

Tight at Ankles Loose Over Hips

New York.—The substitution of one idea for another as a form of regenerating, rejuvenating and re-arranging the human brain, is as old as psychology. It was practiced, avers a leading fashion critic, probably, long before the word was invented. It is one of the world's fundamental creeds, moral, physical and mental; and when some of the religionists got hold of it as a new doctrine, they were only exploiting what began before the Pyramids.

In the early part of the war, those who were not clever in the art, deplored the extraordinary skill of the Germans in being able to control the masses by deliberately substituting a new idea, covered up by a phrase and hammered in by reiteration. They are doing it today, and so far it has never failed them with their own people. They use the word "defensive" instead of "to conquer."

America is going through many phases today, probably the most powerful in her career, which have come about through the substitution in her composite brain of one national idea for another. And the work filters down through crevices until it seeps through the strata of underlying, and seemingly insignificant, by-products of our national life.

It is this seepage down to dress which is the point of this preface. One idea has been substituted for another. With all the critics against its success, the psychologists watch with interest the public playing into the hands of those who started the idea.

Today American labels are put into French gowns. This is not a wild statement. It is done at some of the best houses. Mannequins will come in wearing frocks which the public is told



Afternoon frock of terra cotta velours embroidered in blue and gold. The tight skirt is of dark blue satin. The tunic is cut into petal panels. These are in different widths, and these models are sold to shops and lesser dressmakers and pass throughout the country as the creations of an American designer. They were really made in France, brought to this coun-

ALL HATS ARE IN FASHION

Headgear of Great Variety and There is No Exclusive Path That Should Be Followed.

Since there is no exclusive path of fashion in which all should walk if they would be in the procession, there is the more genial, broad highway, in which all types are jostled and mingled and call themselves in the fashion. All the hats of the hour are on this broad highway, and that suits the majority.

No matter what a woman chooses, she has some master designer back of her choice. To begin with fabrics, she may keep loyal to velvet or she may dip into the caprice of the moment as it is expressed by angora, braid or even serge.

She may insist upon satin from now until next April, and she may choose it in any color that harmonizes or corresponds with her gown. She may feel inclined to avoid felt, for it is little in the picture.

As for ornamentation, she may adopt it if she likes the idea. If she

try by importers, copied verbatim, and turned out as American creations.

That is not honest; but that is not exactly the point of this particular story. The extreme interest centers in the fact that the substitution of one idea for another in the national brain has compelled or persuaded the trade to offer to the public whatever it can that bears an American stamp.

Styles of the Hour.

We really are a very well-dressed continent today, and we have fewer women parading around in old clothes than we expected. Here and there we see a tendency to wild exaggeration, but there is no blatant immodesty. Indecency is left out of the scheme of apparel.

You all know by this time the facts which govern the season's clothes; the skirt which is tight at the ankles and gracefully loose over the hips; the oriental elimination of the waistline; the slimly cut shoulder and back; the long sleeve, or the absence of sleeve; the Arabic tunic; the cravat girdle which ties in front; and the elimination of the bustle effect.

It is quite important that the silhouette has really changed since September. Don't throw up your hands and gasp at this and say that fashion never leaves one alone for a minute. It is really a change that was foreshadowed by those who watched clothes from the beginning of last March. No one should protest at this agreeable change from the silhouette of the planked shad for it carries grace with it.

This loosening up of the hips is a return to the skirt of a nearby season and a far off epoch. It is not adhered to in a strict manner. Remember that if you want that plumb line from shoulder to knees, have it; but you will find that unless you adopt the straight, chemise tunic of the French frocks, you will prefer more width at your hips than at your knees. It is one of the subtle changes in clothes that has caused women to stop, think and renovate.

Cultivate Japanese Toddle.

The entrance of the hobble skirt plus the Japanese toddle is almost enough to take a woman's mind away from war work. These are strange twins of fashion to be born in this autumn of 1918; but women will overcome the handicap, adopt both of them, and become immensely well pleased with themselves before Thanksgiving day arrives. That is the peculiar and mysterious quality with which women are endowed; adjusting themselves to a circumstance and seeming to fit into it in a few days.

The Japanese toddle has already become the walk of the moment among the mannequins. They caused immense amusement at the exhibitions of gowns, because they exaggerated it with none of the equally laughable majesty that the French mannequins have assumed for a decade.

We have no Margots or Audreys in this country, but we have our Dolores and Josephines of the immediate past and our Mabels and Madelines and Marguerites of the present; so we get all the gestures that go with the new gowns. It makes an exhibition of clothes quite worth while seeing. It is these mannequins who have introduced the Japanese toddle, and it is a necessity if one would walk in some of the long, draped skirts that pull at the ankles.

Cullot makes evening gowns that have a tight jet strap across the back of the ankle to hobble the material. No matter what the nature of the gown above the ankles, it is narrow there to the irreducible minimum. (Copyright, 1918, by McClure Newspaper Syndicate.)

prefers simplicity she has three dozen or more French hats at her disposal.

The Canteen Dress.

The canteen dress of striped gingham is a triumph in design and neatness. It is worn by all women engaged in canteen work. The dress is plain, fastening down the front, the waist and skirt joined by a two-inch belt. The sleeves have buttons and button holes almost to the elbow, so they may be opened and turned back for work. There are two pockets, one at the left of the waist and one on the skirt. The waist is given a pleasing line by a Gibson plait on each shoulder, and a two-way collar, which can be buttoned up close about the neck, completes the dress.

New Use of Fur.

A design for a new winter suit was seen recently that made use of fur in a new and pleasing way. Instead of the usual fur collar, an entire vestee which extended well up on the neck, was made of squirrel. Cuffs and a band at the bottom of the skirt were also of this fur.

The KITCHEN CABINET

The secret of happiness is not in doing what one likes—but in liking what one has to do.—Barrie.

A CAKE FOR TEA.



THE following recipes may be served as a tea cake or will keep well in the cookie jar for the children:
Oriental Tea Cakes.—Cream a fourth of a cup of shortening and add gradually one cupful of brown sugar, beating constantly. Dissolve an eighth of a teaspoonful of soda in a tablespoonful of water, add a half teaspoonful of vanilla and one cupful of flour. Mix until it holds together and leaves no crumbs. Make into small balls; if they separate add a few drops of water. Place on a buttered sheet and bake in a quick oven until delicately brown. The recipe will make 40 cakes.

Poppy-Seed wafers.—Take two cupfuls of milk, two eggs, three tablespoonfuls of olive oil, three-fourths of a cupful of sugar, one-fourth pound of poppy seeds, two teaspoonfuls of baking powder, a pinch of salt, and flour to roll out. Cut in large rounds with a cookie cutter and bake in a hot oven.

Bangor Brownies.—Cream one-fourth of a cupful of sweet fat with a cupful of brown sugar, an egg, three squares of grated chocolate and one-fourth of a teaspoonful of salt. Add one-half to three-fourths cupfuls of flour and a cupful of nuts. Beat all together and spread evenly on a buttered pan. Bake in a moderate oven and cut in strips while hot.

Creoles.—Mix all the following ingredients, beat well and bake in small fluted pans from 12 to 15 minutes: Three eggs, one and a half cupfuls of brown sugar, three-fourths of a cupful of flour, one-half teaspoonful of salt, a few grains of cayenne and one and one-half cupfuls of pecan meats.

Macaroons.—Mix one cupful of almond paste with one cupful of powdered sugar until the mixture is like meal. Add egg white, one at a time, until three have been used; flavor with a fourth of a teaspoonful of almond extract. Bake on buttered paper placed on an inverted dripping pan. Remove from the paper immediately after baking in a very slow oven.

Sleep! To the homeless thou art home;
The friendless find in thee a friend;
And well is he whither he roams,
Who meets thee at the journey's end.
—Ebenezer Elliot.

A FARM MEAL.



WHY is it that the average farm dweller when entertaining city guests will invariably endeavor to give them something that is city food rather than serving something which is common for them but unusual to the city cousin? What more delicious meal could be prepared than baked potatoes with crisp brown slices of sweet, farm-cured salt pork with a gravy made from the fat, thickened with flour and made with good milk?

Then there is roasted spareribs, not the kind we can buy in the city markets, but spareribs with plenty of meat on them, roasted with a stuffing seasoned with the good things which have been raised in the little herb garden by the housewife herself.

A boiled dinner served from the farm wife's table is an entirely different meal than the usual boiled dinner. In the first place the corned beef has been grown and fattened, killed and cured on the place and it tastes very different; then the vegetables are fresh, full of their juices and of good flavor. A good-sized cabbage, a turnip or two, a few carrots and potatoes and a nice fat piece of corned beef cooked all together until the vegetables are tender, makes a dish fit to set before the dearest friend. The meat should cook in simmering water an hour or more before the vegetables are added. Onions and cooked beets, cooked in separate saucepans, may also accompany this meal.

A pork roast of home-grown pork doesn't taste much like the town variety. If the winter is the time one is entertaining, the canned corn, peas and beans which have been put up during the season of fresh vegetables will please the palate much better than the tinned kind we may purchase in town.

With fresh eggs, an omelet, a custard pie or a sponge cake may be quickly prepared. With the pickles, sour, spiced and sweet, which are the pride of every farm wife, she need not fear for either variety or flavor.

Nellie Maxwell

LOOK AT CHILD'S TONGUE IF SICK, CROSS, FEVERISH

HURRY, MOTHER! REMOVE POISONS FROM LITTLE STOMACH, LIVER, BOWELS.

GIVE CALIFORNIA SYRUP OF FIGS AT ONCE IF BILIOUS OR CONSTIPATED.



Look at the tongue, mother! If coated, it is a sure sign that your little one's stomach, liver and bowels need a gentle, thorough cleansing at once.

When peevish, cross, listless, pale, doesn't sleep, doesn't eat or act naturally, or is feverish, stomach sour, breath bad; has stomach-ache, sore throat, diarrhea, full of cold, give a teaspoonful of "California Syrup of Figs," and in a few hours all the foul, constipated waste, undigested food and sour bile gently moves out of the little bowels without griping, and you have a well, playful child again.

You needn't coax sick children to take this harmless "fruit laxative;" they love its delicious taste, and it always makes them feel splendid.

Ask your druggist for a bottle of "California Syrup of Figs," which has directions for babies, children of all ages and for grown-ups plainly on the bottle. Beware of counterfeits sold here. To be sure you get the genuine, ask to see that it is made by the "California Fig Syrup Company." Refuse any other kind with contempt.—Adv.

It sometimes happens that an innocent man pleads not guilty.

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When two girls are in love with the same young man they always smile as they pass by—and then grit their teeth.

HEALTH TALK

Spanish Influenza or Grip

BY DR. LEE H. SMITH.

An old enemy is with us again, and whether we fight a German or a germ, we must put up a good fight, and not be afraid. The influenza runs a very brief course when the patient is careful, and if we keep the system in good condition and throw off the poisons which tend to accumulate within our bodies, we can escape the disease. Remember these three C's—a clean mouth, a clean skin, and clean bowels. To carry off poisons from the system and keep the bowels loose, daily doses of a pleasant laxative should be taken. Such a one is made of May-apple, leaves of aloe, root of jalap, and called Dr. Pierce's Pleasant Pellets. Hot lemonade should be used freely if attacked by a cold, and the patient should be put to bed after a hot mustard foot-bath.

To prevent the attack of bronchitis or pneumonia and to control the pain, Anuric tablets should be obtained at the drug store, and one given every two hours, with lemonade. The Anuric tablets were first discovered by Dr. Pierce, and, as they flush the bladder and cleanse the kidneys, they carry away much of the poisons and the uric acid.

It is important that broths, milk, buttermilk, ice-cream and simple diet be given regularly to strengthen the system and increase the vital resistance. The fever is diminished by the use of the Anuric tablets, but in addition, the forehead, arms and hands may be bathed with water (tepid) in which a tablespoonful of salaratus has been dissolved in a quart. After an attack of grip or pneumonia to build up and strengthen the system, obtain at the drug store a good iron tonic, called "Irontite" Tablets, or that well known herbal tonic, Dr. Pierce's Golden Medical Discovery.

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