

THE RISING GENERATION

(Continued from page one)

proven that smoking affects the heart action, making it very vigorous at first and afterwards very weak. It is during this weakened period of heart action that the boy is easily led into almost any kind of vice.

A master mechanic of one of the leading R. I. systems says, "We refuse to hire men whose hands indicate that they are inveterate cigarette users. We find that they almost invariably fail to pass the eye test for perfect vision."

Smoking Affects Scholarship.

During an experience of nearly 15 years as superintendent in three different schools, the writer has had considerable opportunity to study the effects of tobacco upon the physical, mental and moral growth of boys. We know from observation as well as from abundant statistical proof that the boy who begins the use of tobacco at an early age seldom gets very far in school. Scarcely ever does he reach the high school. He usually fails to pass in one of the intermediate grades and drops out of school unless the compulsory attendance law enforced by a truant officer compels him to attend. We have yet to discover a boy using cigars, snuff, or tobacco in any form to excess, who is even a fair student in school. The scholarship of even the moderate user is usually below that of the one who keeps the poison out of the system during school life.

Following is the scholarship record of boys from 15 high schools: Are 12 13 14 15 16 17 Average grade non-smokers percent 87 91 88 85 89 86 Av. grade of smokers 74 75 72 74 73 67

Again we give the record of 50 smokers and 50 non-smokers in college. These were taken from the State Agriculture college of Kansas: Smokers Non-smokers Average grade 62.28 pct. 79.83 pct. Studies dropped 47 9 Failures 108 3

Records have been taken from other universities and colleges with about the same results. The university of Wisconsin made a study of this matter last year and found that between 70 and 80 per cent of the failures were cigarette smokers.

There are a number of young men in every town who would now be making a splendid record in the high school had they not become victims to this habit several years ago. We have in our grades at the present time several who will not reach the high school largely because of snuff and cigars.

Records of 2,336 smokers attending public schools have been tabulated. Only 6 were reported "bright students," 10 were reported, "average" while the rest were reported as "poor" or "worthless" students. Several of the very youthful ones were reduced almost to the condition of imbeciles.

Does anyone blame a teacher for fighting this enemy when it works such havoc among the boys of our town and land? It seems to me that any father, yes, every father and every mother should constitute a united band to wage eternal war upon this vicious enemy to American boyhood.

Great Business Concerns Don't Want Cigarette Smokers.

The boy who has chosen the cigarette has not only made it impossible for himself to become an educated man but he has compelled many of the great business concerns of the country to close their doors in his face when he applies to them for a responsible position. They cannot afford to trust a responsible position to the boy whose very finger tips tell what is his master.

The ability to smoke cigars and spit tobacco juice don't recommend a young man to a good position. Judge Smith of Indianapolis, names 22 great business establishments which refuse to employ cigarette smokers. The list includes Swift & Co., Marshall Field & Co., Wanamaker's of Philadelphia, and several great retailers. He says, "The list might be extended indefinitely, showing that the cigarette is a serious if not a fatal handicap to highest business success."

Encourages Truancy.

Concerning truancy, W. L. Bodine, Supt. Compulsory Education, Chicago, has the following to say: "I have sent 4,015 boys to the Chicago Parental school, a school for habitual truants under 14 years of age, together with a few incorrigibles from the class room. Eighty percent of this number were cigarette smokers. I have here some statistics to prove beyond a doubt that cigarette create the backward pupil, and from the ranks of the backward pupil, we get most of our habitual truants. The boys sent to this institution range in age from 7 to 14. The average being 11 1/2 years. I found many who were 12, 13 and 14 1/2 who were only in 1st, 2nd and 3rd grades. 301 came from the 3rd grade, 217 from the 2nd, 189 from the 1st, 146 from the 4th, 47 from the 5th, 140 from the 6th, 4 from the 7th, and 14 from the 8th grade.

The habitual truant is almost invariably addicted to the use of cigars. Truancy is the cradle of crime. A box of cigars and a nickel library, can easily make a truant, and such a truant, poisoned in mind and body, is the future enemy to society.

There are few girl truants. A truant boy's sister has the same lack of nourishing food, the same environment; but the boy smokes

cigaretts and the girl does not. The girl goes to school and the boy does not; the girl keeps up to her grade and her brother does not. The brother is behind because he is dull. He frequently fails to be promoted. He makes little progress if any. Finally he gets so much older and larger than the other children in his grade that he is ashamed and does not wish to stay in school any longer so he becomes a truant. Why is he dull? That is the question. (To Be Continued)

APPROPRIATIONS FOR MINNESOTA.

Washington, Dec. 1.—Estimates of appropriations for Minnesota projects submitted to congress today are as follows:

- Improvement of harbor at Agate bay, \$5,000.
- Mississippi river at the reservoir \$30,000.
- Completion of the high dam at Minneapolis, \$170,000.
- Warroad river and harbor, \$2,000.
- Zippel bay, Lake of the Woods, \$1,000.
- Red River of the North, \$7,500.
- For public buildings, estimates of \$13,500 for Moorhead; \$23,000 for Owatonna, and \$175,000 for Minneapolis are submitted.
- Estimates for the Minnesota Indian service include a provision for taking \$185,000 from the Chippewa fund for the civilization and support of the tribe, of which \$20,000 is to be expended for the purchase of land for the non-removal of Mille Lacs Indians.
- Other estimates for Indians in Minnesota are: Pipestone school, \$49,175; support of Chippewas, \$4,000; hospital on Red Lake or Leech Lake reservation, \$25,000; bridge across Mississippi river at Cass Lake, \$1,000.

STRANDQUIST

Fritz Edeen returned home from Argyle, where he has been employed this summer.

Peter Howland, of Fertile, spent a few days with the Paulson families.

Mrs. Lund of Donaldson, was in town on Saturday. She is enjoying a short stay at her parental home of Mrs. N. Svalsk, near Park.

A. E. Holmgren and family, who arrived here lately from Roseau county, will reside in Axel Holmquist's residence, west of town.

The Ladies Aid auction held in the church on Thanksgiving day was a successful one. It brought in a fine sum of money to the society.

The Starvation club met at one of its members on Thanksgiving and enjoyed themselves as best they know how, especially around the dinner table; that is what one of the members stated.

Knute Koland entertained a number of friends at Ole Koland's place last Sunday.

Miss Agnes Larson spent Thanksgiving at Halma.

Miss Rud enjoyed the holiday at her home in Viking.

S. Lovied left for Crookston on Monday evening to attend the Dairy Convention. Hope Mr. Lovied will not be in such a rush to get down any stairways there, as he is when at home in Newfolden; for further explanation I refer you to Mr. L.

Misses Emma and Annie Sjoquist was in T. R. Falls on Saturday.

Mr. and Mrs. Shrinier from Warren, were callers at the Franzen home on Thursday.

There will be a big reduction sale at the J. E. Strandquist store, beginning the 6th of December and continuing for 10 days.

Ole Lausness and Edvin Stennes returned home from Halstad on Sunday.

The Strandquist Anti-Tuberculosis society will hold its annual meeting at the Lundstrom hall on Wednesday evening, Dec. 10th at 7 p. m.

J. Nilson, N. A. Johnson and Aug. O. Rokke and Hildur Nelson, Maris Strand and Odine Rokke attended the Bruskelund Temperance society meeting in the O. K. Koland school house last Sunday.

The Basht social held Wednesday evening was well attended. The amount of money raised was \$44.25.

Mrs. Agnes Halvorson and children of Warren, spent Thanksgiving at Floberg's.

Linda Johnson from Alvarado, spent Thanksgiving at Skonovd's.

Misses Dora and Ingeberg Erickson of Warren, attended the basket social Wednesday evening.

Torgeson's, Willes' and McGregor's spent Thanksgiving at Turnlund's. A program and basket social will be given in the Turnlund school, district 57, Friday evening, December 12 at 8 p. m.

Swanson's, Dahlin's and Fagerstrom's spent Thanksgiving at Emil Dahlin's.

UNIQUE PLAN IS LAUNCHED

North Dakota Farmers To Study Dairying in Minnesota.

Williston, N. D., Nov. 25.—That William county and other North Dakota farmers who are interested in dairying may have an opportunity of studying the business first-hand, in centers where it has been successfully carried on, Geo. F. Carpenter of this city has launched a movement that proposes the organization of a party of fifty or sixty farmers who will travel by special train to points in Southern Minnesota and Wisconsin, where it is believed the proper field of observation exists.

The plan is unique among the many that have been proposed for interesting North Dakota farmers in the dairying business. Mr. Carpenter, who has extensive banking interests in the western part of the state, has already submitted this plan to many farmers, and they are in most instances, enthusiastic over it.

"The first-hand study of dairying conditions will produce, to my mind, the greatest possible benefits," says Mr. Carpenter, discussing the movement.

"North Dakota farmers, in the main, are thoroughly interested in dairying activities, but many of them lack information on how to conduct the business. Give that farmer an opportunity to visit a farm where dairying is carried out satisfactorily, and on a profitable basis, I venture to say that he will become even more interested in the proposition, and that it will be but a comparatively short time before he has adopted the scheme.

"Minnesota and Wisconsin have many successful dairy farmers. An itinerary that would include some of the best of these farmers could be arranged, and with expert dairymen in charge to conduct the party and to point out the important features, there can be no question but what the 'dairy excursion' would prove profitable to both North Dakota and to the dairying industry of the districts they might visit."

ARRAH! CORNER ON "MURPHIES"

Irishman Says Sharks Plan to Squeeze the Public.

Washington, D. C., Nov. 28.—A new phase of the cost of living problem was brought to the attention of the department of agriculture by Secretary Gill of the Irish board of agriculture, who told Secretary Houston that speculators in the large cities of the United States are actively buying up this year's short American potato crop and planning to hold out for high prices counting upon the existing quarantines against potatoes from many foreign countries to aid them.

Gill was here to urge the removal of the embargo on potatoes from this country. He has been getting private advices on the situation in America. Gill insists that powdery scab found on potatoes imported from Ireland is no cause for a quarantine, because a similar blight already is common in the United States, and asserts that a continuance of the embargo will contribute to the growing cost of living.

Secretary Houston and the federal horticultural board held a conference after Gill's statement, but no action was announced.

SASKATCHEWAN IS FOR FREE WHEAT.

Legislature Asks Parliament to Remove Wheat and Flour Duties.

The free wheat and flour resolution carried in the Saskatchewan legislature on a straight party vote, only three conservatives remaining in the house to take part in the division. The resolution was to the effect that the parliament of Canada should remove the duty at present imposed on wheat and flour in order that Canadian wheat and flour may be exported to the United States free of duty.

"GOD MADE ME LIVE LONG" SHE SAYS.

On her one hundredth birthday, last week, Mrs. Margaret Kiddney, of Newark, N. J., received from Irving Fisher, professor of political economy at Yale university, a letter asking her to inform him to what habits and circumstances she attributed her longevity.

"How foolish he is," Mrs. Kiddney explained. "I'm not responsible for living so long. It is God who has made me live so long."

Lilacs in Bloom in Dakota.

The prolonged Indian summer is playing pranks on nature. Plant life seems to have been misled by the balmy breezes into the idea that it was springtime. A lilac bush in Hannaford, N. D., budded and seems just ready to bloom. Other trees have shown every evidence of springtime activity and the long stretch of unusually warm weather appears to have completely puzzled plant life in several instances.

Cured of Liver Complaint.

"I was suffering with liver complaint," says Eva Smith of Point Blank, Texas, "and decided to try a 25c box of Chamberlain's Tablets, and am happy to say that I am completely cured and can recommend them to every one." For sale by Ed Quistgard.

Fit His Case Exactly.

"When father was sick about six years ago he read an advertisement of Chamberlain's Tablets in the papers that fit his case exactly," writes Miss Margaret Campbell of Ft. Smith, Ark. "He purchased a box of them and he has not been sick since. My sister had stomach trouble and was also benefited by them." For sale by Ed Quistgard.

Have your Auction Sale Bills printed at the Sheaf Office.

Sheaf Want Ads. do the Business.

ABOUT 7500 DEER WERE KILLED THIS YEAR

Estimate is Made By State Game and Fish Agent.

About 7,500 deer have fallen before the onslaught of mireds in Minnesota during the season which ended Sunday. H. A. Rider, executive agent of the state game and fish commission, made this estimate. He says it has been the best season hunting these animals for a decade, despite the absence of snow in the northern woods.

"There have been more deer this year than for some time," said Mr. Rider, "and our reports show that sportsmen have had unusual success. I do not anticipate that the large number killed will appreciably lessen the supply next year, although I would suggest that the legislature prohibit the killing of does. Such a law would serve to increase the deer population of Minnesota considerably in the next few years."

NORTH DAKOTA SNUFF EMBARGO IS UPHeld

The North Dakota law prohibiting the sale of snuff, passed at the last session of the legislature, is constitutional. The North Dakota supreme court so decided in a decision handed down in a test case against C. J. Olson of Bismarck.

The plea that the law singles out a certain alleged vice without abolishing others, the court says, is unsound, as "no criminal should be allowed to escape punishment because some one else is more of a criminal or more dangerous to society than he."

NO BLINDS FOR THIEF RIVER FALLS SALOONS

New Ordinance Provides That Windows Shall Be Uncurtained Always.

A new ordinance that was given its first reading at the council meeting last Monday evening provides for the removal of all blinds, screens and obstructions of every kind from saloon windows that cut off a view from the street of the interior of the building at all times during business hour. The ordinance also provides that saloons shall close at 10 o'clock at night and not open before 6 o'clock of the following morning.

The new ordinance will go into effect after it has been read for three consecutive times in council meeting, signed and published. It was patterned after an ordinance in force at Alexandria and introduced by a committee of local clergymen.

Bostonians Here December 12

Whitening and delightful "Princess Chic," royal favorite of the truly great musical comedies of the present decade, again will be seen in Warren this season, bringing back its wealth of haunting melodies, intoxicating dances and bright-hued pictures of romance days in fair old Burgundy. At the same time will be welcomed the return of established favorites with local players, for the company to present "The Princess" is none other than the Juvenile Bostonians, among whose principals are well-remembered Misses "Patsy" Henry, "Thom" Hellen, "Billy" O'Neill, Dixie White, Ina Mitchell, Daisy Henry and Vera Lockhart.

This interesting announcement was made yesterday by the management of the M. W. A. Opera House following a visit here of Charles Salisbury, manager in advance of the Bostonians. An engagement was made for Friday, Dec. 12th.

"You will like our company better than ever this season," Mr. Salisbury said, "for we believe that we have at last achieved perfection for which our directors have been striving for more than nine years. 'Princess Chic' was bought last year because it was believed the juveniles had graduated from the class of less difficult and pretentious musical pieces they had been playing. Although hampered by lack of rehearsals and several unexpected changes in cast on the road the venture was a marked success, and before the end of the season the Juvenile Bostonians in 'Princess Chic' became such a widely and favorably advertised attraction that offers enough to fill out all summer were received. Instead of accepting these, however, the tour was ended in July and a brief vacation all efforts were centered upon piecing together a whole new production, every feature of which would be up to the company's best standard. New members were added and several changes were made, but the principals who already had earned wide popularity in the more important roles were retained. Beautiful Miss Hellen still plays the name role, one that seems to have been written especially for her best abilities; and wonderful singing voice; Miss 'Patsy' Henry is the droll steward Chamberlain; the swagging soldier of fortune, Brewet, is played by Miss Dixie White, and Miss O'Neill is Charles, the Bold duke of Burgundy."

Very sincerely,
—W. F. Powell & Co.

How to Bankrupt the Doctors.

A prominent New York physician says, "If it were not for the thin stockings and thin soled shoes worn by women the doctors would probably be bankrupt." When you contract a cold do not wait for it to develop into pneumonia but treat it at once. Chamberlain's Cough Remedy is intended especially for coughs and colds, and has won a wide reputation by its cures of these diseases. It is most effectual and is pleasant and safe to take. For sale by Ed. Quistgard.

PROVIDE DINNERS FOR LESS THAN 12 CENTS

Minneapolis School Girls Show How to Reduce Living Cost.

Domestic science pupils at the Monroe school in Minneapolis, have been engaged in a menu preparing contest for a simple home dinner to demonstrate what they have been learning at cooking school.

A class of eighteen was required to prepare original menus. The principal asked the pupils to see which could offer the best variety and get up the most nourishing dishes at the lowest cost.

The menus were prepared and submitted to Miss Lilla P. Frioh, supervisor of cooking in the schools who declared that those submitted by Olga Swanson, Della Mohn and Olga Hanson were the best. They held the cost down to less than 12 cents for each person.

The principal proposes to have the girls do their own marketing, prepare these dinners at home, and then he will get a report from the parents as to whether they consider the plan a success.

Della Mohn's menu for a family of four and its cost was as follows: Boiled stew, using shoulder of veal .20 Boiled potatoes .03 Carrots .05 Cranberry sauce .07 Home-made bread .03 Milk to drink .08

Total46 Olga Swanson's menu for a family of seven follows: Meat balls20 Mashed potatoes05 Stewed corn10 Gelatine pudding10 Coffee05 One-half pint cream08 Sugar for coffee and in the pudding08 Total66

GOOD NEWS FOR THE PUBLIC

On last Saturday we unloaded our first carload of Ford Automobiles as a starter on our two hundred car contract for 1914. In placing the Ford car within easy reach of our people, we feel that we are giving a large public service, and the expression of gratitude and appreciation that we are receiving from the many to whom we have already sold cars puts new courage and determination into our hearts to push the sale of Ford Cars into every nook and corner of our territory.

To anyone owning a Ford car, a new world of profit and most delightful pleasure is opened up to them. We live in an age of progress and science. Invention and business enterprise are bringing to even the ones of humble means such priceless gifts as the Queen of Sheba with all her untold wealth, never dreamed of. Among all these gifts of recent years there are none that contribute more to the profit and pleasure of our every-day, work-a-day people, than does the gift of Henry Ford in his Matchless Ford Automobile. We will soon be ready to show the 1914 car in our new wareroom.

Very sincerely,
—W. F. Powell & Co.

Builds Silo of Cedar Blocks and Cement.

A silo constructed out of cedar blocks and cement has been built by P. A. Paulson in St. Louis county and is an object of interest among the dairy farmers of that vicinity. About 3,000 cedar blocks, cut from timber on the Paulson farm, are used in the construction. The blocks are set in mortar and both the inside and outside of the silo have been plastered with cement. The inside dimensions are ten by twenty feet and the capacity is twenty tons.

The Man Who Neglects Himself

When his condition points a kidney trouble takes an unwise risk. Backache, pain and soreness over the kidneys, nervous or dizzy spells, poor sleep, are all symptoms that will disappear with the regular use of Foley Kidney Pills. They put the kidneys and bladder in a clean, strong and healthy condition, and rheumatic pains, stiff joints, lumbago and irregular bladder action are all relieved promptly when Foley Kidney Pills are taken.—Warren Pharmacy, Ed Quistgard, Prop.

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