

ALWAYS TIRED NO AMBITION

Nervous and Dizzy, Everything Seemed to Worry Me. How I Got Well

Larwill, Indiana.—"My back was so bad I could not do my washing. I was all ways tired out and had no ambition, was nervous and dizzy and everything seemed to worry me. I had a awful pain in my right side. I felt badly about four years and could not do my work as I should have been done. I saw Lydia E. Pinkham's Vegetable Compound and I bought a bottle. I took it as directed and in a few days I felt better. I took it for a month and I am now as well as I ever was. I have three little girls to take care of. I am recommending this medicine to my friends and know it will help them if they use it like I do." — Mrs. Elizabeth Lewis, R. R. 3, Box 7, Larwill, Indiana.

Many women keep about their work when it is a great effort. They are always tired out and have no ambition. When you are in this condition give it prompt attention.

Take Lydia E. Pinkham's Vegetable Compound, for it is especially adapted to correct such troubles, as it did for Mrs. Long.

TOO LATE

Death only a matter of short time. Don't wait until pains and aches become incurable diseases. Avoid painful consequences by taking

GOLD MEDAL HAZEL OIL

The world's standard remedy for kidney, liver, bladder and uric acid troubles.—The National Remedy of Holland since 1884. Three sizes, all druggists. Look for the name Gold Medal on every box and accept no imitation.

BABES LOVE ALE WHOOP'S SYRUP

The Infant and Child's Favorite. Pleasant to give—pleasant to take. Guaranteed purely vegetable. It quickly relieves colds, coughs, croup, whooping cough, and all other like disorders. The open published formula is on every label. At All Druggists.

Hair Thin?

Calling upon a friend, the visitor found another visitor there in the person of the small granddaughter, Mary. Seated in her tiny rocker, playing with her doll, the little girl was apparently utterly oblivious of their conversation until it touched upon the death of a mutual acquaintance and the details of her burial, when suddenly the small voice piped up, "Grandmover, when you die I ain't goin' to bury you no more. I'm goin' to have you stuffed."

All That Stretch Without Any Rubber

Advertisement for No-Nay underwear, featuring an illustration of a man in a suit and a woman in a dress. Text describes the benefits of the stretch fabric.

Advertisement for 111 cigarettes, featuring an illustration of a pack of cigarettes and a person. Text says "They are GOOD!" and "10¢".

Advertisement for Cuticura Talcum, featuring an illustration of a woman. Text says "is Fragrant and Very Healthful".

MISSOURI State News

Moberly.—Walter Bundridge, former president, and his brother, Verne Bundridge, former cashier of the defunct Farmers' and Merchants' Bank here, pleaded guilty to embezzling \$400,000 from the bank and were sentenced to ten and five years, respectively, in the penitentiary. The Farmers' and Merchants' Bank was closed on May 11 by a State Bank Examiner after forged notes and juggled accounts, aggregating \$400,000, had been found. Verne Bundridge was in Moberly when the bank was closed and was arrested the same night. Walter Bundridge fled and it was only after a chase which led into several northern cities and Canada that he finally gave himself up to officers in Iowa. The brothers have been in jail at Huntsville for several weeks. When it became known that the trial of the former bankers would be held, the small courtroom quickly filled with spectators. In the crowd were depositors who had lost every cent they possessed. The crowd remained quiet and orderly, officers having been stationed in various parts of the courtroom to quell any disorder that might arise. Dissatisfaction with the lightness of the sentences imposed was voiced by many persons here.

Jefferson City.—Judge R. E. Culver, of St. Joseph, arose to a question of personal privilege in the constitutional convention to reply to the story in a Kansas City paper on golfing delinquents. The story carried an interview with Joseph B. Shannon of Kansas City, former chairman of the Democratic State Committee, in which Shannon said delegates were too busy playing golf to hold sessions of the convention. "The article comes in bad grace from any angle," Judge Culver declared, "but it especially comes in bad grace from Mr. Shannon, who, I find, out of 43 days the convention has been in session, has responded to the roll only 27 days. I have missed roll only on three days, and I resent the imputation of the interview. I want to say that I have not seen him do anything in this convention but throw a monkey wrench into the machinery of this convention since it has convened."

Cape Girardeau.—While the American farmer is in distress, as is the man in almost every other business, the farmers of this country are in better shape today than those of any other nation. J. R. Howard, president of the American Farm Bureau Federation, declared here at the decennial celebration of the Missouri Farm Bureau Federation. This is due largely to the efforts of the organization of which he is the head, Howard declared, after reciting instances of the difficulties into which agriculture in other countries has fallen since the war. "Except as an emergency measure, I am not in favor of a ship subsidy," he said. "But American farmers want an American-owned merchant marine in order that we may compete successfully with other countries which have built up great shipping interests."

Lockwood.—The price of coal in this city has been raised from 20 to 23 cents a bushel. The miners raised their scale from 6 1/2 to 8 cents a bushel. Under the new rate it is said that some of the miners will be able to earn more than \$15 a day.

Poplar Bluff.—M. S. Murray, who has been division highway engineer in this section of the state, with headquarters at Stikston, has been promoted and will go to Jefferson City to take charge of some of the state primary road work.

Wellsville.—Charles Erdels, of Quincy, Ill., who has been visiting his brother, Louis Erdels, near Wellsville, committed suicide by cutting his throat and jumping into a pond.

Fredericktown.—Walter Blanton, a young farmer, son of William R. Blanton, attempted suicide with a razor. The act was prompted by dependency over sickness.

Marion.—The Marion Municipal Electric Light Department has notified its patrons that unless it receives a supply of coal immediately the city will be in darkness.

Des Arc.—The handle factory of L. L. Schmidt was destroyed by fire. The loss is more than \$1,000 and was not insured.

Mansfield.—The dates for Mansfield's fall chautauque this year have been set for August 26, 27 and 28.

Excelsior Springs.—The Methodist Church, South, at Holt, Mo., celebrated its 100th anniversary. The church was organized August 6, 1822, at Old Haynesville, and was moved to Holt in 1885. A crowd estimated at 3,500 was present. A big basket dinner was served on the grounds at noon.

St. Louis.—Charges that "machines" operated in St. Louis County politics are financed by gamblers and bootleggers were made by leaders of the Clean Elections League at a meeting in the Maplewood City Hall, called by Miss Leouora Dietrich, president of the Maplewood League of Women Voters. About 150 persons, with men and women equally represented, attended the meeting, and half of them stood about the walls until adjournment. "Protection"—a word soothing to the unscrupulous politician when mentioned in conference, but dismaying when shouted into the welkin—occurred frequently in the speeches in connection with the mysterious personage named only as "the Boss."

Marshall.—The International Shoe Factory has decided to build an addition to its factory at a cost of \$25,000, and \$10,000 of that amount will be raised by the citizens of Marshall. The new addition will result in the employment of 200 additional workers eventually. The expansion has been made necessary because of the increase in the demand for the style of shoe that is being made in the local factory.

Fulton.—Miss Olive Proctor, who has been home demonstration instructor of Callaway County for a year, has resigned, the same to take effect September 1. She has been offered a position as state specialist in her work, under the direction of the State Department of Agriculture, but has not yet accepted.

Kennett.—Watermelon growers in this section have been heavy losers this year because so many of their vines began dying just at the time the crop was starting to mature. It is estimated that at least 50 per cent of the crop was lost through what was believed to be a mysterious disease.

Sedalia.—Charles Lewis Harrison Akeman, 12-year-old son of Mr. and Mrs. G. C. Akeman, near Sweet Springs, died at St. Mary's Hospital here following injuries received in a fall from the barn loft at his home, when his skull was fractured.

Buffalo.—Bids received here for the construction of 12.3 miles of state highway were above the engineer's estimate and contracts have not been awarded. The lowest bid was that of C. F. Johnson & Son, of Buffalo, who offer to do the work for \$42,043.73.

Webb City.—Officials of the Preble Shoe Manufacturing Company, whose plant was destroyed by fire recently, have announced that the rebuilding of the plant will begin at once. It is believed that the plant will be in operation within 30 days.

Trenton.—The commissioners of the Grand River Drainage District of this city have sold their \$225,000 worth of bonds to the Bank of Commerce of Kansas City for \$90 on the \$100. Work on the construction of the ditch will be started soon.

Marshall.—Construction of two new ward school buildings were laid with Masonic ceremonies. Dean L. N. Everard, of the Missouri Valley College, was acting grand master. The schools will be ready for occupancy some time this fall.

Princeton.—The new school building at Mount Moriah has been completed and furniture and other equipment is being placed in the building, and it will be ready for use at the beginning of the fall school term.

Butler.—Butler has opened a tourist camp and a first-class shelter house has been built. The location is just one block north of the public square, and on the Jefferson Highway, and all tourists pass the place.

MODERN STABLES HELP KEEP MILK

It is of Utmost Importance to Have Them Clean and Free From Disagreeable Odors.

AVOID FILTHY PLANK FLOORS

Dairyman Must Be Constantly at War With Filth—Cows, Utensils and Barn Must Be Kept Unpolluted at All Times.

(By W. G. KAIBER, Agricultural Engineer.)

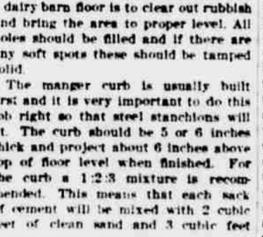
From the very fact that milk is used as a human food it is essential to exercise the greatest care to keep it clean and wholesome. Milk is a product that absorbs disagreeable odors very quickly and if left stand in a stable where bad odors are present it will in a surprisingly short time be contaminated.

The old filthy plank floored, poorly lighted, ill-ventilated barn is the harbinger of disease, especially tuberculosis, says W. B. Barney, state dairy and food commissioner of Iowa, in a report to the governor of that state. If all ordinances on floor construction were summed up in a single sentence, "No building shall be used for stabling cows which is not provided with an easily cleaned, impervious floor." The dairyman must be constantly at war with filth. The cows must be kept clean, the utensils in which milk is kept must be kept clean and the barn must be clean. An easily cleaned impervious floor in the dairy barn is very necessary. Concrete is used in many sections of this country for dairy barn floors. Plank floors with cracks full of filth are being taken up and a permanent concrete floor put in their place. This work can be done at any season of the year when there is time to do the work. The floor can be laid in winter if the interior of the barn can be kept above freezing for four or five days until concrete has hardened.

Avoid Costly Mistakes. A good plan is necessary so as to avoid costly mistakes. Once concrete has hardened it is difficult to remove. Most agricultural colleges have suggested dairy barn layouts which they furnish free to farmers. Many barn equipment manufacturers also furnish this information without charge.

The first step in the construction of a dairy barn floor is to clear out rubbish and bring the area to proper level. All holes should be filled and if there are any soft spots these should be tamped solid.

The manger curb is usually built first and it is very important to do this job right so that steel stanchions will fit. The curb should be 5 or 6 inches thick and project about 6 inches above top of floor level when finished. For the curb a 1:2:3 mixture is recommended. This means that each sack of cement will be mixed with 2 cubic feet of clean sand and 3 cubic feet



of pebbles or crushed rock. Sand should all pass through a screen with quarter-inch mesh. Stone should be clean, rough and vary in size from one quarter inch up to 1 1/4 inches. Concrete must be placed in form immediately after mixed and should be tamped or spaded to make sure that all holes are completely filled.

Plan for Stall Platform. The stall platform is usually built next and it is very similar to building a sidewalk. A 1:2:3 concrete mixture is used. The full thickness of the floor is placed at one time. This is known as one-course construction and is generally more satisfactory than two-course work. A wood float should be used for finishing. It will produce a smooth surface yet leave it just gritty enough so that it will not get slippery. Do not use a steel trowel as it is likely to give a surface that will become slippery which is very objectionable in a dairy barn.

WAYS TO DESTROY INSECTS. Arsenate of Lead May Be Sprayed or Dusted to Kill Pests on Various Plants.

When dry arsenate of lead is used for chewing insects from four to six tablespoons of the arsenate may be put into one gallon of water. A small sprayer or watering pot may be used to apply it. All insects that bite and chew their food may be destroyed by arsenate of lead. Another way to use arsenate of lead is to mix it with air-slaked lime and dust on tender plants.

Making Beet Top Silage. Making beet top silage does not necessarily involve a cash outlay for materials. The natural earth silo and stacking above the earth are both successful. Concrete side retaining walls are advisable under certain conditions, however.

Coupling to Farm Income. Small farms, small yields from crops and stock, and scrub live stock are three conditions that are pretty close cousins to small farm incomes.

Do You Know

Every time you buy and use cheap and big can baking powder that does not give satisfaction you have increased the cost of your bakings many times?

REMEMBER

CALUMET

The Economy BAKING POWDER

Is the best that can be made

You may get more quantity for your money—but quality means pure, sweet and always successful bakings.



Millions of housewives buy and use Calumet because they know that it is the best leavener at the lowest price.

The World's Greatest Baking Powder

CLIENT "SPILLED THE BEANS" ACCOUNTING FOR BLACK GARB PUTTING MOTHER IN WRONG

Altogether Too Truthful in Answering Question Put to Him by His Own Attorney.

"Were I giving advice to a young lawyer," said an attorney the other day, "I would advise him to be careful about placing his client on the stand. It is at least as well to know what he is likely to answer to his attorney's leading questions. Some time ago," continued the lawyer, "a case was tried in which the plaintiff's attorney certainly 'spilled the beans,' though actually it was a cargo of bread, rolls and cake that was upset. A baker's wagon had been hit by a train in spite of the 'Stop, Look, Listen' sign, and the driver sued. On the stand he was asked how he conducted himself when he came to the crossing, and he replied, 'I just trotted gently across, looking the other way and thinking about nothing in particular.' The attorney threw up the case on the spot, but it was really a lack of foresight on his part," continued the narrator.

Simple Reason Why Girls in Railroad Refreshment Room All Were Rebed in Samba Colors.

The train was late, even later than is usual on this particular line, and as they crawled through one station a weary traveler was heard to exclaim: "What a villainous station this is! They try to irritate one on purpose. Look at those girls in the refreshment room! Why do they dress them all in black?" "Don't you know," said the fellow-passenger in a most solemn tone of voice, and with a look of awe on his face. "No," replied the curious and fretful traveler. "Why," said the other, "because they are in mourning for the late trains."

Small Boy Quick to Observe Point That Might Enable Him to Escape Punishment.

It was cherry time and Richard insisted on running out in the orchard and eating the half-ripe cherries. His mother told him how much better it would be for every one if he only left the cherries until they were ripe, so they could be enjoyed. She also warned him she would punish him if he went to the orchard again. Soon she saw him pulling off the green cherries and she went out and cut a tiny switch from the tree. Richard saw her coming toward him, switch in hand, and the little lad said to her earnestly: "Mother, if you had only left that switch on the tree, just think what a fine big limb it would have been some day!"—Exchange.

A Hard Lot. "Madam," said the savage agent, I have here a book that will tell you how to live twenty-four hours a day. "I haven't any use for it," said the hard-faced matron. "With a no-account husband and six children to support by running a boarding house, I'm already living twenty-four hours a day. What I need is a season pass to a movie house and a chance to see it."

All in a Minute. "I'll trouble you for the time, mister," said the footpad. "It's just striking one," replied the man accosted, punching him between the eyes. "Don't hit me with your second hand," said the footpad, skipping off.—Boston Transcript.

Don't KUH Sulkiness. Kansas farmers find that a bull-moak in an alfalfa field is worth at least \$2.50 a month, says the Scientific American, for an acre harbors, on an average, six gobbers, which damage the crop to that extent. One adult bull-moak keeps an acre free of the pests. The bull-moak is harmless, feeds also on rats and mice around barn or granary, and deserves the protection of the farmer.

Vegetarian Language. John and Mary are the young son and daughter of the Woman's most intimate friend. John is quite plump and Mary quite thin, with a keen desire to put on more flesh, so Mary's diet is carefully watched and she is weighed each week. But Mary is young and strenuous, and last week she lost two pounds. "Gee, you're skinny and never will be anything else," said John, when he had heard the late news. "Oh, well," said Mary resignedly, "I guess I'm only a string bean. But after all, I'd hate to be a watermelon, like you!"

Evidence of Tittle. Mrs. Foster—They're going to cut out the question, "Who gives this woman its marriage?" from the ceremony. Her Husband—No I hear. They'll probably require the bridegroom to show a bill of sale instead.

Subsidiary. "I'll contribute a million dollars to your campaign fund!" said the enthusiastic friend. "No," rejoined Senator Sorghum in tones of gentle regret. "You mean well, but you are one of those chaps who inadvertently make an election an insignificant matter compared to the subsequent investigation."

Life as I See It. The man with a smile is all very well but we owe much to the man with a little backbone.—Louisville Courier-Journal.

It Wouldn't Do at All. Miss Never-wed—Are you going to enter your child in the baby show? Mrs. Teeny-mother—No, I'm not. We'd be certain to win the blue ribbon, and blue is not his color.

Giving Him His Chance. He—I would die for you. She—Well, what are you waiting for?—Boston Transcript.

Are your nerves sound?

HEALTH authorities agree that children should let coffee and tea alone, that their nerves may be kept free from the caffeine drug disturbance, and grow up in natural health.

Isn't this suggestion good for you, too? There's charm for all and harm for none in Postum, that satisfying, wholesome cereal beverage which contains nothing to disturb nerves or digestion. Make the test today.

Advertisement for Postum for Health, featuring an illustration of a bowl of Postum cereal and a glass of milk. Text says "There's a Reason".