

RUN DOWN FROM GRIP

Dr. Williams' Pink Pills Have Cured This Form of Debility in Hundreds of Cases.

"Four years ago," says Mrs. F. Morrison, of No. 1922 Carson street, South Side, Pittsburg, Pa. "I took a cold which turned into the grip. This trouble left me all run down. I was thin, had backache much of the time, had no appetite, my stomach was out of order and I felt nervous and unstrung."

"While I had the grip I had a doctor, but I really suffered more from the condition in which the influenza left me than I did from the disease itself. I felt generally wretched and miserable and the least exposure to cold would make me worse. I couldn't seem to get any better until I began to take Dr. Williams' Pink Pills. I very quickly noticed a benefit after I began taking them and they restored me to good health and strength. Dr. Williams' Pink Pills are a wonderfully good medicine. Thanks to them I am now in fine health and have had no return of my former trouble. I recommend the pills to everyone who is ailing and take every opportunity to let people know how good they are."

Dr. Williams' Pink Pills cured Mrs. Morrison because they actually make good, red blood. When the blood is red and healthy there can be no debility. The relation between the blood and nervous system is such that the pills have a very decided action upon the nerves and they have cured many severe nervous disorders, such as partial paralysis, locomotor ataxia and St. Vitus' dance, that have not yielded to ordinary treatment. Their double action, on the blood and on the nerves, makes them an ideal tonic.

All druggists sell Dr. Williams' Pink Pills, or they will be sent by mail postpaid, on receipt of price, 50 cents per box, six boxes for \$2.50, by the Dr. Williams Medicine Co., Schenectady, N. Y.

LITTLE THINGS AND BIG.

Differentiate Between the Essential and the Non-Essential.

Little things are often of great importance, but when they are so they are not little. The pinion of a watch wheel, for example, in one sense is little, in another sense it is not so at all; for when it is not perfectly adjusted, the watch is worthless for time-keeping. It is not size that makes a thing little or great, but its relation to the end for which a number of things are combined. If a thing is essential it is important. Because so many of the people who are always preaching the importance of little things fail to discriminate between the little and the non-essential, they often make a wretched mess of the management of their own and other people's affairs. Theoretically, if every factor that contributes to a result is perfect, the result will be perfect; but practically, for want of time, strength and opportunity, the efficient man is compelled to neglect some things for the sake of others; and, in order to do this and yet secure the main end, he has to discriminate between the essential and the non-essential. The one who is thoroughly imbued with the false doctrine of the importance of little things, spends his strength without discrimination, and usually succeeds in missing the main chance.—The Watchman.

Snakes Roasted and Eaten.

In Australia several kinds of snakes are eaten roasted. They are said to be equal in delicacy and flavor to the finest stewed eels. A traveler declares the steam from the roasted reptiles is by no means unsavory.

NO DAWDLING.

A Man of 70 After Finding Coffee Hurt Him, Stopped Short.

When a man has lived to be 70 years old with a 40-year-old habit grown to him like a knot on a tree, chances are he'll stick to the habit till he dies.

But occasionally the spirit of youth and determination remains in some men to the last day of their lives. When such men do find any habit of life has been doing them harm, they surprise the Oslerites by a degree of will power that is supposed to belong to men under 40 only.

"I had been a user of coffee until three years ago—a period of 40 years—and am now 70," writes a N. Dak. man. "I was extremely nervous and debilitated, and saw plainly that I must make a change."

"I am thankful to say I had the nerve to quit coffee at once and take on Postum without any dawdling, and experienced no ill effects. On the contrary, I commenced to gain, losing my nervousness within two months, also gaining strength and health otherwise."

"For a man of my age, I am very well and hearty. I sometimes meet persons who have not made their Postum right and don't like it. But I tell them to hold it long enough, and call their attention to my looks now, and before I used it, that seems convincing."

"Now, when I have writing to do, or long columns of figures to cast up, I feel equal to it and can get through my work without the fagged out feeling of old." Name given by Postum Co., Battle Creek, Mich. Read the book, "The Road to Wellville," in page "There's a reason."

Pretty and Serviceable Dresses for Women

The smartly dressed woman looks to Paris for ideas in dress. Her American independence is too pronounced, however, to always take in entirety the styles as turned out by the modistes of the gay French capital, but she readily adapts them to her own tastes and needs, selecting the prettiest and best of the modes and discarding those which fail to meet her fancy.

But it is probable that the small smart coats which are the special delight of the French woman will be adopted quite in toto by American women. These coats are of various sorts, either matching the costume or in silk or some other material that makes crisp and fancy costumes. Most of those worn in Paris up to date have elbow-length sleeves—that is, they come just below the elbow, while a few end halfway between elbows and wrists, and a still fewer number have sleeves extending as far as the wrists.

Some of these coats are wholly loose, others three-fourths fitting;

stance, however, the woman is slender rather than thin, and has none of the jerky, angular movements going with the angular frame.

The coat fronts are quite new. They slant down from the back and the under-arm seams, and then they round up to the center, parting and swinging loosely apart. There is a seam some five inches from the edge, partially shaping the coat, and where the coat rounds over the bust five or six little tapering seams, like those used in or in making darts, slant in from the edge, and where they end, about the center of the breast, there is an applique of two crescent-shaped ornaments in shaded reds picked out with silver, and at each end of the crescent are small, round medallions of very dark red velvet. These five-inch sections of the coat are faced with dark red velvet, and there is a narrow, tapering collar of red velvet around the neck, ending on a line a little above the crescents, the ends of the collar slipping through, or rather un-



Matinee of Yellow Silk Embroidered in raised Work, and Pale Pink Chiffon Cloth Embroidered in Garlands of Shaded Pink Flowers.

some are half fitting in the back and loose in the front, and many partake of the nature of the pony coat.

A delightful little coat for a long-waisted woman has arrived this side the water from gay Paris in a color quite gay enough to match that city. It is a red serge, and the skirt, of walking length, is laid in side plaits that are loose, so far as their outer edges go, from the hem to within a few inches of the waist line. Of course, such a skirt is suited to tall or thin figures only, and this is what its wearer is. The skirt is perfectly plain.

The coat has a pony back, bobbing up in what would be ridiculously short-waisted fashion on any but a tall, thin woman, and even then, unless she possesses grace—and, alas! that type seldom does. In this in-

der similar crescents, each ending in a short, sash-like arrangement of the velvet. The ends of the velvet come a little below the bust line. This velvet, being a fine panne, is as supple and graceful as satin.

The sleeves end just below the elbows. The full tops are plaited into the armholes and in the center of the sleeves four inches above the lower edge the fullness is laid in four plaits two on each side, turning toward the center. Across the top and near the bottom of these plaits are small crescents, matching the larger ones, with smaller bits of velvet at their ends. The bottom of the sleeve is finished with a band of velvet shaped to fit the slight flare outward of the sleeve's lower edge. Narrow red silk braid finishes the outer edge of the velvet bands on the sleeves and the inside of the collar.

More Concerning Headgear and Coats

The small hat will abound this year, that is, if we follow the styles as set by our French sisters. One of the richest and most handsome of the hats is a cream-white felt, very thin, soft and light in weight, trimmed with



Gray Cloth Coat.

small shaded dahlias, tulle, and velvet to match. The shape is moderately small, with a rather flat crown, and the left side is raised to show the trimmed bandeau, but is not tilted.

The back brim bends down a bit over the collar, and is filled in with shaded yellow and orange and brown tulle. At the left side appears tulle and loops in the several shades of yellow, and brown velvet ribbon is looped in with it. Around the crown and also nearly covering it are masses of small velvet and satin dahlias of differing sizes, and shaded grasses, all the latter being in dull browns and yellows. A loose spray of the dahlias and grasses droops far down on the left side under the brim, and is caught back so that it rests against the hair.

The growing popularity of motoring has created a demand for the motoring coat, which the manufacturers have been eager to satisfy. But if a coat especially dedicated to motoring is too great a luxury, one may choose a coat that will answer for numerous occasions—for driving, traveling and general rough weather wear.

The Scotch and English manufacturers are having their linings in the furnishing of material for such coats, and serviceable tweed and cheviot mixtures and other rough, loose woven stuffs are the popular choice for the big, loose, cleverly tailored coat. Check and plaid effects innumerable are produced in these materials, but as a rule, the colors are so blended, and the lines so vague that there is nothing spectacular or loud about even the plaids.

It is in the black and white novelty checks and plaids that the most pronounced effects are shown, and even here the preference is for irregular designs less bold than the big block check of the spring season.

MISSOURI STATE NEWS

Learning Value of Corn Fodder.

Missouri farmers are saving much more corn fodder this year than usual. Secretary Ellis of the board of agriculture estimates that 43 per cent of the entire crop will be cut. This is not as good a showing as it should be, but it indicates that Missouri farmers are gradually learning that it is a great waste to snap their corn in the field, leaving the stalks standing where they grow, to be plowed under next year. Secretary Ellis says that the best authorities agree that an acre of corn fodder equals one ton of the best timothy hay. A larger proportion of corn was harvested for fodder this year because in many sections the hay crop was short and pastures were damaged by dry summer weather. The present condition of pastures is only 74 per cent of normal. The lowest condition is 61 to 64 per cent in the north part of the state. The corn condition now is 80 per cent, compared with 86 per cent a month ago. Sixty-two per cent of the fall wheat area is sown, which is 22 per cent more than was sown at this date last year. The area of timothy threshed for seed was only 57 per cent, and of clover 73 per cent, as compared with 1905. The apple crop is the largest in years. The estimated bushels for outside marketing is 54 per cent greater than last year. The average price reported is 65 to 75 cents a barrel at the pickers' table.

Lid For an Island Park.

Gov. Folk has written a letter to Gov. Hoch, of Kansas, relative to Island park, an island in the Missouri river between Clay county, Missouri, and Wyandotte county, Kansas. It is stated that all kinds of gambling and unlicensed liquor selling is carried on there, and that a prize fight recently took place on the island. There are about 400 acres in the island, but the government has never made a survey nor opened it up for settlement. Gov. Folk is of the opinion that some kind of a joint arrangement can be made between Missouri and Kansas for the enforcement of the laws on Island park.

Nodaway People Wrought Up.

Nodaway county people are wrought up by revelations regarding the deplorable conditions at the county poor farm. The bad state of affairs is declared to have resulted from the carelessness of the public as well as from inattention on the part of the county officials, as people seldom visit the place. Many deaths have occurred there. When a Maryville preacher recently went through the building he found squalor which has horrified the people since the matter has been made public from the pastor's pulpit and in the daily press.

Ozark Apples to Be Stored.

President Rogers of the Ozark Fruit Growers' association, has been in southern cities securing storage for the Ozark apple crop, which will be held until prices advance. Sixty thousand barrels will be stored in Springfield, 15,000 at Texarkana, 1,500 barrels at Dallas and 3,000 barrels at Shreveport. Large storage capacity has also been secured at New Orleans and Gulfport, Miss.

Crippling the Farmer.

One-horse sled corn cutters are reaping a terrible harvest of farmers' feet in Missouri. Almost every community has reported an accident of this kind in which some farmer has stepped in front of the knife on the sled and received a bad cut on the ankle. The apparent harmlessness of a sled with a corn knife nailed to it helps to swell the injured list.

State University Enrolls 2,000.

The enrollment of the university of Missouri has reached the 2,000 mark. During the last season this mark was not reached till the spring. The above figures include the attendance at the summer school. The attendance for the entire year, including the school of mines at Rolla will be about 2,500.

Hotel at Freeburg Destroyed.

The Rock Island hotel at Freeburg, Osage county, was consumed by fire recently, incurring a loss of \$2,000. The property had recently changed hands and was unoccupied. The fire was thought to be incendiary. By the efforts of a bucket brigade the post office and Rock Island depot were saved.

Signal With a Boat's Whistle.

Over in Louisiana people live in hourly expectation of hearing five blasts of a ferry boat's whistle. Whenever they hear this signal the entire town congregates down at the river bank to assist in the capture of an Illinois horse thief who is supposed to be on board whenever it is sounded.

WOMEN WHO CHARM

HEALTH IS THE FIRST ESSENTIAL

It Helps Women to Win and Hold Men's Admiration, Respect and Love

Woman's greatest gift is the power to inspire admiration, respect, and love. There is a beauty in health which is more attractive to men than mere regularity of feature.



To be a successful wife, to retain the love and admiration of her husband, should be a woman's constant study. At the first indication of ill-health, painful or irregular periods, headache or backache, secure Lydia E. Pinkham's Vegetable Compound and begin its use.

Mrs. Chas. F. Brown, Vice-President Mothers' Club, 21 Cedar Terrace, Hot Springs, Ark., writes:

Dear Mrs. Pinkham:—

"For nine years I dragged through a miserable existence, suffering with inflammation and female weakness and worn out with pain and weariness. One day noticed a statement by a woman suffering as I was, but who had been cured by Lydia E. Pinkham's Vegetable Compound, and I determined to try it. At the end of three months I was a different woman. Every one remarked about it, and my husband fell in love with me all over again. Lydia E. Pinkham's Vegetable Compound built up my entire system, cured the trouble, and I felt like a new woman. I am sure it will make every suffering woman strong, well and happy, as it has me."

Women who are troubled with painful or irregular periods, backache, bloating (or flatulence), displacements, inflammation or ulceration, that "bearing-down" feeling, dizziness, faintness, indigestion, or nervous prostration may be restored to perfect health and strength by taking Lydia E. Pinkham's Vegetable Compound.

Another Enemy of Sleep.

All sufferers from insomnia will sympathize with their fellow victim whose sad case is reported in the Hog Wallow Kentuckian: "Jefferson Potlocks has been complaining to the deputy constable on account of his being kept awake at night by the lighting bugs."

STATE OF OHIO, CITY OF TOLEDO, ss.
LUCAS COUNTY.
FRANK J. CHENEY makes oath that he is senior partner of the firm of F. J. CHENEY & CO., doing business in the City of Toledo, County and State aforesaid, and that said firm will pay the sum of ONE HUNDRED DOLLARS for each and every case of CATARRH that cannot be cured by the use of HALL'S CATARRH CURE.

Sworn to before me and subscribed in my presence, this 6th day of December, A. D. 1906.

A. W. GLEASON,
NOTARY PUBLIC.

Hall's Catarrh Cure is taken internally and acts directly on the blood and mucous surfaces of the system. Send for test tube, free.
F. J. CHENEY & CO., Toledo, O.
Sold by all Druggists.
Take Hall's Family Pills for constipation.

WHAT WE OWE TO INSECTS.

They Are of the Greatest Benefit to Growing Flowers.

Prof. Darwin said that if it had not been for insects we should never have had any more imposing or attractive flowers than those of the elm, the hop and the nettle. Lord Avebury compares the work of the insect to that of the florist. He considers that just as the florist has by selection produced the elegant blossoms of the garden, so the insects, by selecting the largest and brightest blossoms for fertilization, have produced the gay flowers of the field. Prof. Plateau, of Ghent, has carried out a series of remarkable experiments on the ways of insects visiting flowers. He considers that they are guided by scent rather than by color, and in the connection he is at variance with certain British naturalists. Whatever may be the attraction in flowers to insects—as yet, it appears undefined—it is certain that the latter visit freely all blossoms alike, making no distinction between the large, bright-colored ones and the less conspicuous blossoms like those of the currants, the lime, the planetree, the nettle and the willow.



Get relief with Thompson's Eye Water