

SEEMED WORSE EVERY DAY.

A Dangerous Case of Kidney Complaint and How It Was Checked.

Mrs. Lucy Quebeck, Mechanic St., Hope Valley, R. I., says: "Eight years ago I contracted severe kidney trouble and my back began to ache continually. Every day it seemed worse. The least pressure on my back tortured me, and I could not stoop without a bad twinge. The kidney secretions passed irregularly with pain, and I bloated badly. My head swam and spots fitted before my eyes. One doctor said I was incurable. However, I found prompt relief when I started using Doan's Kidney Pills, and the troubles I have related gradually disappeared."

Sold by all dealers. 50c a box. Foster-Milburn Co., Buffalo, N. Y.

Well Prepared.

"I learn," she said reproachfully, "that you were devoted to no fewer than five girls before you finally proposed to me. How do I know that you didn't make desperate love to all of them?"

"I did," he replied promptly. "You did!" she exclaimed. "Certainly," he returned. "You don't suppose for a moment that I would be foolhardy enough to try for such a prize as you are without practicing a little first, do you?"

ED GEERS. "The grand old man," he is called for he is so honest handling horses in races. He says: "I have used SPOHN'S DISTEMPER CURE for 12 years, always with best success. It is the only remedy I know to cure all forms of distemper and prevent horses in same stable having the disease." 50c and \$1 a bottle. All druggists, or manufacturers, Spohn Medical Co., Chemists, Goshen, Ind.

Capitol Reflects Nation.

Every great nation is proud of its capitol. Every great state in the union has lavished millions of dollars in the adornment of its capitol. Every important city, which is a miniature commonwealth, should have a noble capitol, or city hall. In the chief building of a municipality is carried on the business which concerns every citizen.—Troy Record.

Important to Mothers.

Examine carefully every bottle of **CASTORIA** a safe and sure remedy for infants and children, and see that it

Bears the Signature of *Chas. H. Tuttle* In Use For Over 30 Years. The Kind You Have Always Bought.

About One.

Mrs. Hoyle—What time does your husband get in nights?

Mrs. Doyle—About the time the cuckoo clock has the least to do.

Lewis' Single Binder straight 5c cigar. Made of extra quality tobacco. Your dealer or Lewis' Factory, Peoria, Ill.

Lot's wife may have been peppery before she turned to salt.

Allen's Foot-Ease, a Powder For swollen, sweating feet. Gives instant relief. The original powder for the feet. See at all Druggists.

A man may follow his natural bent and yet be perfectly straight.

Mrs. Winslow's Soothing Syrup. For children teething, softens the gums, reduces inflammation, allays pain, cures wind colic. See a bottle.

Gratitude is the memory of the heart.—Sydney



This woman says that sick women should not fail to try **Lydia E. Pinkham's Vegetable Compound** as she did.

Mrs. A. Gregory, of 2355 Lawrence St., Denver, Col., writes to Mrs. Pinkham:

"I was practically an invalid for six years, on account of female troubles. I underwent an operation by the doctor's advice, but in a few months I was worse than before. A friend advised Lydia E. Pinkham's Vegetable Compound and it restored me to perfect health, such as I have not enjoyed in many years. Any woman suffering as I did with backache, bearing-down pains, and periodic pains, should not fail to use Lydia E. Pinkham's Vegetable Compound."

FACTS FOR SICK WOMEN.

For thirty years Lydia E. Pinkham's Vegetable Compound, made from roots and herbs, has been the standard remedy for female ills, and has positively cured thousands of women who have been troubled with displacements, inflammation, ulceration, fibroid tumors, irregularities, periodic pains, backache, that bearing-down feeling, flatulency, indigestion, dizziness or nervous prostration. Why don't you try it?

Mrs. Pinkham invites all sick women to write her for advice. She has guided thousands to health. Address, Lynn, Mass.

TRISO'S Cures Where All Else Fails. Use a Glass Syringe. Sold by Druggists. Price 50c a Bottle.

CHRISTMAS SURPRISE BASKETS



A SLEIGH FILLED WITH SURPRISE SNOW BALLS

A CHIMNEY CENTRE PIECE

EVERYBODY loves a surprise gift, grown persons as much as children, so some new and interesting surprise centerpieces have been prepared to supplement the Christmas tree and its burden of gifts. These surprise pieces are intended to occupy the center of the table when dinner is served, either on Christmas day or the evening before, and they supply a good deal of merriment as well as decoration. Their decorative qualities are rare indeed, for they trim a table elaborately and more appropriately than an equal quantity of flowers would.

Santa Claus is the prevailing motive for these unique decorations, and one of the most attractive over which his familiar form in miniature presides is a basket laden with glistening white snowballs from behind each of which peeps a smaller Santa Claus. In the top of every snowball is stuck a sprig of genuine holly, while nesting under each white globe is a quaint gift, sometimes a joke, or something Christmasy and appropriate for the recipient. Encircling the high, rounded handle of this basket is more holly, with realistic looking icicles fringing the inner side of the top. Around the basket proper are rows of Christmas "crackers" to add to the fun and the amusement of the occasion. These are covered with red crepe paper to match the basket, and a broad satin ribbon of the same shade is fastened on one side of the handle. This trimming has a Christmas sentiment done in gold letters.

The idea of the Christmas surprise decoration seems to be to hide the gift as cleverly as possible. The Jack Horner way is reproduced by using a huge snowball instead of a plum cake or pumpkin and then concealing a gift for each person inside the snowball, with only a bit of white ribbon breaking through the crust to show its hiding place. A mock Christmas pudding adorned with a sprig of holly and with

Two Good Models

Of all the costumes in a woman's wardrobe, the evening gown and street dress are the ones that receive the most careful attention. In the former she wishes to look her best, for it is then that she meets her friends; and the latter must be chosen wisely, for all the world that passes her in the street may read at a glance whether or not she has good taste and an educated eye for color.

The regular tailor-made coat and skirt is always a safe choice, but there is little room for individuality, while the cloth street gown offers every opportunity for original ideas.

The dress in the sketch is an excellent model for an early fall walking gown, and is just the thing to wear under a fur or heavy cloth coat in the winter. If one happens into a tea-room while downtown shopping, and slips off the heavy coat, a dress of this sort looks much more attractive than a plain shirtwaist and skirt.

The model shown is of navy blue serge, braided with black silk soutache. The sash is of black satin, faced with

a color that is beautiful, but not so pronounced that the woman herself and all her friends will tire of it after seeing it half a dozen times.

A model for an evening gown that combines all the latest features, and is at once practical and beautiful, is shown in the sketch. It is of that lovely new shade of gray satin—silver mist.

The hem of the skirt is faced with flannel, to weight it, and give the long, clinging lines. The bodice and sleeves are composed of little hand-made straps of the satin, on a foundation of net, and edged with gray silk



The long sash ends are of black chiffon velvet, finished with black tassels and lined with silver.

A cloak or wrap of some sort is indispensable for evening wear. No matter how lovely the gown or how many hours are spent on the coiffure, a woman will not appear well dressed in the evening if she wears a day coat.

Besides looking so much more distinctive, a regular evening coat has another advantage; it is cut and hung so that it will not crush the most delicate fabric worn under it. The lining is usually of a light color to protect the dainty gown.

Warmth should above all things be considered. One of the most unwise things a woman can do is to wear one of the fashionable low necked, almost sleeveless ball gowns, and over that a light-weight wrap, often cut on the Japanese kimono lines, that never were intended for warmth. There really is not the least danger in wearing the thinnest of gowns if the wrap is warm enough. It need not be padded or heavy, but made of good winter material.—Boston Herald.

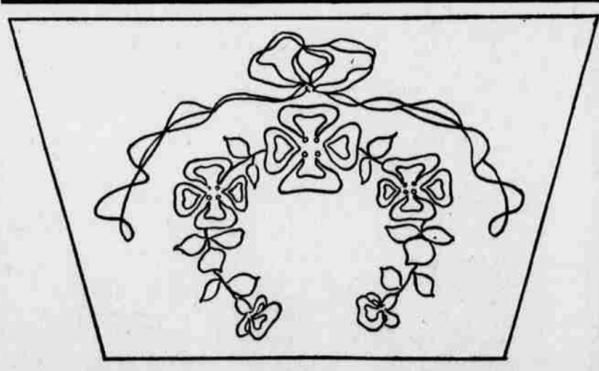


amethyst satin. The Oriental embroidery on the waist is done in black and gold. A delightful fresh and dainty touch is given by the little, hemstitched white lawn frills on the sleeves and lawn tucker.

The hat is a lovely amethyst beaver, faced with black satin. An amethyst feather is held in place by an old gold buckle.

The planning of an evening gown is no simple matter, especially if the income allows only one or two a season. In that case it is best to select

Pretty Christmas Gift



NOVEL work bag that will make a very pretty and acceptable Christmas present is shown in the accompanying sketch. It is a handy little thing, for the needlebook is attached to the bag, so one does not have to hunt among the spools inside for the needlebook. It is a simple matter to make the bag, and it requires only a scrap of material.

Cut a strip of silk 22 inches long and nine inches wide. Fold the short edges together and make a small French seam up the long sides. Fold back two inches and make a two-inch heading, with a half-inch space below to run the ribbon through. This heading is made as it is in any bag. Gather across the lower edge of the bag where the needlebook will be sewn on.

To make the needlebook, cut two pieces of linen 5 1/2 inches by 4 1/2 inches. Transfer the design in the illustration to the linen by means of a piece of carbon paper. Be sure to lay the design on across the long side of the linen. Cut two pieces of pasteboard exactly the size and shape indicated on the page where the design is drawn, and cover these with the linen.

Care should be taken in placing the linen on the pasteboard to see that the design is straight. Turn the edges of the linen over the pasteboard very neatly and sew back and forth from one edge of the linen to the edge opposite. Sew on the ribbon and then line each cover with a piece of the silk.

Cut two pieces of flannel one-half inch smaller than the covers and overhand the covers and flannel together. Then overhand the needlebook on the bag.

A very pretty color scheme is to have the bag and needlebook lining of



blue silk; the cover of white linen, and blue satin ribbons. The embroidery is effectively done as follows, using very delicate colors:

Flowers, pink.
Centers of flowers, white silk dots.
Leaves and stems, green.
Bow knot, blue.

Calendars for Christmas Gifts.

Calendars always make acceptable gifts. Embroidered calendars in the Dutch boy and girl design are extremely popular and effective worked out in the delft blues. Or, if desired, they may be painted on cardboard instead and tiny penny calendars neatly tacked on. They may be secured stamped at any of the fancy-work stores or departments. A pretty idea is to have a soft pillow and tie rack to match.

MADE UP IN VELVETEEN.

Costume of Cherry-Red for Girl from Four to Six Years of Age.

Velveteen in a rich cherry-red is chosen for this illustration. Irish crochet is used for the yoke, and



strips of it are taken down the front; the velveteen is then slightly gathered and set to it, the little puffed sleeve is finished by a band of Irish crochet just below the elbow.

Materials required: 4 yards velveteen, 3/4 yard Irish crochet.

For Light Hair.

Anything that is used to lighten the hair is apt to dry it too much. Try wetting it with a very weak henna tea, perhaps a quarter of an ounce of the leaves with a pint of boiling water, to stand till the water is cold. The leaves are strained out and rejected, the tea being put on the hair evenly, and drying on. It must then be washed off. It is not impossible that the wash might give the least reddish tinge to your hair, and in that case the tea should be made weaker. It must not be used oftener than once a month.

Fillet Net Scallops.

Among the prettiest of the new edge trimmings is a scalloped fillet net buttonholed with a colored floss. This is from a quarter inch to an inch wide, and is used at wrist, down sleeve, at edge of yoke and top of collar.

IF ONE WOULD GROW THIN:

Oranges Form One of the Best of Dietary Articles.

Oranges will lend pleasant aid to the woman who wants to grow thinner. She must take the juice of at least two at every meal and these must not be sweet ones. She must also give up oil with her salad and substitute lemon juice for vinegar. She cannot have cream or sugar in her coffee and the coffee itself, save at breakfast, must give place to sugarless and milkless weak tea. She can have all the acid fruit she wants, but if it be stewed no sugar must be added. Grapes, peaches, melons, prunes and bananas are tabooed, as they are flesh producers. No cereals for her, no hot bread save dry toast, no pork in any form, no veal and no water with her meals, and just as little away from them as she can endure, mineral water being taken by preference. Dr. Weir Mitchell advocates copious draughts of skim milk for the safe reduction of flesh. He states if it be taken plentifully at and between meals it will positively cause a patient to lose half a pound of flesh a day. Baths must be taken in cold water and a hard flesh brush must be piled vigorously.—From the Housekeeper.

Wrist Watches.

There is quite a revival among fashionable women of wearing a tiny flat watch inclosed in a flexible bracelet. The French jewelers are making the bracelets of links of enameled gold with a tiny gold-faced watch in the center set around with enamel. Although the watches are small, they are said to keep perfect time. They are convenient indeed for women whose hours are filled with many duties and who want to be constantly aware of the time.

Sling Sleeves on Wraps.

The wide sling sleeve, which takes its name from the fact that an arm in it always looks as though it were in a sling, is the one adopted for evening coats and wraps. It gives great comfort and is quite artistic.

The material is put into wide folds around a very large armhole, and the edges are finished with braid.

Black Striped Satin.

There is a new material out for directoire gowns which has a colored satin foundation and is striped with black. It is wide enough to cut to advantage, and is very good looking.

BREAKS A COLD PROMPTLY

The following formula is a never failing remedy for colds: One ounce of Compound Syrup of Sarsaparilla, one ounce Toris Compound and one-half pint of good whiskey, mix and shake thoroughly each time and use in doses of a table-spoonful every four hours. This if followed up will cure an acute cold in 24 hours. The ingredients can be gotten at any drug store.

ALPINE PERILS.



Disgust of Timson, who has been dodging his tailor for the last six months, when he suddenly comes upon him at the summit of a mountain in Switzerland.

BAD ITCHING HUMOR.

Limbs Below the Knees Were Raw—Feet Swollen—Sleep Broken—Cured in 2 Days by Cuticura.

"Some two months ago I had a humor break out on my limbs below my knees. They came to look like raw beefsteak, all red, and no one knows how they itched and burned. They were so swollen that I could not get my shoes on for a week or more. I used five or six different remedies and got no help, only when applying them the burning was worse and the itching less. For two or three weeks the suffering was intense and during that time I did not sleep an hour at a time. Then one morning I tried a bit of Cuticura. From the moment it touched me the itching was gone and I have not felt a bit of it since. The swelling went down and in two days I had my shoes on and was about as usual. George B. Farley, 50 South State St., Concord, N. H., May 14, 1907."

Reassuring.

Mr. Timmid—Have you noticed, Miss Maud, that the chandelier seems to be shaking? Are you sure that the foundations of your house are—quite secure?

Miss Maud—There's nothing to be alarmed about, Mr. Timmid. Papa's room is just overhead, and he's snoring.

Catarrh Cannot Be Cured

with LOCAL APPLICATIONS, as they cannot reach the seat of the disease. Catarrh is a blood or constitutional disease, and in order to cure it you must take internal remedies. Hall's Catarrh Cure is taken internally, and acts directly upon the blood and mucous surfaces. Hall's Catarrh Cure is not a quick medicine. It was prescribed by one of the best physicians in this country for years and is a regular prescription. It is composed of the best elements known, combined with the best blood purifiers, acting directly on the mucous surfaces. The perfect combination of the two ingredients is what produces such wonderful results in curing catarrh. Send for testimonials, free. F. J. CHENEY & CO., Props., Toledo, O. Sold by Druggists, price 75c. Take Hall's Family Pills for constipation.

Large Cities of United States. This country has 138 cities with a population of over 30,000.



MISS SOPHIA KITTLESEN.

HEALTH VERY POOR—RESTORED BY PE-RU-NA.

Catarrh Twenty-five Years—Had a Bad Cough.

Miss Sophia Kittlesen, Evanston, Ill., writes: "I have been troubled with catarrh for nearly twenty-five years and have tried many cures for it, but obtained very little help. Then my brother advised me to try Peruna, and I did. My health was very poor at the time I began taking Peruna. My throat was very sore and I had a bad cough. Peruna has cured me. The chronic catarrh is gone and my health is very much improved. I recommend Peruna to all my friends who are troubled as I was."

PERUNA TABLETS:—Some people prefer tablets, rather than medicine in a fluid form. Such people can obtain Peruna tablets, which represent the medicinal ingredients of Peruna. Each tablet equals one average dose of Peruna.

Man-a-llin the Ideal Laxative. Ask your Druggist for a Free Peruna Almanac for 1909.

Don't be Operated On. Dr. Gunn's solvent treatment cures gall stones and gravel every time. Write for particulars. J. A. GUNN, M. D., Omaha, Nebraska.

PATENTS. Watson H. Tolson, Washington, D.C. Solicitor-General. High Court of Patents. Best results.