Anholm was severely burned and had a narrow escape himself.

When Mr. Anholm was awakened by the fire the house was ablaze. He saved his wife and baby and then hurried into the blazing structure to save his other three children. He was gone so long that it was feared he had been overcome, but at last emerged with one of the children in his arms. He made a noble effort, and his clothing was on fire, and he was almost ready to drop from the effects of heat and smoke when he appeared bearing the child. It was too late to make another effort and the other two children were burned to death.

The fire is supposed to have caught from an overheated stove.

**CRASHES INTO A CABOOSE**

**Passenger Train Kills One Man and Injures Another.**

One brakeman was instantly killed and a freight conductor severely injured when a southbound Burlington passenger train crashed into the rear end of a transfer freight in the Daytons Bluff yards at St. Paul. Passengers were shaken up, but escaped with slight bruises. R. L. Miller, a brakeman on the freight train, was buried in the wreckage and only the prompt action of yard men prevented his body being incinerated when the broken bits of what had once been a caboose burst into flame.

Peter J. Leko, the conductor, was hurled fifty feet with flying debris and suffered serious lacerations about the body.

The throwing of a wrong switch is thought to have caused the accident.

**LONG LEGAL BATTLE ENDED**

**State Secures Title to Valuable Indian Swamp Lands.**

After a legal battle lasting six years, and in which two Minnesota senators, the late Governor Johnson, Attorney General Simpson and State Auditor Iverson fought the matter up to the highest courts, the auditor received word from Washington that 102,308.63 acres of Chippewa Indian swamp lands valued at from one to fifty million dollars belong to the state of Minnesota.

State Auditor Iverson received the document from the general land office at Washington announcing that the department of the interior has ruled that the lands are the state's property and the announcement caused great enthusiasm in the capitol.

**FRAUD CASES ARE OUTLAWED**

**Prosecutor Refuses Warrants in Insurance Scandal.**

Application for four warrants for fraternal insurance frauds was made to County Attorney Smith of Hennepin county by Attorneys Hall of St. Paul and Winthrop of Minneapolis. They were refused on the ground that all four cases were barred by the statute of limitations. The right of action expired last November.

**Bede May Oppose Clapp.**

J. Adam Bede, former congressman from the Eighth district, may be a candidate for election as United States senator to succeed Moses E. Clapp. Mr. Bede has returned from a two months' trip to the Pacific coast and has not had an opportunity to study the situation, but he said that he believes there is a chance for a solid Taft Republican to go to the senate from Minnesota.

**Prisoner Commits Suicide.**

Antonio d'Agostino, the Italian held in the Clay county jail at Moorhead on a charge of shooting Antonio Sposito, a fellow countryman, at Dilworth three weeks ago, committed suicide, having swallowed a number of pins. He resorted to this means after an extra guard had been placed about him, the officers fearing that he would attempt his life.

**Survives Hundred-Foot Fall.**

John Ayana of Virginia, a miner, aged twenty-eight years, took a terrible fall at an open pit mine near Virginia, but escaped without serious injury. He fell thirty feet of sheer drop and then bounced seventy feet more to the bottom, where he was found suffering more from exposure than injuries.

**CHIEF FRED KOHLER.**

**Issues Edict Regulating Dress of Cleveland Police Force.**



**PUTS BAN ON RED NECKTIES**

**Cleveland Chief Says Police Must Dress Like Gentlemen.**

Cleveland, March 20.—Police men of Cleveland must dress like gentlemen. The edict has gone forth, also the explanation thereof. It is signed Fred Kohler, the "Golden Rule" chief, and it explains that diamond pins, red neckties and celluloid collars are henceforth tabooed, because gentlemen do not wear such things.

However, there is a respite. The officers of the law are given until April 1 to get rid of their ungentlemanly adornment and reform their "loud and flashy" appearance.

**BIG STRIKE STILL ON**

**Conferences at Philadelphia So Far Without Result.**

Philadelphia, March 20.—After a week of peace talk and innumerable conferences between union leaders and peacemakers the striking motormen and conductors and the officials of the Philadelphia Rapid Transit company are apparently still far apart. There is, however, on both sides a better feeling, which might lead at any time to the opening of negotiations.

All peace conferences held had been between representatives of the strikers and outsiders interested in ending the trouble. The transit company had not been directly represented in any of the meetings. It was said the informal peace meetings would continue until common ground could be found on which to bring both sides face to face.

This was the twenty-ninth day of the street car strike and the fifteenth of the general walkout. There have been few desertions from the ranks of the trolley men, but there is a slow movement toward a return to work on the part of the general strikers. The return is not universal, but each day finds a few more men going back.

**Fallieres to Hear Roosevelt.**

Paris, March 20.—President Fallieres will attend the lecture given by former President Theodore Roosevelt in the Sorbonne. Mr. Roosevelt's subject will be "The Duties of the Citizen of a Republic."

**Low Colonist Rates To Pacific Coast. Daily Until April 15.**

One way tickets at special low rates from all points on the North Western Line to San Francisco, Los Angeles, Portland and Puget Sound points.

A tri-weekly service of Pullman tourist sleeping cars through without change via diverse routes from Mankato, Alton and Sioux City to Los Angeles, affords a most comfortable and economical means of travel.

For full particulars apply to ticket agents The North Western Line.

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It prevents Tightness and Blistering, cures Swollen, Sweating, Aching feet. At all Druggists and shoe stores, 25c. Sample mailed free. Address, A. S. Olmstead, Le Roy, N. Y.

Foley's Kidney Remedy will cure any case of Kidney or Bladder trouble that is not beyond the reach of medicine. No medicine can do more. O. M. Olsen druggist.

Allen's Lung Balm will cure not only a fresh cold, but one of those stubborn coughs that usually hang on for months. Give it a trial and prove its worth. 25c, 50c and \$1.00.

Pneumonia follows a cold but never follows the use of Foley's Honey and Tar which stops the cough, heals the lungs and expels the cold from the system. O. M. Olsen, druggist.

If You Would Cure That Back, You need a pleasant herb remedy called Mother Gray's Australian-Leaf for all Kidney, Bladder and Urinary trouble. As a regulator it has no equal cures headaches, nervousness, dizziness and loss of sleep. At all Druggists, or by mail, 50 cts. S.A.M. PLEASE FREE. Address, The Mother Gray Co., LeRoy, N. Y. 12-35

**No Substitute.**

Accept no substitute for Foley's Honey and Tar. It is the best and safest remedy for coughs, colds, throat and lung troubles. Contains no opiates and no harmful drugs. Remember the name, Foley's Honey and Tar, and accept no substitutes. O. M. Olsen, druggist.

Barking, Hacking, Rasping Cough can be broken up quickly by Allen's Lung Balm. This old, reliable remedy has been sold for over 40 years. Ask your druggist about it.

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**Self Raising Pancake Mixture.**



Buckwheat and Wheat Flour blended in perfect proportions  
It pleases everybody  
Five cents per pound at all Grocery Stores.

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The largest assortment of wall paper that was ever displayed in this city.

Wall paper 5c a roll and upwards.

Folding go-carts from \$1.35 upwards.

Ingrain rug, 9x12 feet, \$5.75.

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