

Women who work, whether in the house, store, office or factory, very rarely have the ability to stand the strain. The case of Miss Frankie Orser, of Boston, Mass,, is interesting to all women, and adds further proof that, woman's great friend in need is

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 The case of IIrs. Lennox, which follows, proves this.

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HANDY BLUEING BOOK



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| Origin of Veil Leot. <br> It is hard to tell where the wearing of the ved aisst had vogev; masy <br>  Greek brides wore chapletn fintend of a vell. Theme wreaths sere plecked by the brides themnelves for cosod leck. They weatly wers made of wild thyme, myrtie, evergroes, and roses, Roman maldens wore yellow vells erowsed with a wreath of verblas: <br> Plans Trofley Parties. <br> A cestral ompe for the supplyier of information abost all the poustble tripe or Grolley to the vieisity of Bot ton, has been opened ep in that elty by a man wbo alto uedertakee personally to conduct partles aroand the cover frum ose to three cayn snd thke In all the futerestiog points within eavy reach. The traveliag ta done exelasively by troltey. |
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## THE SCIENCE OF HEALTH

Not to satiate one's sell with food is the wcience of bealth. Choose such tood as agreen with the stomach, taking ouly such quantity as it could easily digest. Never lear that your life will be shortebed
by the reason of not thking much food. The reselt depends not upon bow much we eat, but how much

## DR PRICE'S <br> wheat flake geleny F00D

Palatable-Nutritious-Easy of Digestion and Ready to Eat $\# 20.9 .6 .8 \mathrm{Fica}$

