

For the Fairer

AVOID APPENDICITIS

DRINK ALL THE WATER YOU CAN

"Suggestion" Tells Why the Upper Classes Are Ill and the Working People Keep Well—Water a Panacea for All Ills

A little magazine called Suggestion fully warrants its name as it is full of suggestive things which, if not new, at least are put in such a way that one obtains fresh light on old subjects. In the current number there is a helpful article which tells of a remedy for appendicitis, news of which will be of great value to everyone save the medical and surgical profession. The article begins by telling that the writer has noticed how full the papers are of accounts of persons suffering from this trouble or just recovering from an operation for appendicitis, which, he further says, is a disease almost wholly confined to the upper classes. Working people are not so afflicted, and which shows how exceedingly fortunate it is to be a working person.

The author of this illuminating article says that the trouble with the whole human race is that they do not drink enough. Shades of Carrie Nation! We hasten to inform the anxious reader, however, that although this magazine is not managed by the W. C. T. U., water is meant by the foregoing, and not liquor. The writer goes on to say that a full-grown person requires two quarts of liquids every twenty-four hours, and lacking this the human system becomes upset and all sorts of alarming things take place. Further the cause given for lack of appendicitis among the working classes is that as they perspire freely they naturally drink a great deal of fluid and thus avoid that strange condition of the little appendix which makes its presence inside of us so dangerous.

There is nothing particularly new about this water treatment save in its application or use to prevent appendicitis. The writer declares that he has questioned scores of persons who have suffered from the dread and fashionable disease and has never failed to find that it obtained with those who drank but little.

Once there was a woman who came to St. Paul to tell women how to be beautiful and well, and she strongly advised the cold water cure. She claimed to be seventy, but nobody believed her, whereas if she had said she was forty every woman who heard her would have mentally decided she was seventy. But whatever her age, she was a splendid specimen of health and strength, and this she believed she owed to the drinking of cold water. She said she drank seven or eight glasses several times during the day and before she retired at night. She advised washing one's face with cold water, drinking water and physical culture. Every woman in town went to work to follow her advice and did it most vigorously for a few weeks, but when the teacher left they fell back into their old ways, and so it is quite impossible to know whether they would all have become dreams of beauty had they kept it up. But this theory of cold water drinking to prevent appendicitis sounds plausible and is certainly cheaper than operations and hospitals, not to mention the doctor's and nurse's bills.

It has been said that babies suffer the most for water, as nurses and mothers seldom remember to give them a drink. But grown persons, too, we find need it, and those of us who drink but little water, and then only at meals, should give this suggestion a trial and try to avoid that most unpleasant operation even though we lose our social standing thereby.

Marie

Mainly About People

Mrs. L. Rawlinson, Miss B. Treglawny, Mrs. Brainerd, Mrs. W. Robb, Mrs. A. Winford, Mrs. J. Giesner, Mrs. F. Barringer, Mrs. D. Gardner, Miss Glass and Mrs. A. Heckler were guests of Mr. and Mrs. Fassbinder Wednesday at Oakview, at Mahomet, Ill. Fassbinder is also entertaining her nephews, Forrest L. Fischer, Louis and Roland Hunsom, from Chicago.

Mrs. Richard Dids, of Laurel avenue, gave a small luncheon yesterday.

Will Miller was pleasantly surprised Monday evening by some friends at his home.



Frances Hodgson Burnett author of "Little Lord Fauntleroy," begins a new story of child life in

McClure's Magazine

for August. Beautiful pictures in colors by Jessie Willcox Smith.

FICTION NUMBER

"McClure's is justly famous for its short stories," says the *Cleveland Leader*. There are seven in the August number by O. Henry, Mary R. S. Andrews, Samuel Hopkins Adams, Alice Brown, Henry Wallace Phillips, and others.

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FASHIONS FROM VOGUE

Prepared Specially for THE GLOBE



Very sheer linen and all over embroidered French batiste are the materials used in today's new and lovely models for separate waists, and in the lingerie effects nothing more desirable can be found. The one at the left is exquisitely embroidered by hand, the centers of petals showing drawn work, the vines and smaller blossoms standing out in relief but not too heavily raised. The panel effect has extended tabs on the sleeves, and the fullness at waist line at front is laid in small plaits. At back a square yoke effect is given over shoulders, with groups of tucks either side of fastening below. Tucks in sleeve tops graduate to a slight point, and the embroidered cuffs have deep points at inside sleeve seam. The belt is of white taffeta, and graduates to an inch in depth in back. The other waist is in batiste, the natural color, and has Valenciennes insertions in yoke and narrow shirred tucks below, tinted a pale blue. Blue fagotting is between the folds in design in yoke and in the cuffs, the latter finished with

lace wrist ruffles. The back corresponds to the front, and the sleeves are loose and faggy. The crush grille has long gilt slides at back and front, and is of blue taffeta glace. The chine pompadour and Dolby Varden ribbons are just the thing for girdles to wear with the various summer frocks, and are invariably made in crushed effects, with a bone at center front of any length deemed becoming and short bones at back where it fastens. Folding destroys the display of the design, and loops with short sash ends finish the back in place of rosettes, for the same reason. At this season short ribbon lengths can be found at prices so greatly reduced that it quite warrants the purchase of several remnants; and behold, mildly is equipped with fascinating belts for the summer. Either slides at front or shirring or folds on a carefully cased bone beneath mark the grille of this season, the favored finish at back shirred tuck edges over fastening, or a sash with short rosettes, this, of course, for slender figures, rosettes with very long sash ends being preferable for those more heavily built.

home on Thomas street. Cards were played the winners being Mrs. Lutz and Mr. Heckman. Mr. and Mrs. Miller left Tuesday for a trip East.

Mrs. George Wallace has returned to Chicago after visiting friends in St. Paul.

Mrs. Breen, of Marshall avenue, entertained Thursday afternoon in honor of Miss Day, of Canada.

Mrs. Thomas Benton, of Iglehart street, is entertaining Miss Scott, of Washington.

Miss K. M. Clum has returned from St. Louis.

Mrs. Charles Stees is spending a few weeks at Prior Lake.

Mr. and Mrs. A. G. Rice have gone to Buffalo.

Married at Redwood Falls

Special to The Globe
REDWOOD FALLS, Minn., July 22.—There was a very pretty wedding here yesterday when Myrtle Ida, only daughter of Mr. and Mrs. J. P. Cooper, was married to M. Kroell, of N. D. The wedding took place at the home of the bride's parents, Rev. L. F. Badger, pastor of the First Presbyterian church, officiating. The groom is county attorney of Ransom county, N. D.

GOSSIP FROM GOTHAM

Judging from the way Mrs. George Westinghouse is entertaining Lenox folk, the inventor's wife has been a social leader. Dinner succeeds dinner in the Westinghouse home. Even when the William D. Bloominghousen's daughters did not exceed Mrs. Westinghouse's record of three dinners and two teas a week. Crankie Park, Mrs. Westinghouse's estate, is a huge gambling house, excellently adapted to entertaining the night of the month of July in sky rockets and pin wheels. Money is not alone responsible for Mrs. Westinghouse's prosperity, though. She has many sincere friends. Mrs. Giraud Foster, a niece of Mrs. Richard Gambrell, is Mrs. Westinghouse's rival.

One night Mrs. Westinghouse gave a purple dinner that is worthy of description. The napery was imported and the masks were made of marvellous purple orchids embossed in silk. The golden threads that outlined the flowers glistened under the lights. Mrs. Westinghouse's magnificent gold candelabra, and those shaded with purple silk, were set up at intervals in the center of a mass of pale lavender orchids from the Westinghouse greenhouses. The table was a masterpiece of concentration of color, and to heighten the effect the hostess wore a gown of purple gauze trimmed with gold embroidery. The guests of honor were the British ambassador, Sir Henry Mortimer Durand, and Lady Durand.

Lady Durand has been regaling her Lenox friends with accounts of the gayeties of Washington. Lady Durand does not approve of the gambling, champagne drinking element, and has attached herself to the most conservative set in the national capital, and Miss Durand does not mingle with the young set of which the Countess Cassini is the leader. The Countess is distinctly independent, and the Englishwoman, who has firm ideas of what a young girl's conduct should be, has decided that the Countess Marguerite shall not be intimately associated with her daughter. Lady Durand says Lenox suits her admirably. But, then, of all the colonies, Lenox is one of the least exciting, and scandals from the Berkshires are as scarce as the proverbial hen's teeth. In recent years Washington has quickened its pace.

Britishers who love to criticize everything American have now pounced upon the Duchess of Roxbury, formerly Miss May Goelet, and say this young woman overdoes it. It is true that since she became a peeress she has not denied glimpses of her magnificent jewels to the British public. The duchess is slight and when she arranges herself in one-half of the window of a jewel shop, says her critics. She wears an all-round crown of diamonds on state occasions. On this coronet are pendant diamonds that hang like a fringe over her hair. The rim is encrusted in cream-colored velvet, and the jewel is held in place by a massive diamond collar and two strings of solitary diamonds. Then she wears three ropes of pearls, one a short one of large pearls. Another of these ropes is festooned across

RAZING MOTOR CAR MAKES WILD RACE

Elevated Coach Motor Causes Spectacular Fire Fighting in Chicago

CHICAGO, July 22.—Blazing from wheels to roof, a runaway motor car on the Metropolitan Electric Elevated railway today whizzed by hundreds of its passengers and led a fire engine a chase of more than a mile and was not stopped until it had reached the crowded loop in the downtown district used by the four elevated roads of the city.

The car was brought to a stop by the temporary shutting off of the power at the supply station, the engineer of the power house having been notified that a runaway car was speeding down town.

When the car was found to be on fire it was detached from the rest of the train and run past the Aberdeen station so that neither train nor station might catch fire.

The car was left alone and the fire engine was called. For some reason just as the firemen were making ready from below the elevated structure to send a stream of water onto the burning car, it suddenly started and with one on board and leaving a trail of fire and smoke began a wild race down town.

When the car stopped at the loop entrance the fire engine, distanced in the first part of the chase, came up and put out the fire, but before the car was a charred wreck.

ADMIRAL TAYLOR STILL IMPROVES

Naval Officer Recovers Somewhat From an Attack of Peritonitis

SUBURRY, Ont., July 22.—Rear Admiral Taylor, 54, of Washington, accompanied by Mrs. Taylor, arrived here yesterday en route to Copper Cliff to visit their son at that place. The admiral was taken sick with symptoms of peritonitis on Tuesday. He was removed to the hospital at Copper Cliff, Ont., by a special train and a specialist from Montreal sent for, who arrived Thursday morning.

The admiral's physician found the patient was so much improved that an operation was not thought necessary.

Later reports say the admiral is still improving.

REMOVE VERTEBRA, BUT MAN MAY RECOVER

"No Putta Me in Box This Time," Says Nicholas Piola

NEW YORK, July 22.—Nicholas Piola, laborer, who broke his back Thursday, July 7, by falling from a cherry tree at Belmont Park, L. I., and whose case attracted the interest of the surgical and medical staff of St. Mary's hospital at Jamaica, following the removal of the fifth dorsal vertebra, nearly caused his death yesterday by turning over in bed.

Dr. George W. Keyes, assisted by eight other surgeons, removed the broken vertebra last Sunday. Two twelve-pound weights were then attached to the patient's feet to prevent him from turning the exposed cord and causing death.

No sooner had the weights been removed yesterday when Piola turned over in bed. He was immediately rolled back on his mother's side and would have meant death.

The surgeons say Piola has a chance. "If he will get well, and yesterday said: "No putta me in box this time."

The St. Paul Globe was the first daily newspaper to supply its Isanti subscribers with reports of the nomination of Parker and Davis. We don't admire The Globe's politics, but it seems determined to give subscribers the latest news.—Isanti News.

WAS IT TELEPATHY?

"Of course I believe in telepathy," said the psychic woman. "Let me tell you about my little girl. Some five or six years ago we were thrown on the world together. I came to New York to work and left her in the South at boarding school. I used to watch the postman coming around the corner, thinking, 'Now, he has a letter for me from Cis. She wants shoes or something.' And sure enough up the stoop he would come, bringing me such a letter."

"Later I took her abroad. In London she met a young Englishman, who fell desperately in love with her. As she was only a little over sixteen and he was quite as desperately fond of card playing, I took her to Paris, hoping that in that city of forgetfulness she would forget him."

"Like magnets his letters drew her back to him. In London she had a girl friend who had asked her to visit her. She begged me to let her go, which I did. It was a disastrous thing to do. In three weeks she wrote me that she was married."

"Before the wedding of the moon she came wandering into my room, and I happened about in them with tears thick on her dear cheeks. Then one night she came and sat by my bed and said to me: 'I am miserable.'"

"I was not much surprised, but I was distressed beyond measure. I got up, lit the gas and looked at the clock. It was I exactly."

"Unable to sleep, I wrote her a letter. 'You came to me tonight in a dream, darling,' I wrote. 'Why?'"

"By return mail I had her answer. 'I was sitting alone at 1 o'clock thinking of you,' it said. 'He hadn't come. He rarely comes till that time and after now, and I was wishing I could be back in your arms again as usual to me.'"

"What mattered water and distance? She had telegraphed her unhappiness to me across land and sea as if she had opened the door out of the next room and whispered it to me."

"A stranger thing happened. Her reply naturally saddened me. In my unhappiness and anxiety I thought aloud as I sometimes thought not frequently do, it being generally considered a sign of insanity. As I wrote to her I said aloud: 'Oh, Cis, Cis!'"

"That was at 4 o'clock of a Friday afternoon. On the following day I had this letter from her: 'What were you doing yesterday afternoon at 4 o'clock, dear?'"

What neat repast shall feast us light and choice?

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CATCHES SUSPECT

Alleged Slayer of Sheriff Smith Is Taken

JONESVILLE, Va., July 22.—Sheriff P. M. Ball, of this county, today arrested and lodged in jail at this place William Bell Wilson, alias William Anderson, who is charged with murdering the sheriff at Falls Creek, Wis., some months ago.

Sheriff Ball had seen Wilson in the county and suspected him on account of his peculiar conduct. When he received a letter later from the Wisconsin authorities giving a description of Wilson and stating that there was an \$800 reward for his capture he was prompt to act. Wilson is held for the Wisconsin officials.

HOG SAVES A CHILD FROM COILED RATTLER

After Hard Battle Porker Kills and Devours His Opponent

SUSQUEHANNA, Pa., July 22.—Mattie Dodson is a Red Rock girl aged twelve, and on Thursday she was sent to the spring house for a pan of milk. She got the pan and on her way home set it in the grass to pick some berries. When she turned again she saw a rattlesnake six feet away, drinking the milk. The snake saw her too, and coiled as if to strike. The little girl was paralyzed with fear and had not the power even to call for help. She simply clasped her hands and gazed at the reptile in helpless terror.

A fat hog, sauntering around in search of food, came in sight, and in a moment made for the snake, and the battle with wonder. The snake more than once bit the hog, but each time the beast received the bite in the jaw, where the great layers of fat made the poison harmless. When the snake had exhausted the venom it decided to retreat, but the hog then took the pinning. Jumping on his carcass he pinned it to the earth, and with his teeth tore it to pieces and ate it. Mattie carried home the milk and told her story to sympathetic ears.

When in doubt as to how your money should be invested, read "The Globe's Paying Wants."

Reginald Carmichael, a son of David Carmichael, a prominent Stillwater logger, had an exciting time at the Eclipse sawmill, in South Stillwater, where he was employed. The carriage became unmanageable and the sawyer was unable to stop it. It started on a wild run, and Carmichael and a companion jumped to save themselves. Carmichael was cut and bruised about the chin and neck, but his companion escaped uninjured.

Mayor J. G. Armson, President Schroeder and other members of the

STILLWATER

The state is now utilizing the new building erected in the prison yard as a place of safe keeping for insane criminals and criminal insane. The building is provided with sixteen large cells, and on the west side two yards have been constructed in which the men can be liberated for exercise. Six men are now confined in that department, and some of them are so desperate that the prison officials do not allow them their liberty in the yard with anyone else.

Among the more desperate men are Salvini Rodini, sent here from St. Paul for murder, and Michael Brennan, who came from Duluth for murder. Brennan some years ago escaped from prison and was recaptured in New Orleans. Since his return to prison he has occupied one of the crank cells. Another desperate character is John Koplin, who murdered his brother-in-law, William Heiman, at Oak Park, in this county. Kaplin showed symptoms of insanity soon after being recaptured at the prison and spends most of his time locked up in a crank cell. There are other inmates of the prison who are insane, aside from those confined in the insane department, but they are not considered dangerous and are able to work around the yard and in the shops. One of the latter is John Ivan, who murdered a policeman at Hastings, and is serving a life sentence. Ivan was badly deranged some years ago, but improved so that he could go out.

A. C. Hospes yesterday filed a report as receiver of the estate of the late Isaac Staples, in which he makes an exhaustive report of his trust. According to the report he has collected \$60,219.42 and all this has been disbursed except \$22,109.71. He asks that the court appoint a day for hearing the report. Mr. Hospes says that while receiver considerable property came to light belonging to the estate, which up to that time was unknown to the heirs. Among the valuable acquisitions was a \$5,000 policy on the life of Charles A. Staples, payable to Isaac Staples. The policy is paid up.

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Truth contains some caustic comments from a distinguished foreigner well known in London for over forty years.

"There is no trace of intelligence in society conversation," he says. "But talk of money and in an instant every face lights up, an eager look comes into the eyes, and it is seen that there is a reserve of intelligence; it is money intelligence."

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