

Happenings in Missouri.

To Test Primary Law.
Should the friendly test of the validity of the state primary law in the supreme court, proposed by Jephtha D. Howe and others in St. Louis, result in its being declared unconstitutional, Gov. Folk will at once call an extra session of the legislature to pass a primary law framed to stand the test of the courts. It is generally believed by lawyers and laymen alike that the law as drawn and passed by the last session is full of "blow holes," that, unfortunately, it was not made to conform in some respects to some of the general election laws, notably in the registration provisions applicable to St. Louis, and that it fails to provide the methods by which nominations shall be made for certain offices. It is the universal belief, among those who have read the law carefully, that it will hardly survive the test of the court. Generally it is conceded that only on the grounds of "public policy," and even that is a very violent presumption, could it be sustained. Politicians of both parties are awaiting developments as to the proceedings to be instituted by Mr. Howe with great interest.

Summer School at M. S. U.
The ninth annual summer school of the state university will begin June 4 and last until August 7. The director of the summer session, Dr. Junius Lathrop Merim, expects the attendance this summer to be larger than last year, when 452 students were enrolled for work. The attendance upon the summer session is made up chiefly of the teachers of the state who are trying to secure a degree or a state certificate and not miss any of the winter months for their work. The coming summer 97 courses are offered in 24 departments. The faculty already has been elected.

Chauffeurs But No Cowboys.
Postmaster Jones of Brookfield can locate plenty of chauffeurs but is unable to comply with this request from Newfield, N. Y.: "Postmistress, Brookfield, Mo. Dear Friend: Will you please send me the names and addresses of two or three respectable cowboys? I am very much interested in western life and anxious to follow that business. If it is not legal for you to grant the favor will you please ask another to do it? Hoping this will not demand too much of your time, I remain, Gratefully Yours, R. L. Hawkins."

Administrator Must Pay.
Judge J. T. Neville of Springfield has decided that B. A. Minner must pay to the Gavin Gibson estate, of which he was administrator, notes for \$1,993.20, which at final settlement he had turned in as nonavailable assets. The notes came from Barton county. When Gibson died he left an estate of \$18,000, of which \$10,000 was in the form of notes securing loans he had made to Minner. The probate court named Minner administrator and the latter reported that he could not collect the notes against himself. Minner contended that he was innocent.

She Was Lincoln's Cousin.
Mrs. Katherine Sullinger, 92 years old, a cousin of Abraham Lincoln, died recently at her home, four miles from Joplin. Mrs. Sullinger was a Missouri pioneer and lived in Jasper county 55 years. She retained her mental faculties unimpaired until near the close of her life, and delighted in recalling incidents in the early life of her distinguished relative. She was a playmate of Mr. Lincoln in childhood.

To Accompany the Governor.
Gov. Folk has appointed J. A. Ockerson, the well known engineer, and Nelson W. McLeod of St. Louis and Dr. W. H. Black, president of the Missouri Valley college at Marshall, to accompany him to Washington, May 12, next, to aid him in representing Missouri in the congress called by President Roosevelt for the purpose of considering the conservation of the natural resources of the country.

Circulated Worthless Checks.
Charged with having placed in circulation 216 worthless checks against the Conger Trust company L. N. Lawrence of Joplin was arrested recently. Lawrence declares he entered the business of buying waste paper in association with "Sylvester Kennedy" of St. Louis, who, he says, authorized the circulation of the worthless paper, ranging in reputed value from 25 cents to \$27.

A Gain in Bank Resources.
The national banks of Missouri, exclusive of those in reserve cities, had aggregate resources of \$41,552,123 on February 14, the date of the last report of the comptroller of the currency. On December 2, the aggregate resources of these same banks were \$41,229,976. Individual deposits aggregated \$24,158,965, as compared with \$24,150,920 December 2.

County Collectors Confer.
Forty-four county collectors from the various counties throughout the state met at Chillicothe where the matter pertaining to testing the validity of the township organization law, passed in 1902, was thoroughly discussed. There are 18 counties in the state which adopted township organization after the election of the county collectors in their offices for four years, and which after the passage of the law does away with the collectors, their time expiring the first Monday in this month.

Calendar for Offseekers.
Secretary of State Swanger has prepared a calendar for the benefit of candidates concerning the dates for filing various papers under the state primary election law as follows: May 15, county clerks to publish the notice for six weeks; June 4, candidates shall have notified proper authorities of candidacy; June 9, secretary of state to certify candidates to county clerks for publication; July 14, county clerks to furnish chairman and candidates sample ballots; July 24, county clerk to correct errors, publish and contribute ballots; August 4, primary day, legal holiday; August 5, judges and clerks to furnish returns to county chairmen and candidates; August 7, returns to be canvassed, county committees to meet and organize; August 11, congressional committees to meet the select state committees; September 9, all party committees meet at Jefferson City, organize and formulate a platform; September 10, platform to be announced not later than 6 p. m.; October 3, secretary of state to certify candidates.

The Fire Drill Was a Failure.
Four hundred children in the public school building at Lees Summit rushed out in disorder recently when a fire alarm was sounded. In all of the eight rooms attempts were made to use the fire drill, but someone on the outside shouted "fire" and the children refused to follow the usual discipline. Gathering their books in their arms most of them made for the nearest exits and got out without anyone being injured. The fire, which originated in an attic above the second floor, was caused by sparks from a defective furnace flue. The prompt arrival of the fire department saved the building from serious damage.

Profitable Corncobs.
Lin Clardy shipped a car load of corncobs to the Phoenix American Pipe works at Washington. From the cobs were shelled 1,400 bushels of corn. The corn is worth \$380, while the pipe concerns pay Mr. Clardy \$250 for the cobs on board the car at De LaSalle. Thus he received over 35 per cent more for his crop than if he had let the cobs go to waste, as most, if not all, farmers do. This is something for farmers to think about. There is no reason why you can not sell your corncobs and realize from 25 to 30 cents a bushel more for your crop.

Prompt Remittance.
J. A. Slak of Hopkins received \$4.17 from the government last week, said amount being due him since 1864 and 1865, as follows: Clothing, June 22, 1865, 57 cents; short paid in February, 1864, \$1.48; short paid in January, 1864, \$2.20. While Uncle Sam is very kind to pay this amount after a period of more than forty years, he neglected to send the interest, which, if figured at 8 per cent, would have increased the amount considerably.

A Saloon Vote in Buchanan.
The county court of Buchanan county has decided to hold a local option election in Buchanan county April 14. The order of the county judges was made after the presentation of 17 petitions, signed by 900 persons, living in the county outside of St. Joseph. They were presented after the Rev. Albert Bushnell of Kansas City, president of the Anti-Saloon league of Missouri, had addressed a small audience at the court house.

Burned Herself to Death.
Mrs. Hattie Grote, wife of P. H. Grote, a Sedalia grocer, was found burned to death in the rear yard at the family home recently. She arose at five o'clock to prepare breakfast. An hour later the dead body was found by her husband. At intervals for several years Mrs. Grote had suffered from melancholy. She was 44 years old and the mother of three children. It is believed she committed suicide.

Sedalia to Clean Its Streets.
The Ladies of Sorosis, Daughters of the Revolution, Daughters of the Confederacy and Chautauqua, four of the leading women's clubs of Sedalia, met with the business men's club and perfected plans for a thorough cleaning of the city. One day will be set apart for every family in the city to clean the street and alleys surrounding their home and at night a band concert will be given in commemoration of the work.

Guided by Instinct.
While his mind was temporarily blank a New Jersey man left home and came to Missouri. Some people's instincts guide them better than do their brains.

An Enterprising Undertaker.
A Holden undertaker has recently advertised a discount of 100 per cent for 30 days on his stock.

Platte County Favors Saloons.
Platte county voted in favor of saloons by a majority of 512 in a total vote of 2,508. The vote was the largest ever cast in a special election in the county. Twenty of the 23 precincts went against prohibition. The only dry townships were Perth, Green and Preston. Park college is in Pettis township.

Wife of the State Librarian Dead.
Mrs. Thomas W. Hawkins, wife of the state librarian in Jefferson City, died recently in Palmyra.

TO DEVELOP BABY MUSCLES

FIRST STEPS TOWARD MAKING A HEALTHY ATHLETE OF THE AMERICAN BOY.

TEACH HIM ATHLETIC PLAY

Child's Physical Training a Pressing Parental Duty—Exercises Must Be Fun—To Keep Baby at It.

BY ALBERT PAYSON TERHUNE.
(Athletic Expert of New York Evening World; Author of "Muscle Building," etc.)

There is perhaps no more abused word in the language than "athletics," and the traditional athlete has but himself to thank for the reputation his hobby has gained. For, instead of taking up the subject in a sane manner, the average aspirant for athletic honors is prone to make his hobby an idol at whose shrine he sacrifices a number of very good and very useful things. Among these are time that should be otherwise employed, money that would better be saved, and—greatest and most useless sacrifice—health.

Abuse of Athletics.
Now every one of these sacrifices is unnecessary. The boy who cannot become an athlete without squandering his allowance and his study hours on it and risking his health is not fit to be an athlete. Athletics should be a health giver, not a health destroyer, and proficiency in it is within the reach of the poorest as well as the busiest boy.

Opponents of athletics point to the fact that few professional athletes—such as pugilists for instance—live to old age, and that their constitutions collapse at a time when they should be strongest.

To such persons the best reply is that pugilism is not athletics. It is sheer, unnecessary brutality. Such "professionals" are like men who, with just enough money to live on in comfort through life, draw the whole sum from the bank, live like multi-millionaires for a few years and then collapse into penury. The "professional" uses up his strength and vital energy.



He does not make the most of it in the first place, but merely forces it by an unnatural process into a condition where it will make a show for a little while. He merely stimulates instead of nourishing it.

This is almost as bad as letting the system go altogether uncultivated.

Training Imperative.
Now true athletics does not consist in using up all one's capital in a few years, but in investing that capital in such a way as to make it bring in twice as high interest as before and to make it last as long as life lasts.

Athletics for boys is not a mere fad or a "good thing." It is a duty. That fact is realized more generally to-day than ever before. It is gradually becoming understood that the scrawny, hollow-chested boy with the thin neck and the big head develops into a consumptive quite as often as he develops into an Edgar Allan Poe, and that the alert, athletic lad is far more likely to become a Roosevelt or a Bismarck than to grow into a prize fighter.

Proper and careful cultivation of the body cannot fail to strengthen the brain; not in most cases can a quick, powerful mind inhabit a feeble, ill-tended body.

In other days the average boy took up athletics more or less against his parents' wishes. He should do so today by their positive orders, just as they order him to school and plan his three meals per day.

It is my plan in these lessons to show the American schoolboy how he may become a first-rate, all-around athlete without interfering with his studies, practically without cost and with permanent benefit to his general health.

If the schoolboy's parents will also take the trouble to follow these lessons they will agree that the course can be only of benefit to their son, and they may acquire a few ideas they can put to personal use.

In fact, the first step in the American schoolboy's athletic career depends almost wholly on the parents, for they should begin before the boy is of age to go to school.

Start with Babyhood.
His education along these lines ought to begin soon after he is out of

the cradle. With such a start he obviates all risk of future injury and has the average boy athlete at a sad disadvantage.

Parents who would shudder at the idea of their little one's being deprived of flannel next to the skin, or of his eating sweets between meals, utterly disregard an equally important feature of his well-being—the proper training of the baby muscles and sinews. Yet it is largely on these sinews and muscles that baby must depend for health and activity in later years.

As soon as baby can be trusted out of his nurse's arms he should be encouraged to roll about the floor, to romp and to exercise every limb. His



own arms and legs are still mysteries to him. With these mysteries he should become familiar as quickly as possible.

Always remembering that the little bones are still soft and pliable and therefore unable to stand strain or fatigue, encourage baby to walk, to run, to swing the arms and to flex the awkward fingers.

Trapeze Play for 3-Year Olds.

By the time baby is three years old rig up for him in the nursery a sort of trapeze. This may consist of two canvas straps, firmly fastened in the ceiling, and of adjustable length. At the ends of the straps fasten two large rings. Teach the child to hang from these rings by his hands and to swing himself back and forth.

He will not regard it as routine exercise, but as great fun. The straps must, of course, be high enough to permit of his swinging entirely clear of the floor, upon which (if it will ease the maternal mind) a mattress may be laid.

The exercise of making the impromptu swing sway back and forth will put into motion nearly every muscle of the little body. Nor will the strain of supporting his own weight prove bad for him. He can "hang by his hands" with comfort and a great deal longer than could his grown-up brother, for even a three-months-old child can thus support his own weight with one hand.

Horizontal Bar Play.

Having accustomed the future schoolboy athlete to the simpler exercises on his trapeze (and having accustomed him to the theory of proportion, so that he knows when to lean back or forward to increase the motion of the swing), a horizontal bar may be placed between the straps.

Then, besides the swinging, the boy may be taught to "chin himself" (or draw himself up by the arms, so that the chin is on a level with the bar), and may learn to hang by hands and feet from it, drawing the feet up to it



by his own efforts after he has once been taught to. Later on, even more complex exercises, such as the simpler ones taught in gymnastics, may be added to the trapeze performance.

This trapeze work brings into play every muscle, making the tender tissues stronger and pliable, making baby graceful and self-confident. Above all, don't let him imagine he is being made to exercise. Let him think it is a game, and praise his own ferocity.

The exercises on the trapeze may appear difficult. As a matter of fact, they are mere play.

ALBERT PAYSON TERHUNE.

COMPULSORY EDUCATION.



The Parson (during a lecture to Tommy on the evils of smoking)—How do you spell "injurious?" Tommy—I don't spell it at all. The Parson—What did you go to school for? Tommy—Because I had to.

EYESIGHT WAS IN DANGER

From Terrible Eczema—Baby's Head a Mass of Itching Rash and Sores—Disease Cured by Cuticura.

"Our little girl was two months old when she got a rash on her face and within five days her face and head were all one sore. We used different remedies but it got worse instead of better and we thought she would turn blind and that her ears would fall off. She suffered terribly, and would scratch until the blood came. This went on until she was five months old, then I had her under our family doctor's care, but she continued to grow worse. He said it was eczema. When she was seven months old I started to use the Cuticura Remedies and in two months our baby was a different girl. You could not see a sign of a sore and she was as fair as a newborn baby. She has not had a sign of the eczema since. Mrs. H. F. Budke, LeSueur, Minn., Apr. 15 and May 1, '07."

Didn't Deny It.

"That sharp-tongued Miss Bedpepp has been saying some mighty mean things about you and your wife." "What, for instance?" "Says you picked her up at a bargain counter." "Great Scott, I did! She was the prettiest girl that ever stood behind one."

Something New Under the Sun.

A lady in Illinois sent us 12½ year ago for our remarkable collection of vegetable and flower seeds and sold \$77.76 worth therefrom, or made 314%. That's new. Just send this notice with 10¢ and receive the most original seed and plant catalog published and—
1 pkg. "Quick Check" Carrot.....\$.20
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1 pkg. Thirteen Day Radish..... .19
1,000 kernels gloriously beautiful flower seed..... .15

Total.....\$1.00
Above is sufficient seed to grow 25 bu. of rarest vegetables and thousands of brilliant flowers and all is mailed to you POSTPAID FOR 12¢.

or if you send 10¢, we will add a package of Berliner Earliest Cauliflower. John A. Salsar Seed Co., La Crosse, Wis. R. & W.

A Man of the Times.

A young fellow lived in Squantum, who said: "Life in those times is junk; quite plainly I see. They've waited for me. To give them of wisdom a chunk."

In a Pinch, Use ALLEN'S FOOT-EASE.

A powder. It cures painful, smarting, nervous feet and ingrowing nails. It's the greatest comfort discovery of the age. Makes new shoes easy. A certain cure for sweating feet. Sold by all Druggists, 25c. Accept no substitute. Trial package, FREE. Address A. S. Olmsted, Le Roy, N. Y.

I see only which we have within can we see without. If we meet no gods it is because we harbor none.—Emerson.

"Brown's Bronchial Troches" have a direct influence on the throat, relieving Coughs, Hoarseness and Throat troubles. Free from opiates.

Liquor has caused many a strong man's downfall. It's easy for his wife to knock him out when he is loaded.

Pettit's Eye Salve 100 Years Old, relieves tired eyes, quickly cures eye aches, inflamed, sore, watery or itchy eyes. All druggists or Howard Bros. Buffalo, N.Y.

A man's judgment enables him to do some things almost as well as a woman can do them without any.

YELLOW CLOTHES ARE UNSIGHTLY. Keep them white with Red Cross Ball Blue. All grocers sell large 2-oz. package, 5 cents.

"Live and learn" is a good motto, but at the age of 30 the average man begins to live and learn.

ONLY ONE "BROMO QUININE" What is LAXATIVE BROMO QUININE? Look for the signature of W. G. QUININE. Used the World Over to Cure a Cold in One Day. 25c.

A wife is either the making of a man or the unmaking of him.

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ALL KIDNEY DYSFUNCTIONS
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1875 "Guaranteed"

Habitual Constipation

May be permanently overcome by proper personal efforts with the assistance of the one truly beneficial laxative remedy, Syrup of Figs and Elixir of Senna, which enables one to form regular habits daily so that assistance to nature may be gradually dispensed with when no longer needed as the best of remedies, when required, are to assist nature and not to supplant the natural functions, which must depend ultimately upon proper nourishment, proper efforts, and right inns generally. To get its beneficial effects, always buy the genuine

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CALIFORNIA FIG SYRUP CO. ONLY
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Positively cured by these Little Pills. They also relieve the most distressing cases of Biliousness, Indigestion, and Torpid Bowels. A perfect remedy for Rheumatism, Headache, Dizziness, and all the troubles of the Liver, Gall-bladder, and Stomach. Pain in the Side. **WATERBURY'S LITTLE LIVER PILLS.**
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Entry may now be made by proxy (on certain conditions), by the father, mother, son, daughter, brother or sister of an intending homesteader. Thousands of homesteads of 160 acres each are thus now readily available in these great grain-growing, stock-raising and mixed farming sections.
There you will find beautiful climate, good neighbors, churches for family worship, schools for your children, good land, splendid crops and railroads convenient to market.
Entry fee in each case is \$10.00. For pamphlet, "Last Best West," particulars as to rules, forms, fees, etc. in 2¢ and where to locate, apply to:
J. S. CRAWFORD,
No. 215 W. Ninth Street, Kansas City, Missouri.

WESTERN CANADA

Some of the choicest lands for grain growing, stock raising and mixed farming in the new territories of Saskatchewan and Alberta have recently been opened for settlement under the Revised Homestead Regulations.
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\$30 To Everett, Bellingham, Vancouver and Victoria, via Spokane.
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DEFIANCE STARCH—It is one of the best starches ever made. It is superior in quality. "DEFIANCE" IS SUPERIOR QUALITY.