



Facts & Fancies for Lads & Lassies

LIVING LIKE A PRINCESS.

But it is Not an Easy Life, According to Princess Elizabeth of Bohemia.

Many children think it would be a nice thing to be a prince or princess, but in truth it is only in story books that royal children have such delightful times.

In real life they generally are brought up under the strictest discipline, surrounded at all times by governors and tutors; and they must conduct themselves according to a set



The Princess Curtsyed Again.

of rules and regulations which to healthy children must be most aggravating and annoying.

The princess Elizabeth, daughter of the queen of Bohemia, has left in her letters an account of the manner in which she was obliged to approach the dinner table when she and her brothers and sisters were receiving their education in Holland.

The children had their dinner at 11 o'clock. The boys entered the dining room first and formed in a line while their teachers and "gentlemen in waiting" lined up behind them. Then came in the little princesses.

Each princess, as she entered the room made deep curtsy to her brothers, to which they responded with a low bow. Then the princess curtsyed again to the schoolmasters and others behind the princess, but not so low as to her brothers.

She then went around the table and stood opposite her brothers and gave

THE POINT OF HONOR.

It is Being a Good Deal Better Than You Need to Be.

Children can ask thousands of questions that are difficult to answer; but a woman seldom meets a more perplexing moment than when her little



He Kept One.

boy asks her for the first time, "What is honor, mother?"

It is a gloriously untranslatable word. Yet it must be explained, and so explained as to show itself, like wisdom, more precious than rubies. Definition is likely to fail. The small boy listens to a long lecture on being honorable, and on being asked, "Do you understand it now?" replies gloomily, "Yes; it's being a great deal better than you need to be, when nobody's going to know whether you are or not!"

Example is better than argument for the inspiration of the child, says Youth's Companion, and he will re-

turn another curtsy, very low. Turning to her governess she again curtsyed slightly. The governess made a low curtsy in return.

The princess now took off her gloves, which she was required to wear when she entered the dining room, and handed them to an attendant with another curtsy.

Having done this, she curtsyed to her brothers, and a man came to her with a basin of water in which she washed her hands, dropping the holder of the basin a curtsy for his pains.

After grace was said, all standing meantime, the princess made another curtsy and a ninth and final one just as she took her seat at the table.

Each princess had to go through this ceremony as she came in to dinner, and as there were five of them, it took some time to get the children all seated at the table.

The little princess, of course, had to respond gravely with a low bow to every curtsy that their sisters made to them, and they stood in a line bobbing their heads until all the girls were seated. So it was half an hour after the sharp appetites of the children and the hands of the castle clock had announced the dinner hour before the children were actually eating.

The boys were allowed to have four hours a day for exercise and play; all the rest of the time, when they were not eating or sleeping, they were studying law, history, mathematics, languages and theology.

The girls were allowed to have scarcely any time for play; but when not at their lessons they were engaged in their sewing and embroidery.

Their food was plain and limited in quantity and they knew each day what they were to have to eat, for every Monday they had the same dishes, the same every Tuesday, and so on.

They attended morning and evening prayers, and listened to a short sermon every day.

On Sunday after church they had to sit down and write out as much as they could remember of the sermon they had heard, and twice a week learned ministers or college professors lectured to the children while they were at dinner.

The children did not have a very gay time of it, on the whole, and frequently used to envy the children of the peasants around the castle, who had rag dolls, made mud pies and were allowed any amount of time for play.

Being a prince or princess is very well in some ways, but there is little fun in it.

respond quickly to the high appeal when it is made through a genuine case. Two nickels were given to a small boy as he was going to Sunday school, and although he knew they were intended for the offertory, he kept one. His wise mother told him the simple story of a little-known act of Sir Richard Wallace.

By the will of Lord Hertford, Sir Richard inherited a great many valuable works of art and a considerable fortune. Some time after he came into possession of the bequest he learned through a common friend that Lord Hertford had intended to alter his will so as to give a large sum of money to some other relatives.

"Can you give me the particulars and the names?" he inquired.

His informant was able to do so, and he at once turned over to the persons \$300,000—a large sum, even to a man of his wealth.

A friend asked Sir Richard, "Can you afford to do that? Have you enough left?" Quick as thought he replied with the maxim of Publius Syrus:

"What is left when honor is lost?"

THE EMPEROR PENGUIN.

Remarkable Bird Encountered by Explorer in South Polar Region.

This remarkable bird is described in the story of Capt. Scott's recent march of 400 miles across the ice-pack that surrounds the south polar region as standing nearly four feet high and weighing 80 to 90 pounds. They have an abundance of inquisitiveness, says Mr. E. A. Wilson, naturalist of the expedition, and a party of them meeting a human being "will walk up to him with dignity and stand in a ring all round, with an occasional remark from one to the other." The voice of the penguin is loud and trumpet-like. His movements are slow and stately. His head is black, his back and wings bluish-gray, his breast lemon-yellow, with feathers glossy as satin, and he carries a brilliant orange patch on the neck and lower bill.

WORN TO A SKELETON.

A Wonderful Restoration Caused a Sensation in a Pennsylvania Town.

Mrs. Charles N. Preston, of Elkland, Pa., says: "Three years ago I found that my housework was becoming a burden. I tired easily, had no ambition and was fading fast. My complexion got yellow and I lost over 50 pounds. My thirst was terrible, and there was sugar in the kidney secretions.

My doctor kept me on a strict diet, but as his medicine was not helping me, I began using Doan's Kidney Pills. They helped me at once, and soon all traces of sugar disappeared. I have regained my former weight and am perfectly well."

Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

The Money Devil.

"It's my candid opinion," he said, "that money is infested with seven devils, and I shouldn't wonder if 70 wouldn't be more correct. There is trouble and a world of worry in the very name of it! When I haven't got it, I'm worrying as to where I'll get it, and when I get it I worry about what to do with it; if I put it in the bank I worry because it don't grow fast enough, and if I spend it I worry because I got rid of it so soon; so you see, it's a world full o' trouble anyway you take it! The poor bless and curse it; the rich don't know what to do with it; there isn't a handful of happiness in a ton of it. Here comes a bill collector now, to get what little I haven't got. Stay here and entertain him while I climb to the roof!"—Atlanta Constitution.

Deafness Cannot Be Cured

by local applications, as they cannot reach the diseased portion of the ear. There is only one way to cure deafness, and that is by constitutional remedies. Deafness is caused by an inflamed condition of the mucous lining of the Eustachian Tube. When this tube is inflamed you have a rumbling sound or imperfect hearing, and when it is entirely closed, Deafness is the result, and unless the inflammation can be taken out and this tube restored to its normal condition, hearing will be destroyed forever; nine cases out of ten are caused by Catarrh, which is nothing but an inflamed condition of the mucous surfaces. We will give One Hundred Dollars for any case of Deafness (caused by catarrh) that cannot be cured by Hall's Catarrh Cure. Send for circulars, free. Sold by Druggists. F. J. CHENEY & CO., Toledo, O. Take Hall's Family Pills for constipation.

Shoemaker's Last.

The following is taken from a handbill issued by a provincial bootmaker: "The shoemaker is a man of great learning. He is a doctor as well as a surgeon, for he not only heels but performs many cutting operations. He is a fishmonger, for he sells soles and heels. He is a schoolmaster, for he gives good understanding. He is a good speaker, for he always works the thread of his argument, waxes warm to his subject, and holds all to the last."

"Gumming" Season Over.

Like returning miners from the Klondike, the "gummers," amateur and professional, are coming out of the Maine woods with their golden grains, say the Boston Globe. Spruce gum has hardly reached the "weight in gold" price, but the lover of the balsamic "chew," for which there is no real substitute, must pay at the rate of \$2.40 a pound for it, and that in Bangor, Me., a city supposed to be the Dawson City of the gum regions.

Free Medical Advice.

A well known London physician at a dinner party one evening was much worried by one who was seeking gratuitous advice. "Do you know, doctor," said his questioner, "I know a man who suffers so terribly with indigestion that at times he can do nothing but howl with pain. What would you do in that case?"

"Well, I suppose," responded the medical man, "I should howl with pain, too."

FIT THE GROCER.

Wife Made the Suggestion.

A grocer has excellent opportunity to know the effects of special foods on his customers. A Cleveland grocer has a long list of customers that have been helped in health by leaving off coffee and using Postum Food Coffee.

He says, regarding his own experience: "Two years ago I had been drinking coffee and must say that I was almost wrecked in my nerves."

"Particularly in the morning I was so irritable and upset that I could hardly wait until the coffee was served, and then I had no appetite for breakfast and did not feel like attending to my store duties."

"One day my wife suggested that inasmuch as I was selling so much Postum there must be some merit in it and suggested that we try it. I took home a package and she prepared it according to directions. The result was a very happy one. My nervousness gradually disappeared and to-day I am all right. I would advise everyone affected in any way with nervousness or stomach troubles, to leave off coffee and use Postum Food Coffee." "There's a Reason." Read, "The Road to Wellville," in pkgs.

Dyeing is as easy as washing when PUTNAM FADELESS DYES are used. Ask your druggist.

What reason could not avoid has often been cured by delay.—Seneca.

To be on good terms with human nature, Be Well! Garfield Tea purifies the blood, eradicates disease, regulates the digestive organs and brings Good Health! Manufactured by Garfield Tea Co., Brooklyn, N. Y. Sold by druggists.

Chilean Editor in America. Senor Carlos Silva, of Santiago, editor of El Mercurio, the oldest daily newspaper in the republic of Chile, is visiting this country for the first time, and is accompanied by his wife. He is at present in Washington.

Starch, like everything else, is being constantly improved, the patent Starches put on the market 25 years ago are very different and inferior to those of the present day. In the latest discovery—Defiance Starch—all injurious chemicals are omitted, while the addition of another ingredient, invented by us, gives to the Starch a strength and smoothness never approached by other brands.

Pretty Epigram. A charming epigram adorned an address that Mrs. J. C. Phelps Stokes made on her last visit to Detroit. She was rejoicing over the fact that in the slums woman, no matter how wretched her case, kept her speech pure, as a rule, of profanity.

"An oath from a woman's lips," she ended, "is unnatural and incredible. I would as soon expect a bullet from a rosebud."

Libby's Food Products

Libby's Corned Beef

is a mild cured and perfectly cooked corned Beef, and carefully packed in Libby's Great White Kitchens. It is prepared as carefully as you would make it in your own kitchen.

It has the characteristics and delicious flavor of the right kind of corned beef.

For Quick Serving.—Libby's Corned Beef, cut into thin slices, arranged on a platter and garnished with Libby's Chow Chow makes a tempting dish for luncheon, dinner or supper.

Ask your grocer for Libby's and insist upon getting Libby's

Libby, McNeill & Libby, Chicago

A Positive CURE FOR CATARRH

Ely's Cream Balm

is quickly absorbed. Gives Relief at Once. 50c. Ely Bros., 56 Warren St., N. Y.

DEFIANCE Cold Water Starch makes laundry work a pleasure. 16 oz. pkg. 10c.

Tired Nervous Women Make Unhappy Homes



MRS. NELLIE MAKHAM MRS. GEO. A. JAMES

A nervous irritable woman, often on the verge of hysterics, is a source of misery to everyone who comes under her influence, and unhappy and miserable herself.

Such women not only drive husbands from home but are wholly unfit to govern children.

The ills of women act like a fire brand upon the nerves, consequently seven-tenths of the nervous prostration, nervous despondency, the "blues", sleeplessness, and nervous irritability of women arise from some organic derangement.

Do you experience fits of depression with restlessness alternating with extreme irritability? Do you suffer from pains in the abdominal region, backache, bearing-down pains, nervous dyspepsia, sleeplessness, and almost continually cross and snappy? If so, your nerves are in a shattered condition and you are threatened with nervous prostration.

Proof is monumental that nothing in the world is better for nervous troubles of women than Lydia E. Pinkham's Vegetable Compound, made from native roots and herbs. Thousands and thousands of women can testify to this fact.

Mrs. Nellie Makham, of 151 Morgan St., Buffalo, N. Y., writes:—

Dear Mrs. Pinkham:—

"I was a wreck from nervous prostration.

Lydia E. Pinkham's Vegetable Compound, made from native roots and herbs, contains no narcotics or harmful drugs and today holds the record for the largest number of actual cures of female diseases of any medicine the world has ever known, and thousands of voluntary testimonials are on file in the laboratory at Lynn, Mass., which testify to its wonderful value.

Lydia E. Pinkham's Vegetable Compound; a Woman's Remedy for Women's Ills.

Those who believe in *quality* use

KG BAKING POWDER

25 ounces for 25 cents

Made from pure, carefully tested materials.

Makes all baking healthful.

Why pay more for inferior powders?

JAQUES MFG. CO. Chicago