

Why That Lame Back?

Morning lameness, sharp twinges when bending, or an all-day back-ache; each is cause enough to suspect kidney trouble. Get after the cause. Help the kidneys. We Americans go it too hard. We overdo, overeat and neglect our sleep and exercise and so we are fast becoming a nation of kidney sufferers. 72% more deaths than in 1890 is the 1910 census story. Use Doan's Kidney Pills. Thousands recommend them.

A Kansas Case

W. H. Siddons, 308 S. Plain St., Wellington, Kan., says: "My kidneys were in bad shape and caused me no end of trouble. I had to get up often at night to pass the kidney secretions and my back pained so severely I couldn't get around without misery. When I got up from a chair I had to take hold of something for support. Two boxes of Doan's Kidney Pills made me strong and well."



Get Doan's at Any Store, 50c a Box DOAN'S KIDNEY PILLS FOSTER-MILBURN CO., BUFFALO, N. Y.

A good man's light shines day and night.

We never know how happy we are until we aren't.

Dr. Pierce's Pellets are best for liver, bowels and stomach. One little Pellet for a laxative—three for a cathartic.—Adv.

Strong Convictions.

"I don't believe in war," remarked Broncho Bob.

"Neither do I," replied Three Finger Sam. "And I also don't believe in hoss-stealin'; therefore bein' willin' to get out with a fire-arm an' discourage anybody who tries to induce the custom."

Force of Habit.

"I think," she said, "that he has deceived us all. I don't think he is anything more than a clerk."

"Why?" "Because right in the middle of a proposal last night his mind wandered, and he said: 'You could wear a size smaller without any trouble at all.'—Everybody's.

Not Quite Certain.

Six-year-old Phyllis was a lively youngster who brought a note from mamma to her grandmother one day.

"Will you come over this afternoon, dear?" asked grandma.

The little one stopped to think a moment, then answered: "Well! don't you 'spect me and don't you 'spect me; I may turn up and I may not." And away she flew.

But, Where to Put It.

A new regulation in a certain coal mine required that each man mark with chalk the number of every car of coal mined.

One man named Rudolph, having filled the eleventh car, marked it as No. 1, and after pondering awhile, let it go at that.

Another miner, happening to notice what he thought was a mistake, called Rudolph's attention to the fact that he had marked the car No. 1 instead of No. 11.

"Yes, I know," said Rudolph, "but I can't think which side the other wan goes on."—Everybody's Magazine.



Steady Those Nerves!

If it's caffeine—the drug in coffee—that's causing shaky nerves, the remedy is perfectly plain—

Quit coffee, and for a pleasant, healthful table beverage, use—

POSTUM

Postum is a delicious cereal drink, pure and nourishing and absolutely free from any harmful ingredient.

There's a big army of Postum users who are enjoying better health and comfort since joining the ranks.

"There's a Reason"

ROAD PLANS SOON

State Highway Board Busy Mapping Out the Routes in Missouri.

A GREAT CAMPAIGN FORECAST

County Seat Highway Systems Will be First Step in the Big Undertaking.

Plans outlined by A. C. McKibbin, secretary of the state highway board, and A. W. Graham, state highway engineer, at the annual meeting of the county highway engineers of Missouri, at St. Louis, forecast a great road building campaign contemplating the building of more than thirty-five hundred miles of permanent, 365-days-in-the-year roads, linking all sections of the state, before 1922.

This "rock road" program is perhaps the greatest contribution Missouri will make in the next few years toward commercial, industrial and agricultural preparedness, for the state road system as it will be constructed, will put every township in the state on main market highways, making it possible for the farmer to place his produce on the market at the right time and in turn availing him of the same opportunity to buy that the resident of the city has today.

The new state highway board will begin the work of laying out a state system almost immediately, Mr. McKibbin said. The first step will be the designation of intercounty seat road systems, each county court laying out the main market highways of its individual county. From these intercounty systems will grow the state highway system, which must, under the law, include not less than 3,500 miles of permanent roads, but which, in fact, will reach a total of something like five thousand miles if the plans now being worked out can be carried through.

Aid is to be given by the state to the building of highways other than those comprised in the general state system. Even this year the state will have available \$200,000 for use on roads other than state roads. That is in addition to \$200,000 for the dragging of county seat highways, for which \$15 a mile will be ready for use in the current twelve months.

A St. Joseph Bridge Guarded.

Watchmen have been stationed at the bridge across the Missouri River at St. Joseph to guard it day and night from possible harm at the hands of agents of the German government or German sympathizers. Also, powerful electric lamps have been placed on the spans of the bridge and at points on Missouri and Kansas shores in order that no person may approach the bridge.

Plan Big Reserve Air Corps.

That 125 aviators in St. Louis, who are affiliated with the St. Louis Aero club, have offered their services to the government in case of war, was stated recently by Albert Bond Lambert, wealthy aviation enthusiast, who is organizing a national aviation reserve corps. These are all trained men, ready for immediate service at the front as soon as they are instructed in the sort of information an army needs.

Clinton County Landmark Burned.

One of Clinton county's landmarks, a house eight miles east of Lathrop, built by James Montgomery more than fifty years ago, was destroyed by fire the other day.

Has New Smokeless Powder?

Earl Smith, Hannibal railroad man, announced recently that he had discovered a smokeless explosive three times as strong as any powder on the market and plans to offer it to the United States. It can be manufactured, he says, for twelve cents a pound and is made from three chemicals.

Riot in Springfield Car Strike.

Following the shooting and wounding of John Herman by W. O. Bishop, a street car motorman, a mob formed at Springfield and threatened trouble. Five shots were fired at a street car, and several arrests were made before 9 o'clock. Police reserves were called to Commercial street in North Springfield where the trouble started. Bishop shot Herman last night when Herman had him a "scab." The injured man is in a hospital and not expected to live. Bishop was in the county jail after a bond of \$10,000 had been refused, and was taken into another county for safe keeping. The street car strike has been in progress 168 days.

MOTHER! LOOK AT CHILD'S TONGUE

If cross, feverish, constipated, give "California Syrup of Figs."

A laxative today saves a sick child tomorrow. Children simply will not take the time from play to empty their bowels, which become clogged up with waste, liver gets sluggish; stomach sour.

Look at the tongue, mother! If coated, or your child is listless, cross, feverish, breath bad, restless, doesn't eat heartily, full of cold or has sore throat or any other children's ailment, give a teaspoonful of "California Syrup of Figs," then don't worry, because it is perfectly harmless, and in a few hours all this constipation poison, sour bile and fermenting waste will gently move out of the bowels, and you have a well, playful child again. A thorough "inside cleansing" is oftentimes all that is necessary. It should be the first treatment given in any sickness.

Beware of counterfeit fig syrups. Ask at the store for a 50-cent bottle of "California Syrup of Figs," which has full directions for babies, children of all ages and for grown-ups plainly printed on the bottle. Adv.

Comparative Misfortunes.

"We certainly do have trouble. This year we had double pneumonia in the family."

"That's nothing. We had twins in ours."

YES! LIFT A CORN OFF WITHOUT PAIN!

Cincinnati man tells how to dry up a corn or callus so it lifts off with fingers.

You corn-pestered men and women need suffer no longer. Wear the shoes that nearly killed you before, says this Cincinnati authority, because a few drops of freezone applied directly on a tender, aching corn or callus, stops soreness at once and soon the corn or hardened callus loosens so it can be lifted off, root and all, without pain.

A small bottle of freezone costs very little at any drug store, but will positively take off every hard or soft corn or callus. This should be tried, as it is inexpensive and is said not to irritate the surrounding skin.

If your druggist hasn't any freezone tell him to get a small bottle for you from his wholesale drug house.—adv.

An Instance.

"Like does not always produce like." "How can you say so?" "Don't loose methods produce a tight fit?"

THICK, GLOSSY HAIR FREE FROM DANDRUFF

Girls! Beautify Your Hair! Make it Soft, Fluffy and Luxuriant—Try the Moist Cloth.

Try as you will, after an application of Danderine, you cannot find a single trace of dandruff or falling hair and your scalp will not itch, but what will please you most, will be after a few weeks' use, when you see new hair, fine and downy at first—yes—but really new hair—growing all over the scalp.

A little Danderine immediately doubles the beauty of your hair. No difference how dull, faded, brittle and scraggy, just moisten a cloth with Danderine and carefully draw it through your hair, taking one small strand at a time. The effect is immediate and amazing—your hair will be light, fluffy and wavy, and have an appearance of abundance; an incomparable luster, softness and luxuriance, the beauty and shimmer of true hair health.

Get a 25 cent bottle of Knowlton's Danderine from any store and prove that your hair is as pretty and soft as any—that it has been neglected or injured by careless treatment—that's all. Adv.

When a family has a sixteen-year-old boy in the house it has no earthly use for a thirty-six volume encyclopedia.

Most particular women use Red Cross Ball Blue. American made. Sure to please. At all good grocers. Adv.

Washington was six feet two inches tall. He had brown hair, which became thin and gray.

When Your Eyes Need Care Try Murine Eye Remedy

No Smarting—Just Eye Comfort. 50 cents at Druggists or mail. Write for Free Eye Book. MURINE EYE REMEDY CO., CHICAGO

HANG UP AMERICAN FLAGS

St. Joseph Turnverein Replaces German Emblem With Stars and Stripes in Their Hall.

Henry Vogelmann, president of the St. Joseph Turnverein, gave orders recently to have all German flags and portraits of notable Germans removed from Turner Hall. In their places have been placed the red, white and blue and pictures of American statesmen.

"St. Joseph Germans are loyal and won't stand for any monkey business," Vogelmann said. "All of the more prominent German-Americans realize that this country has been more than lenient with the kaiser and his gang, and all of them are ready to help their adopted country in every way. They know the United States is not going to war with the German people, but with the Prussian outfit."

Three thousand citizens of Maryville and Nodaway county went on record the other afternoon at a big patriotic meeting pledging support to President Wilson and administration in any measure that would be taken in impending crisis with Germany and declaring for a plan of universal training. The call was in response to proclamation by Mayor A. S. Robey, bodies of G. A. R., Woman's Relief Corps and the D. A. R., together with the Fourth Infantry band marched with flags and banners to the Methodist Church, the largest auditorium in town. Hundreds were unable to gain admittance. All wore flags and city is decorated as if for a gala event, hundreds of private homes flying flags. Speakers were applauded when they said the people of the Middle West wanted to be known as among the country's most patriotic citizens.

TO SAVE THE MISSOURI HOGS

State Veterinarian Seeks to Stamp Out Cholera—Asks Help of the School Clerks.

In an effort to check hog cholera, which was reported in ninety-three Missouri counties last November and is expected to be more widespread this summer, Dr. D. F. Luckey, state veterinarian, is mailing an appeal to eleven thousand clerks of rural school districts in the state. The appeal asks an immediate report to the state veterinarian whenever sick hogs are noticed in the district. It will be read at the annual school meeting.

The plan of making a vigilance corps of the district clerks was tried out last year in fourteen counties and 261 cholera outbreaks were stopped from spreading to adjoining farms by the prompt co-operation of the state deputies, who are located in every county.

Hog cholera has been one of the greatest drains on this state. It causes an annual loss of a million dollars. It is estimated, nearly all of which might be saved by appealing instantly to the state and taking care to burn all dead hogs. At least 90 per cent of hogs that die have cholera in one form or another, Doctor Luckey estimates.

A disagreement as to whether the "single" or "double" treatment should be used has existed in the past between the state veterinarian and the agricultural college. That difference has been settled, the college, the state board of agriculture and the United States Department of Agriculture have agreed both treatments will be employed as the occasion warrants.

Boy Dies From Bullet Wound.

Charles Syfan, 14 years old, died in a hospital at Springfield recently from a bullet wound in the head, inflicted while he was playing with a revolver.

Lost Two Debates.

Missouri Valley College was defeated in debate by Central College, Fayette, and Westminster College won from Missouri Valley College at Marshall, recently.

Explosion Claims Three Victims.

Three men who were injured in a gasoline explosion at St. Louis are dead. The men were pouring gasoline into a tank from a fifty-gallon barrel when the explosion occurred.

County Bonds for Roads.

Instead of calling road bond elections in the road districts in Montgomery county, through which the National Old Trails road passes, a campaign to vote county-wide bonds to build a county system of permanent highways may be launched in that county.

Former Banker Ends Life.

Ernest M. Hubbard, former cashier of the Boatman bank in St. Louis, committed suicide recently. Since the death of his wife he had been despondent

GAS, DYSPEPSIA AND INDIGESTION

"Pape's Diapepsin" settles sour, gassy stomachs in five minutes—Time it!

You don't want a slow remedy when your stomach is bad—or an uncertain one—or a harmful one—your stomach is too valuable; you mustn't injure it. Pape's Diapepsin is noted for its speed in giving relief; its harmlessness; its certain unfailing action in regulating sick, sour, gassy stomachs. Its millions of cures in indigestion, dyspepsia, gastritis and other stomach trouble has made it famous the world over.

Keep this perfect stomach doctor in your home—keep it handy—get a large fifty-cent case from any dealer and then if anyone should eat something which doesn't agree with them; if what they eat lays like lead, ferments and sours and forms gas; causes headache, dizziness and nausea; eructations of acid and undigested food—remember as soon as Pape's Diapepsin comes in contact with the stomach all such distress vanishes. Its promptness, certainty and ease in overcoming the worst stomach disorders is a revelation to those who try it.—Adv.

No, Indeed.

Evelyn—Have you any secrets in your past? Harold—None to speak of.

PAINS SHARP AND STABBING

Woman Thought She Would Die. Cured by Lydia E. Pinkham's Vegetable Compound.

Ogdensburg, Wis.—"I suffered from female troubles which caused piercing pains like a knife through my back and side; I finally lost all my strength so I had to go to bed. The doctor advised an operation but I would not listen to it. I thought of what I had read about Lydia E. Pinkham's Vegetable Compound and tried it. The first bottle brought great relief and six bottles have entirely cured me. All women who have female trouble of any kind should try Lydia E. Pinkham's Vegetable Compound."



Mrs. ERTA DORON, Ogdensburg, Wis. Physicians undoubtedly did their best, battled with this case steadily and could do no more, but often the most scientific treatment is surpassed by the medicinal properties of the good old fashioned roots and herbs contained in Lydia E. Pinkham's Vegetable Compound. If any complication exists it pays to write the Lydia E. Pinkham Medicine Co., Lynn, Mass., for special free advice.

The Wretchedness of Constipation

Can quickly be overcome by CARTER'S LITTLE LIVER PILLS. Purely vegetable—act surely and gently on the liver. Cure Biliousness, Headache, Dizziness, and Indigestion. They do their duty. SMALL PILL, SMALL DOSE, SMALL PRICE. Genuine must bear Signature

Acute Wood

TYPHOID is no more necessary than Smallpox. Army experience has demonstrated the almost miraculous efficacy, and harmlessness, of Antityphoid Vaccination. Be vaccinated NOW by your physician, you and your family. It is more vital than house insurance. Ask your physician, druggist, or send for "Have you had Typhoid?" telling of Typhoid Vaccine, results from use, and danger from Typhoid Carrier. Preparing Vaccines and Serum under U. S. License The Cutter Laboratory, Berkeley, Cal., Chicago, Ill.

ECZEMA!

Money back without question if HUNT'S CURE fails in the treatment of ITCH, ECZEMA, RINGWORM, NETTLES or other itching skin diseases. Price 50c at druggists, or direct from A. B. Richards Medicine Co., Sherman, Tex.

PARKER'S HAIR BALSAM A toilet preparation of merit. Helps to eradicate dandruff. For Restoring Color and Beauty to Gray or Faded Hair. 50c and \$1.00 at Druggists.

PATENTS

Watson E. Coleman, Patent Lawyer, Washington, D. C. Advice and books free. Rates reasonable. Highest references. Best services.

Sudan Seed

reconditioned. 2 cents pound. P. O. B. Amarillo, Texas. Reference any bank Amarillo. Panhandle Grain Co.